PUSHPAGIRI INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTRE



ANNUAL REPORT

JULY 2025 - JUNE 2026

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OUR VISION

"We care, God Cures"

OUR MISSION

"To assure health for all with life in abundance through science & technology."

Core Values – C.A.R.E

C – Caring: Compassionate service to all, respecting the needs of a diverse community

A – Advancement: Ambitious goals to continuously improve healthcare and communities

R – Respect: Dignity, fairness, and respect for every individual at all times

E – Excellence: Highest standards of quality, safety, and accountability in all we do

BRIEF HISTORY

The Foundation:

The Catholic Church has been engaged in the ministry of healing all over the world for the past two thousand years. The same mission also drove the founding fathers of Pushpagiri at Thiruvalla, Kerala, India. Pushpagiri, formerly known as Cherupushpagiri, was the first official residence or Aramana of His Lordship, the Late Jacob Mar Theophilos. His Excellency Zacharias Mar Athanasios, the third Bishop of the Archdiocese of Thiruvalla, started an eight bedded clinic in 1959 in the Aramana, catering to rural maternity care, which has now grown to a full-fledged Medical College Hospital.

Nursing Education & Women Empowerment:

Across a span of more than half a century, Pushpagiri has travelled forward with a renewed understanding and vision, "We Care- God cures", which proclaims the faith of taking upon each other's burdens and humility before the divine providence from where all cure and healing happen. The unwavering commitment of the Church to provide value-based education also saw its results initially in Nursing Education at Pushpagiri which began as early as 1964. This way Pushpagiri has played a vital role in contributing to migration of qualified nurses from Kerala to other states in India, Middle East, Europe and America which propelled the economic and social development of Kerala, particularly for women empowerment.

Pushpagiri Medical Society:

The Pushpagiri Medical Society (PMS) was established for encouraging the growth of the institution and for entering into the education field. It was registered as a Charitable Society in the year 1992 (Reg. No. P. 73/92), under the Travancore Cochin Literary Scientific & Charitable Societies Registration Act of 1955.

Medical Education:

After one decade of DNB courses in broad specialties of clinical departments, the Pushpagiri Medical Society entered the arena of higher education in the medical field by starting as the first private medical college in Kerala with the name Pushpagiri Institute of Medical Sciences & Research Centre in 2002. Subsequently, PMS went further along to establish premier institutions in the field of health care for higher education for Nursing (2002), Pharmacy (2004), Dental Science (2006) and Allied Health Science (2008). Today, all the institutions under Pushpagiri Medical Society are scaling upwards by beginning Postgraduate and Super specialty programmes since 2011.

Pushpagiri Research Centre:

The orbit of its activities was more widened by the establishment of Pushpagiri Research Centre in 2010, and the centre is recognized as the only Research Centre under the Kerala University for Health and Allied Sciences. A diverse range of research activities are being undertaken by the research team, constantly triggered by the need for providing quality services for successful affordable health care services and products. Owing to the frequent outbreak of fatal viral diseases in Kerala during monsoons the need for setting up a centre for diagnostics and research on viruses became inevitable and this led to the active and fully fledged facility, the Pushpagiri Centre for Virology 2011.

Medical Education Unit:

The Medical Education Unit (MEU) is constituted by the elite faculty of the institution. It was instituted at the onset of the MBBS course as a regulatory mandate. It constantly strives towards faculty development and oversees the quality of the medical training in the institution. It is constantly organizing faculty development programmes like Basic Course in Medical Education, Curriculum Implementation and Support Programme, and other in-house training programmes of the faculty.

The MEU is actively involved in collecting feedback from the faculty and students regarding the teaching learning programme and develop active measures to improve the same. It oversees the mentoring and the tutorial programmes of the institution. The Unit also provides quarterly reports to the National Medical Commission on the implementation of the Competency Based Medical Education Programme in the campus.

The Unit comprises of faculty from various medical and surgical disciplines. The Coordinator and the Co-coordinator of the Unit are the External Resource Faculty of the NMC Nodal Centre for Faculty Development, Government Medical College, Kottayam

Pushpagiri Centre for Evidence Based Practice:

The Pushpagiri Centre for Evidence Based Practice (PCEBP) was inaugurated on January 7, 2019. The PCEBP functions under the Pushpagiri Research Centre with the collaboration of Medical, Dental and Nursing Colleges. PCEBP became a JBI Centre of Excellence in March 2023. JBI is an international research organization based at the University of Adelaide, Australia, to promote and support evidence-based decisions and to offer solutions to health teams from the best available evidence.

Pushpagiri Bioethics Unit:

Bioethics is the branch of applied ethics that deals with philosophical, social and legal aspects related to the study and practice of medicine, health care and life sciences. The Pushpagiri Bioethics Unit of the Pushpagiri Medical Society was established under International Chair in Bioethics on the 16th of November 2022, and prestigious writ of appointment was received from Prof. Dr. Russell D'Souza, Chair, Asia Pacific Division, International Chair in Bioethics.

The Bioethics Unit strives to spread awareness of the ethical principles guiding healthcare practices. It also works towards empowering the faculty in blending the teaching of ethics of health care in their routine medical, dental and nursing curricula. The Unit organizes programmes in connection with the world bioethics theme every year in solidarity with the International Network of Bioethics.

Internal Quality Assurance Cell:

With over two decades of undergraduate training and one decade of postgraduate training, the medical college is committed to delivering quality education parallel to the quality health care provided to the patients. The institution marched towards excellence in Quality Assurance and was awarded A+ Accreditation by the Kerala University of Health Sciences in 2022, and again in 2026. All faculty of the institution are committed to maintaining the quality of the medical education and the quality of health care simultaneously.

Student Support & Guidance Program (SSGP) Unit:

The Student Support and Guidance Programme is a holistic programme envisaged by the Kerala University of Health Sciences for all the students enrolled in colleges affiliated to KUHS. The programme focusses on the holistic development of the student by addressing academic, psycho-social and mental health issues,

and matters related to physical and reproductive health. The programme also offers guidance and interventional strategy to help the students facing the problems. The SSGP unit along with the Department of Psychiatry is offering the 'Student Wellness Programme' to promote student wellness by enhancing life skills and promoting positive approaches to varying situations.

NABH & NABL Accreditation

The Pushpagiri Medical College Hospital (PMCH) is dedicated to delivering top-notch healthcare services in a cost-effective manner, while upholding the highest standards of service excellence. We take pride in our esteemed certifications:

- NABH Emergency Department certification since 2021
- Full NABH Accreditation achieved in January 2024
- NABH Digital Accreditation received in June 2024
- NABL certification for Centre for Virology (SARS CoV-2 RNA PCR & Hepatitis C quantitative PCR Scopes)
- KAYAKALP recognition for cleanliness and hygiene
- MBFHI certification for excellence in healthcare facilities and services
- (Pushpagiri Centre for Virology)
- CAHO certifications
  1. Endo-safe certification for Endoscopy Dept
  2. ACE certification for CSSD department
  3. i-Comply certification for Infection contro Centre of Excellence in iCOMPLY Services

These certifications conferred by the National Accreditation Board for Hospitals and Healthcare Providers (NABH), and National Accreditation Board for Testing and Calibration Laboratories (NABL) of the Quality Council of India (QCI -autonomous body under Department for Promotion of Industry and Internal Trade (DPIIT), Ministry of Commerce and Industry) underscore our commitment to quality, safety and excellence in healthcare.

Commitment to knowledge-based society:

In pursuit of excellence for more than seven decades, Pushpagiri now steers forward with the mission to work towards a knowledge-based society with life in abundance through Science and Technology. Improving health care for our immediate community, the state, the country and the world at large.

The rationale behind setting up the educational institutions was to generate human resources in the field of health care. Pushpagiri had its mission rooted on the far-sightedness of creating a knowledge society, where every working person would be a knowledge worker and where knowledge multiplies when shared freely between everyone. Our country needs more knowledge workers considering that developed nations have 70 % work population as knowledge workers compared to only 7% knowledge workers in our country.

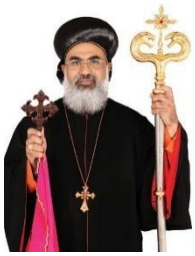
In the journey to realization of providing exemplary health care services, setting up educational institutions was not enough, as both fields of health care and education comes to a stand-still after some time. Stagnancy and outdated services start setting in due to lack of innovation and scientific thinking. Hence research becomes an integral part of further scientific studies, discoveries and breakthroughs in health care. These ideas again need to be conveyed through education. In short, Health care, Education and Research constitute the never-ending cycle in the mission of Pushpagiri.

If knowledge creation is the main output of research activities, then health care in countries like India will be comes indigenous and affordable through science and technology, which in turn will develop new processes and products. In its way forward, Pushpagiri believes that the future of India depends on quality of health of millions of people and in the creation of significant number of knowledge workers, constantly facilitated by research in health care.

MESSAGE - PATRON

Dr. Thomas Mar Koorilos
Metropolitan Archbishop of Tiruvalla

ARCHDIOCESE OF TIRUVALLA



MESSAGE

Rooted in the sacred command of the Lord and moved by the challenges of the times, His Excellency Zacharias Mar Athanasios ventured to begin a small hospital to take care of the mothers and new born children who were facing survival threat. He also initiated to train girls for the profession of nursing and empowering them to be vital contributors for the families and societies. What has developed today as a Medical College with institutions to train Nurses, pharmacists and dentists was the vision of this great bishop of Tiruvalla.

Thus, Pushpagiri has remained as a beacon of compassionate care for 6 decades and medical education for over 55 years. What began as a vital response to the needs of maternal and child healthcare has grown into a mission-driven teaching institute and hospital dedicated to shaping skilled, compassionate healthcare professionals.

Pushpagiri has been trying to combine bedside care with classroom formation. We believe that science without ethics is cruel and incomplete, and skill without empathy is inhumane. As a true mission hospital and medical education are intended to nurture young minds to unite professional excellence with humility, precision with dedication, and advanced technology with genuine compassion and affordability. We honor all who have sacrificed to bring this noble vision to life and pray that this institution will continue to be a sanctuary of healing, learning, and research for generations to come.

To this academic undertaking, I wish all the best.

✠ **Thomas Mar Koorilos**
Metropolitan Archbishop of Tiruvalla
22nd July 2026

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MESSAGE - PRINCIPAL ADVISOR



Shri. Jacob Punnoose IPS
Principal Advisor

It is only fitting and proper for an academic institution to take a look back at its activities of over the past year to take stock of its academic output and mark the milestones in its progress towards greater excellence. Hence it is a matter of great pleasure to note that, encouraged by the response evoked by the compendium of activities during 2024-25, the faculty and students have joined together to bring out an elaborate report on their activities during 25-26.

At the turn of the century, Pushpagiri Institute of Medical Sciences and Research Centre had the privilege and the vision in taking the first steps towards the paradigm shift in medical education in Kerala by being the first to declare its intention to start MBBS course in the well-established Pushpagiri Hospital which had already been rendering yeoman service to the poor and the needy in Central Travancore over four decades then. That intention augured the entry of private hospitals into medical education in Kerala and the institution became the first to start a Private Medical College, among all such colleges presently affiliated to the Kerala University of Health Sciences. As a result, during the first quarter of the 21st century Kerala witnessed tremendous growth both in the quantity and quality of modern medical education and modern clinical treatment. This institution has also grown over time to become a very valuable Centre of Post Graduate Medical Education and Research. It has also vastly expanded its clinical and therapeutic capability and now caters to an active registered patient load of more than a million individuals and an annual Outpatient load crossing half a million'.

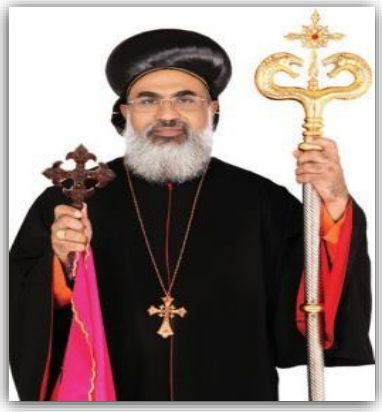
I am happy that the inputs of the students, the teachers, the staff, and the management towards excellence and growth of academics and research are formally recorded, acknowledged and shared with the general community of medical professionals. The activities have been varied, and embrace different aspects of medical practice as well as clinical teaching, strengthened further by consistent and constant attention to the advancement of the frontiers of knowledge by meticulous research. Quality improvement, academic excellence, extracurricular activities, socially oriented projects, community care and charity for the poor which form integral parts of the vision of mission of this institution are reflected abundantly in this compendium. It is hoped that this compendium, besides being a record of the activities of the past year, will also be an instrument for motivating the staff and students for continued commitment to excellence and spur them to achieve even higher standards of quality in future.

With all best wishes

Jacob Punnoose IPS (Retd.)
Formerly State Police Chief & DGP Kerala
&
Principal Advisor- Pushpagiri Medical Society

ADMINISTRATIVE TEAM

Our Patron



His. Grace. Most Rev. Dr. Thomas Mar Koorilos



Rev. Fr. Dr. Biju Varghese
Chief Executive Officer



Shri. Jacob Punnoose IPS
Principal Advisor



Rev. Dr. Mathew Mazhavancheril
Director



Rev. Fr. Mathew Thundiyil
Hospital Administrator

ADMINISTRATIVE TEAM



Dr. Reena Thomas
Principal



Dr. Abraham Varghese V
Medical Director



Dr. Vikram Gowda N R
Vice Principal (Admn)



Dr. Gaddam Vijaya Lakshmi
Vice Principal (UG Studies)



Dr. Santosh R Pillai
Vice Principal (Students' Affairs)



Dr. Jacob Abraham
Vice Principal (PG Studies & Research)

MESSAGE & REPORT

CHIEF EXECUTIVE OFFICER

MESSAGE FROM CHIEF EXECUTIVE OFFICER



Rev. Dr. Biju Varghese
Chief Executive Officer

It gives me great pleasure to present the Annual Report of **Pushpagiri Institute of Medical Sciences & Research Centre,** reflecting another year of meaningful progress in our journey of excellence in medical education, patient care, research, and community service.

At Pushpagiri, we continue to be guided by the timeless values of compassion, integrity, and service that have shaped our institution since its inception. Every achievement recorded in this report is the outcome of the collective dedication of our faculty, clinicians, students, researchers, nurses, administrators, and support staff, who remain committed to our mission of delivering quality healthcare and nurturing future healthcare professionals.

The past year has been marked by significant academic accomplishments, advancements in clinical services, growing research initiatives and continued investments in infrastructure and technology. Our emphasis on competency-based medical education, evidence-based clinical practice and patient-centered care has enabled us to strengthen our position as one of Kerala's leading medical institutions.

Healthcare today is evolving rapidly, demanding innovation, adaptability and collaboration. At Pushpagiri, we embrace these opportunities with confidence while remaining firmly rooted in our founding vision of serving humanity with compassion and excellence. Our efforts continue to focus not only on academic and clinical excellence but also on promoting ethical values, social responsibility and holistic development among our students.

As we move forward, we remain committed to strengthening our academic programmes, expanding research and innovation, adopting emerging technologies and enhancing healthcare services to meet the changing needs of society. Together, we aspire to build an institution that continues to inspire trust, foster knowledge and provide hope and healing to all.

I express my heartfelt gratitude to our Patron, Governing Body, General Body, faculty, students, alumni, healthcare professionals, administrative and support staff and our many well-wishers for their unwavering support and commitment. Their shared vision and tireless efforts continue to propel Pushpagiri towards greater heights.

May we continue our journey with renewed purpose, working together to advance medical education, healthcare, research and service to humanity.

Rev Fr. Dr. Biju Varghese
Chief Executive Officer
Pushpagiri Group of Institutions

CHIEF EXECUTIVE OFFICER'S REPORT

Introduction

It is with immense pleasure that I present the Annual Report of Pushpagiri Institute of Medical Sciences **& Research Centre** for the period **July 2025 to June 2026.**

The year under review has been one of remarkable progress, institutional transformation and sustained growth. Guided by our mission of" Life *in Abundance"* and inspired by Christian values of compassion, service and excellence, Pushpagiri continued to strengthen its position as one of Kerala's premier institutions for medical education, patient care, clinical research and community service.

Established under the visionary leadership of the Syro-Malankara Catholic Archdiocese of Tiruvalla and managed by Pushpagiri Medical Society., the Institute continues to evolve as an integrated academic health sciences centre encompassing tertiary healthcare, medical education, nursing, pharmacy, dental sciences, allied health sciences and advanced research facilities. Throughout the year, our focus remained on delivering quality education, ethical healthcare, innovative research and compassionate service while embracing technological advancements and quality improvement initiatives.

Academic Excellence

The Institute continued to uphold high standards in undergraduate and postgraduate medical education in accordance with the regulations of the National Medical Commission and Kerala University of Health Sciences.

Competency-based medical education, structured clinical training, bedside teaching, seminars, workshops, Continuing Medical Education programmes, faculty development initiatives and interdisciplinary academic activities were conducted throughout the year. Faculty members remained committed to mentoring students and fostering a culture of professionalism, ethics and lifelong learning.

Research activities continued to gain momentum through the Pushpagiri Research Centre and the Centre for Virology, encouraging faculty members and students to engage in quality medical research, scientific publications and collaborative projects. The Institution remained committed to promoting innovation while ensuring strict adherence to ethical research practices.

Clinical Services and Patient Care

Pushpagiri Medical College Hospital continued to strengthen its reputation as a leading tertiary care teaching medical college hospital serving Central Travancore and neighbouring districts.

During the reporting period, the hospital recorded **4,85,610 outpatient** visits, **47,006 inpatient admissions,** and **36,726 surgeries,** reflecting the increasing confidence reposed by the public in our healthcare services.

Several new clinical services and specialty programmes were introduced during the year. The commencement of **Interventional** Radiology **Services** significantly enhanced our capability in minimally invasive procedures. New diagnostic facilities including **Auditory Brainstem** Response (ABR) testing, advanced liver imaging technologies, expanded endocrinology services and various specialty initiatives further strengthened comprehensive patient care.

Our multidisciplinary healthcare teams continued to provide quality care across all specialties and super-specialties while maintaining high standards of patient safety, infection prevention and evidence-based clinical practice.

Infrastructure Development and Institutional Growth

Infrastructure development remained one of the major highlights of the year. The inauguration of Pushpagiri Gramashupathri at Chunkappara marked another milestone in extending quality healthcare services to rural communities. This initiative reflects the institution's continuing commitment to improving healthcare accessibility beyond the main campus.

One of the most visible developments was the establishment of **Daily Loaf,** a modern multi-storeyed hospital canteen designed to provide quality dining facilities for patients, bystanders, students, staff and visitors.

Several major infrastructure projects were completed during the year, including Digital X-ray facilities, modernization of specialty departments, renovation of patient care areas, establishment of new pharmacy facilities, development of dedicated patient amenities, improved parking facilities and multiple campus enhancement projects. Simultaneously, numerous additional projects have entered various stages of planning and execution, reflecting the institution's vision for long-term growth.

Quality, Accreditation and Digital Transformation

Quality improvement continued to remain a strategic priority. The successful completion of the NABH 6th Edition Surveillance Assessment reaffirmed our commitment to patient safety, quality care and continuous improvement. The hospital was also recognized as a Centre of Excellence in iCOMPLY Services by CAHO, highlighting our sustained focus on quality management systems.

Significant progress was achieved in digital transformation through the implementation of the Primato Human Resource Management System (HRMS), further strengthening organizational efficiency, payroll management, attendance systems and employee services.

Digitalization initiatives were expanded across various departments through enhanced Hospital Information Systems, Electronic Medical Records, improved information technology infrastructure and strengthened cybersecurity measures, thereby improving operational efficiency and patient experience.

Technology and Advanced Healthcare

The year witnessed substantial investments in advanced medical technology.

Several state-of-the-art biomedical equipment were commissioned across various departments, including Digital Radiography Systems, advanced ultrasound equipment, SpyGlass Direct Visualization System, Capsule Endoscopy, High Resolution Manometry, modern echocardiography systems and numerous other specialized diagnostic and therapeutic technologies. These investments have significantly enhanced diagnostic accuracy, expanded treatment capabilities and improved clinical outcomes, ensuring that patients continue to receive world-class healthcare closer to home.

Community Outreach and Social Commitment

Service to society remains central to Pushpagiri's mission. The institution continued to organize medical camps, preventive healthcare programmes, awareness campaigns and rural outreach activities through various departments. New patient support initiatives such as the Souhruda Healthcare Scheme, Students

Care Scheme, preventive health packages and various concession programmes were introduced to improve access to affordable healthcare. These initiatives reaffirm our commitment to ensuring that quality healthcare remains accessible to economically weaker and underserved sections of society.

During the period April 2025 to March 2026, a total of 1,88,017 patients benefitted from various charity and discount schemes implemented by the hospital. The total value of charity and concessions extended during the year amounted to 118,64,41,386/-. The establishment of the Chunkappara Rural Centre has further strengthened our outreach mission by bringing quality healthcare services closer to rural population.

Governance and Institutional Support

The achievements of the year have been possible because of the collective efforts of our Management, Governing Body, faculty members, doctors, nurses, researchers, administrators, technical experts and support staff.

I place on record my sincere gratitude to the Patron, President, Vice-President, Members of the General Body and Governing Body of Pushpagiri Medical Society for their visionary leadership, constant encouragement and unwavering support.

I also appreciate the dedication and commitment of every member of the Pushpagiri family who has contributed towards strengthening our institution and maintaining our reputation for excellence in healthcare, medical education and research.

Looking Ahead

Healthcare and medical education continue to undergo rapid transformation. Pushpagiri remains committed to embracing innovation while preserving its core values of compassion, ethical practice and service to humanity.

With continued investments in infrastructure, advanced technologies, academic excellence, research, quality systems and community engagement, we are confident that the institution is well-positioned for the future. Our strategic focus remains on delivering world-class patient care, nurturing competent healthcare professionals, expanding research initiatives and strengthening our role as a Centre of Excellence in medical education and healthcare.

As we move forward together, let us remain steadfast in our mission of healing, learning and serving society with integrity, compassion and excellence.

I express my heartfelt appreciation to every stakeholder whose commitment, dedication and support have enabled Pushpagiri Institute of Medical Sciences & Research Centre to continue its journey of excellence. Together, we look forward to another year of meaningful achievements in service of humanity.

Chief Executive Officer
Pushpagiri Group of Institutions

MESSAGE & REPORT

ACADEMIC DIRECTOR

ACADEMIC DIRECTOR'S MESSAGE



Rev. Dr. Mathew Mazhavancheril
Academic Director

Greetings,

It is with great pleasure that we present the second edition of the *Annual Report of Pushpagiri Institute of Medical Sciences & Research Centre*, covering the period from July 2025 to June 2026.

This academic year has been remarkable, with significant achievements at both academic and administrative levels. Our institute continues to grow rapidly, reaching important milestones through the unwavering dedication of our staff — including teaching faculty, nurses, technicians, and administrative personnel. I deeply appreciate your commitment and hard work.

Pushpagiri Medical College Hospital stand as a testament to the vision of the dedicated missionaries of the Malankara Church. The backbone of our progress has been their prayers and selfless service, offered without any motive other than serving society. True to this mission, we continue to care for the poor and marginalized without boundaries of religion, colour, ethnicity, or any form of discrimination. The trust and support of the general public have been invaluable in sustaining this noble endeavour.

Over the past year, we have successfully met several academic and regulatory requirements, including university recognition and the renewal of UG and PG course accreditations by the National Medical Commission. Our students have also demonstrated outstanding performance in university examinations, further strengthening the reputation of our institution.

As we look ahead, I am confident that with the continued support of our staff, students, and well-wishers, Pushpagiri will achieve even greater heights in the service of humanity and in the pursuit of excellence in medical education and healthcare.

With gratitude and best wishes, May God Bless You.

Rev Fr. Dr. Mathew Mazhavancheril
Academic Director

ACADEMIC DIRECTOR'S REPORT

INTRODUCTION

It is with deep honor that I unveil the Annual Report of Pushpagiri Institute of Medical Sciences & Research Centre, covering the period from July 2025 to June 2026.
As we look back on the milestones of this year, we renew our commitment to excellence, compassion, and innovation. My heartfelt appreciation goes to our faculty, staff, students, and partners whose dedication sustains Pushpagiri's mission and amplifies its impact.

1. THE DIRECTORATE & SECRETARIAT

Formed in 1992, the Pushpagiri Medical Society serves as the unifying body that directs the Hospital, Medical College, Nursing, Dental, Pharmacy, Allied Health Sciences, and Research Center. Recognized as a charitable society with statutory approvals, it provides a framework for balanced growth across patient care, academic training, and scientific inquiry.
Its mission is clear: to deliver world-class medical education, compassionate health services, and meaningful community outreach, while nurturing innovation and advancing knowledge. Through its diverse institutions, Pushpagiri not only strengthens Kerala's health infrastructure but also contributes to the broader progress of the nation.

2. GOVERNING BODY

List of Governing Body Members

S. No.	Name of Governing Body Members	Designation
1	Fr. Dr. Issac Parappallil	President
2	Dr. Abraham Varghese	Vice President
3	Fr. Dr. Biju Varghese	Secretary
4	Fr. Dr. Mathew Mazhavancheril	Member
5	Fr. Mathew Thundiyil	Member
6	Rev. Fr. Mathew Puthenpurayil	Member
7	Mr. Varghese Alexander CA	Member

3. MANAGEMENT OF PUSHPAGIRI GROUP OF INSTITUTIONS

The management of Pushpagiri group of institutions, for the period 2025–2026 is as follows:
1. Rev. Fr. (Dr.) Biju Varghese Payyampallil
   Chief Executive Officer, Pushpagiri Group of Institutions
2. Shri Jacob Punnoose IPS (Retd.)
   Principal Advisor
3. Rev. Dr. Mathew Mazhavancheril
   Director, College of Medicine & Allied Science, Director- Research
4. Rev. Fr. Mathew Puthenpurayil
   Director, College of Nursing, Director – Facilities
5. Rev. Fr. Mathew Thundiyil
   Hospital Administrator
6. Rev. Fr. John Padipurackal

Director, Finance

4. ADMINISTRATION

The administration of the Pushpagiri Institute of Medical Sciences and Research Centre, for the period 2025–2026 is as follows:

1. Rev. Dr. Mathew Mazhavancheril
   Director, College of Medicine & Allied Science
2. Dr. Reena Thomas MD, DM (Nephro)
   Principal
3. Dr. Abraham Varghese V
   Medical Superintendent
4. Dr. Vikram Gowda N R
   Vice Principal (Administration)
5. Dr. Santhosh R. Pillai
   Vice Principal -Student Affairs
6. Dr. Gaddam Vijaya Lakshmi
   Vice Principal - UG Studies
7. Dr. Jacob Abraham
   Vice Principal - PG Studies & Research
8. Mr. K V Mohandas – Office Superintendent

5. ACHIEVEMENTS

Approval for PG Program Expansion by KUHS

Following a successful inspection by the KUHS on 29-12-2025, University granted consent of affiliation for enhancement of seats in existing seats, in Anaesthesiology: 06 to 09 Ophthalmology: 01 to 03, Otorhinolaryngology: 02 to 03, Orthopaedics: 04 to 05, Pathology: 04 to 06, Community Medicine: 04 to 06.

Recognition by NMC (2026–2027)

On 30 June 2026, the NMC Undergraduate Medical Education Board granted conditional renewal of 100 MBBS seats as continuation of the UG Annual Declaration submitted on 29-05-2026 –NMC Letter Ref. No. U-15029/09/2026-UGMEB Part-1, dated 29 June 2026.

India Today Best Colleges Survey 2026

Pushpagiri Medical College secured the 47th rank among the best Medical colleges at the all-India level following its successful participation in the survey (2024–25).

AISHE

The All India Survey on Higher Education (AISHE) issued certificates to Pushpagiri Medical College and Pushpagiri Allied Health Sciences after the successful submission of data on the portal.

6. INSPECTIONS

The period from July 2025 to June 2026 witnessed a series of inspections conducted by the university and regulatory bodies, coordinated under the guidance of Dr. Vikram Gowda NR and the dedicated team of the Inspection Cell. These evaluations reaffirmed the institution's commitment to maintaining high standards in academics, clinical training, and compliance. The collaborative efforts ensured transparency, accountability, and continuous improvement, strengthening the institution's mission in medical education and healthcare delivery.

Details of Inspection are as follows-

Date	Purpose	Mode	Authority
09-07-2025	Enhancement of PG Seats Department of Pharmacology	Physical	DME
11-07-2025	Enhancement of PG Seats Department of OBG, Paediatrics, ENT and Ophthalmology	Physical	DME
16-07-2025	Enhancement of PG Seats Department of Orthopedics	Physical	DME
19-07-2025	Enhancement of PG Seats Department of Community Medicine	Physical	DME
21-07-2025	Enhancement of PG Seats Department of Anesthesiology	Physical	DME
23-07-2025	Enhancement of PG Seats Department of Physiology, Biochemistry and Anatomy	Physical	DME
24-07-2025	Enhancement of PG Seats Department of Pathology and Microbiology	Physical	DME
11-09-2025	DrNB Gastroenterology Fresh Accreditation Inspection	Physical	NBEMS
29-12-2025	PG seat Enhancement inspection -Anaesthesiology, Ophthalmology, Otorhinolaryngology, Orthopaedics Pathology and Community Medicine	Physical	KUHS
29-12-2025	Provisional Affiliation Inspection 2026-27	Physical	KUHS
22-04-2026	KUHS QAS Reaccreditation Inspection	Physical	KUHS
29-05-2026	UG Annual Declaration - Re recognition of MBBS seats 2026-27	Online	NMC

7. STUDENTS

i. ADMISSION -2025 -2026

The admission process marks a significant milestone in the journey of aspiring medical professionals. Welcoming a new cohort of students reflects the institution's commitment to nurturing talent, advancing knowledge, and shaping the future of healthcare. Each admission season brings fresh energy, diverse perspectives, and renewed dedication to excellence in medical education and patient care.

- **MBBS Course (2025)**

No. of seats	Students Admitted	Highest NEET Rank	Lowest NEET Rank
100	100	21507	431111

(b) PG Medical Courses

Postgraduate Medical Admission 2025			
S. No.	**Post- Graduate Course**	**Total Seats**	**Number of Students admitted**
1	Anatomy	2	2
2	Biochemistry	2	2
3	Pathology	4	4
4	Physiology	2	2
5	Pharmacology	1	-
6	Community Medicine	4	4
7	Paediatrics	6	6
8	Psychiatry	4	4

9	Microbiology	2	2
10	General Medicine	6	6
11	Radiodiagnosis	4	4
12	Dermatology	3	3
13	Anaesthesiology	6	6
14	Respiratory Medicine	4	4
15	General Surgery	4	4
16	Ophthalmology	1	1
17	Orthopaedics	4	4
18	ENT	2	2
19	OBG	4	4

(c) DNB/ DrNB Courses

DNB/DrNB Courses			
DNB Course			
S. No.	**DNB Course**	**Total Seats**	**Number of Students admitted**
1	DNB Emergency Medicine	4	4
DrNB Course			
S. No.	**DrNB Course**	**Total Seats**	**Number of Students admitted**
1	DrNB Critical Care	2	1

(d) AHS Courses

S. No.	Courses	Sanctioned Seats	Filled Seats
1	Diploma in Dialysis Technology	20	14
2	Diploma in Medical Laboratory Technology	20	11
3	Diploma in Cardio Vascular Technology	4	3
4	Diploma in Central Sterile Supply Technology	4	4
5	Diploma in Operation Theatre & Anaesthesia Technology	15	11
6	Diploma in Endoscopic Technology	4	1
7	Diploma in Radiological Technology	10	5
8	B. Sc Dialysis Technology	10	10
9	Diploma in Respiratory Technology	5	4
10	Diploma in Ophthalmic Assistance	10	3
	Total	102	66

(e) Medical Association/ Society Affiliated Fellowship Programmes

Medical Association/ Society Affiliated Fellowship Programmes		
1.	IDCCM Fellowship in Critical Care	2 per year
2.	IAP Neonatology Fellowship	1 per year
3.	IAP Fellowship Program in Developmental and Behavioral Pediatrics)	1 per year

ii. TOTAL STUDENT STRENGTH

Student Statistics	
MBBS	500
PG Medical	188
PG Medical SS	7
DNB/DrNB	16
AHS Diploma	113
AHS Degree	20
Total	**844**

8. TOTAL STAFF AND PROMOTIONS

The teaching and non-teaching staff form the backbone of the institution, driving its academic, clinical, and administrative excellence. Recognizing their invaluable contributions through timely promotions, without discrimination, reflects the institution's commitment to fairness, motivation, and professional growth. By honoring their dedication and service, the institution not only strengthens its workforce but also reinforces a culture of respect, inclusivity, and continuous advancement in medical education and healthcare delivery.

a) **Teaching Staff**

Teaching Staff - 2025-2026		
Designation	**Total strength**	**Promoted**
College of Medicine		
Professor/Addl. Professor	51	4
Associate Professor/Addl. Associate Professor	24	2
Assistant Professor	52	6
Senior Resident	76	-
Grand Total	**203**	**12**

b) **Non-Teaching Staff**

Non-Teaching Staff 2025-2026		
Designation	**Total strength**	**Promoted**
General Manager	2	-
Senior Manager	-	-
Engineer	4	-
Manager	4	-
Librarian	4	-
Assistant Manager	11	-
System Administrator	5	-
Senior Executive	6	-
Executive	34	-
Accountant	4	-
Technicians	14	-
Junior Executive	28	-
Associates/Assistants	25	-
Clerk	17	-
Others	460	-
Grand Total	**618**	-

9. GRANTS AND SCHOLARSHIPS 2025-2026

Research Projects and Grants

	Number	Fund Received
New Projects		
National	1	16500000/-
International	1	4000000/-
Total	**2**	**20500000**/-
Ongoing Projects		
National	2	3075530
International	1	2000000
Total	**3**	**5075530**/-

Scholarships Awarded	
Course	**Number of Students Awarded**
MBBS	-
PG Medical	17
AHS Diploma	-
AHS Degree	-
TOTAL	**17**

11. PUBLICATIONS

Publications	**Number**
National Publications	50
International Publications	114
Book	1
Book Chapters	5

12. INFRASTRUCTURE DEVELOPMENTS

Proposal for renovation

The proposal to renovate the Council Hall, Central Library, Mini Auditorium, Exam Hall, and Administrative Office has been submitted to the Management.

Advanced Medical Equipment's

Cutting-edge medical equipment was procured and installed, significantly advancing diagnostic and treatment capabilities while ensuring adherence to the latest healthcare standards.

Modification of Hostels

Hostel facilities were modernized to create a safer and more comfortable living environment for students, featuring upgraded rooms, improved sanitation facilities, and enhanced common areas.

CONCLUSION

I conclude that the period from July 2025 to June 2026 has been characterized by consistent academic growth, strengthened clinical training, and improved adherence to regulatory standards. The institution has advanced its educational goals, fostered meaningful research, and upheld high-quality patient care. Through sustained dedication to excellence, collaboration, and innovation, it remains well-positioned to address future challenges and fulfill its mission in medical education and healthcare delivery.

MESSAGE & REPORT

HOSPITAL ADMINISTRATOR

HOSPITAL ADMINISTRATOR'S MESSAGE



REV. FR. MATHEW THUNDIYIL
Hospital Administrator

It gives me immense pleasure to know that the **Second Edition of the Pushpagiri Medical College Magazine** is ready to be unveiled.

Every institution has a story to tell, and the story of Pushpagiri is one of unwavering faith, compassionate service, and a steadfast commitment to excellence. What began in 1959 as a modest eight-bedded hospital, has over the decades, evolved into one of Kerala's leading centres for medical education, advanced healthcare, and research. This remarkable journey has been made possible through the vision, dedication, and selfless service of generations of priests, doctors, nurses, teachers, students, and healthcare professionals who have embraced the noble mission of healing with compassion and integrity.

Over the years, Pushpagiri has played a pivotal role in transforming Central Travancore into a prominent healthcare destination. Our pursuit of excellence in patient care, medical education, research, and innovation has earned the trust and confidence of countless patients and families. As we continue to grow, we remain firmly rooted in the values those have guided us since our inception—faith, compassion, service, and respect for human dignity.

This magazine is far more than a record of events and accomplishments, it reflects the vibrant academic, clinical, research, cultural, and community service initiatives that enrich life at Pushpagiri. It captures the achievements, creativity, and aspirations of our faculty, students, and staff while preserving the milestones that together form the living history of our institution.

As you turn these pages, I hope you will experience the true spirit of Pushpagiri, a spirit that harmoniously blends knowledge with compassion, innovation with service, and professional excellence with our enduring commitment to humanity. May this edition inspire each one of us to continue building upon the rich legacy of our institution and to strive tirelessly towards a healthier, more compassionate, and brighter future.

I extend my sincere appreciation to the Editorial Board and to everyone whose dedication and hard work have made this publication possible. I congratulate all the contributors and wish the **Second Edition of the Pushpagiri Medical College Magazine** every success.

Fr. Mathew Thundiyil
Director / Hospital Administrator

HOSPITAL ADMINISTRATION REPORT

Pushpagiri Medical College Hospital (PMCH) continues to uphold its position as a leading tertiary-care teaching and referral centre, dedicated to providing safe, ethical, and patient-centred healthcare services across a broad spectrum of medical and surgical specialties. Supported by a highly qualified multidisciplinary workforce and modern clinical infrastructure, the hospital remains committed to delivering comprehensive care through its inpatient, outpatient, emergency, and critical care services.

As a healthcare institution rooted in service, PMCH remains deeply committed to addressing the health needs of the wider community. Through outreach programmes, preventive health initiatives, screening camps, and patient-support schemes, the hospital strives to extend quality healthcare beyond its walls and ensure that essential medical services remain accessible to all sections of society. Particular attention continues to be given to vulnerable and underserved populations through various welfare initiatives aimed at reducing financial and social barriers to treatment.

The year witnessed sustained growth in clinical activity, with increasing patient volumes, greater referral inflow, and continued demand for specialized and super-specialty services. This growth reflects the trust placed in the institution by patients, healthcare providers, and the community at large. At the same time, the hospital has remained focused on maintaining high standards of patient safety, clinical quality, infection prevention, and regulatory compliance.
As a teaching hospital, PMCH continues to strengthen its academic mission by fostering an environment that integrates patient care, medical education, and research. Faculty members, residents, students, nurses, and allied health professionals work collaboratively to promote continuous learning, clinical excellence, and evidence-based practice, thereby contributing to the development of the next generation of healthcare professionals.

The healthcare landscape continues to evolve rapidly, shaped by changing patient expectations, technological advancements, workforce challenges, and increasing demands for quality and efficiency. PMCH remains committed to adapting proactively to these changes through continuous improvement, investment in people and systems, responsible adoption of technology, and a steadfast focus on patient-centred care.

With the dedication of its staff, the support of its stakeholders, and a clear vision for the future, Pushpagiri Medical College Hospital remains well-positioned to continue its mission of healing, learning, and service while advancing excellence in healthcare delivery and medical education.

Our Statistics at a Glance

Statistics	Academic Year 24-25	Academic Year 25-26
OP Visits	417977	485610
Admissions	39989	47006
Discharges	40043	46959

Surgeries	36965	36726

Major Initiatives and Developments

Pushpagiri Medical College Hospital continued to invest significantly in infrastructure development, technological advancement, and patient-centred improvements, reflecting its commitment to high-quality care and operational efficiency.

Infrastructure and Facility Enhancements

Inauguration of Chunkappara Gramashupathri
The inauguration of Pushpagiri Gramashupathri at Chunkappara held on 31st October 2025.

Commencement of Interventional Radiology (IR) Services (9 November 2025)
Interventional Radiology (IR) Services commenced on 9 November 2025. The hospital is now equipped to provide both elective and emergency IR procedures.

New Staff, Doctor Canteen
The hospital has opened to the public a modern 9,000 sq. ft. canteen with enhanced dining facilities and amenities - “Daily Loaf” Cafe which serves food for our patients, bystanders, staff, and doctors.

Patient Mobile App
Launched the Patient Mobile App in August 2025 to enhance convenience and accessibility.

Clinical and Service Expansion

Launch of "First Steps" Vaccination Package (16 July 2025)
The "First Steps" Vaccination Package was launched on 16 July 2025. The package was designed to cover the child's essential vaccination schedule during the first year of life and included all recommended vaccines administered over one year, ensuring comprehensive immunization and protection.

Introduction of Liver Fat Quantification (UGAP) and Shear Wave Elastography (SWE)

(30 September 2025)
A new ultrasound-based diagnostic service comprising Liver Fat Quantification (UGAP) and Shear Wave Elastography (SWE) was introduced on 30 September 2025, enhancing the hospital's capabilities in the non-invasive assessment of liver disease.

Evening OP Services – Department of Endocrinology (12 November 2025)
Evening outpatient consultation services under Dr. Amaldev, Consultant, Department of Endocrinology, commenced on 12 November 2025. The clinic has since been conducted every Friday from 4:30 PM to 7:00 PM

Introduction of ABR Test in NICU (3 February 2026)
The Auditory Brainstem Response (ABR) Test was introduced in the Neonatal Intensive Care Unit (NICU) with effect from 3 February 2026, facilitating early detection and diagnosis of hearing impairment in newborns.

Women's Day Breast Cancer Thermal Screening Camp (7 March 2026)
A thermal screening camp for the early detection of breast cancer was conducted on 7 March 2026 for 40 women employees of Joyalukkas. The programme included free consultation and thermal screening by Dr. Raju Mathew Cyriac, Consultant – Radiation Oncology, while mammography, where indicated, was offered at a 30% discount.

Patient Charity Schemes

Implementation of the "Souhruda" Healthcare Scheme (1 March 2026)
In collaboration with the Changanacherry Social Service Society (CHASS) and the Kerala Labour Movement (KLM), the hospital introduced the "Souhruda" Healthcare Scheme with effect from 1 March 2026. The scheme provided subsidized healthcare services exclusively to CHASS and KLM members and their first-degree relatives who were not covered under any Government health scheme or private insurance.

Introduction of the "Students Care" Scheme
The "Students Care" Scheme was introduced for students of the Pushpagiri Group of Institutions and their first-degree relatives. The scheme provided category-wise concessions and healthcare benefits, thereby improving access to affordable healthcare services for the student community.

Health Check-up Discount for Discharged Patients
A 10% discount on health check-up packages was introduced for patients discharged from rooms, encouraging preventive health evaluation following hospitalization.

Accreditations and Certifications (2025–26)

During the period under review, PMCH achieved significant milestones in quality and regulatory compliance. The following accreditations are received:

1. **NABH 6th edition surveillance**
2. **Recognized as a Centre of Excellence in iCOMPLY Services by CAHO**

These achievements reflect the hospital's sustained focus on quality, safety, and compliance with national standards.

Digital Transformation and Information Systems

Significant advancements were made in hospital information systems and digital patient engagement. These initiatives aim to enhance efficiency, transparency, patient safety, and overall service delivery.
Pushpagiri Medical College Hospital continues to strengthen its role as a leading tertiary-care teaching institution through sustained investments in infrastructure, technology, quality systems, and community engagement. The initiatives and achievements outlined in this report demonstrate the hospital's unwavering commitment to excellence, patient-centred care, and social responsibility, while positioning the institution to meet future healthcare challenges effectively.

Growth of the Institution

Since 2003, the institution has demonstrated consistent and sustained growth in its clinical and diagnostic services, reflecting both increasing patient trust and the gradual expansion of the hospital's capabilities.
Over this period, outpatient visits have increased from approximately 1.89 lakh in 2003 to nearly 4.85 lakh by 2026, representing a growth of about 156%. Inpatient admissions have also risen from around 23,000 in 2003 to over 47,006 by 2026, an increase of roughly 104%. This reflects not only higher patient volumes but also deeper clinical engagement and the hospital's expanding role as a treatment and referral center.

Comprehensive Future Plans

This plan outlines the strengthening of healthcare delivery of Pushpagiri Medical College Hospital, covering innovation, advanced technology, and patient-centred care. The strategy is structured by feasibility, impact, and investment needs.

Upcoming Project

Super Market cum Departmental Store Understanding the integrity of the foot falls in the premise, a survey was held where we concluded approximately 10,000-foot falls on an average daily basis from different areas such as 2800 employees, 1300 students, 500 plus patients, 500 plus by-standers, plus 3000 OP visitors, transporters etc. the need of a Supermarket cum Departmental store is essential to cater to various needs of these people. The construction is in progress, looking forward to the inauguration at the earliest

Digital Health & Clinical Support

- Full-scale implementation and roll-out of Inpatient Electronic Medical Records (IP EMR)
- DEXA scan & high-frequency digital radiography setup
- Advanced Neuro-pathology diagnostic laboratory setup
- Expansion of the automated Pneumatic Tube System across various areas.
- Upgradation of facility ceiling fans to energy-saving BLDC technology

Clinical & Surgical Advancements

- Robotic surgery system (Da Vinci) to elevate surgical precision
- Bone Marrow Transplant Unit & high-end Oncology Diagnostics
- Dedicated Interventional Cath Lab for Interventional Radiology
- Comprehensive clinical PET Scan & Radiotherapy department setup
- ECMO (Extracorporeal membrane oxygenation) modern clinical unit

Patient Care & Ward Modernization

- Setup of an exclusive private care block for premium services
- Private ward upgradation dedicated to comprehensive Psychiatry care
- Private ward upgradation tailored for Pain & Palliative patients
- Daycare ward for biopsies, transfusions, and bone marrow aspiration
- High comfort staff lounges and social areas to improve workforce wellness

Organ Transplant & Renal Services

- Liver & Renal transplant scale-up
- Renal transplant infrastructure expansion.
- Integration of NIV-supported dialysis chairs for high-dependency patients

MESSAGE & REPORT

PRINCIPAL

PRINCIPAL'S MESSAGE



Dr Reena Thomas
Principal

It gives me immense pleasure to present the **Annual Report of Pushpagiri Institute of Medical Sciences & Research Centre (PIMS&RC) for the Academic Year 2025–26**. This report is a comprehensive reflection of the institution's academic progress, research achievements, clinical excellence, cultural vibrancy, and collective commitment to holistic development during the year.

The academic year 2025–26 has been a year of continued growth and accomplishment in the areas of **teaching and learning, research, clinical services, innovation, and community engagement**. Our faculty and students have actively participated in academic programmes, conferences, workshops, research activities, professional development initiatives, and outreach programmes, contributing significantly to the academic and professional enrichment of our institution.

The year also witnessed active participation in **cultural, sports, and extracurricular activities**, providing our students and faculty with opportunities to demonstrate their talents, strengthen teamwork, develop leadership skills, and foster a sense of social responsibility. Such activities remain integral to our commitment to nurturing compassionate, competent, and socially responsible healthcare professionals.
I am particularly pleased to acknowledge the continued efforts of our faculty and students towards **research, innovation, interdisciplinary learning, and academic excellence**. Their dedication to advancing knowledge and contributing to healthcare has strengthened the academic environment of our institution.

I place on record my sincere appreciation to all **faculty members, students, administrative staff, and various committees** for their dedicated efforts and valuable contributions to the activities documented in this Annual Report. I also express my gratitude to the **Management** for its continued guidance, encouragement, and support, which have been instrumental in enabling the institution to progress towards higher standards of excellence.

As we move forward, let us remain committed to our institutional values and continue to strive for excellence in **medical education, patient care, research, innovation, and community service**. With collective effort, dedication, and a shared vision, I am confident that PIMS&RC will continue to make meaningful contributions to healthcare and society.

I wish all our students, faculty, and staff **continued success and fulfilment in their future endeavours**.

Dr. Reena Thomas
Principal

PRINCIPAL'S REPORT

Introduction:

From our humble beginnings in 1959 and attaining medical college status in 2002, we have grown into an institution that has earned the trust and confidence of generations. As we celebrate our **Jubilee Year (2026–27)**, we take pride in our journey of excellence in education, healthcare, and research.

We are proud to be **the first medical college in the private sector**, distinguished by academic excellence, a commitment to compassionate patient care, and a strong focus on innovation and research. Today, we stand as a leading **tertiary and quaternary care centre and a Centre of Excellence in research**.

As of 2026, we now have 3,193 students. Over the years, a total of 1977 **undergraduate**, 531 **postgraduate**, and **43 super-specialty students** have successfully passed through our portals, carrying forward our legacy of excellence and service.

- **UG Academics**

MBBS

During the academic year 2025–2026, all sanctioned seats of the MBBS course were filled. Of the admitted students, 38 were Boys and 64 were Girls. Admissions were made across various categories, including 15 seats under the All-India Quota, all of which were filled with NEET ranks above 30717. Under the Open category, admissions were distributed across subcategories such as SM, MU, VK, EZ, DV, and SC, accounting for the remaining seats. The Minority Quota comprised 50 seats, all filled with NEET ranks above 94367. Additionally, 15 seats were allotted and filled under the NRI category, with NEET ranks above 431111. Thus, the total sanctioned strength of 100 seats was fully utilised.

The academic performance of students during the year reflects satisfactory to excellent outcomes across all phases of the MBBS programme.

Remedials / Tutorials

PIMSRC has a structured academic support system to address the diverse learning needs of students. Students scoring below 50% in both theory and practical components of sessional examinations are identified for remedial support and provided opportunities for remedial tests, individual guidance, and faculty mentoring. Slow learners, identified based on performance below 40% in test papers, receive additional tutorial support, focused teaching, learning materials, and periodic assessments through departmental mentors. Advanced learners are encouraged through additional reading, journal-based learning, quizzes, seminars, CMEs, and academic presentations. These initiatives ensure individualized academic support and promote the overall academic growth and potential of every student.

Mentor Mentee Programs

PIMSRC implements a structured Mentor–Mentee Programme for MBBS students, with faculty mentors assigned across batches to provide continuous academic and personal guidance. Mentors regularly monitor students' progress, identify learning needs, provide motivation and counselling, and facilitate remedial or tutorial support where required. The programme promotes effective study habits, academic improvement, and holistic student development. Mentor–mentee allotments are systematically maintained for the 2023, 2024, and 2025 MBBS batches.

Forensic Medicine Postings (Autopsy Observation)

PIMSRC obtained official permission from **Government T.D. Medical College, Alappuzha** for students of the 3rd Professional MBBS Part I (2022 Admission) to attend medico-legal autopsies as part of their Forensic Medicine training. The permission, issued on **28 October 2025**, allows students to witness

autopsies at the college mortuary subject to prescribed conditions regarding student strength, prior submission of student details, faculty supervision, appropriate dress and identification, confidentiality, and prohibition of photography and videography. The arrangement provides students with valuable practical exposure to medico-legal autopsy procedures while ensuring discipline, ethical conduct, and uninterrupted functioning of the mortuary.

Study Tour

A six-day batch trip to Goa via Dandeli was successfully organized for 42 students of the 2022 MBBS batch from November 24 to November 29, 2025, under the supervision of two faculty members. The journey was completed safely by bus, with all necessary safety protocols strictly followed throughout. The students thoroughly enjoyed the itinerary and maintained excellent behavior and enthusiasm during the entire excursion. The trip concluded successfully with the safe return of all participants without any untoward incidents.

College - Students Union and activities
Pushpagiri College Union – Dhruva

June 2025:
The academic year began with the College Union Inauguration, marking the commencement of the tenure of the elected Union representatives. The Union also organized PULSE – Intercollegiate Medical Conference, providing a platform for academic interaction, knowledge sharing, and networking among medical students from different institutions.

July 2025:
As part of Doctors' Day celebrations, the Union organized Doctors' Derby (Cricket Tournament) and Stethoscope Smash (Badminton Tournament). The programmes promoted camaraderie, teamwork, and interaction among students, doctors, and faculty members.

August 2025:
The Union celebrated THRILLONAM, the annual Onam programme, with active participation from students, faculty, and staff, highlighting Kerala's cultural heritage. The Dramatica Movie & Theatre Club was also inaugurated to encourage student interest in cinema, theatre, and performing arts.

September 2025:
Students participated in the KUHS South Zonal Arts Festival held at Government Medical College, Thiruvananthapuram. The institution secured prizes in events including Music Band, Street Play, Drama, Group Song, and various individual competitions, reflecting the artistic talents of the students.

October 2025:
The Union organized the THEOPHILOS Intercollegiate Basketball Tournament, attracting participation from several institutions. A Blood Donation Camp was conducted on 17 October in association with SSGP and sponsored by Federal Bank. The Union also organized DHYUTHINITE, the first Diwali celebration in the institution, promoting cultural diversity and inclusiveness.

November 2025:
Students participated in the KUHS Interzonal Arts Festival at Government Medical College, Kozhikode, and secured prizes in various events. As part of Children's Day, the Union distributed sweets at local Anganwadis and the Pratheeksha Child Development Centre and visited Daivaparipalana Children's Home in collaboration with NSS. Students also participated in the KUHS B Zone Sports Meet, winning prizes in Chess and Table Tennis.

December 2025:
The IRIS Academic Club organized a World AIDS Day Quiz Competition, promoting awareness about HIV/AIDS and encouraging academic engagement among students.

January 2026:
The Union organized Freshers' Day for the 2025 MBBS batch. The programme provided an opportunity for new students to interact with their peers and seniors and facilitated their integration into the academic and social environment of the institution.

February 2026:
The PADAKKALAM Interbatch Sports Fest commenced, providing students from different batches with opportunities to participate in various sporting events while promoting healthy competition, teamwork, discipline, and sportsmanship.

March 2026:
The Union conducted TB TITANS, a State-Level Intercollegiate Quiz Competition, promoting academic excellence and scientific interaction among medical students. HRIDAYAPOORVAM Farewell was also organized for the 19th Batch House Surgeons in recognition of their contributions to the institution and completion of internship.

April 2026:
The SPANDAN Wing, in association with the Students Support and Guidance Programme (SSGP), organized the second Blood Donation Camp on 17 April 2026, encouraging voluntary service and strengthening the institution's commitment to community welfare.

May 2026:
The annual KALAAGNI Interbatch Arts Festival was conducted with enthusiastic participation from students across all batches, providing a platform to showcase their artistic and creative talents. The academic year concluded with the FIFA World Cup Rally, organized in collaboration with the House Surgeon batch, promoting student unity, enthusiasm, and sportsmanship.

Throughout the Academic Year:
The AKSHARAM Oratory Club conducted literary, debate, and public-speaking activities to enhance communication and leadership skills. The MITHRA Charitable Wing raised ₹64,500 through voluntary contributions from students, faculty, and postgraduate residents, which was utilized to provide financial assistance to economically disadvantaged patients undergoing treatment at Pushpagiri Medical College Hospital.

Overall, the activities of Pushpagiri College Union – Dhruva during 2025–2026 demonstrated a strong commitment to academic enrichment, cultural development, sportsmanship, leadership, student welfare, and community service, contributing to the holistic development of students and strengthening institutional unity.

Paadheyam
PIMSRC has strengthened its commitment to providing safe, hygienic, nutritious, and quality food services through Paadheyam and Daily Loaf. Paadheyam has been providing daily food services to college hostels since December 2025, while the hospital canteen Daily Loaf commenced operations on 3 July 2026 to serve patients, bystanders, students, employees, and guests. A Mess Monitoring Team comprising faculty members regularly supervises food quality, hygiene, cleanliness, nutritional standards, and student satisfaction, ensuring that food services are maintained to the required standards.

Hostels & Renovation

Hostel facilities were upgraded to provide students with a safer, more comfortable, and improved living environment, including modernization of rooms, sanitation facilities, and common areas. In addition, proposals for the renovation of the Council Hall, Central Library, Mini Auditorium, Examination Hall, and Administrative Office have been submitted to the Management for consideration and implementation.

Personality Development Programme

The SSGP Unit organised a Personality Development Programme for MBBS students on 5 December 2025 at the Senate Hall and Chapel. The programme aimed at enhancing students' interpersonal skills, confidence, communication abilities, and overall personal growth. Through interactive sessions and guidance, the initiative contributed to the holistic development of future medical professionals.

Nasha Mukt Bharat Abhiyaan – Pledge Ceremony

As part of the Nasha Mukt Bharat Abhiyaan, a pledge ceremony titled "Pledge for Our Future Doctors" was conducted on 25 August 2025 for MBBS students. The programme encouraged students to adopt responsible lifestyles and actively promote a drug-free society. The event reinforced the role of future healthcare professionals in creating awareness against substance abuse.

Anti-Ragging and Drug Abuse Awareness Programmes

The SSGP Unit organised Anti-Ragging and Drug Abuse Awareness programmes for newly admitted MBBS students on 12 November 2025. Sessions highlighted legal aspects of ragging, ethical responsibilities, and the harmful effects of substance abuse. Students and parents signed anti-ragging affidavits, reaffirming the institution's zero-tolerance policy and commitment to maintaining a safe, healthy, and supportive campus environment.

World AIDS Day Observance

World AIDS Day was observed through awareness programmes, a Red Ribbon Signature Campaign, poster displays, and a quiz competition organised under the SSGP initiative. The activities enhanced awareness regarding HIV/AIDS, reduced stigma, and encouraged student participation in public health initiatives. The observance promoted social responsibility and strengthened health education among students.

International Day of Yoga

PIMS&RC celebrated International Day of Yoga on 21 June 2025 in collaboration with NSS volunteers. Around 50 students participated in yoga sessions and awareness programmes highlighting the importance of yoga in promoting physical, mental, and emotional well-being. The event aligned with the national theme of "Yoga for One Earth, One Health."

Anti-Drug Awareness Activities 2026

As part of the International Day Against Drug Abuse and Illicit Trafficking, PIMS&RC organised anti-drug awareness activities including a Reels Competition and an Anti-Drug Pledge Programme. Students actively participated in creating awareness content promoting healthy lifestyles and a drug-free campus. The initiative reinforced responsible behaviour and collective commitment towards preventing substance abuse.

SMELS Workshop – Stress Management and Enhancement of Life Skills

The SSGP Unit, in collaboration with the Department of Psychiatry, organised the SMELS workshop for MBBS students on 6 February 2026. The programme focused on stress management, life skills development, emotional resilience, and overall student well-being. The workshop provided students with practical strategies to manage academic challenges and maintain mental wellness.

C.U.T.E. Workshop

A workshop titled "C.U.T.E. – Cracking University Exams: Tips & Essentials" was conducted for the First Year MBBS students (2025 Batch) on 29 May 2026 from 3:00 PM to 4:00 PM.

The session was aimed at equipping students with practical tips and essential strategies for preparing effectively for university examinations. The workshop provided guidance on examination preparation, study planning, and approaches to improve academic performance. Attendance was compulsory for all students of the batch.

16th Mar Theophilos Memorial Inter-Medicos Basketball Tournament

The 16th Mar Theophilos Memorial Inter-Medicos Basketball Tournament was held from 11 to 14 October 2025 at the Pushpagiri Medical College Basketball Court. The tournament brought together medical students in a spirit of healthy competition, teamwork, sportsmanship, and camaraderie.

The tournament was inaugurated on 11 October 2025 at 4:30 PM at the Basketball Court in front of St. Anne's Hostel, in the presence of Heads of Departments, faculty members, and students. The event provided an excellent platform for students to showcase their sporting talents while fostering friendship and team spirit among participating institutions.

TEDxPushpagiri

TEDxPushpagiri was organized at Pushpagiri Institute of Medical Sciences & Research Centre on 18 July 2025, providing a platform for speakers to share ideas, experiences, perspectives, and insights worth spreading. It was the first of its kind in a medical college

The event brought together speakers and members of the academic community to explore diverse themes and encourage meaningful dialogue and social impact. The programme provided students and faculty with an enriching opportunity to listen to inspiring talks, broaden their perspectives, and engage with ideas relevant to society and the wider world.

Clinical Clerkship/Internship for Foreign Medical Graduates (FMGs)

As per the Directorate of Medical Education (DME), Kerala, the institution continues to serve as a recognized centre for Clinical Clerkship and Internship training for Foreign Medical Graduates (FMGs). During the academic year 2025–26, 04 FMG candidates were allotted to the institution through the centralized counselling process for Clinical Clerkship/Internship, in accordance with the guidelines of the National Medical Commission (NMC), Kerala State Medical Council (KSMC), and the Government of Kerala.

Pushpagiri College of Allied Health Sciences

For the academic year 2025–26, the institution offered ten allied health science programmes, comprising both degree and diploma courses. The Diploma in Operation Theatre and Anaesthesia Technology (DOTAT), Diploma in Dialysis Technology (DDT), and Diploma in Cardio Vascular Technology (DCVT) achieved a 100% pass rate, demonstrating excellent academic performance. The Bachelor of Science in Dialysis Technology (B.Sc. Dialysis Technology) recorded a 90% pass percentage in the First Year University Examination. The Diploma in Medical Laboratory Technology (DMLT) and the Diploma in Central Sterile Supply Department Technology (DCSSD) achieved pass percentages of 77% and 67%, respectively. The institution introduced the Diploma in Respiratory Technology (DR) and the Diploma in Ophthalmic Assistance Technology (DOA) in the academic year 2025–26. In addition, the institution also offers the Diploma in Radiological Technology (DRT) and the Diploma in Endoscopic Technology (DET). The institution continues to maintain high academic standards across its established programmes while expanding its academic portfolio and implementing targeted academic support and quality improvement measures to enhance the performance of programmes with comparatively lower pass percentages.

PG Academics

Sixty-four students were admitted into the various post graduate programs of the institution for the academic year 2025-26. Four seats of DNB Emergency Medicine, one seat of DrNB Critical Care Medicine and Two IDCCM candidates were taken for 2025 year of admission.

The institution takes pride in the outstanding performance of its postgraduate students in the KUHS PG Examinations for the Batch of 2022.

PG Wellness Programme

The Postgraduate Wellness Programme was conducted on 17 October 2025 at PIMS&RC with participation from 67 postgraduate students across various specialties. The programme addressed academic, emotional, and personal well-being through expert sessions on examination preparedness, research, interpersonal relationships, conflict management, legal issues, and mental health. The initiative also marked the launch of the Zumba Club, reinforcing the institution's commitment to holistic wellness and student support.

Webinar on "Mental Health & Well Being of PG Medical Students"

A webinar on "Mental Health & Well Being of PG Medical Students", organized by the National Medical Commission (NMC), was held on 27 May 2026 at 11:00 AM. The programme focused on promoting mental health, emotional well-being, and a supportive learning environment for postgraduate medical students.

The webinar was addressed by senior officials of the NMC, including the Chairman, President of PGMEB, and Secretary, NMC, and featured case studies highlighting mental health concerns commonly encountered among PG medical students. Faculty members and postgraduate students participated in the programme through the online streaming facility arranged at Lecture Hall–1, Academic Building.

The session provided valuable insights into recognizing mental health concerns, promoting well-being, and fostering a healthier and more supportive environment for postgraduate medical education.

Research Methodology Workshop

A **Research Methodology Workshop** was conducted for all **First Year Postgraduate Students** on **4 and 5 May 2026**. The workshop was organized to strengthen students' understanding of **research methodology, protocol development, and systematic planning of their postgraduate research work**. PG Guides assigned relevant research topics to their respective students and supported them in preparing and discussing their research protocols. The sessions provided an important platform for students to develop essential research skills and gain practical guidance for undertaking their postgraduate research projects effectively. Attendance was mandatory for all First Year PG students.

PG Night

PG Night was organized on **16 May 2026** for all postgraduate students of Pushpagiri with the aim of promoting **interaction, camaraderie, and a strong sense of fellowship among the PG community**.

The event provided an opportunity for postgraduate students from different departments to come together, interact beyond their academic and clinical responsibilities, and strengthen professional and personal relationships. The programme contributed to fostering a positive and supportive environment among the postgraduate students of the institution.

PIONEER 1.0 – Moving Towards Excellence in Research

PIONEER 1.0 (Pushpagiri Initiative on Nurturing Evidence-Based & Ethical Research) was launched to strengthen the research culture among faculty and postgraduate students at PIMS&RC. The programme included an inaugural offline session on 26 June 2025, a six-week online mentoring phase, and a concluding contact session in August 2025. Led by Dr. Denis Xavier, the initiative provided practical training in research methodology, ethics, grant writing, and evidence-based practice, fostering scholarly excellence and encouraging quality research activities.

PRICE 2025 – Pushpagiri Research & Innovation: Clinical Excellence
The 2nd Annual CME, PRICE 2025, was conducted on 25 July 2025 with the theme "THRIVE: Hustle for your Health, Conquer Your Limits and Enhance Your Well-being." The programme served as a platform for knowledge sharing, research dissemination, and academic collaboration through expert lectures, scientific sessions, and oral and poster presentations. The event witnessed enthusiastic participation from faculty members, postgraduate students, and external delegates, strengthening the institution's focus on innovation and clinical excellence.

Skillspire 3.0 – Essential Soft Skills for Health Professionals
Skillspire 3.0, organised by the Medical Education Unit in collaboration with the Quality and Accreditation Team, was conducted on 18 October 2025. The workshop focused on enhancing communication, leadership, emotional intelligence, teamwork, and work ethics among faculty members. Facilitated by Dr. Denis Xavier, the programme promoted professional growth, effective teaching, and collaborative learning, reflecting PIMS&RC's commitment to continuous faculty development.

Menstrual Hygiene Day Observance
The Institutional Governance and IQAC Team organised a Menstrual Hygiene Day programme on 4 June 2026 to create awareness regarding menstrual health and women's well-being. Expert sessions addressed menstrual hygiene practices, common health concerns, and postmenopausal issues, promoting informed discussions and empowering participants with essential health knowledge.

International Women's Day – AABHAPIMS&RC celebrated International Women's Day 2026 through the programme "AABHA – Her Radiance, A Revolution." The event recognised the achievements of women and included sessions on work–life balance, mental health, and women's empowerment. Distinguished alumni and staff members were honoured, reflecting the institution's commitment to gender equity, wellness, and professional excellence.

NTEP Core Committee Meetings
The NTEP (National TB Elimination Programme) Core Committee Meetings were conducted for all four quarters of the academic year 2025–26 at PIMS&RC. The meetings focused on reviewing the institution's activities under the National Tuberculosis Elimination Programme, monitoring progress, and discussing measures for strengthening TB diagnosis, treatment, prevention, notification, and follow-up.
The participation of the District Tuberculosis Officer, Pathanamthitta, and members of the NTEP Core Committee facilitated effective coordination between the institution and the district programme. The quarterly meetings supported continuous monitoring and implementation of NTEP-related activities within the institution.

Guest Lectures
As part of the **ICMR National Reference Centre for Rickettsial Diseases (NRCRD)** project activities, **Dr. Solomon D'Cruz, Project Manager, NRCRD, CMC Vellore**, visited **Pushpagiri Institute of Medical Sciences & Research Centre (PIMS&RC)** on **27 May 2026**.
He delivered two guest lectures on **"Statistical Methods for Clinical Research: An Overview"** and **"Time Series and Spatiotemporal Analysis"** from **10:00 AM to 12:00 Noon** at the **MEU Hall, 3rd Floor, Academic Building**.
The sessions provided valuable insights into the application of statistical methods and analytical approaches in clinical and public health research.

CME Workshop on "Emerging Technologies in Healthcare"
A **CME Workshop on "Emerging Technologies in Healthcare"** was conducted on **21 November 2025** at the **Pushpagiri Senate Hall**, in association with the **MedSIM Project**, a medical simulation platform of

the **Ministry of Electronics and Information Technology (MeitY), Government of India**, and in collaboration with the **Skills Lab, PIMS&RC**.
The workshop provided faculty members, postgraduate students, and MBBS students with an opportunity to gain insights into **emerging technologies, medical simulation, and their applications in healthcare and medical education**. The programme served as a valuable platform for enhancing awareness of technology-enabled learning and contemporary healthcare practices.

KUHS-QAS Reaccreditation
The institution applied for reaccreditation under the Quality Assurance System (QAS) of the Kerala University of Health Sciences (KUHS), and the inspection has been completed by the University's Quality Assurance Monitoring Committee (QAMC). The institution is currently awaiting the official reaccreditation result. Based on the assessment and the outcome anticipated by the institution, an A+ Grade is proposed. The official accreditation status will be confirmed upon completion of the University's approval process.

Bioradiance 2026
Bioradiance, the 14th International Conference organized by the **Pushpagiri Research Centre (PRC)**, is an interdisciplinary Life Tech Conference themed **"Bridging Biology, Medicine and Biotechnology."** The conference will be held on **May 29–30, 2026**, at Pushpagiri Institute of Medical Sciences & Research Centre (PIMS & RC), Tiruvalla, Kerala.
The conference will provide valuable opportunities for **life science students and faculty** to gain exposure to emerging areas such as molecular biology, nanoscience, immunology, biotechnology, translational research, and precision medicine. The programme includes a **Laboratory Animal Research Workshop, Innovative Idea Session, oral and poster presentations, and technical sessions by experts** from India and abroad.

Pushpagiri News Bulletin:
All activities of the institution are captured and presented in the Pushpagiri Newsletters which are released every month.

Faculty Achievements

- Dr. Roy Abraham Kallivayalil, on being selected as Eminent Doctor Personality Award at the "National IMA" for the National Doctors Day Award ceremony

Research Paper Awards
This year, our institution witnessed remarkable research achievements, with numerous awards and recognitions being conferred across faculty and students. The highest award of ₹1,00,000 was received for patent approvals, followed by multiple awards of ₹50,000 and ₹25,000 for outstanding publications and presentations. A total of 34 seed funding grants were sanctioned, including 18 proposals of ₹50,000 and 16 proposals of ₹10,000, to support new research initiatives. Our students also performed exceptionally well, securing 24 prestigious awards under ICMR and KUHS schemes. These accomplishments reflect the growing research culture and commitment to innovation within our institution

MESSAGE & REPORT

MEDICAL DIRECTOR

MEDICAL DIRECTOR'S MESSAGE



Dr. Abraham Varghese V
Medical Director

Greetings and warm regards from the Medical Director's Desk

The past year has been one of purposeful progress for our institution. As healthcare continues to evolve, we have remained focused on strengthening our core mission of delivering patient-centred, evidence-based, and compassionate care while nurturing an environment of academic excellence.

Throughout the year, we witnessed sustained growth in patient volumes across inpatient and outpatient services, and the growing trust from patients and referring providers reflects the collective effort of our clinical and support teams, while several departments simultaneously enhanced service capabilities, improved access to specialised care, and adopted practices to improve efficiency, safety, and patient experience.

Clinical excellence remains at the heart of our work. During the year, we successfully completed the NABH 6th Edition Surveillance Assessment, reaffirming our continued compliance with the latest NABH accreditation standards and our commitment to delivering safe, high-quality healthcare.

We were recognized as a Centre of Excellence in iCOMPLY Services by CAHO for excellence in implementing quality and compliance initiatives. This recognition reflects the strength of our governance systems, regulatory compliance practices, and culture of continuous improvement across the organization. Our departments continued to advance quality initiatives through regular clinical audits, patient safety programs, infection prevention and control measures, and multidisciplinary collaboration. The successful management of increasingly complex cases across emergency, critical care, surgical, and medical specialties reflects the dedication, expertise, and resilience of our healthcare professionals, who consistently strive to deliver evidence-based, patient-centred care.

As a teaching institution, we continued to invest in the development of future healthcare professionals. Faculty members played a pivotal role in guiding undergraduate and postgraduate trainees through structured teaching activities, bedside learning, academic discussions, and research initiatives. The continued integration of education with patient care has helped maintain a vibrant academic culture that benefits both learners and patients alike.

The year also saw meaningful contributions from our nursing, paramedical, technical, administrative, and support teams. Behind every successful patient outcome is the coordinated effort of numerous individuals working together with professionalism and commitment. Their contribution often extends beyond visible responsibilities and remains fundamental to the smooth functioning of the hospital. I extend my sincere appreciation to every member of the Pushpagiri family for their dedication, teamwork, and unwavering commitment to our shared values. I also acknowledge the support of the Hospital Administration and Management, whose efforts in strengthening infrastructure, systems, regulatory compliance, and operational processes continue to support the delivery of high-quality healthcare.

As we move forward, our priorities remain clear: enhancing clinical outcomes, embracing innovation responsibly, strengthening academic and research activities, and continuously improving the patient experience. By building upon our strengths while remaining committed to excellence, we can continue to serve our community with distinction and integrity.

I thank each one of you for your contribution and look forward to another year of meaningful progress together.

Dr. Abraham Varghese V
Medical Director

MEDICAL DIRECTOR'S REPORT

Over the past year, our hospital has gone through a phase of consolidation and steady growth. With the expansion of services in emergency care and specialty OPDs, an increase in patient footfall, and the gradual stabilisation of several internal processes, we have been steadily strengthening our ability to deliver reliable, safe, and compassionate care.

An increasing share of our workload now comes from more complex and high-acuity cases, particularly in emergency admissions, referrals from peripheral hospitals, ICU and high-dependency care. This shift placed significant demands on clinical teams. Through regular audits, infection control reviews, morbidity and mortality meetings, and disciplined adherence to protocols, departments worked hard to maintain patient safety and clinical standards even during high-pressure periods.

The hospital remains a place of learning as much as it is a place of care. Faculty members continue to take an active role in mentoring students and residents through bedside teaching, case discussions, and daily supervision, often alongside heavy clinical responsibilities. This commitment to teaching, sustained quietly and consistently, is one of the institution's enduring strengths. With increased PG intake, and strengthening of bedside teaching, the academic environment has become more active and structured. Faculty members took on the additional responsibility of mentoring young doctors while continuing to manage heavy clinical workloads, and this balance of service and teaching has been one of the quiet strengths of the year.

I sincerely acknowledge the effort and professionalism of our doctors, nurses, residents, paramedical staff, and allied health professionals, many of whom have gone beyond formal duty hours to ensure continuity of care. I also appreciate the close coordination with the Hospital Administration and Administrative Management teams, whose support in logistics, staffing, systems, and compliance made it possible for clinical services to function without disruption.

As we look ahead, our focus will be on deepening clinical quality rather than just expanding services, improving outcomes, strengthening interdepartmental coordination, refining protocols, and continuing to build a culture of learning and accountability. With the shared commitment of all teams, I am confident that we will continue to grow in a way that is both responsible and meaningful.

Rural Health Training Centre, Pulinkunnu

The Pushpagiri Rural Hospital at Pulinkunnu functions as a key sub-centre within the Pushpagiri healthcare network, extending essential medical services to the surrounding rural and semi-rural communities. The centre plays an important role in improving access to care, reducing travel time for patients, and enabling timely diagnosis and treatment closer to home.

The hospital provides a range of outpatient, inpatient, and emergency services, addressing common healthcare needs across age groups. Core services include general medicine and surgery, paediatrics, obstetrics and gynaecology, orthopaedics, dermatology, ENT, ophthalmology, and dental care, supported by basic diagnostics, pharmacy services, and ambulance facilities.

From the commencement of operations until the end of the reporting period (30 June 2026), the Pulinkunnu centre recorded a total of 10,722 outpatient visits, reflecting strong community uptake and the relevance of the services offered.

As an integrated part of the Pushpagiri system, the Pulinkunnu centre operates with a structured referral pathway to Pushpagiri Medical College Hospital, Thiruvalla. Patients requiring specialized investigations, advanced treatment, or tertiary-level interventions are referred seamlessly within the network, ensuring continuity of care while optimizing resource utilization across institutions.

The sub-centre has contributed significantly to improving healthcare utilization in the region by reducing barriers to access, encouraging early presentation of illness, and strengthening follow-up for maternal health, child health, and chronic disease management.

Subsequent to the reporting period, and building on the success of this initiative, the institution commissioned another rural healthcare facility at Chunkappara.

Rural Health Training Centre, Chunkappara

The Pushpagiri Rural Hospital at Chunkappara functions as a key sub-centre within the Pushpagiri healthcare network, extending essential medical services to the surrounding rural and semi-rural communities. The centre plays an important role in improving access to care, reducing travel time for patients, and enabling timely diagnosis and treatment closer to home.

The hospital provides a range of outpatient, inpatient, and emergency services, addressing common healthcare needs across age groups. Core services include general medicine and surgery, paediatrics, obstetrics and gynaecology, orthopaedics, dermatology, ENT, ophthalmology, and dental care, supported by basic diagnostics, pharmacy services, and ambulance facilities.
From the commencement of operations until the end of the reporting period, the Chunkappara centre recorded a total of **15,314** outpatient visits, reflecting strong community uptake and the relevance of the services offered.

As an integrated part of the Pushpagiri system, the Chunkappara centre operates with a structured referral pathway to Pushpagiri Medical College Hospital, Thiruvalla. Patients requiring specialized investigations, advanced treatment, or tertiary-level interventions are referred seamlessly within the network, ensuring continuity of care while optimizing resource utilization across institutions.
The sub-centre has contributed significantly to improving healthcare utilization in the region by reducing barriers to access, encouraging early presentation of illness, and strengthening follow-up for maternal health, child health, and chronic disease management.

REPORTS OF HOSPITAL

DEPARTMENTS

REPORTS OF HOSPITAL DEPARTMENTS

This section of the report provides an annual update on the operations of each key department in the hospital and highlights the notable initiatives they have undertaken during the year.

Secretariat Office of the Hospital Administrator

The Administrator's Secretariat plays a pivotal role in ensuring the smooth functioning of the hospital by coordinating activities across various departments and liaising with statutory bodies. The Secretariat manages all internal and external communication, organises meetings, schedules appointments for the Administrator, and facilitates effective administrative support to maintain seamless operational governance.

Quality Assurance Department

The Quality Assurance Department at Pushpagiri Medical College Hospital ensures patient safety, quality care, and compliance with national and international healthcare standards. It oversees accreditation activities, quality audits, clinical and non-clinical performance monitoring, incident reporting, risk management, and quality improvement initiatives.

The department standardizes organizational processes through policies, manuals, standard operating procedures, forms, formats, and staff training. It supports multidisciplinary committees, conducts regular facility and patient safety rounds, monitors key performance indicators, and promotes a culture of safety and continuous improvement aligned with NABH and other applicable accreditation standards.

Key Achievements: July 2025 to June 2026

The department successfully coordinated the NABH Surveillance Assessment in December 2025 and facilitated the achievement of CAHO ICOMPLY Certification in February 2026.

Key activities included the implementation of quality improvement programmes, revision and monitoring of NABH key performance indicators, conduct of staff training programmes and mock drills, and strengthening of emergency preparedness and patient safety systems.

The General Manager - Quality Assurance received the Quality Champion Award at CAHOCON 2026, recognizing leadership and contributions to healthcare quality and patient safety.

Two members of the Quality Assurance team hold the internationally recognized Certified Professional in Healthcare Quality (CPHQ) credential awarded by the National Association for Healthcare Quality (NAHQ). This reflects the department's commitment to professional excellence, internationally benchmarked quality practices, and continuous competency development.

The department also contributed to academic and professional development through presentations at national and international conferences and publications in international forums.

Training programmes on Infection Control Risk Assessment, Pre-Construction Risk Assessment, and organizational risk assessment were conducted to strengthen safety practices. The department continued to support multidisciplinary committees and provided assistance to allied institutions in their accreditation and quality improvement processes.

Major initiatives included:

- Implementation of quality improvement programmes across departments
- Revision and monitoring of NABH key performance indicators
- Staff training programmes and mock drills
- Infection control and organizational risk assessment training
- Strengthening of patient safety and quality committees
- Academic contributions through presentations and publications
- Support to allied institutions in accreditation activities
- Continuous compliance monitoring and accreditation readiness

These efforts strengthened accreditation compliance, patient safety systems, organizational learning, and the culture of continuous quality improvement across Pushpagiri Medical College Hospital.

Patient Relations Department

The Patient Relations Department serves as a vital link between patients, families, clinical teams, hospital administration, and support services. It promotes patient rights, safety, effective communication, grievance redressal, and service quality in alignment with hospital policies and NABH standards. The department supports patients throughout their hospital journey, from enquiry and registration to consultation, admission, treatment, discharge, and post-discharge guidance. Trained professionals aid with empathy, confidentiality, ethical conduct, and established communication protocols.

The department functions through four core service areas:

Outpatient Services: Facilitates registration, appointments, consultations, investigations, billing, pharmacy services, and patient flow while promptly addressing delays and service-related concerns.

During 2025-26, the Outpatient Department recorded the highest patient volume in the hospital's history, with attendance continuing to show a steady upward trend.

Inpatient Services: Supports admitted patients and families through regular rounds, coordination of treatment-related communication, billing, insurance, dietary services, discharge processes, and grievance handling.

As a notable achievement in inpatient services, the hospital's Google rating has increased to an impressive 4.2 out of 5 and continues to improve. This positive trend reflects the growing satisfaction of patients and bystanders with the quality of care, coordination, communication, and overall services provided by the hospital.

Emergency Services: Provides immediate guidance during emergencies and coordinates with clinical teams, diagnostics, billing, ambulance services, security, and inpatient units for admissions, transfers, referrals, and sensitive situations.

As a significant achievement in Emergency Services, the Emergency Department efficiently manages more than 80 patients on a typical day. Through timely triage, coordinated clinical and administrative support, effective patient flow, and prompt access to investigations, treatment, admission, or referral, the department continues to provide responsive and organised emergency care despite the consistently high patient volume.

Front Office Services: Acts as the first point of contact by managing enquiries, providing directions, assisting with appointments, and guiding patients to the appropriate departments and services.

The department also manages patient complaints and feedback through a structured process of documentation, investigation, escalation, resolution, and service recovery. Feedback trends are reviewed regularly to identify service gaps and support corrective actions, staff training, and process improvements.

Through timely communication, continuous patient engagement, and effective interdepartmental coordination, the Patient Relations Department contributes to improved patient satisfaction, reduced grievances, enhanced trust, and a patient-centred healthcare experience.

Operations Department

The Operations Department serves as the central coordinating unit of the hospital, ensuring the smooth, efficient, and patient-centric functioning of all clinical and non-clinical services. The department plays a key role in optimizing workflows, improving operational efficiency, enhancing patient experience, and ensuring compliance with regulatory and accreditation standards.

Functions

- Monitor and coordinate the day-to-day operations of all clinical and non-clinical departments to ensure efficient, seamless, and patient-centred service delivery.
- Coordinate with clinical and support departments to optimize patient flow, bed management, admission and discharge processes, and effective utilization of hospital resources.
- Receive, analyse, and facilitate the timely resolution of patient complaints, feedback, and suggestions to enhance patient satisfaction and continuously improve service quality.
- Support the Hospital Administrator in strategic planning, operational excellence initiatives, policy implementation, and organizational development.
- Ensure compliance with NABH, NMC, and other statutory, regulatory, and accreditation requirements through regular monitoring, audits, and follow-up actions.
- Identify operational risks, process gaps, and areas for improvement, and recommend corrective and preventive actions to enhance patient safety, quality of care, and operational efficiency.

Insurance & Credit

The Pushpagiri Credit Section includes Karunya Arogya Suraksha Padhathi (KASP), the Ex-Servicemen Contributory Health Scheme (ECHS), Employees' State Insurance (ESI), MEDISEP, and other institutional tie-ups such as ISRO, SBI, MRF, and more. Cashless services are currently provided to approximately 45 credit companies. A total of 31 major insurance companies and TPAs are empaneled.

A complimentary diet is provided for insurance patients. A final discount of either 10% of the approved amount or ₹3,000 whichever is higher may be granted for TPA patients. In cases where an insurance claim is rejected, or where the bill amount under the insurance package (after applicable discounts) is lower, the amount collected from the patient will be determined by comparing it with the hospital's standard package rate. In such situations, the lower amount will be collected.

We have successfully implemented a dedicated patient-to-patient visit system to ensure that every insurance patient receives personalized care and assistance. Even if patients are unable to visit the

insurance desk or enquiry section, our team remains readily available to provide prompt, compassionate service directly at the patient's location.

We process an average claim amount of ₹4.45 crore across the ECHS, ESI, Tie-ups, KASP, MEDISEP, and TPA segments. Compared to the previous year, the number of insurance patients increased by approximately 41%.

Billing Department (OP & IP)

The Billing Department plays a critical role in ensuring accurate, transparent, and timely billing services for both outpatients and inpatients. The department manages patient registration, consultation and procedure billing, real-time charge entry, collections, insurance and scheme validations, and discount processing as per approved policies. It works in close coordination with clinical departments, pharmacy, laboratory, insurance desk, and discharge teams to ensure correct tariff application and prevent billing errors. The team also supports patients and attendants by clearly explaining charges and resolving billing-related queries. Through efficient operations, the department supports smooth patient flow, timely discharges, and financial integrity of the hospital.

During the period July 2025 to June 2026, the department implemented multiple new discount schemes and care packages, enabling significant financial benefits to patients and improving access to quality healthcare. Additional OP billing counters were opened in ENT, and new evening OP services were introduced for Dental and Endocrinology. Flexible OP counter operations were ensured in Orthopedics and Cardiology, remaining open until consultations were completed. In IP billing, daily ICU visits, ward-wise patient approximations, and regular auditing of surgery entries were strengthened to ensure accurate and timely discharge billing. These initiatives contributed to reduced billing discrepancies, fewer claim rejections, improved revenue realization, and enhanced patient satisfaction.

Human Resource Department (HR)

The Human Resources (HR) Department of Pushpagiri Medical College Hospital plays a vital role in ensuring the effective functioning of the hospital by managing and supporting its workforce. HR ensures the availability of qualified, competent, and credentialed staff to deliver safe and quality patient care in compliance with NABH standards and statutory requirements. The HR Department is responsible for manpower planning, recruitment, induction, and deployment of clinical and non-clinical staff. It coordinates mandatory training, competency assessments, and continuous professional development to maintain staff competence and patient safety. HR also manages performance appraisal systems, employee welfare, grievance redressal, and disciplinary processes to promote a positive and ethical work environment.

In addition, the department ensures compliance with labour laws, hospital policies, and accreditation requirements. HR oversees payroll, attendance, leave management, and employee records, while supporting occupational health, safety, and staff well-being. The following are the details of appointments and resignations of the period from July 2025 to June 2026.

Appointments and Resignations

During the reporting period, the HR Department actively managed workforce inflow and outflow to ensure optimal staffing levels in line with service demands and operational requirements.

S. No.	Year	Month	Total Number of Employees Month Beginning	Employees Joined	Employees Left	Total No. of Employees Month End
1	2025	July	1595	23	21	1615
2	2025	August	1615	10	32	1593
3	2025	September	1593	40	23	1610
4	2025	October	1610	28	23	1615
5	2025	November	1615	58	17	1656
6	2025	December	1656	32	22	1666
7	2026	January	1666	28	23	1671
8	2026	February	1671	33	23	1681
9	2026	March	1681	74	23	1732
10	2026	April	1732	17	27	1722
11	2026	May	1722	16	51	1687
12	2026	June	1687	22	25	1684
Total					**410**	**321**

Training and Capacity Building

The HR Department, in coordination with Quality Assurance, Infection Prevention & Control, Nursing Education (CNE), and Biomedical Engineering (BME), ensured structured and continuous training programs aimed at enhancing staff competence, compliance, and patient safety.

Month	Human Resources	Quality Assurance	Infection Control	CNE	Biomedical Engineering	Total
Jul-25	12	20	12	13	3	60
Aug-25	14	10	11	10	1	46
Sep-25	15	12	9	12	3	51
Oct-25	18	51	24	4	4	101
Nov-25	3	19	5	14	1	42
Dec-25	5	0	0	0	10	15
Jan-26	13	3	11	22	3	52
Feb-26	16	5	2	11	2	36
Mar-26	15	1	1	18	2	37
Apr-26	20	3	2	13	2	40
May-26	26	5	2	11	1	45
Jun-26	18	2	1	3	2	26
Total	**203**	**36**	**29**	**176**	**19**	**635**

Human Resource Management System (HRMS) - PRIMATO

As part of the institution's digital transformation initiative, the Primato HRMS was implemented to modernize and integrate key Human Resource functions through a centralized, technology-driven platform. The system is designed to streamline employee data management, attendance, leave, payroll, performance management, and training activities while improving efficiency, accuracy, transparency, and compliance.

During the year, implementation focused on the core modules of Employee Master, Attendance Management, Leave Management, and Payroll, establishing a strong foundation for future initiatives such as the Performance Management System (PMS) and Training & Development.

Key achievements during the year included:

- Verification, reconciliation, and updating of employee records, including joiners, exits, grades, and personal information.
- Digitization and uploading of employee personal files into the HRMS document repository.
- Standardization of departmental and sub-departmental structures to support roster and workforce management.
- Integration of biometric attendance data through the unification of Employee IDs and Punch IDs.
- Creation of user accounts for all employees and implementation of online leave management through the HRMS portal and mobile application.
- Consolidation and migration of employee leave balances into the system.
- Successful payroll generation and reconciliation within the HRMS for the period from October 2025 to June 2026 across all companies.
- Conducting training programmes for departmental in-charges, employees, and representatives of affiliated institutions to facilitate effective system adoption and utilization.

The implementation was carried out with continuous support from the IT Department and the vendor implementation team, ensuring smooth system configuration, issue resolution, and user assistance. Regular reviews, data validation exercises, and risk assessments helped ensure successful deployment and user acceptance.

The HRMS project represents a significant step towards strengthening digital governance, improving operational efficiency, and establishing a robust platform for future HR initiatives across the institution.

The implementation of the Primato - HRMS laid the foundation for a centralized, integrated, and technology-enabled Human Resource management system. The progress achieved during the year significantly enhanced employee data integrity, attendance and leave administration, payroll processing, and document digitization, while establishing a strong platform for future initiatives in performance management and employee development.

The project remains an ongoing initiative, with the remaining implementation activities and refinements being carried out across all institutions. With sustained management support, active user participation, and continuous technical assistance from the software implementation team, the HRMS is expected to further strengthen organizational efficiency, improve data integrity, enhance transparency, and support informed decision-making. The successful completion of the remaining modules will contribute towards establishing a fully integrated and comprehensive digital Human Resource Management System across the organization.

In conclusion, the Human Resources Department plays a critical role in supporting the hospital's commitment to safe, ethical, and quality patient care in alignment with NABH Human Resource Management (HRM) standards. By ensuring adequate manpower planning, credentialing, induction, training, and ongoing competency assessment, HR maintains a skilled and compliant workforce.

Overall, the Human Resources Department played a key role in strengthening workforce effectiveness, ensuring regulatory and accreditation compliance, and supporting the hospital's mission of providing high-quality and patient-centred healthcare services.

Biomedical Engineering Department

The Biomedical Engineering Department is responsible for managing and maintaining medical equipment to ensure it is safe, reliable, and continuously available for patient care. Its scope of services includes equipment installation, preventive and corrective maintenance, calibration, and performance testing across all clinical areas. Key functions include equipment planning and procurement support, user training, compliance with regulatory and safety standards, and incident investigation related to device failures.

The department works closely with clinical staff, IT, and hospital management to support the effective use of medical technology. Overall, it plays a critical role in patient safety, clinical efficiency, and cost-effective technology management within the hospital.

INITIATIVES & ACHIEVEMENTS

Installation of Digital Radiography (DR) System

During the reporting year, the hospital successfully installed and commissioned a state-of-the-art Digital Radiography (DR) system for both the Inpatient (IP) and Outpatient Department (OPD). This significant infrastructure upgrade has enhanced the quality, efficiency, and accessibility of diagnostic imaging services across the hospital.

The new DR system provides high-resolution digital images with rapid image acquisition and processing, enabling quicker diagnosis and timely clinical decision-making. Compared with conventional radiography, the system has reduced patient waiting times, streamlined workflow, and improved operational efficiency within the Radiology Department. The advanced technology also optimizes radiation dose while maintaining excellent image quality, thereby enhancing patient safety and supporting better clinical outcomes.

Replacement of Ultrasound Systems

As part of the hospital's ongoing medical equipment modernization programme, older ultrasound machines were replaced with advanced, high-performance ultrasound systems equipped with the latest imaging technologies. The newly installed systems provide superior image resolution, improved Doppler capabilities, enhanced workflow features, and faster examination times, enabling clinicians to perform more accurate and comprehensive diagnostic evaluations. These upgrades have strengthened diagnostic services in Radiology, Obstetrics and Gynaecology, General Medicine, Surgery, Emergency Medicine, and other clinical specialties.

Advancement of Gastroenterology Services

As part of the hospital's continuous commitment to enhancing advanced gastrointestinal diagnostic and therapeutic services, the Department of Gastroenterology expanded its facilities with the installation of several technologies during the reporting year.

The department introduced the SpyGlass Direct Visualization System, enabling direct visualization of the biliary and pancreatic ducts for accurate diagnosis and targeted therapeutic interventions. An EHL Machine was also added, facilitating the effective fragmentation and removal of difficult bile duct and pancreatic duct stones during endoscopic procedures.

To strengthen the evaluation of gastrointestinal motility disorders, a High-Resolution Manometry System and 24-hour pH Monitoring System were commissioned. These advanced diagnostic modalities enable precise assessment of esophageal motility disorders and gastroesophageal reflux disease, leading to improved clinical decision-making and personalized patient care. In addition, the department acquired a Capsule Endoscopy System, allowing non-invasive visualization of the small intestine and enhancing the diagnosis of conditions such as obscure gastrointestinal bleeding.

Strengthening of Cardiology Diagnostic Services

A new Treadmill Test (TMT) Machine was installed to strengthen the evaluation of patients with suspected coronary artery disease and exercise-induced cardiac abnormalities. The department also commissioned an additional Holter Monitoring System, enabling continuous ambulatory electrocardiographic monitoring for the accurate diagnosis and management of cardiac arrhythmias and other rhythm disorders.

To further enhance non-invasive cardiac imaging services, a new Echocardiography (ECHO) Machine was added, providing high-resolution cardiac imaging for comprehensive assessment of cardiac structure and function. In addition, portable echocardiography machines were introduced to facilitate bedside cardiac evaluations in intensive care units, emergency services, and inpatient wards, ensuring timely diagnosis and improved clinical decision-making for critically ill and immobile patients.

Upgradation of Blood Bank Services

During the reporting year, the Blood Bank strengthened its transfusion medicine services through the addition of advanced equipment, enhancing the safety, efficiency, and quality of blood collection and component preparation.

An Apheresis Machine was commissioned to facilitate the collection of specific blood components, such as platelets and plasma, from donors while returning the remaining blood components to the donor. The Blood Bank also installed an Automated Blood Component Extractor. In addition, a Refrigerated Blood Bag Centrifuge was introduced.

Chunkappara Gramashupathri Project: Participated in equipment procurement and purchased all necessary equipment for the renovation project.

Equipment Maintenance and Compliance:

Ensures that all equipment calibrations, quality assurance checks, and machine licenses are renewed on time, preventing disruptions in patient care due to equipment unavailability.

NEWLY INSTALLED EQUIPMENTS JULY 2025-JUNE 2026

S. No.	Equipments	Departments
1	Dialysis Machine	DIALYSIS
2	Heart Lung Machine	CVTS OT
3	Haemotherm	CVTS OT
4	Flexible Video bronchoscope	GENERAL OT
5	ECG Machine	EMERGENCY, IP ECG
6	Biochemistry Analyzer	BIOCHEMISTRY
7	Hematology Analyzer	STAT LAB

S. No.	Equipments	Departments
8	Dialyzer Reprocessing Machine	Dialysis
9	MRI Compatible Pulse Oximeter	MRI Room
10	HFNC Machine	PICU
11	ECHO Machine	ECHO Room
12	Spy Glass System	Endoscopy
13	EHL Machine	Endoscopy
14	USG Machine	OP USG, IP USG
15	Ortho Drill	GeneraL OT
16	Full Room Drop Xray	-
17	Ureterorenoscope 5 Degree	General OT
18	Refrigerated Bloodbag Centrifuge	Blood Bank
19	Ventilator	IN Various ICU
20	High Resolution Manometry System	Endoscopy
21	Capsule Endoscopy Laptop	Endoscopy
22	Apherisis System	Blood Bank
23	Phototherapy Unit	NNICU
24	Camera Control Unit	GeneraL OT
25	SYK Monitor 4k	General OT
26	Pneumosau Hsl Xl High Flow Insufflator	General OT
27	Neopuff	NNICU
28	Holter Machine	TMT Room
29	Automatic Blood Component Extractor	Blood Bank
30	Medical Monitor	General OT

CSSD

The CSSD Department is committed to reducing hospital-acquired infection rates and ensuring the timely availability of sterile supplies to support safe and effective patient care. All CSSD operations are carried out in accordance with established protocols and situational requirements, with continuous guidance and support from the HICC and Quality Departments, who provide essential instructions and oversight.

During the past year, CSSD achieved several significant milestones. Key accomplishments include:

- ACE accreditation in CAHO
- 25 to 26 Dec.- CME work-shop 2025 sponsored by 3M Littmann.
- A new steam sterilizer capacity 800 L installed in pharma Lab 2025

Purchase Department

The Purchase Department of the Pushpagiri medical college hospital is responsible for the timely procurement of medical, surgical, biomedical, laboratory, and non-medical items required for patient care, academic activities, and hospital operations. The department ensures uninterrupted supply by coordinating with clinical departments, stores, finance, and approved vendors. Key functions include vendor selection, rate negotiations, purchase order processing, contract management, and compliance with institutional and statutory procurement policies. It plays a critical role in cost control, quality assurance, and inventory

optimization. By supporting clinicians and administrators, the department contributes directly to patient safety and operational efficiency.

During the period July 2025 to June 2026, the Purchase Department implemented several initiatives to enhance procurement efficiency and transparency. These included:

- Workflow optimization: Streamlining purchase requisition to delivery timelines
- Vendor base expansion: Empanelling additional approved vendors to ensure competitive pricing and supply continuity
- Emergency procurement: Reducing turnaround time for critical and emergency purchases
- Standardization: Rationalizing frequently used medical consumables and equipment to achieve cost savings and minimize stock variation
- Inventory management: Strengthening coordination with stores and user departments to prevent stock-outs and reduce expiry
- Digitization: Increasing the use of digital documentation and systematic record-keeping to improve audit readiness and accountability.

Stores Department

The hospital maintains multiple stores, each operating autonomously to manage the procurement, storage, and distribution of medical and non-medical supplies efficiently. These stores ensure that departments across the hospital have timely access to required materials, supporting uninterrupted clinical and operational services. To maintain accountability and high standards, all stores are subject to regular monthly reviews and inspections. These checks monitor inventory accuracy, adherence to storage protocols, and compliance with safety and quality guidelines. The department continuously works to streamline inventory management, improve documentation, and enhance coordination with clinical and administrative units. By maintaining organised and well-monitored stores, the hospital ensures both operational efficiency and cost-effectiveness

Monthly intends are raised by the central store (surgical store) for purchase of consumables. Material issues are handled using Ellider software. Stock of items other than fast moving consumables are maintained at minimum level. Comparison of book stock with physical is undertaken at the close of every financial year.

Surgical Store

The Surgical Store is a critical support unit responsible for the procurement, receipt, inspection, storage, inventory control, and timely distribution of surgical instruments, equipment, implants, sterile packs, and consumable supplies required for surgical and patient care services. It ensures the smooth and safe functioning of operation theatres, emergency services, wards, OP areas, and procedural units by maintaining optimal stock levels under appropriate environmental and sterility conditions. The department follows standardized inventory and documentation practices, including stock verification, expiry monitoring, FIFO rotation, and accurate record keeping to ensure patient safety, cost control, and accountability. The Surgical Store works in close coordination with Operation Theatres, CSSD, Purchase, Biomedical Engineering, CSD, OP, and ward teams, while adhering to hospital policies, infection control guidelines, and regulatory standards.

Key Achievements and Initiatives (July 2025 - June 2026)

- Ensured uninterrupted supply of surgical instruments, implants, sterile packs, and consumables for routine and emergency surgical services.
- Strengthened patient safety through proper storage, handling, and maintenance of sterile and quality-assured supplies.
- Reduced wastage and improved cost control through effective inventory management, expiry monitoring, and FIFO practices.
- Maintained accurate documentation and traceability of stock, including batch numbers and usage records, in line with hospital standards.
- Supported emergency preparedness by keeping essential surgical supplies readily available at all times.
- Maintained all surgical item procurement strictly within the approved budget while meeting clinical and operational requirements.

Engineering & Facility Department

The Engineering & Facility Department is responsible for maintaining, upgrading, and managing the hospital's physical infrastructure to ensure a safe, comfortable, and efficient environment for patients, staff, and visitors. The department oversees building maintenance, civil works, electrical and mechanical systems, HVAC, utilities, and overall facility management. It plays a critical role in supporting uninterrupted clinical services, safety standards, and patient comfort. Through proactive maintenance and infrastructure planning, the department ensures operational reliability across all hospital areas.

Key Achievements & New Initiatives (July 2025 - June 2026)

During the year, the department focused on infrastructure enhancement, modernization, and operational efficiency. Major achievements included renovation of the main entrance and lobby to improve aesthetics, accessibility, and patient experience, along with upgrades to electrical, plumbing, and HVAC systems across multiple areas. Preventive maintenance programs were strengthened through regular inspections to reduce downtime and ensure smooth operations. Space optimization initiatives improved workflow efficiency, while sustainability measures such as energy-efficient lighting, water management, and waste reduction supported environmental responsibility.

Project Management

The Project Management Office at Pushpagiri Medical College Hospital is responsible for identifying, planning, and overseeing new projects from the initial concept through to successful completion and commissioning. The department plays a pivotal role in advancing the hospital's infrastructure, technology, and patient care services by ensuring systematic planning, effective coordination, and timely execution. Its core responsibilities include conducting need assessments, evaluating project feasibility, and collaborating with key stakeholders to ensure that every initiative supports the hospital's strategic goals.

In addition, the PMO ensures that all projects comply with the standards and regulations prescribed by NMC and NABH. Throughout the implementation phase, it closely monitors project progress with respect to timelines, quality, safety, risk management, and budgetary control. This structured approach enables smooth project delivery while minimizing disruption to hospital operations and maintaining uninterrupted patient care.

Key Achievements & New Initiatives (July 2025 - June 2026)

Successfully planned, coordinated, and completed 17 major infrastructure and service enhancement projects within the academic year, significantly improving patient care, operational efficiency, and the hospital environment. Key projects include:

- Daily Loaf - Established a modern 9,000 sq. ft. canteen with enhanced dining facilities and amenities.
- Digital OP X-Ray Unit.
- Digital IP X-Ray Unit.
- Installation of the New Biomedical Gas Manifold System.
- Renovation of the Psychiatry Ward.
- Renovation of the Endocrinology Ward.
- Establishment of the OP Café.
- Launch of the Priority Dental Clinic.
- Establishment of the Smile Café.
- Development of the Reception Area for the Dental College.
- Establishment of the Chunkappara Sub Centre.
- Construction of the Bridge Connecting the Canteen and Mother & Child Block.
- Development of the New Pharmacy Store.
- Construction of the Bridge Connecting the Pharmacy Store and OP Block.
- Renovation of the Psychiatry Courtyard.
- Development of a Dedicated Patient Parking Area.
- Completion of additional infrastructure improvements to enhance patient convenience and operational workflow.

Current Pipeline

- 46 projects in planning for comprehensive campus transformation
- 21 projects actively progressing toward completion.

Central Kitchen (Padheyam)

Dietary alternatively known as "PADHEYAM" is a food provider for various segments such as In-Patient, By-Bystanders, Nutritional therapeutic treatment areas, Doctors, Nurses, Medical Students in the form of Student mess, employees, In-house cafes etc. The Dietary department was established in the year of 1963. Padheyam is the largest kitchen in Kerala state with a coverage of 13,500sqft state of the art hybrid mechanised kitchen with an investment of 2 crores only for the kitchen equipment. The kitchen runs round the clock with three shifts of 150 plus staff who are highly disciplined & experienced employees headed & monitored by Padheyam Director Rev. Fr. Philip Manghatettu followed by Dietary Manager Mr. Mathew Itty, Supervised by Mr. Jiju & Ms. Princy. Padheyam also owns an in-house bakery for confectioneries & snacks. Padheyam serves food to various in-house cafes named ED (Eat & Drink) Café, OP Café, OT Café, Future Café, Doctors Café & further aiming more units as the situation demands. Our raw materials are sourced from different parts of India which are stored in ideal hygienic conditions complying to the statutory bodies.

Thanks to the visionary thoughts of our top two hierarchies Executive Director & Principal Advisor Ex. DGP Mr. Jacob Punnoose IPS & CEO Dr. Rev. Fr. Biju Payampalil who took Pushpagiri Medical College as well as Padheyam to the next level inspiring & motivating us to successfully cater food to 1300 plus students since September 2025 along with 500 plus IP / By-standers, Cafes & Employees all put together to 3000

pax on a daily average basis which we proudly declare it as our greatest achievement in 2025. Our upcoming projects are: -

(a) ***DAILY LOAF (Hospital Canteen)*** which is the state of art multi-stored canteen comprising 9000 sq.ft semi air-conditioned multi cuisine holding a capacity of 200 plus diners with special care to disabled patrons & customers. The second floor will be segregated separately for doctors & staff employees. The inauguration of Daily Loaf was conducted on July 3rd, 2026.

(b) ***Super Market cum Departmental Store:*** Understanding the integrity of the foot falls in the premise, a survey was held where we concluded approximately 10,000-foot falls on an average daily basis from different areas such as 2800 employees, 1300 students, 500 plus patients, 500 plus by-standers, plus 3000 OP visitors, transporters etc. the need of a Supermarket cum Departmental store is essential to cater to various needs of these people. The construction is in progress, looking forward to the inauguration at the earliest.

Dietary Department

The Dietary Department, established in 1963, supports patient care and hospital operations through scientifically planned nutrition services and efficient food service management. Hospital diet is an essential component of modern medical therapy across all clinical specialties. Clinical dietitians assess inpatients within 24 hours of admission and plan individualized nutritional requirements. Disease-specific therapeutic diets including enteral and oral feeding, dysphagia diets, standard diets, and specialized therapeutic diets—are prepared and supplied by the department. Patients are reassessed periodically, counselled on dietary compliance, and provided with a detailed diet chart at discharge. Nutrition awareness programs are also conducted for the community and outpatients.

The department functions from 5:00 AM to 9:30 PM daily, including holidays, and serves approximately 2,200 individuals per day. Both normal and therapeutic diets are provided to nearly 300 inpatients and attenders, with services extended to the Hospital Annex and support for major institutional events.

Laundry & Linen Department

The primary goal of the laundry and linen department is to maintain a constant reliable supply of hygienically clean linen to all departments. It functions as a critical infection control barrier by eliminating pathogens from contaminated linen and preventing the spread of health care associated infections among patients and staff. Daily we wash on an average of 2100 pcs i.e. about 800kg of linen. We use automated machines for washing, drying and ironing and use proper certified chemicals for the process. We have contracts with the manufacturers of the machines for Regular maintenance and trouble shooting.

Information Technology (IT) Department

The Information Technology (IT) Department supports patient care, hospital operations, and governance through robust digital systems, while ensuring compliance with NABH Information Management System (IMS) standards and Digital Health Standards (Silver). The department manages HIS/EMR platforms, data security, cybersecurity, system integration, IT infrastructure, user training, and analytics to ensure data confidentiality, system reliability, operational efficiency, and informed decision-making across the hospital.

Key Functions

- HIS/EMR/HMIS management
- Data security & cybersecurity
- IT infrastructure & disaster recovery
- System integration & interoperability
- User support & training
- Analytics & compliance reporting

IT Projects & Initiatives (2025-26)

Completed projects

The IT Department successfully supported the implementation of key digital infrastructure for the Daily Loaf project, including billing software with POS integration, an audio system for the banquet hall, a music system for the canteen, Wi-Fi connectivity, digital signage, CCTV surveillance, and the token management system. In addition, the IP X-Ray unit was equipped with a computer network, PACS application support, telephone extension, and X-ray printing integration through PACS, ensuring seamless workflow and improved operational efficiency.

Upcoming Projects

The upcoming IT initiatives include comprehensive infrastructure support for Cherupushpagiri, covering computer and telephone networks, Wi-Fi connectivity, conference hall setup, TV network for suite rooms, PA system, and printer/copier installation. Planned upgrades for the General Surgery department include a computer network with EMR integration, entertainment TVs, a doctor token system, and OP telephone extensions. In parallel, major IT modernization efforts are underway, including network restructuring and upgradation across the hospital and ABDM interfacing with the Ellider HIS to strengthen digital healthcare integration.

Medical Records Department

The Medical Records Department manages all patient records, including those discharged under cash, insurance, and government schemes such as KASP (Ayushman Bharat), Medisep, ECHS, and ESI. The department is responsible for the quantitative and qualitative analysis of records, coding according to international disease classification standards, registration of births and deaths, submission of medico-legal case files for judicial purposes, and providing information for insurance and reimbursement processes.

New Initiatives - 2025-2026

a. Achieved 90% digitalization of active outpatient (OP) medical records, enabling seamless retrieval through the Hospital Information System (HIS) and supporting efficient clinical decision-making.
b. Initiated the digital scanning and archiving of Medico-Legal Case (MLC) inpatient records, strengthening long-term preservation, legal compliance, and timely access to critical documents.
c. Established a dedicated secure storage area for death records to enhance confidentiality, security, and regulatory compliance.
d. Continued the systematic disposal of medical records that had completed the prescribed retention period (3 years for OP records and 5 years for inpatient records), while retaining medico-legal, death, pediatric, and psychiatric records in accordance with institutional and statutory guidelines.

e. Implemented Electronic Medical Record (EMR)-based verification for outpatient record disposal, improving the accuracy and transparency of the record retention and destruction process.
f. Commissioned a high-capacity document shredding machine for the secure destruction of confidential medical records, reinforcing patient privacy and information security.
g. Facilitated controlled access to medical records for Pharm D students and interns to support academic learning, clinical education, and research activities in accordance with hospital policies.
h. Conducted monthly departmental training programmes to strengthen staff competency in medical record documentation, coding, record management, quality standards, confidentiality, and regulatory compliance.

Infection Control

The Infection Prevention and Control (IPC) Department ensures a safe environment for patients, healthcare workers, and visitors through evidence-based practices aimed at preventing healthcare-associated infections (HAIs) and controlling drug-resistant organisms. The department operates within a structured administrative framework and is governed by a multidisciplinary Infection Prevention and Control Committee (IPCC). Monthly IPCC meetings review key quality indicators including HAI rates, hand hygiene compliance, and device-associated infections, enabling timely data-driven corrective actions. The hospital strictly follows an in-house antimicrobial policy based on local antimicrobial resistance.

Key achievements include the implementation of ICU bundles of care, consistently high hand hygiene compliance, reduction in multidrug-resistant organism (MDRO) outbreaks through environmental surveillance, attainment of Endosafe (CAHO), ACE (CAHO/3M), and NABH certifications, and recognition for Excellence in the iComply Audit, reflecting sustained compliance with infection prevention and quality standards. The department also secured First Prize in the Photography Competition conducted as part of the QAI Accreditation Day celebrations.

On 1 March 2025, a structured 2-month Infection Prevention and Control Program (IPCP) Fellowship for nurses was institutionalized. The 8-week program integrates concurrent theoretical and clinical practicum tracks and is delivered by clinical, technical, and administrative faculty, ensuring full alignment with NABH standards. Since its inception, three batches of the IPCP Fellowship have successfully completed the program, contributing to the development of a skilled infection prevention workforce.

In April 2026, Mrs. Riya Sara Mathew represented the department at CAHOCON 2026, Chennai, where she presented a scientific paper titled "From Surge to Suppression: Utilizing Root Cause Analysis to Identify the Surge in Community-Acquired MRSA Cases and Implementing Targeted Infection Control Interventions to Reduce Case Incidence." The presentation highlighted the effective application of root cause analysis and evidence-based infection prevention interventions to successfully control a surge in community-acquired MRSA cases.

Biomedical Waste Management

The Biomedical Waste Management Department is responsible for the safe, scientific, and compliant handling of all waste generated during healthcare activities in the hospital. The department ensures segregation, collection, storage, transportation, and disposal of biomedical and general waste in accordance with the Biomedical Waste Management Rules, 2016. Its key functions include monitoring source segregation, coordinating with authorized waste disposal agencies, maintaining statutory documentation, and training healthcare workers. The department plays a vital role in infection prevention, occupational safety, environmental protection, and regulatory compliance. Through continuous supervision and audits, it supports a clean, safe, and hygienic hospital environment.

Key Achievements and New Initiatives (July 2025 - June 2026)

During the reporting period, the department further strengthened its dual outsourcing model by effectively coordinating with IMAGE (Indian Medical Association Goes Eco-Friendly), Headquarters, Palakkad, the authorized agency for biomedical waste management, and the designated agency responsible for general waste management, ensuring uninterrupted, safe, and regulatory-compliant waste disposal services. Barcoded biomedical waste tracking, daily handover documentation, and GPS-monitored collection systems were consistently implemented to enhance traceability, accountability, and compliance with statutory requirements. Regular training and refresher sessions were conducted for healthcare workers and waste handlers to reinforce proper waste segregation, safe handling, and transportation practices. Continuous monitoring of secondary waste storage areas and strict adherence to color-coded segregation protocols further strengthened infection prevention measures, improved environmental safety, and ensured sustained compliance with Biomedical Waste Management Rules and hospital quality standards.

Housekeeping Department

Hospital Housekeeping is a specialized, systematic and continuous support service that ensures a clean, safe, hygienic and infection-free healthcare environment through scientific cleaning, disinfection, waste management and environmental control practices in accordance with medical standards, Infection control policies and regulatory guidelines. It is not routine cleaning, but a clinical support function that directly contributes to patient safety, prevention of hospital-acquired infections (HAIs), staff safety, operational efficiency and quality of healthcare delivery.

Activities

1) Routine cleaning
2) Scheduled/periodic cleaning
3) Terminal cleaning
4) Disinfection activities
5) Infection control support
6) Biomedical waste management
7) Spill management
8) Toilet & sanitation services
9) Pest control
10) Safety & risk prevention
11) Operation theatre & critical area cleaning
12) Equipment & material handling
13) Documentation & reporting

Through systematic processes, continuous monitoring, and staff engagement, the Housekeeping Department contributes significantly to patient comfort, infection prevention, and the overall quality of hospital services.

Central Laboratory

Central Laboratory ensures accurate and quality results; we help doctors and patients with fast and accurate reports through routine blood tests to advanced molecular diagnostics. We have got a wide range of diagnostic parameters according to the needs of patient care. For fast and smooth functioning of our lab equipped with advanced equipment which hold FDA approval and computerised. Our laboratory participates in internal and external quality control programs to ensure the accuracy and quality of our reports. The laboratory includes Departments of Biochemistry, Hematology, Clinical Pathology, Cytology,

Histopathology, Microbiology, Mycology, Mycobacteriology, Parasitology, Virology and Molecular Biology. Our Lab conducted 1881667 tests for the period of July 2025 to June 2026. Our molecular lab holds NABL accreditation.

Pharmacy Department

The Pharmacy Department, operating through four outlets, delivers comprehensive pharmaceutical services across inpatient, outpatient, emergency, critical care, chemotherapy, dialysis, and ward-based settings. The department's scope includes dispensing, billing, inventory coordination, patient education, and medication safety activities, supported by HIS/EMR integration. It works in close collaboration with clinical pharmacists, physicians, and nursing staff to ensure rational drug use, patient safety, and compliance with statutory and NABH standards. Continuous optimization of infrastructure, workflows, and manpower enables efficient management of high patient volumes while maintaining quality and safety in medication services.

Key Achievements & Initiatives

- Renovation and expansion of Central Pharmacy with additional shelving, modular racks, and extended ward pharmacies
- Expansion of patient waiting areas and introduction of external billing counters at Cardiology, Endocrinology, and Oncology OPDs to reduce congestion
- Increase in billing and dispensing counters, including mandatory billing at OP and Central Pharmacies
- Implementation of token system and sticker printers to improve queue management and dispensing efficiency
- Standardization of batch-wise dispensing and cut-strip dispensing using labeled pouches to reduce errors and wastage
- Streamlining of medication return handling to optimize staff time
- Reduction in pharmacy dispensing turnaround time from >30 minutes to ~17 minutes across OP, IP, and CBC
- Introduction of special discount schemes for Cardiology, Endocrinology, Nephrology (EPO at subsidized rate), and Chemotherapy patients
- Strengthened clinician engagement to improve in-house medicine availability and utilization
- Improved prescription accuracy through EMR corrections in collaboration with Clinical Pharmacy
- Enhanced stock accountability through strict periodic stock verification
- Overall increase in pharmacy sales driven by infrastructure upgrades, workflow optimization, and patient-centric pricing initiatives.
- Token system extended to OP pharmacy.

Pharmacy Store

The Pharmacy Store functions as the central procurement, storage, and distribution unit for all medications and consumables required across the hospital. It ensures uninterrupted availability of formulary and essential medicines through systematic inventory planning, receipt verification, storage management, and timely distribution. The store operates in compliance with NABH standards, statutory regulations, and hospital policies, with a strong focus on safety, accountability, and stock optimization. Close coordination with pharmacy, clinical pharmacy, purchase, finance and accounts, and clinical departments supports efficient and uninterrupted hospital operations.

9. Strategically relocated the Pharmacy Store closer to the Central Pharmacy, significantly reducing internal transportation time and improving the efficiency of medicine distribution.
10. Improved the availability of previously unavailable dermatology medications through proactive procurement and vendor coordination.
11. Rationalized the EMR (Ellider) drug master by deactivating approximately 4,881 obsolete, unavailable, and non-formulary medication entries, thereby streamlining prescribing, procurement, inventory management, and indenting processes.
12. Implemented a utilization-based inventory dashboard to forecast product demand, enabling evidence-based procurement decisions and minimizing random Goods Receipt Note (GRN) entries.
13. Established direct communication channels with consultants to provide timely updates on drug availability, shortages, new product introductions, and slow-moving inventory, facilitating informed prescribing decisions.
14. Strengthened coordination among the Pharmacy Store, Pharmacy Department, and Clinical Pharmacy to ensure the prompt procurement and supply of emergency and patient-specific medications.
15. Enhanced communication with clinicians and hospital administration through regular email updates and Hospital Management Committee (HMC) meetings regarding medicine availability, shortages, formulary additions, and pharmacy discount schemes.
16. Fostered close collaboration with the Finance Department, Purchase Department, Pharmacy, and Clinical Pharmacy to ensure seamless day-to-day procurement, inventory, and distribution activities.
17. Streamlined medicine distribution to all pharmacy outlets and clinical departments, reducing supply delays and ensuring uninterrupted patient care.
18. Reinforced safe storage practices through the segregation and appropriate handling of hazardous and high-risk medications in compliance with statutory and NABH requirements.
19. Conducted structured monthly Pharmacy Review Meetings to analyse procurement trends, inventory utilization, sales performance, staffing, medicine availability, dispensing turnaround time, and operational Key Performance Indicators (KPIs), enabling data-driven decision-making and continuous process improvement.
20. Strengthened pharmaceutical support for the newly established Haematology services and expanded Oncology Department by significantly enhancing the availability of oncology, haematology, and supportive care medications, ensuring uninterrupted access to essential therapies.
21. Facilitated patient access to high-cost medications by directly coordinating with patients, consultants, hospital administration, and pharmaceutical companies to obtain special hospital discounts, patient assistance programmes (PAPs), compassionate use support, and company-sponsored medication schemes, thereby reducing the financial burden on patients and improving treatment continuity.

Nursing Services

The Department of Nursing service at Pushpagiri Medical College Hospital provides the highest quality of nursing care that promotes activities of daily living along with health-illness continuum. Nursing quality refers to the degree to which nursing care meets established criteria with professional standards, ensures patient safety, and improves health outcomes. The metrics are based on structure, Process and Outcome measures to measure factors such as patient satisfaction, adherence to best practices, reduced medical errors, and efficient care delivery. We believe that quality and safety in nursing care is achieved by skilled,

competent and qualified licensed nurses through comprehensive approaches, like coordination, commitment, compassion and communication. Effective communication among healthcare professionals and patients, teamwork, and good working conditions, are inextricably linked to the concept of quality of care and the quality level of provided health services. The pillars of quality care are safe, timely, effective, efficient, equitable, ethical and patient-centred and thus patient safety is the foundation upon which all other aspects of quality care are built.

Structure

DESIGNATION	Staff Count (01.07.2025)	Staff Count (30.06.2026)
Chief Nursing Officer (CNO)	1	1
Deputy Nursing Superintendent (DNS)	3	3
Assistant Nursing Superintendent (ANS)	3	3
Head Nurses	18	40
DDO	1	1
IPCNs	3	3
CNEs	3	3
Lactation Counselor	1	1
Ward In-charges	44	4
Staff Nurses	500	513
Trainee Nurses	66	67
Orientation/Voluntary Nurses	5	11
MPH	32	32
TOTAL	**657**	**678**

Activities

Active staff participation in various functions conducted internally and externally as follows:

23. Nurses' Day celebration: 12/05/2026
24. Onam, Christmas, & Pushpagiri day celebrations & Santa Harmony
25. Staff attended "PPMD (Preventing the Preventable Maternal Death)" conducted by DMO-office, Pathanamthitta for Labor room nurses and doctors.
26. Nursing service provided for "Ponkala", "Punaraikyam", "Pushpamela"
27. Active role in Series of Vaccination drive (Influenza & HepaB)
28. Empowered staff joined for higher education as a part of in-service education is going on. (2 S/N for PBSc Nursing), 1 continuing PhD)

Training by External Faculty

19. IV Therapy training offered by BD company- ongoing (1-year project)
20. Emmast- Training on Critical care,
21. Training on Wound care & Pressure injury given by Helmier
22. Training on VTE by Arjo

Other Activities

- New- CNE room- get refurbished
- Monthly Nursing Review meeting- with Interdisciplinary & multidisciplinary team.

- Participated in Endosafe accreditation process

Specific activities

- CNE- Structured Training programs-: enhanced staff participation
- 6 Mandatory Topics, 23 General Topics and 4 Unit specific topics
- Provides BLS classes for non-clinical staff, BLS & ACLS for clinical staff
- 38 interviews, 491 candidates
- 23 induction/Orientation/training programs for 258 new employees
- Served as Clinical Resource Person (faculty) for Continuous Nursing Education, specifically when the topic is complex or the subject is new for the nurse educators.
- Staff engagement in NQI activities- improved reporting of errors:
- Investigation, CAPA on nursing related incidents
- RCA for serious incidents done and reports sent to QD.
- QIPs: SSKIN bundle for HAPI, Acuity based staffing for safer care.
- Tool validation and approval for Nursing research as a curriculum mandate for students
- Faculty for IPCP (Infection Prevention and Control Program) 2 batch students at PMCH
- Attending all committee meetings
- Provides nursing guidance, Conflict resolution
- Conducting structured Nursing interviews for recruitment
- Guidance for appropriate staffing: Skill mix and staff mix based on patient acuity
- Developed tools for various assessments and nursing audits
- Participated in the Nursing college committee meeting, and other functions such as lamp-lighting and graduation ceremony, besides special celebrations like Alumni, and UK faculty meet.

External Programs & Roles; Staff participation

- As a speaker at a state level workshop on "Accreditation and Practice standards" Pushpagiri College of Nursing.
- Certificate of appreciation for serving as one of the examiners for QualTech prize 2024, by Qimpro foundation & CAHO
- As a panelist for "Mental health in Physical Rehabilitation at Believers Church Medical College Hospital, Thiruvalla; 4 staff participated.

Achievements

- CNO was awarded 1st prize for E-poster competition in "World Quality & Patient Safety Week 2024" from PES Institute of Medical Sciences and Research.
- CNE Liney John was awarded with a second prize on research presentation
- Attended Webinar on "Clinical Governance" hosted by Centre for Patient Safety & Quality (CPSQ); 21/08/2025.
- Awarded certificate on Master Program on Business Administration on "Total Quality Management" (TQM) with A+, on 2025, May

Staff Promotion/Leadership Change

1. Area changed for all Head nurses from May 1, 2026
   b. Positional change (table below)

PROMOTIONS

PROMOTIONS	COUNT	POSITION
INCHARGE TO HEAD NURSE	7	Head Nurse
STAFF NURSE TO HEAD NURSE	6	Assistant Head Nurse
INCHARGE/STAFF TO HEAD NURSE	10	Assistant Head Nurse
HEAD NURSE TO SENIOR HEAD NURSE	16	Senior Head Nurse
NEWLY JOINED STAFF NURSE TO HEAD NURSE	1	Head Nurse
INCHARGE	1	-
TOTAL	**41**	

Security Department

During the academic year 2025-2026, the Security Department, under the guidance of the Advisor, Vigilance & Personnel Grievances, continued to strengthen hospital security, patient safety, vigilance activities, and grievance redressal through effective supervision, regular monitoring, and interdepartmental coordination across the Pushpagiri campus.

Major Achievements

- Conducted regular Security Review Meetings, weekly Security Parades, and daily security briefings to enhance operational efficiency, discipline, and professionalism.
- Strengthened peripheral security arrangements across the Pushpagiri campus, covering the Medical College, Nursing College, hostels, and other affiliated institutions.
- Improved traffic management and vehicle movement within the hospital campus and peripheral areas.
- Strengthened hospital security through enhanced surveillance, visitor's management, traffic regulation, and access control.
- Improved emergency response coordination, including the implementation of the Code Stroke Lift Protocol.
- Conducted vigilance enquiries into complaints and submitted reports with recommendations for corrective and preventive actions.
- Provided advice and recommendations to the Management on matters referred to the department and conducted enquiries into various incidents reported within the institution.
- Submitted disciplinary reports and recommendations to the Management whenever necessary.
- Strengthened CCTV monitoring and followed up on key infrastructure and safety improvements, including traffic management measures, safety signage, and flag post construction.
- Enhanced patient assistance services through improved crowd management, traffic control, and assistance to patients and visitors during adverse weather conditions.
- Promoted a culture of accountability, professionalism, and patient-centred service among security personnel through continuous supervision and performance monitoring.

The department remained committed to maintaining a safe, secure, disciplined, and patient-friendly environment across the Pushpagiri campus while supporting the institution's mission of delivering quality healthcare services.

Vigilance & Personnel Grievances

During the academic year 2025-2026, the Office of the Advisor, Vigilance & Personnel Grievances continued to strengthen the hospital's grievance redressal and vigilance mechanisms through timely

intervention, impartial enquiries, and effective coordination with various departments. The Advisor personally heard staff grievances in a confidential and supportive environment, ensuring that concerns were addressed fairly, transparently, and in accordance with institutional policies. Grievances received during the year were reviewed, appropriate recommendations were made, and follow-up actions were coordinated with the concerned departments and management. Monthly reports on staff grievances and suggestions were forwarded to the Principal Advisor of Pushpagiri and Fr. CEO for review and necessary follow-up action.

The office also conducted vigilance enquiries into complaints involving staff, submitted detailed enquiry reports with corrective and preventive recommendations, and monitored the implementation of the recommended actions. Significant vigilance observations and recommendations were also placed before the management to facilitate timely decision-making and continuous improvement.

Through proactive grievance redressal, vigilance monitoring, and ethical oversight, the department contributed to maintaining discipline, promoting accountability, strengthening employee confidence, and fostering a safe, transparent, and harmonious working environment across the institution.

MEDICAL CAMPS

MEDICAL CAMPS

July 2025

- 07 July 2025 - Medical Camp in Kottoor CPV LP School
- 12 July 2025 - Medical Camp in Marthoma Yuvjana Sakhyam Keekozhoor
- 16 July 2025 - Medical Camp with Red Cross St. Stephen Church

August 2025

- 02 August 2025 - Medical Camp in Valanjavattam
- 28 August 2025 - Medical Camp in SNDP Neduvaramcode Chengannur

September 2025

- 03 September 2025 - Medical Camp in Carmala, St. Antony Church
- 13 September 2025 - Medical Camp in St. Mary's Orthodox Church
- 20 September 2025 - Medical Camp in Pullad Karunya Foundation
- 28 September 2025 - Holding Medical Camp in St. Thomas Marthoma Church, Thamarakulam

October 2025

- 09 October 2025 - Blood Donation Camp in NSS Higher Secondary School, Karuvatta
- 22 October 2025 - St Thomas Malankara, Kallishery, Medical Camp
- 28 October 2025 - Camp for Paediatric Neurology

November 2025

- 01 November 2025 - St Andrew Marthoma Church, Karimpanakuzhy Medical Camp
- 11 November 2025 - Assumption College Changancherry Medical Camp
- 15 November 2025 - St George Kallunkal Medical Camp

December 2025

- 04 December 2025 - Chakulathkavu Ponkala Camp
- 06 December 2025 - St Joseph Church Laikkad Medical Camp

January 2026

- 01 January 2026 - Coordinated Programme with Govt. medical camp for Psychiatry Dept.
- 11 January 2026 - Medical Camp - YMCA & Marthoma Church at Venpala
- 17 January 2026 - Medical Camp - Mar Severious Higher secondary school Medical camp
- 27 January 2026 to 08 February 2026 - Medical Camp – Pushpamela

February 2026

- 12 February 2026 - Medical camp in Manjanikkara padhayathra with karunya health foundation
- 27 February 2026 - Kalolsavam - Marthoma College
- 28 February 2026 - Kalolsavam - Marthoma College
- 28 February 2026 - Medical Camp - Annavattom Eben Ezer Marthoma Church

March 2026

- 01 March 2026 - Medical camp in Koruthodu Panchayat
- 09 March 2026 - Cancer awareness camp for Joy Alukkas staff
- 21 March 2026 - Medical camp in St Mary's Malankara Sooranad Kollam

April 2026

- 08 April 2026 - CDC Camp
- 13 April 2026 - Ambulance drivers camp

EVENTS CALENDAR

Event Calendar (July 2025- June 2026)

July 1, 2025
The National Doctors' Day Celebrated, and around 550 doctors were honoured for their service and talent. The program was chaired by Rev. Fr. Biju Varghese Payyampallil, CEO, Pushpagiri Group of Institutions. Chief Address by His Grace Most Rev. Thomas Mar Koorilos. Chief Guest: Dr. Jacob Oommen, President, IMA, Thiruvalla Branch. We also celebrated the artistic talents of our doctors with a special showcase.

July 10, 2025
The pilgrimage procession to the tomb of Blessed Mar Ivanios was received with a warm welcome at Pushpagiri Hospital.

July 11, 2025
The newly renovated laboratory Animal Research Facility at Pushpagiri was inaugurated by Prof. Dr. Sabu Thomas (Chairman, Trivandrum Engineering Science & Technology Research Park, Former Vice Chancellor, MG University) in the presence of dignitaries, faculty, and staff.

July 11, 2025
TEDx Pushpagiri, Kerala's first TEDx event hosted by a medical college, was successfully organized at Pushpagiri Institute of Medical Sciences and Research Centre on July 18**.** Organized by the Yuga College Union (2024–25), the event was inaugurated by Jacob Punnoose IPS (Retd.) and themed *"Off Script: Breaking Conformism."* Nine distinguished speakers from diverse fields shared inspiring ideas and personal journeys, encouraging creativity, individuality, and critical thinking. The event drew an enthusiastic audience of students and TED enthusiasts, marking a historic milestone in Pushpagiri's academic and cultural journey.

July 11, 2025
As part of Reading Week 2025, the Central Library of PIMS & RC organized the Inter-Pushpagiri Quiz Competition at MEU Hall on July 11, 2025. Teams from various institutions under the Pushpagiri Medical Society participated in multiple rounds hosted by quiz master Dr. Joe Abraham. Aparna Jess Cyriac and Gracemol Zacharias from Pushpagiri Dental College secured the first prize. The event concluded with Director Rev. Fr. George Valiyaparambil presiding over the prize distribution and Chief Librarian Rev. Fr. Abraham Pariyarathil delivering the vote of thanks.

July 25 ,2025
PRICE The 2nd Annual Continuing Medical Education (CME) programme, **PRICE (PUSHPAGIRI RESEARCH & INNOVATION: CLINICAL EXCELLENCE),** was conducted on 25th July 2025 at Pushpagiri Institute of Medical Sciences & Research Centre. PRICE was envisioned as more than just an academic gathering. It was conceived as a platform to share knowledge, inspire new perspectives, encourage research, and connect clinical excellence with real-world innovation.

Aug 10, 2025
Operations at the PMS Patheyam Central Kitchen have commenced. His Beatitude Moran Mor Baselios Catholicos Bava, the Supreme Head of the Malankara Catholic Church, inaugurated the 13,000-square-foot facility at Pushpagiri, which houses the cooking, distribution and storage units.

Aug 12, 2025
National Librarians Day was celebrated. The Central Library celebrated National Librarians' Day on 12th August 2025 to commemorate the birth anniversary of Dr. S. R. Ranganathan, the Father of Library Science in India. The programme highlighted the importance of libraries in education, research, and knowledge

sharing. Led by the Chief Librarian, sweets were distributed to staff to mark the occasion. The event concluded with a vote of thanks appreciating the contributions of library staff and users.

August 14, 2025
As part of the observance of International Breastfeeding Week, doctors from the Departments of Gynecology and Pediatrics conducted an awareness session for patients visiting the respective Outpatient Clinics.

August 20, 2025
The second phase of the Dialysis Unit at Rajiv Gandhi Goodwill Charitable Trust, Vennikulam, was inaugurated by His Grace Most Rev. Dr. Thomas Mar Koorilos Metropolitan through a ceremonial switch-on.

August 31, 2025
Dr. Abraham Varghese, Medical Director, inaugurated a daily treatment scheme for BPL cardholders in the General Medicine General ward.
The scheme, offered at ₹600 per day including medicines, has been introduced in partnership with the Face of Thiruvalla Foundation.

September 03, 2025
The autorickshaw drivers who ensure safe travel for patients visiting Pushpagiri for treatment and for staff members were presented with Onam gifts jointly by Hospital Administrator Rev. Fr. Mathew Thundiyil and Asst. Medical Director Dr. Samson Samuel E.

Onam celebrations at PIMSRC academic block. Pushpagiri Institute of Medical Sciences & Research Centre organized its Medical College Onam Celebration, "Onnichonnam Minnichonnam 2025," on September 3, 2025, in Lecture Hall 1. The event was presided over by Director Rev. Fr. Dr. Mathew Mazhavencheril and officially inaugurated by Chief Guest Dr. T. Sunilkumar, a retired professor and educational counsellor. The celebration featured traditional cultural performances, including a Kaikottikali dance and Onam songs presented by staff and faculty members. Prizes were awarded to the winners of the Pookalam competition, Onam Naming contest, and reel-making event. The program concluded with a vote of thanks by Chief Librarian Rev. Fr. Abraham Pariyarathil, followed by a traditional Onam Sadya.

September 07 ,2025
Hon. Minister Shri Saji Cherian inaugurated an awareness class for patients organized by the Department of Physiotherapy as part of World Physiotherapy Day observance.

September 08 – 09 ,2025
The 5th American Heart Association (AHA) International Training Centre (ITC) approved Basic Life Support (BLS) and Advanced Cardiovascular Life Support (ACLS) course was successfully conducted from September 8–10, 2025, at the Skills Lab, PIMS & RC. The three-day program trained 15 BLS and 5 ACLS participants in essential and advanced life-saving skills in accordance with AHA guidelines. The BLS and ACLS AHA certification cards were subsequently released to the successful candidates. The program was led by Dr. Roney Thomas, Skills Lab Coordinator, with Dr. Susan Tharian as Lead Instructor and Dr. Jaismol James as AHA-certified Instructors

September 11, 2025
The Department of Pharmacology and Institutional Ethics Committee (IEC), PIMS & RC, conducted a National Workshop on Good Clinical Practice (GCP) Guidelines in association with the Academic Consortium for Clinical Research in India (ACCRI) and Indian Society for Clinical Research (ISCR) on September 11, 2025. The workshop aimed to update postgraduate students, clinicians, and allied health

professionals on ethical and regulatory aspects of biomedical research and clinical trials. The scientific sessions were led by distinguished experts and focused on research quality, participant safety, ethical considerations, and practical applications of GCP guidelines. The programme witnessed the enthusiastic participation of over 105 delegates and included interactive sessions, discussions, and assessments.

September 11 – 15, 2025

The 7th Clinical Skills Workshop was conducted at the Clinical Skills Lab, PIMS & RC, from September 11–15, 2025, with 87 medical interns participating. The five-day multidisciplinary program provided hands-on training in essential clinical procedures, communication skills, emergency care, and research methodology. Sessions included suturing, intubation, labour and delivery, critical care, paediatric emergencies, plaster casting, catheter and Ryle's tube insertion, and a Basic Resuscitation Course (BRC). The workshop received highly positive feedback and enhanced the interns' clinical competence, confidence, and emergency preparedness.

September 15 – 18, 2025

The Global Healthcare Simulation Week 2025 was conducted at the Skills Lab, PIMS & RC, from September 15–18, 2025, with 216 MBBS students participating. The programme provided multidisciplinary simulation-based training in Obstetrics & Gynaecology, Surgery, Paediatrics, Anaesthesia, Emergency Medicine, and General Medicine.

Students received hands-on training in essential clinical procedures, including delivery, suturing, neonatal resuscitation, intubation, Basic Life Support (BLS), injections, catheterization, and Ryle's tube insertion.

The sessions promoted interdisciplinary learning and enhanced clinical skills in a safe, supervised environment. The programme successfully bridged classroom learning with clinical practice and was well received by the participants.

September 17 - 23, 2025

The Adverse Drug Monitoring Centre (AMC), Department of Pharmacology, PIMS & RC, conducted National Pharmacovigilance Week from September 17–23, 2025, themed **"Your Safety Just a Click Away: Report to PvPI."** A series of interactive activities, including ADR Bingo, ADR Puzzle, and an E-Poster Competition, were organized to promote awareness of Adverse Drug Reactions (ADRs) and pharmacovigilance. Sensitization sessions for Pharm D interns focused on ADR reporting, causality assessment, and VigiFlow case entry. An awareness session was also conducted at PHC Kavumbhagom for doctors, nurses, and pharmacists. The programs witnessed active participation and reinforced the importance of ADR reporting and patient safety.

September 29, 2025

As part of World Heart Day, a walkathon was inaugurated by Shri Dhan Mohan, Assistant MVI, Thiruvalla, to spread awareness on heart diseases and preventive care.

September 28 - October 01 ,2025

KUHS South Zone KUHS Padarppu was successfully conducted with enthusiastic participation from students of various medical colleges across the South Zone. Pushpagiri Institute of Medical Sciences & Research Centre participated in the KUHS South Zone Arts Fest "Padarppu 2025", held at Government Medical College, Thiruvananthapuram, from September 28–October 1, 2025, with 78 students participating in various cultural and artistic events. Pushpagiri secured prizes across music, dance, theatre, fine arts, and literary competitions, including multiple first, second, and third prizes. Among 35 participating colleges, Pushpagiri secured 8th overall position and 5th among medical colleges in South Kerala. The achievement reflected the students' talent, teamwork, and dedication, supported by the Dhruva College Union, faculty mentors, and college management.

October 01, 2025

The 67th Pushpagiri Day celebrations were held with great devotion and enthusiasm at Pushpagiri Medical College Hospital, Thiruvalla. The two-day celebration featured Thirunal Rasa, Holy Mass, Cultural Fiesta, and Agape, bringing together clergy, staff, students, well-wishers, and the public.
The celebrations were graced by H.E. Most Rev. Dr. Antony Mar Silvanos, Bishop of the Major Archiepiscopal Curia, along with cine artist Shri. Kailash and musical artist Shri. Sumeesh Ayroor. The event marked 67 years of Pushpagiri's dedicated service in healthcare, reaffirming its commitment to compassionate care, excellence, and community service.

October 03, 2025
BLS for MBBS Batch 2025. As part of the Foundation Course for the 2025 MBBS batch, the Department of Emergency Medicine, PIMS & RC, conducted a three-hour Basic Life Support (BLS) training session on October 3, 2025. The session was coordinated by Dr. Roney Thomas and included demonstrations and hands-on practice in Cardiopulmonary Resuscitation (CPR) using high-quality manikins under expert supervision. The interactive training introduced first-year students to essential life-saving skills and was well received by the participants.

October 04, 2025
The Department of Microbiology, Pushpagiri Institute of Medical Sciences & Research Centre (PIMS&RC), Tiruvalla, in collaboration with Amrita Vishwa Vidyapeetham, Kochi, and the ICMR Task Force Project "MISSION", organized a Continuing Medical Education (CME) program titled "Melioidosis – The Mimicker You Can't Afford to Miss"

October 06, 2025
The Excise Department (Neerkuttam Committee), in association with Sradha, Thiruvalla, organized a Flash Mob Competition on October 6, 2025, at Marthoma College, Kuttapuzha, themed "Lahari Virudh Sandesham" (Anti-Drug Message). A team of nine students from PIMS & RC participated and delivered a powerful performance highlighting the dangers of substance abuse and the importance of a drug-free lifestyle. The team received an Honourable Mention from the organizing committee for their creativity, coordination, and impactful social message.

October 07, 2025
The Department of Anatomy, PIMS & RC, organized a Cadaver Ceremony for first year MBBS 2025 admission, on October 7, 2025, to mark the beginning of dissection sessions for the 2025 MBBS batch. The ceremony emphasized gratitude, respect, dignity, and ethical responsibility towards human cadavers in medical education. Students took the Cadaveric Oath, acknowledging the Cadaver as their first teacher and committing to approach dissection with reverence and professionalism. The program served as a meaningful and compassionate beginning to their journey in medical education.

October 09, 2025
World mental health day. The Department of Psychiatry, PIMS & RC, in association with the Indian Psychiatric Society, Kerala Branch, organized a Public Meeting and Awareness Program on World Mental Health Day on October 9, 2025. The program focused on mental well-being, early intervention, stigma reduction, and community support, with keynote and awareness sessions by mental health professionals. The Wellness Program for Women Employees featured interactive talks on mental health, spirituality, work-life balance, and substance use, along with a student flash mob. The event concluded with cultural performances, fostering awareness, empathy, and collective responsibility towards mental health.

October 11 - 14, 2025
Pushpagiri Medical College, Thiruvalla hosted the 16th Jacob Mar Theophilos Memorial Intermedicos Basketball Tournament from 11–14 October 2025. The tournament brought together medical colleges

across Kerala, celebrating sporting excellence, teamwork, and camaraderie.

KMCT emerged as the Women's Champions, while TDMC secured the Men's Championship. The event concluded with a grand valedictory ceremony and trophy presentation by Rev. Yoohanon Mar Theodosius, Bishop of Muvattupuzha. The tournament reaffirmed Pushpagiri's cherished legacy of promoting sportsmanship alongside academic excellence.

October 12, 2025
Pushpagiri actively took part in the Polio Vaccination Camp, supporting efforts to protect children from polio.

October 15, 2025
The Department of Community Medicine, PIMS & RC, observed Global Handwashing Day 2025 on October 15 with the theme "It might be gloves. It's always hands hygiene." Awareness sessions and practical demonstrations on proper handwashing were conducted across the institution, schools, hospitals, Anganwadi, and community settings. The programs emphasized the importance of hand hygiene in preventing infections and promoting healthy practices among students, healthcare workers, and the general public. A total of 258 beneficiaries were reached through these coordinated outreach activities. The initiative successfully reinforced the importance of regular hand hygiene as a simple and effective measure for disease prevention and community health.

October 16, 2025
The Dhruva College Union of PIMS & RC organized a Blood Donation Camp on October 16, 2025, at the Pushpagiri Blood Bank as part of the SSGP Initiative, sponsored by Federal Bank. A total of 20 students participated, promoting awareness about the importance of blood donation and the spirit of social responsibility. The camp, held from 8:00 AM to 3:00 PM, received positive feedback and encouraged students to contribute towards community welfare.
PIONEER 1.0 windup

October 17, 2025
The Postgraduate Wellness Program was conducted on October 17, 2025, at the Senate Hall, PIMS & RC, with the participation of 67 postgraduate students from MD/MS, DM, DNB, and DrNB programs. The program focused on academic, emotional, and personal well-being through expert-led sessions on exam preparedness, research, relationships, conflict management, mental health, legal issues, and challenges of clinical practice. Interactive group discussions encouraged peer learning and provided a supportive platform for students to share experiences and develop coping strategies. The program also marked the launch of the Zumba Club, promoting fitness and wellness among the PIMS community. Overall, the initiative strengthened students' skills in stress management, communication, emotional resilience, and holistic professional development.

October 18, 2025
SKILLSPIRE 3.0 – Essential Soft Skills for Health Professionals", a Faculty Development Programme organized by the Medical Education Unit in collaboration with the Quality and Accreditation Team, was conducted on October 18, 2025, with 35 faculty participants, including six from Pushpagiri College of Dental Sciences. The programme featured expert-led sessions on Communication Skills, Work Ethics and Soft Skills, Leadership, and Conflict Resolution by Dr. Denis Xavier, St. John's Medical College, Bengaluru. The sessions promoted effective communication, professional ethics, leadership, and interpersonal skills among faculty members.

October 21, 2025
SYNAPSE 2.0, a welcome program for the 2025 MBBS batch, was conducted by the Tarang Dance Club and College Union on 21 October 2025 at PIMSRC. Around 50 students participated in dance

performances and interactive games, fostering interaction, camaraderie, and a sense of belonging among newcomers and seniors. The program was supervised by Dr. Betsy A. Jose, Assistant Professor, Community Medicine and Faculty In-Charge, Tarang Dance Club.

October 24, 2025

The Pushpagiri Bioethics Unit, International Chair in Bioethics, observed Bioethics Day on 24 October 2025 with the theme focusing on environmental protection, biodiversity, and human well-being. Quiz and collage competitions were conducted for undergraduate and postgraduate students from across the Pushpagiri Group of Institutions. The program featured institutional presentations on environmental commitments, followed by a guest lecture on "Clinical & Research Ethics" by Prof. (Dr.) M. K. C. Nai. Over 250 students and faculty attended the guest lecture, followed by felicitations and prize distribution. The program concluded with a renewed commitment to promoting bioethical principles, patient safety, and ethical healthcare practices.

October 29, 2025

Pediatric Neurology Day was observed in campus. An awareness session was held along with free pediatric neurology consultations for children with disabilities. The initiative aimed to provide early diagnosis, guidance, and support to families.

November 01, 2025

Pushpagiri Rural Hospital has commenced operations at Chunkappara. The new facility was consecrated by His Grace Dr. Thomas Mar Koorilos, Metropolitan Archbishop of Thiruvalla. It was inaugurated and dedicated to the public by Shri V.N. Vasavan, Hon. Minister for Ports, Cooperation and Devaswom, Government of Kerala. Shri Anto Antony, Hon. MP, Pathanamthitta, distributed the first Outpatient card. The keynote address at the public meeting was delivered by Shri Pramod Narayan, Hon. MLA.

November 03 - 05, 2025

The Skills Lab conducted its 6th AHA-ITC approved BLS and ACLS Course from 3–5 November 2025, led by Dr. Roney Thomas and Dr. Susan Tharian. A total of 20 participants attended BLS and 15 attended ACLS, including PG residents, nurses, and clinical educators. Training covered CPR, AED use, advanced airway management, ECG interpretation, emergency medications, and defibrillation as per AHA guidelines. Successful candidates received accredited AHA BLS and ACLS cards. The program strengthened participants' emergency response skills and reinforced the institution's commitment to quality patient care.

November 05, 2025

STEP-A-THON, a spot dance competition, was conducted on 5 November 2025 at the Glass House by IMA MSN Pushpagiri Medical College in collaboration with Tarang Dance Club. The event featured enthusiastic student participation and vibrant performances, creating an energetic atmosphere. The competition was judged by Dr. Liya Susan and Dr. Betsy, with Abhinav as the host. Joann Chacko (2024 Batch) emerged as the winner and received the cash prize. The program concluded successfully, promoting creativity, cultural participation, and student engagement.

November 07 ,2025

World Radiology Day was celebrated to recognize the contribution of radiologists and radiology technologists in patient care and diagnosis.

November 10,2025

Inauguration of Zumba club for doctors was conducted by the SSGP (Student Support & Guidance Program) Unit of the institution, as an initiative of Faculty Wellness Program.

November 12,2025

The Induction Ceremony and Blessing for the MBBS 2025 Batch was held on 12 November 2025 at the Senate Hall. The program formally welcomed students and introduced them to the institution's values, ethics, and responsibilities. The ceremony included prayer, lamp lighting, blessing, addresses by dignitaries, and the White Coat Ceremony. An orientation session and the First PTA Meeting were conducted to familiarize students and parents with the academic program and support systems. The event marked a memorable beginning to the students' journey in medicine, emphasizing compassion, integrity, excellence, and service.

The SSGP Unit organized Anti-Ragging Awareness and Drug-Abuse Awareness Programs for the MBBS 2025 Batch. The Anti-Ragging session highlighted legal and disciplinary consequences, with students and parents signing anti-ragging affidavits. The "Drugs-Free Generation" session by Mr. Binu V. Varghese, Excise Department, focused on the dangers and legal consequences of substance abuse. The message "Say No to Drugs" encouraged responsible lifestyle choices and a drug-free campus. Both programs enhanced awareness and reinforced Pushpagiri's commitment to a safe, ethical, and supportive learning environment.

November 14, 2025
World Diabetes Day was observed with programs focused on promoting healthy lifestyles and diabetes care.

November 14, 2025
Children's day as part of Library Week Celebration 2025, the Central Library organized a Children's Day program at the Anganwadi within the Pushpagiri campus. The event included a Children's Day message, distribution of gifts and sweets, and a short rally, promoting happiness, learning, and holistic development. The celebration reflected the library's commitment to community welfare and child development.

November 14, 2025
The Department of General Surgery, in collaboration with ASI Kerala State Chapter and Central Travancore Surgical Club, conducted a Vascular Surgery – Venous Chapter 1 CME and Live Hands-On Workshop on 14 November 2025, with 20 postgraduate trainees participating. The program featured expert faculty and live demonstrations of varicose vein surgeries. Modern techniques including EVLT, RFA, sclerotherapy, Venaseal closure, duplex ultrasound mapping, and vein cannulation were also demonstrated. The workshop successfully integrated traditional surgical techniques with contemporary advances. It provided trainees with a comprehensive and practical learning experience in venous disease management.

November 14-20, 2025
As part of Library Week Celebration (14–20 November 2025), the Pushpagiri Central Library conducted an orientation program for First Year MBBS students of the 2025 Batch. The session introduced students to library facilities, rules, resources, e-resources, and digital platforms such as GALE and DELNET. The program enhanced students' awareness of library services and encouraged effective use of resources for their academic journey.

November 15, 2025
A World Diabetes Day Quiz was conducted for Phase 3 MBBS students on 15/11/2025, with four teams competing in academic quiz rounds. The event focused on prevention of diabetes, diagnosis, and management, promoting active participation and healthy competition. Batch B emerged as the winner, enhancing diabetes awareness through an engaging learning experience.

November 15, 2025
A Model World Health Assembly on Antimicrobial Resistance (AMR) through a One Health approach was conducted on 15/11/2025 as part of World AMR Awareness Week. Students represented seven countries

and presented their national AMR situations and policies. The session highlighted the interconnectedness of human, animal, agricultural, and environmental health in addressing AMR. Delegates emphasized surveillance, responsible antibiotic use, sanitation, and infection control. The program demonstrated excellent student preparation, confidence, creativity, and engagement.

November 18, 2025

As part of Reading Week and Library Week Celebration 2025, the Central Library conducted the "Read and Rise" outreach program at Thirumulapuram UP School on 18 November 2025. The programme promoted reading habits and included a motivational address, donation of books worth ₹5,000, and distribution of prizes to students. The initiative strengthened community engagement and supported the development of the school library.

November 21, 2025

The Department of Skills Lab, in collaboration with MeitY, AIIMS Bhubaneswar, C-DAC Trivandrum and Amrita University, conducted a Medical Simulation Training Program on 21 November 2025 for over 200 undergraduate medical students. The program introduced VR, AR, AI and simulation-based learning through hands-on clinical procedure modules. Students practiced IV cannulation, BLS/ALS, pleural tap, urinary catheterization, tracheal intubation and vital sign assessment. Faculty facilitators provided structured supervision and debriefing throughout the sessions. The program strengthened clinical skills, confidence and technology-enabled, competency-based medical education.

November 28, 2025

As part of the Excise Vimukthi – Against Drugs initiative, a Volleyball Tournament was organized by the College Students Neerkuttam Sradha Committees in collaboration with the Kerala Excise Department on 28 November 2025

November 30, 2025

CME session XXI "IMPACT 2025": The Department of General Medicine conducted IMPACT 2025, Internal Medicine CME Session XXI, on 30 November 2025 at the Senate Hall, PIMSRC. The CME featured eight expert sessions, with around 110 delegates attending. E-Poster and Just A Minute to Diagnose (Quiz) competitions were also conducted for postgraduates, with prizes and certificates awarded to the winners.

December 04 ,2025

A dedicated team from Pushpagiri Medical College Hospital was deployed to provide on-site medical assistance, first aid, and emergency care to the devotees during the Chakkulathukavu Pongala

December 06 - 07 ,2025

The Kerala Association of Neurologists Mid-Term Meet 2025 was hosted by Team Neurology, Pushpagiri Medical College, on 6–7 December 2025 at Rhythm Resorts, Kumarakom. The conference was inaugurated by Rev. Fr. Philip Payyampallil, with Jacob Punnose IPS as Guest of Honour. Around 200 neurologists attended, with Dr. Reji Thomas and Dr. S. Vijayalekshmi as speakers and Dr. Sujin Koshy chairing a session.

December 09, 2025

The renovated Priority Outpatient Unit at Pushpagiri College of Dental Sciences has started functioning. The upgraded facility aims to ensure quicker consultation, reduce waiting time, and enhance patient comfort.

December 10, 2025

The NABH Surveillance Inspection at Pushpagiri Medical College Hospital was successfully completed. This milestone reflects our continued commitment to delivering safe, high-quality, and patient-centred healthcare.

December 15 - 17, 2025
PIMSRC conducted its 8th AHA-ITC accredited BLS & ACLS Course from 15–17 December 2025 at the Skills Lab. The three-day training, coordinated by Dr. Sethu Babu and led by Dr. Susan Tharian, trained 12 candidates in essential and advanced life-saving skills. All eligible participants received AHA-approved BLS and ACLS provider cards, reinforcing the institution's commitment to excellence in emergency medical training.

December 16, 2025
The Department of Community Medicine conducted a guest lecture, "Unmasking the Hidden Cases: Deep Dive into Ashwamedham 7.0," on 16 December 2026 at the MEU Hall. Dr. Sethulekshmi S., Deputy DMO and District Leprosy Officer, Pathanamthitta, delivered an informative session on leprosy awareness, early detection, treatment, and elimination strategies. Around 50 participants, including postgraduate students from various departments, attended the program.

December 18, 2025
The Christmas Celebration was held on 18 December 2025 at Lecture Hall–1, bringing together faculty, staff, and departments in a spirit of joy and togetherness. The program included prayer, welcome and Christmas messages, special addresses by Dr. James Cyriac and Sri Kalabhavan Tojo, cake cutting, musical performances, and a vibrant Carol Singing Competition. The Department Decoration Competition added to the festive spirit. The event celebrated creativity, camaraderie, and the values of love, compassion, humility, and service, strengthening the sense of community at PIMSRC.

December 20, 2025
Pushpagiri participated in 'Santa Harmony', a community event held ahead of Christmas. The initiative aimed to spread joy, togetherness, and festive spirit, with over 2,500 Santas coming together in celebration.

December 23, 2025
As a Christmas gesture, the hospital presented gifts to the autorickshaw drivers who help ensure smooth and convenient travel for those visiting Pushpagiri.

December 24, 2025
Members of the media fraternity met His Grace Dr. Thomas Mar Koorilos Metropolitan, Patron of Pushpagiri, to share Christmas wishes. The interaction reflected the spirit of togetherness, gratitude, and festive joy.

December 27, 2025
Pushpagiri Pratheeksha Child Development Centre celebrated the season with joy, music, and smiles. Honored to have Dr. Edwin Rose, Pediatrician, Mary Queen's Hospital, Kanjirappally, as our Chief Guest.

December 31, 2025
The 'Festive Fiesta' Christmas and New Year celebration was held with great enthusiasm, bringing together staff, students, and the community to mark the festive season.

January 08, 2026
The renovated Endocrinology Outpatient Department was inaugurated and has commenced operations at Pushpagiri Medical College Hospital.

The upgraded facility aims to provide advanced, patient-centered care for individuals with endocrine disorders.

January 19, 2026
As part of the "No to Drugs" campaign organized by the Excise Department, an awareness program was conducted on 19 January 2026 at the Nedumbram Grama Panchayat Hall with the objective of sensitizing students about the dangers of drug abuse and its legal implications.

January 21, 2026
The Thiruvalla YMCA organized a ceremony to honor the newly elected municipal councilors. Rev. Dr. Biju Payyampallil, CEO, Pushpagiri Group of Institutions, shared Pushpagiri's vision to partner in Thiruvalla's social, cultural progress and public health.

January 27, 2026
The Pushpagiri medical team was deployed at the 31st Thiruvalla Flower Show to provide on-site medical assistance to visitors and ensure their health and safety during the event.

January 22, 2026
Pushpagiri Institute of Medical Sciences &Research Centre proudly secured the top prize in the 'Professional Formal Garden' category at the 31st Thiruvalla Pushpamela.

January 28, 2026
The Department of Pharmacology conducted a guest lecture on "Therapeutic Drug Monitoring in Clinical Practice" on 28 January 2026 as part of the Pushpagiri Clinical Club. Dr. Sumith K. Mathew, Professor of Pharmacology, Believers Church Medical College, Thiruvalla, delivered an informative session on the principles and clinical applications of therapeutic drug monitoring. The program, attended by faculty and postgraduates, promoted evidence-based and rational pharmacotherapy.

January 29, 2026
The Department of Pathology organized an academic session on "Reactive Lymphadenopathy – Lymphoma Mimics" on 29 January 2026. Dr. Daisy V. Alapat, Professor of Pathology, University of Arkansas for Medical Sciences, USA, delivered the keynote lecture on distinguishing reactive lymph node changes from lymphoma. The session, attended by faculty, postgraduate students, and practising pathologists, provided valuable insights into diagnostic challenges in lymph node pathology.

February 05, 2026
Human garden Library -The Chief Guest, Jacob Punnoose, former Director General of Police and State Police Chief of Kerala, delivered an inspiring and insightful talk on the topic "My Encounters with Forensic Science."

February 06, 2026
S.M.E.L.S (Stress Management and Enhancement of Life Skills) workshop was conducted by the SSGP (Student Support & Guidance) unit of the institution in collaboration with the Department of Psychiatry on 06.02.2026 for the First year MBBS students' of 2025 batch.

February 11, 2026
The Department of Biochemistry conducted BIOCON 2026, a CME on "Cracking the Code of CKD – Revealing the Hidden Truth," on 11 February 2026. The program focused on the diagnosis, progression, and management of CKD and was accredited for 1.5 CME credit hours by the Kerala State Medical Council. Expert sessions covered CKD risk factors, muscle-organ crosstalk, laboratory diagnosis, and acid-base

and electrolyte disturbances. Around 95 delegates participated, gaining valuable clinical and practical insights into CKD management.

February 12, 2026
Medical assistance was provided to pilgrims participating in the Manjinikkara Padayatra, in collaboration with the Iraviperoor Karunya Health Foundation. The initiative ensured health support and emergency care along the pilgrimage route.

February 14, 2026
The Department of Anatomy conducted LaparoCon 2026 – A Peep into the Pandora's Box on 14 February 2026 at the Senate Hall, serving as the CAS Kerala State Conference and CME on laparoscopic anatomy. The program featured multidisciplinary sessions on laparoscopic procedures of the abdomen and pelvis, attended by faculty, postgraduates, and delegates. Scientific paper and e-poster presentations were conducted, with awards presented to winners. Dr. Resmi George and Dr. Nithin K. Raju secured first and third prizes respectively in the faculty poster category. The conference concluded with CAS Executive Committee and General Body meetings and a valedictory session.

February 14, 2026
The PG Graduation Ceremony for the 2022 batch was held on 14 February 2026 at the Senate Hall, marking the successful completion of postgraduate training. The ceremony was inaugurated by Dr. Varghese Punnoose, Principal, Government Medical College, Kottayam, with addresses by institutional leaders highlighting service, ethics, research, and lifelong learning. Fifty-four postgraduates received their certificates, while 11 University rank holders were honoured.

February 19 - 21, 2026
The 10th AHA-ITC approved BLS & ACLS Course was conducted from 19–21 February 2026 at the Skills Lab, PIMS&RC. The three-day training provided hands-on instruction in CPR, AED use, airway management, ECG interpretation, emergency medications, and defibrillation. The program was coordinated by Dr. Sethu Babu, supported by Dr. Susan Tharian and Dr. Sangeetha Sajeev. 21 candidates attended BLS and 13 attended ACLS, with AHA provider cards issued upon completion. The program enhanced emergency preparedness and reinforced Pushpagiri's commitment to quality, evidence-based medical education.

February 21 - 22, 2026
The 33rd ASI Kerala Peripheral Meet was held on 21–22 February 2026 at Vijaya International Convention Centre, Thiruvalla, as part of the Silver Jubilee celebrations of PIMS&RC and the Surgical Club of Central Travancore. The program was organized by the Surgical Club in association with the Department of General & Laparoscopic Surgery, the conference attracted over 400 delegates.

The program featured scientific sessions, hands-on workshops, panel discussions, a surgical quiz, and an interactive debate between senior and young surgeons. Dr. Jobin Raj Thomson and Dr. Sharon Fernandez secured second place in the Surgical Quiz, while Dr. Thomas George received the Lifetime Achievement Award. The conference fostered academic exchange, professional networking, inclusiveness, and continued advancement of surgical education.

February 23, 2026
An awareness program was conducted on 23 February 2026 at Pushpagiri College of Pharmacy in collaboration with the Kerala Excise Department, focusing on social responsibility, legal provisions, substance abuse prevention, and community welfare. Students from multiple batches actively participated in the interactive session. The program sensitized future healthcare professionals on the importance of prevention, awareness, and promoting a healthy society.

February 24, 2026
An AHA-accredited BLS Course was conducted on 24 February 2026 at the Skills Lab, PIMS&RC. The one-day training, led by Dr. Sethu Babu with Dr. Lissa Abraham, covered CPR, AED use, and emergency response. Twelve participants completed the course and received BLS provider cards, strengthening their preparedness for life-threatening emergencies.

February 27, 2026
Pushpagiri Hospital introduced 'Souhruda', a health security scheme providing treatment concessions in OP and IP services for members and families of the Changanassery Social Service Society and Kerala Labour Movement.

March 01, 2026
The Department of Orthopaedics conducted Orthocon 2026 on 1 March 2026 at the Senate Hall, focusing on the comprehensive management of proximal tibia fractures, with 48 delegates participating. The scientific program featured 13 expert faculty discussing individualized fracture management, biological fixation techniques, and advances in surgical care. Sessions emphasized fracture-specific treatment planning, preservation of blood supply, and early controlled mobilization for better functional outcomes. A PG Quiz was also conducted, encouraging interactive learning among postgraduate trainees. The conference provided valuable clinical insights and reinforced evidence-based orthopaedic practice and patient-centered trauma care. March 04-March 05 ,2026

March 04 - 05, 2026
The AHA-accredited Paediatric Advanced Life Support (PALS) Course was conducted on 4–5 March 2026 at the Skills Lab, PIMS&RC, in collaboration with Charles Institute, Thiruvalla. The two-day program trained 20 postgraduate doctors, senior residents, and faculty in advanced paediatric emergency care, including airway management, emergency medications, cardiac arrest management, and post-resuscitation care. Conducted under the guidance of Dr. Sethu Babu and experienced instructors, all participants successfully completed the theory examination and received certificates, strengthening their competence and confidence in managing critical paediatric emergencies.

March 06, 2026
As part of Dentists' Day celebrations, doctors from the Department of Dentistry, Pushpagiri Medical College Hospital, conducted an oral cancer awareness session for patients visiting the Dental OPD.

March 07, 2026
As part of International Women's Day, Dr. Raju Mathew Cyriac (Consultant, Radiation & Clinical Oncology) conducted a cancer awareness session for the female employees of Joyalukkas, Thiruvalla. The program addressed early warning signs, screening importance, and preventive measures for common cancers affecting women.

March 08, 2026
International Women's Day at Hospital was celebrated with various programs highlighting the contributions of women and promoting awareness on women's health and well-being.

March 09, 2026
Pushpagiri Institute of Medical Sciences and Research Centre (PIMSRC) celebrated International Women's Day with great enthusiasm through a vibrant program titled "AABHA – Her Radiance, A Revolution" at Lecture Hall 1. The event brought together faculty, staff, and students in a spirit of unity to honour the achievements of women and to promote meaningful discussions on empowerment, wellbeing, and work–life balance.

March 12 - 13, 2026
The Department of General & Laparoscopic Surgery conducted the 6th TOP GUN PG Surgical Workshop on 12–13 March 2026 as part of the Silver Jubilee celebrations of PIMS&RC. The workshop brought together postgraduate trainees from across Kerala for hands-on training in suturing, knotting, laparoscopy, tendon repair, breast surgery, and critical care. Expert faculty shared practical insights into contemporary surgical techniques and emerging technologies, including robotics. The programme concluded with a grand finale quiz, promoting knowledge, clinical skills, mentorship, and academic excellence in surgical training.

March 13, 2026
His Excellency Dr. Thomas Mar Koorilos Metropolitan, Patron of Pushpagiri, inaugurated the new Digital X-ray Unit in the Outpatient Department by switching it on.

March 15, 2026
In connection with World TB Day observed on March 24, a State-Level Quiz on Tuberculosis was conducted on March 15, 2026, at the Senate Hall. The program aimed to create awareness about tuberculosis among undergraduate medical students and promote academic engagement in public health topics.

March 21, 2026
World Down Syndrome Day was observed at Pushpagiri Pratheeksha CDC on 21 March 2026 with awareness sessions for parents, led by CDC faculty and clinicians. Three children with Down syndrome showcased their talents through vibrant dance performances. The program witnessed active participation from children, parents, and staff, with gifts, refreshments, and prizes distributed to participants, making it a meaningful and joyful celebration.

March 23, 2026
The 12th AHA-ITC approved Heartcode BLS Course based on the 2025 guidelines was conducted on 23 March 2026 at the Skills Lab, PIMS&RC. Coordinated by Dr. Sethu Babu with support from Dr. Susan Tharian and Sr. Soumya Thomas, the program trained 15 postgraduate doctors and nursing staff in high-quality CPR, AED use, and emergency cardiac response. All participants successfully completed the training and received AHA Heartcode BLS provider cards, reinforcing the institution's commitment to excellence in emergency medical training.

March 23 - 24, 2026
The PG Orientation Program for the 2025 batch was conducted on 23–24 March 2026 at the Senate Hall, PIMS&RC, with 63 participants. The program introduced PG residents to academic requirements, clinical responsibilities, institutional policies, ethics, and research. Sessions covered CBME, doctor–patient communication, palliative care, quality management, medico-legal aspects, rational prescribing, infection control, and healthcare documentation. Hands-on training in BLS, ACLS, and trauma care enhanced emergency preparedness. The program equipped residents with essential knowledge, skills, and professional values for competent and compassionate patient care.

March 24, 2026
In a defining moment of innovation and academic excellence, the Pushpagiri Institute of Medical Sciences & Research Centre witnessed a pioneering Robotic Surgery Demonstration, as part of its prestigious Silver Jubilee celebrations, organized by the Department of General & Laparoscopic Surgery

March 24, 2026
Department of Community Medicine organized a comprehensive tuberculosis awareness program at Pushpagiri Institute of Medical Sciences and Research Centre in connection with the World TB Day .

March 25, 2026
Department of Community Medicine, under the aegis of IAPSM - Indian Association of Preventive and Social Medicine and with the support of its Kerala Chapter, has conducted the college-level Final quiz competition

March 30 - 31, 2026
The AHA-accredited Advanced Cardiovascular Life Support (ACLS) Course based on the 2025 guidelines was conducted on 30–31 March 2026 at the Skills Lab, PIMS&RC. Coordinated by Dr. Sethu Babu with support from Dr. Susan Tharian and Dr. Nibu John Mathew, the two-day training equipped 17 postgraduate doctors and nursing staff with advanced skills in ECG interpretation, airway management, defibrillation, emergency medications, and cardiac arrest management. All participants successfully completed the course and received AHA ACLS provider cards, reinforcing the importance of timely intervention and advanced emergency care.

March 31, 2026
The 13th AHA-ITC approved Heartcode BLS Course based on the 2025 guidelines was conducted on 26 March 2026 at the Skills Lab, PIMS&RC. Coordinated by Dr. Sethu Babu and led by Dr. Sangeetha Sajeev, the one-day training equipped seven postgraduate doctors and a trainee nurse with essential BLS skills, including high-quality CPR, AED use, and emergency response. All participants successfully completed the course and received AHA Heartcode BLS provider cards, reinforcing the institution's commitment to quality emergency medical training.

April 05, 2026
It was a proud and memorable occasion for Pushpagiri Medical College Hospital as Dr. Abraham Varghese, Medical Director, had the distinguished honor of meeting Hon'ble Prime Minister Shri Narendra Modi.
This recognition stands as an inspiration for all of us at Pushpagiri to continue our mission with greater dedication.



April 07, 2026
Parents Fest 2026' was successfully organized by the Pratheeksha Child Development Centre as part of Autism Awareness Week.
The event witnessed enthusiastic participation from parents and children, and focused on awareness, empowerment, and celebrating the unique abilities of children on the autism spectrum. It was a proud moment for Pratheeksha as we continued our mission to support families and foster an inclusive society.

Autism Awareness Day was observed as "Ausum Fest 2026" at Pratheeksha CDC, Pushpagiri Medical College Hospital, under the joint initiative of the Department of Pediatrics and IAP Pathanamthitta. The program included autism awareness sessions, motivational talks for parents, music, and interactive activities for children with autism. The event also marked the inauguration of Ausum Fest 2026 and the 11th Tiny Tails Summer Camp. Around 40 children and their families participated, promoting awareness, inclusion, and support for children with autism.

April 10, 2026
The 14th AHA-ITC approved HeartCode BLS Course (2025 Guidelines) was conducted on 10 April 2026 at the Skills Lab. Coordinated by Dr. Sethu Babu, the one-day program trained 17 healthcare professionals in essential life-saving skills, including CPR, AED use, and emergency response. Successful participants

received AHA certification cards. The course enhanced preparedness for timely and effective management of life-threatening emergencies.

April 11, 2026
A first aid and resuscitation training program for ambulance drivers in Pathanamthitta district was successfully conducted under the leadership of Dr. Sethu Babu, Professor, Critical Care Department.
The training aimed to enhance the emergency care capabilities of frontline responders and ensure timely, effective assistance during critical situations.

April 13, 2026
The 15th AHA-ITC approved HeartCode BLS Course (2025 Guidelines) was conducted on 13 April 2026 at the Skills Lab, with 17 healthcare professionals participating. The one-day training covered CPR, AED use, and emergency response as per AHA guidelines. Successful participants received AHA certification cards. The program strengthened preparedness for timely and effective management of life-threatening emergencies.

April 17, 2026
The 16th AHA-ITC approved HeartCode BLS Course (2025 Guidelines) was conducted on 17 April 2026 at the Skills Lab, with 6 healthcare professionals participating. The training covered CPR, AED use, and emergency response as per AHA guidelines. Coordinated by Dr. Sethu Babu with Sr. Soumya Thomas as Lead Instructor, successful participants received AHA certification cards. The program enhanced competency in managing life-threatening emergencies.
Blood donation camp Student Union

April 19, 2026
The Department of Anaesthesia organized PACE 2026 (Pushpagiri Anaesthesia Continuing Education) on 19 April 2026 as part of the Silver Jubilee celebrations. The CME, themed “Precision Under Pressure: Catastrophes in Anaesthesia,” focused on crisis management and patient safety. With 145 delegates and eminent speakers from reputed institutions, the program provided practical insights into managing high-risk anaesthetic emergencies. It was coordinated by Dr. Thomas P. George and the organizing committee.

April 18, 2026
The BRAINER: Bridging Research & AI for Next-gen Educational Reforms workshop was conducted on 18 April 2026 at the Senate Hall, PIMS&RC. The hands-on workshop focused on using advanced AI tools to enhance research capabilities and academic publishing. Participants were trained to integrate AI-driven methodologies into scientific research workflows for improved quality and productivity. The program was presented by the Research Development and Innovative Cell & the Medical Education Unit of the institution in collaboration with the Department of Physiology.

April 25, 2026
As part of World Malaria Day observance, the Department of Community Medicine led an awareness program and safety kit distribution drive at Peringara Anganwadi. Participants were educated on preventive practices, mosquito control, and signs of malaria.

April 25, 2026
The Department of Obstetrics & Gynaecology organized OBMED 2026 – Medical Disorders in Pregnancy on 26 April 2026 at the Senate Hall, Pushpagiri Medical College Campus. The CME featured eminent experts from leading institutions and covered multidisciplinary management of various medical disorders complicating pregnancy. The program emphasized evidence-based clinical decision-making, interdisciplinary collaboration, and improving maternal and fetal outcomes. OBMED 2026 served as an enriching academic platform for faculty, postgraduate students, and practicing clinicians.”

April 27 - 29, 2026
The AHA-ITC approved HeartCode BLS & ACLS Course (2025 Guidelines) was conducted from 27–29 April 2026 at the Skills Lab, with 12 participants in BLS and 13 in ACLS. The program covered CPR, AED use, airway management, ECG interpretation, emergency drugs, and defibrillation as per AHA guidelines. Coordinated by Dr. Sethu Babu with Dr. Susan Tharian as Lead Instructor, the training enhanced healthcare professionals' emergency response skills.

May 06, 2026
The consecration ceremony of the new ward opened for treatment in the Hematology Department was performed with prayers and blessings. The facility was inaugurated to enhance patient care and expand specialized hematology services at the hospital. This milestone marks another step in our commitment to providing advanced, compassionate care for patients with blood disorders.

May 8 - 9, 2026
The Department of Emergency Medicine conducted the Early Management of Trauma Course (EMTC) 2026 from 8–9 May 2026 at the Skills Lab, with 24 participants. The program focused on trauma assessment, emergency interventions, advanced trauma care, and interdisciplinary teamwork. Through lectures, hands-on skill stations, and simulations, participants enhanced their practical skills and confidence in trauma management. Certificates were distributed to all participants on successful completion.

May 11, 2026
Celebrating International Nurses Week, the Nursing Education Department led a community BLS training program at Pushpagiri OP. The session focused on empowering the public with hands-on training in Basic Life Support and early emergency care.

May 12, 2026
International Nurses Day was observed with a formal function. Playback singer Libin Scaria inaugurated the event, and Adv. Varghese Mammen, MLA, Thiruvalla addressed the gathering with words of appreciation for nurses. The program celebrated the spirit of nursing and acknowledged the selfless service of our nursing staff.

May 13 -15, 2026
The AHA-Accredited HeartCode BLS & ACLS Course was conducted from 13–15 May 2026 at the Skills Lab, with six healthcare professionals completing both BLS and ACLS certification. The training, based on AHA 2025 Guidelines, covered CPR, AED use, airway management, ECG interpretation, and emergency cardiovascular care. Coordinated by Dr. Sethu Babu with Sr. Soumya Thomas as Lead Instructor, the program combined interactive sessions and hands-on training. All participants received AHA HeartCode BLS and ACLS certification cards.

May 17, 2026
The 4.2 km Thiruvalla Midnight Marathon 2.0 was jointly flagged off by Honorable Thiruvalla MLA Adv. Varghese Mammen and Pathanamthitta District Collector Shri Prem Krishnan IAS at Thiruvalla Public Stadium.
The run commenced with active participation led by Thiruvalla Tahsildar and Executive Magistrate Mr. Jobin K. George and Pushpagiri Group of Institutions CEO Rev. Dr. Biju Varghese Payyampallil, among other dignitaries. The event aimed to promote local tourism, vibrant nightlife, and community health, and witnessed enthusiastic participation from citizens.

May 21 - 23, 2026
The AHA-Accredited HeartCode BLS & ACLS Course was conducted from 21–23 May 2026 at the Skills Lab, with 11 participants in BLS and 7 in ACLS. The training covered CPR, AED use, airway management, ECG interpretation, emergency medications, and cardiac arrest management as per AHA 2025 Guidelines. Coordinated by Dr. Sethu Babu with support from Dr. Sangeetha Sajeev and Dr. Nibu John, the program combined theory and hands-on training. Successful participants received AHA certification cards.

May 24, 2026
The Pushpagiri Women's BasketballTeam showcased an outstanding performance at the Inter Medicos Basketball Tournament held at Amala Medical College, Thrissur.

May 25, 2026
The Motor Vehicles Department, under the leadership of the Mallappally Joint RTO, organized an awareness class for school bus attendants and drivers in Mallappally Taluk. Dr. Joe Abraham, Associate Professor, Department of Community Medicine, delivered the keynote address. He spoke on student safety, the importance of adhering to road safety regulations, and the responsibility of ensuring safe travel for school children. The program emphasized collaborative efforts to make school transportation safer and more accountable.

May 27, 2026
A workshop on Statistical methods for clinical research was organized by the Department of Microbiology.

May 29, 2026
The 'Sadgamaya' medical camp organized for students at Thirumoolavilasam UP School was successfully conducted. Dr. Carol Sara Cherian, Professor and Head, Department of Pediatrics, and Dr. Jibi Babu, Senior Resident, led an interactive session on child health care. The camp focused on health screening, nutrition, hygiene, and preventive care for school children, reinforcing our commitment to community health and early intervention.

May 29, 2026
The SSGP unit conducted CUTE – Cracking University Exams: Tips and Essentials workshop for Phase I MBBS 2025 batch students on 29 May 2026 at Lecture Hall 1. The session focused on effective study planning, time management, revision techniques, and examination strategies. Dr. Angela A. Viswasom highlighted the importance of adequate sleep, healthy routines, regular breaks, and stress management. The program equipped students with practical strategies to approach university examinations with confidence.

May 31, 2026
The Department of Emergency Medicine, Pushpagiri Medical College Hospital, successfully organized PEMAC 2026 (Pushpagiri Emergency Medicine Annual Conference) on 31 May 2026. The conference focused on recent advances in Emergency Medicine, featuring updates on stroke care, sepsis management, pulmonary embolism, and trauma care, along with interactive panel discussions and a postgraduate quiz competition

June 04, 2026
The Menstrual Hygiene Day observance was organized by the Institutional Governance & IQAC Team under the Women Empowerment Program on 4 June 2026 at Lecture Hall 1. The sessions addressed menstrual hygiene, common menstrual and postmenopausal problems, healthy ageing, and menstrual cups as an eco-friendly option. The program enhanced awareness and promoted informed discussions on women's health and well-being.

June 03, 2026
An orientation session on the Indian Council of Medical Research Short-Term Studentship (ICMR STS) 2026 was successfully conducted for the first-year MBBS students.

June 05, 2026
Celebrating World Environment Day with the children of Pratheeksha Child Development Centre. The day was marked by the distribution of fruit tree saplings, spreading the message of "Plant today, nurture tomorrow."

June 05, 2026
On 5 June 2026, PIMSRC celebrated the release of its college magazine, "Varikakku Appuram," showcasing the literary and creative talents of students. The ceremony was presided over by Dr. Reena Thomas, Principal, with renowned novelist and scriptwriter Benyamin as Chief Guest. The event featured felicitations and reflections from the Editorial Board on the magazine's journey. The release marked another milestone in promoting creativity, literary excellence, and student participation.

June 05 - 15, 2026
The Department of General & Laparoscopic Surgery marked the National Surgeons Week (2nd Edition) as part of the Silver Jubilee celebrations of Pushpagiri Institute of Medical Sciences &Research Centre (PIMS & RC), Thiruvalla & Central Travancore Surgical Club (CTSC) in association with Association of Surgeons of India (ASI) with a vibrant series of academic, community, wellness, and service-oriented initiatives.

June 06, 2026
Pushpagiri conveyed warm congratulations and best wishes to Shri Nizamuddin A. IAS on taking charge as the District Collector, Pathanamthitta.

June 07, 2026
'Athirukalkkappuram' (Beyond Boundaries), an awareness initiative under the leadership of Pushpagiri to empower the mental health of students, teachers, and parents in Pathanamthitta district, was inaugurated at St. Thomas School, Thirumoolapuram. The program was inaugurated by Rev. Dr. Biju Varghese Payyampallil, CEO, Pushpagiri Group of Institutions. The initiative aims to break stigma, promote emotional well-being, and build resilient school communities through awareness, counseling, and support.

June 09 - 10, 2026
The Skills Lab, PIMSRC conducted a two-day Primary Trauma Care (PTC) Workshop on 9–10 June 2026, with 16 healthcare professionals participating. The program included interactive lectures, hands-on skill stations, and simulation-based training in trauma assessment and emergency procedures. Key areas covered included airway management, chest and spinal injuries, burns, disaster management, and E-FAST. All participants successfully completed the workshop, enhancing their trauma care skills, teamwork, and confidence.

June 13, 2026
PULSE -Pushpagiri Undergraduate Learning and Skills Enhancement (PULSE) is the flagship annual undergraduate medical conference of Pushpagiri Institute of Medical Sciences and Research Centre (PIMSRC), conceived to promote academic excellence, clinical competency, research aptitude, innovation, and collaborative learning among undergraduate medical students. The conference provides a unique platform for students to interact with eminent clinicians, academicians, and peers through scientific sessions, hands-on skills training, research presentations, and academic competitions, thereby complementing the undergraduate medical curriculum.

June 14, 2026
On the occasion of Blood Donation Day, Dr. Maglin Monica, Assistant Professor, Department of Immunohematology and Blood Transfusion Medicine, conducted an awareness session for the employees of Joyalukkas, Thiruvalla. She spoke on the importance of voluntary blood donation, its role in saving lives, and dispelling common myths associated with donation. The session aimed to promote a culture of regular blood donation and community responsibility.

June 14 - 17, 2026
The AHA Accredited HeartCode BLS & ACLS Course was conducted from 14–17 June 2026 at the Skills Lab, PIMSRC, following AHA 2025 Guidelines. A total of 25 participants attended BLS and 10 completed ACLS, covering CPR, AED use, cardiac arrest management, ECG interpretation, airway management, and team-based resuscitation. The program included lectures, simulation-based learning, and hands-on skill stations. Successful participants received AHA Provider Cards, strengthening their emergency response skills and confidence.

June 15, 2026
A walkathon was held under the auspices of the Pushpagiri Department of Surgery as part of National Surgeons' Week. The event aimed to promote health, fitness, and awareness about surgical care among staff and the community. Faculty, residents, and staff participated enthusiastically, reinforcing the message of a healthy lifestyle and preventive care.

June 18, 2026
The self-enumeration program, scheduled from June 16 to 30 ahead of the 2027 Census, was launched at the Pushpagiri Institutions under the leadership of Mr. Jobin K. George, Thiruvalla Tahsildar and Executive Magistrate. The initiative aims to ensure accurate data collection and active participation of staff and students in the national census process.

June 20, 2026
The Department of Pathology, Pushpagiri Institute of Medical Sciences and Research Centre (PIMSRC), successfully organized DERMOGNOSIS 2026: Decoding Patterns, Defining Diagnosis, a Continuing Medical Education (CME) programme on Dermatopathology,

June 22, 2026
To celebrate the successful reaccreditation of Pushpagiri Institute of Medical Sciences &Research Centre with KUHS A+ Grade in the Quality Assessment System (QAS) for the period 2026–2029.

June 23, 2026
The Student Support and Guidance Program (SSGP) Unit of Pushpagiri Institute of Medical Sciences & Research Centre organized THRIVE 2026 – Together for Healing, Inspiration, Vitality & Empathy, a Postgraduate Wellness Workshop for the 2025 batch of postgraduate residents

June 23, 2026
PIMSRC, under the Student Support and Guidance Program (SSGP), observed the International Day Against Drug Abuse and Illicit Trafficking 2026 through anti-drug awareness activities. An Anti-Drug Reels Competition and Anti-Drug Pledge engaged students, faculty, and staff in promoting a drug-free lifestyle. The activities reinforced the message of responsible, healthy, and substance-free living.

June 28, 2026

The Pulse Polio program at Pushpagiri Hospital was inaugurated by Dr. Abraham Varghese, Medical Director. Dr. Carol Sara Cherian, Head, Department of Pediatrics, along with the pediatric team, administered polio drops to children.

June 30, 2026

The Primary Trauma Care (PTC) Instructor Course was conducted on 30 June 2026 at the Skills Lab, PIMSRC, with seven healthcare professionals participating. The program focused on adult learning principles, communication, teaching techniques, feedback, and skills station facilitation. Practical sessions and assessments enhanced participants' instructional and leadership skills. The course successfully prepared trainees to serve as PTC instructors and contribute to quality trauma care education.

June 31, 2026

The College Union Inauguration and Handover Ceremony of Pushpagiri Medical College was held on 30 June, marking the transition of leadership from outgoing Chairman Amal G.B. to newly elected Chairman Delvin Philip Mathew. The program highlighted the values of leadership, responsibility, teamwork, student welfare, and service. The ceremony concluded with appreciation for the outgoing committee and best wishes for the new Union team.

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Annual Report 2025-26

ACADEMIC REPORTS

PRECLINICAL DEPARTMENTS

ANATOMY | PHYSIOLOGY | BIOCHEMISTRY

ANATOMY

Faculty statistics:

S. No.	*Name*	*Designation*
1	Dr. Gaddam Vijaya Lakshmi	Professor & Head, Vice Principal (UG studies)
2	Dr. Lizamma Alex	Professor
3	Dr. Nithin K Raju	Assistant Professor
4	Dr. Resmi George	Assistant Professor
5	Mrs. Bency Xavier	Jr. Lecturer
6	Kumari Deepa Rani. G	Tutor
7	Sr. Princy SIC	Tutor
8	Mr. Amal K R	Tutor
9	Mr. Nithin K	Tutor

Faculty Joined

S. No.	Name	Designation	Date
1	Dr. Gaddam Vijaya Lakshmi	Professor to HOD	01.04.2026

Special services: Commercial Embalming

Membership to Scientific and Academic bodies

S. No.	Name of scientific/ academic body	Designated Post
	Dr. Gaddam Vijaya Lakshmi	
1	Association of Medical Educators of India	Life member
2	Chapter Anatomical Society Kerala	Executive Member
3	Indian Society of Clinical research	Life Member
4	Indian Medical Association	Life Member
5	MEU India	Life member
6	AIMER Consortium	Life member
7	Academy of Health Professions Educators	Life member
8	Anatomical Society of India	Life member
9	Society of Clinical Anatomists	Life member
10	NMC Nodal Centre for Faculty Development, GMC, Kottayam	Adjunct Faculty
11	PhD Guide approved by KUHS	PhD Guide
	Dr. Nithin K Raju	
12	IMA Kerala	Member
13	All India Pre & Para Clinical Association	Member
14	Society of Clinical Anatomists	Member
15	Chapter of Anatomical Society of Kerala	Member
	Dr. Resmi George	

16	IMA Kerala	Member
17	Society of Clinical Anatomists	Member
18	Chapter of Anatomical Society of Kerala	Member

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
	Dr. Gaddam Vijaya Lakshmi	
1	College Administration	Vice Principal (UG Studies)
2	Pushpagiri Bioethics Unit- International Chair in Bioethics	Chair
3	Academic Monitoring Cell	Course Coordinator
4	Medical Education Unit	Coordinator
5	Annual Report Team	Editor-in-Chief
6	IQAC	Convenor
7	Research Development & Innovation Cell	Convenor
8	Alignment & Integration Topic Committee	Convenor
9	SSGP - Student Support & Guidance Program Unit	Nodal Officer
10	Nerkuttam Committee	Vice Chairman
11	Academic Committee	Member
12	Medical College Council	Member
13	Curriculum Committee – UG	Member
14	Curriculum Committee – PG	Member
15	Foundation Course Committee	Member
16	AETCOM Committee	Member
17	Institutional Scientific Subcommittee	Member
18	Project Award Committee Surveillance	Member
19	Gender Sensitisation Committee Against Sexual Harassment	Member
20	Member Anti Ragging Squad	Member
21	Anti Ragging Committee	Member
22	Hostel Inspection Panel	Member
23	Add-on Course on Medical Education Technologies	Course Coordinator
24	Add-on Course on Medical Ethics & Professionalism	Course Coordinator
	Dr. Nithin K Raju	
25	QAS (KUHS) Key Area 10	Co-ordinator
26	Inspection Cell	Faculty in Charge
27	St. John Paul II Hostel for boys	Faculty in Charge
28	Pushpagiri Newsletter	Editorial team member
29	RDIC - YIP	Co-ordinator
30	Aksharam - Literary club	Faculty in Charge
31	Foundation Course MBBS	Co-ordinator
32	College election committee	Assistant Returning Officer
	Dr. Resmi George	
33	QAS (KUHS) Key Area 8	Co-ordinator

Career Progression [Courses/ Fellowship / Training programs]

S. No.	Name of Course/ Training Program	Conducted by	Date & Place	Attended/ Ongoing/ Completed
1	SSGP Refresher Training organized by KUHS	Workshop	19.08.2025, PIMSRC	Attended by Dr. Gaddam Vijaya Lakshmi
2	GCP & Regulations for Clinical Research organized by Indian Society for Clinical Research	National Training Program	11.09.2025, PIMS&RC	Attended by Dr. Gaddam Vijaya Lakshmi
3	PIONEER 1.0 Pushpagiri Initiative on Nurturing Evidence-based and Ethical Research – Faculty Development Workshop on Clinical Practice	Research Development and Innovation Cell, PIMS&RC	26.06.2025 – 16.10.2025, PIMS&RC	Attended by Dr. Gaddam Vijaya Lakshmi, Dr. Nithin K Raju, Dr. Resmi George
4	KUHS QAS Capacity Building Program	Training Program	08.12.2025, PIMS&RC	Attended by Dr. Gaddam Vijaya Lakshmi, Dr. Nithin K Raju, Dr. Resmi George
5	Radioexpress	Master Class Series in Radiology	24.04.2026, 11.05.2026, 20.05.2026, 11.06.2026, 27.06.2026, 12.07.2026 Government TD Medical College, Alappuzha (Online)	Attended by Dr. Gaddam Vijaya Lakshmi, Dr. Nithin K Raju, Dr. Resmi George

Faculty Achievements

S. No.	Achievement	Level	Date & Place
Dr. Gaddam Vijaya Lakshmi			
1	Organizing Faculty, TEDx	International	18.07.2025, PIMSRC, Thiruvalla
2	Organizing team, Chair & Judge, PRICE 2025	National	25.07.2025, PIMSRC, Thiruvalla
3	Organizer, PIONEER 1.0 – Faculty Development Course on conducting Clinical Research	Institutional	26.06.2025 – 16.10.2025, PIMSRC, Thiruvalla
4	Organizer, PG Wellness Workshop	Institutional	17.10.2026, PIMSRC, Thiruvalla

5	Organizer, SKILLSPIRE 3.0, Faculty Workshop on Soft skills Development	Institutional	18.10.2025, PIMS&RC Thiruvalla
6	Organizer – Bioethics Day celebrations: Guest lecture, and quiz/poster competitions	Pushpagiri Group of institutions	24.10.2025, PIMSRC, Thiruvalla
7	Speaker & Organizing Team, CME (LaparoCon 2026)	State	14.02.2026 PIMS&RC, Thiruvalla
8	Organizing team, MedEdKon-2026 (as Adjunct faculty, NMC NCFD, GMC, Kottayam	National	21.02.2026 - 22.02.2026, GMC, Kottayam
9	Speaker, Women's Day celebration organised by Thiruvalla Social Service Society, Bodhana	Community engagement	09.03.2026, Bodhana, Thiruvalla
10	Organizing Team, BRAINER – Bridging Research & AI for Next-Gen Educational Reforms	State	18.04.2026, PIMS&RC, Thiruvalla
11	Speaker, CME: Genesis 2026	State	16.05.2026, MES Medical College, Perinthalmanna
12	Organizing Team & Judge (Oral Presentation), BIORADIANCE 2026	International	29.05.2026 – 30.05.2026, PIMS&RC, Thiruvalla
13	Organizing Team & Judge (ANATO-ART), PULSE 2026, Medical UG Conference	National	13.06.2026, PIMS&RC, Thiruvalla

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1	LaparoCon 2026	CME and Annual Conference of Chapter of Anatomical Society of Kerala	State	14.02.2026 PIMS&RC	186

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	Journey of Anatomical Gift: Procurement to Ultimate Utilization	CME	National	04.07.2025-05.07.2025, JIPMER, Karaikal	Dr. Resmi George
2	Innovative & Best practices in Medical Education	CME	Institutional	14.07.2025, PIMSRC	Dr. Gaddam Vijaya Lakshmi
3	TEDx Pushpagiri 2025	Workshop	International	18.07.2025, PIMSRC	Dr. Gaddam Vijaya Lakshmi, Dr. Nithin K Raju,

					Dr. Resmi George
4	PRICE 2025	CME	National	25.07.2025, PIMSRC	Dr. Gaddam Vijaya Lakshmi, Dr. Nithin K Raju, Dr. Resmi George
5	AIONIA ZOI – Plastination	Workshop	National	22.08.2025 – 23.08.2025, Sree Gokulam Medical College & Research Foundation	Dr. Gaddam Vijaya Lakshmi, Dr. Nithin K Raju
6	Insight to Impact: Accelerating Medical Learning and Decision-Making	Conference	State	07.08.2025	Dr. Nithin K Raju, Dr. Resmi George
7	Melioidosis	CME	National	04.10.2026, PIMS&RC	Dr. Gaddam Vijaya Lakshmi
8	SKILLSPIRE3.0 – Essential Soft Skills for Health Professionals	Workshop	Institutional	18.10.2026, PIMS&RC	Dr. Gaddam Vijaya Lakshmi
9	JBI Strategies: Bridging Evidence and Practice	Conference	International	15.11.2025, PIMS&RC	Dr. Gaddam Vijaya Lakshmi
10	AMEI International Meeting	Meeting	International	08.02.2026 at Hotel Marriot, Kochi, Kerala, India	Dr Gaddam Vijaya Lakshmi
11	BioCon 2026	CME	State	11.02.2026 PIMS&RC	Dr. Gaddam Vijaya Lakshmi Dr. Nithin K Raju Dr. Resmi George
12	Laparocon	CME	State	14.02.2026	All Faculty in the department
13	MedEdKon-2026	Conference	National	21.02.2026, GMC, Kottayam	Dr. Gaddam Vijaya Lakshmi
14	BRAINER	Workshop on AI	State	18.04.2026	Dr. Gaddam Vijaya Lakshmi
15	BIORADIANCE 2026	Conference	International	29.05.2026 – 30.05.2026	Dr. Gaddam Vijaya Lakshmi

Papers/Poster presented faculty

S. No.	Faculty	Event	Category	Level	Date & Place	Title of paper	Prize won
1	Dr. Nithin K Raju	Pushpagiri Clinical Club	Paper	Institutional	04.08.2025	The faculty of memory -	-

						Anatomical basis	
2	Dr. Resmi George	LaparoCon 2026 - Paper Presentation	CME	State	14.02.2026 PIMS&RC	The hidden gap: Cochlear carotid interval as a critical determinant in otologic outcomes	Nil
3	Dr. Resmi George	LaparoCon 2026 - Poster Presentation	CME	State	14.02.2026 PIMS&RC	Variations of the musculocutaneous nerve - A cadaveric study	First
4	Dr. Nithin K Raju	LaparoCon 2026 - Poster Presentation	CME	State	14.02.2026 PIMS&RC	Calcification and pseudarthrosis in first costal cartilage: A CT-based observational study at a tertiary care centre in South Kerala	Third

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Student
1	BRAINER: Bridging Research & AI for Next-gen Educational Reforms - AI for Research Workshop	Workshop	Institutional	18.04.2026 PIMS&RC	Dr. Nebil Sabu (2025) Dr. Aiswarya K P (2025)
2	Research Methodology Workshop	Workshop	Institutional	04.05.2026, 05.05.2026 PIMS&RC	Dr. Nebil Sabu (2025) Dr. Aiswarya K P (2025)
3	Clinical Club Session - Intracerebral Haemorrhage management	Guest Lecture	Institutional	21.05.2026 PIMS&RC	Dr. Nebil Sabu (2025) Dr. Aiswarya K P (2025)

Research activities – Faculty

S. No.	Title	Investigators	Funding	Status
1	Variations in origin and branching pattern of Coeliac Trunk and Superior Mesenteric Artery	Dr. Gaddam Vijaya Lakshmi Dr. Nithin K Raju	Nil	Ongoing

	among patients undergoing abdominal imaging in a Tertiary Care Centre in South Kerala			
2	Analysis of the coronary artery diameter of the south Indian population using image J software—A cadaveric study	Dr. Gaddam Vijaya Lakshmi, Dr. Nikita James	Nil	Ongoing
3	The histological analysis of the thickness of tunica media of coronary arteries – A cadaveric Study	Dr. Gaddam Vijaya Lakshmi, Dr. Nikita James	Nil	Ongoing
4	Prevalence and morphometry of extensor hallucis longus tendon in South Kerala population: A cadaveric study	Amal K R, Nithin K, Dr. Nithin K Raju	Nil	Ongoing
5	A morphological study on the anatomical variations of the cystic artery in human liver specimens and its surgical relevance	Nithin K, Amal K R, Dr. Resmi George	Nil	Ongoing
6	Morphological variations of the external iliac artery and their embryological basis	Sr. Princy Jacob, Dr. Lizamma Alex	Nil	Ongoing

Research Activities – PG Students

S. No.	Title	Student	Guide / Co-guide	Funding	Status
1	Gross and microscopic study of human placentae in normal and common high-risk pregnancies: A cross-sectional study in a tertiary care centre in South Kerala	Dr Nebil Sabu (2025)	Dr Gaddam Vijaya Lakshmi	Nil	Ongoing
2	Gross and histo-morphological study of the umbilical cord in normal and common high-risk pregnancies: A cross-sectional study in South Kerala	Dr Aiswarya K P (2025)	Dr Lizamma Alex	Nil	Ongoing
3	A stud of anatomical variations of paranasal sinuses on computer tomography in a tertiary care hospital in South Kerala: A cross-sectional study	Dr Nebil Sabu (2025)	Dr Gaddam Vijaya Lakshmi	Nil	Ongoing
4	Computed tomographic evaluation of renal artery anatomy in Kerala: A cross-sectional study	Dr Aiswarya K P (2025)	Dr Lizamma Alex	Nil	Ongoing

Research Activities – UG Students

S. No.	Title	Student	Guide / Co-guide	Funding	Status
1	Calcification and pseudarthrosis in first costal cartilage: A CT-based observational study at a tertiary care centre in South Kerala	Arya J S (2021)	Dr. Nithin K Raju	KUHS Research Appreciation Award	Published
2	Cadaver Shortage in Medical Education: Exploring Ethical, Religious and Social Barriers to Body Donation Programs"	Jovitta J Joy (2024)	Dr. Gaddam Vijaya Lakshmi	ICMR STS 2025	Online

3	Virtual Tools in Enhancing Anatomy Learning in Phase 1 MBBS Students: Mixed Methods Study in Kerala	Annsiya Shaijan (2025)	Dr. Gaddam Vijaya Lakshmi	ICMR STS 2026	Submitted proposal
4	Assessment of health literacy among patients and bystanders in a tertiary care health centre in Kerala using the All Aspects of Health Literacy Scale (AAHLS)	Steve Zacharia Joshy (2022)	Dr. Resmi George	KUHS Research Appreciation Award	Completed

PHYSIOLOGY

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Amrutha Mary Zachariah	Additional Professor &Head
2	Dr. Vikram Gowda N R	Professor & Vice Principal (Admin.)
3.	Dr. Meenu S	Additional Associate Professor
4.	Dr. Nissy Susan Varughese	Assistant Professor
5.	Dr. Geethu Raj K	Assistant Professor
6.	Mrs. Babitha K B	Sr. Lecturer
7.	Mrs. Mareen Thomas	Junior Lecturer

Faculty Joined/ Promoted:

S. No.	Name	Designation	Date
1	Dr. Geethu Raj K	Assistant Professor	10.09.2025
2	Dr. Amrutha Mary Zachariah	Additional Professor to HOD	01.04.2026

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
Dr. Amrutha Mary Zachariah		
1	Phase coordinator	Coordinator
2	Renal Transplantation Committee	Member secretary
3	Medical Education Unit	Member
4	RDIC	Member
5	KUHS Quality Assurance Cell	Coordinator-Curriculum Implementation Monitoring
6	IEC subcommittee	Member
7	Academic cell	Member
8	Faculty grievance cell	Member
Dr Geethu Raj		
9	KUHS QAS	Member of key area 4

Career Progression [Courses/ Fellowship / Training programs]

S. No.	Name of Course/ Training Program	Conducted by	Date & Place	Attended/ Ongoing/ Completed
1	Advanced course in research	NTPEL	Online 14.12.2025	Completed by Dr. Vikram Gowda N R
2	NPTEL Plus: Policy to Practice	Online	18.07.2025, PIMS&RC	Attended by Dr. Vikram Gowda N R
3	NPTEL - From policy to practice	Online	18.10.2025,	Attended by Dr. Vikram Gowda N R
4	Good Clinical Practice Guidelines	PIMS&RC	01.09.2025, PIMS&RC	Attended by Dr. Vikram Gowda N R
5	Systematic review & meta-analysis workshop	Sree Chithra Institute of Medical Sciences & technology	17.03.2026-18.03.2026	Attended by Dr Nissy Susan Varghese

Faculty Achievements

S. No.	Achievement	Level	Date & Place
Dr. Vikram Gowda NR			
1	JARA- Neurobiology of Ageing: Judge for Paper presentation	National	06.02.2026-08.02.2026, Madurai
2	Biocon Speaker	State	11.02.2026, Thiruvalla

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	PULSE 2025	Conference	National	27.12.2025	Dr. Amrutha Mary Zachariah
2	PRICE 2025	CME	Institutional	25.07.2025, PIMS&RC	Dr. Amrutha Mary Zachariah, Dr. Vikram Gowda N R
3	PIONEER 1.0 - Advance Course on Clinical Research & Grant Writing	CME	Institutional	26.06.2025 – 16.10.2025	Dr. Amrutha Mary Zachariah, Dr. Vikram Gowda N R
4	Laparacon	CME	State	14.02.2026, Thiruvalla	Dr. Vikram Gowda NR, Dr Amrutha Mary Zachariah
5	JARA- Neurobiology of Ageing	CME	National	06.02.2026-08.02.2026, Madurai	Dr. Vikram Gowda NR
6	Biocon	CME	State	11.02.2026, Thiruvalla	Dr. Vikram Gowda NR, Dr Amrutha Mary Zachariah, Mrs. Babitha KB

7	JARA	Conference	International	06.02.2026-08.02.2026 online	Dr. Geethu Raj K
8	Sleep well, live better	Webinar	National	13.03.2026 AIIMS Bibinapur	Dr. Geethu Raj K

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Student	Prize won
1	Adding life to years-Age with grace	CME	State	28.03.2026, Malabar Medical College, Calicut	Dr. Jithin J (2023), Dr Sreelakshmi K, Dr Sreelakshmi V (2024)	2nd for paper presentation -Dr. Jithin J (2023)
2	Neurobiology of aging	Conference	International	06.02.2026-08.02.2026, Velammal Medical College, Madurai	Dr Sreelakshmi K	
3	Biocon	CME	State	11.02.2026, Thiruvalla	Dr Riya Raveendran (2024)	

Papers/Poster presented PG students

S. No.	Student	Event	Category	Level	Date & Place	Title of paper	Prize won
1	Dr. Jithin J	Adding life to years-Age with grace	CME	State	28.03.2026, Malabar Medical College, Calicut	Autonomic shifts following brief exposure to Indian Classical music	2nd for paper presentation
2	Dr. Sreelakshmi K	Age with grace	CME	State	28.03.2026, Malabar Medical College, Calicut	Autonomic shifts following brief exposure to Indian Classical music	-

Research activities – Faculty

S. No.	Title	Investigators	Funding	Status
1	Acute sleep deprivation on cognition	Dr. Meenu S	Nil	Ongoing
2	Effect of PCOS on sleep deprivation	Dr. Meenu S	Nil	Ongoing
3	Association of occupational stress with hypertension among doctors less than 45 years of age in various health care centres in Central Travancore: A Case-Control Study	Dr. Reena Thomas, Dr. Amrutha Mary Zachariah, Dr. Nithin K Raju, Dr. Betsy A Jose, Dr. Carol Sara Cherian, Dr. Samson S Edayalmuriyil, Dr. Vinitha Wills and Dr. Deepthi S	Submitted to ICMR	Ongoing
4	Comparative Evaluation of Cardiovascular Autonomic Function in Women with Polycystic Ovary Syndrome and Healthy Controls with Normal Body Mass Index: A Cross-Sectional Study	Dr. Geethu Raj K	Self	Ongoing
5	Effect of Magnesium Bisglycinate in reducing frequency, severity, and duration of migraine attacks compared to flunarizine1: a 12 weeks randomized controlled trial	Dr. Anjana Mary, Dr. Harsha Annie, Dr. Laona Lal, Dr. Reshmi George, Dr. Nissy Susan Varughese, Dr. Nikita James, Dr. Jacob Abraham, Dr. Gaddam Vijaya Lakshmi	Submitted to ICMR	Ongoing
6	Burden and association of sarcopenia and frailty with cognitive impairment in older adults	Dr. Nissy Susan Varughese	Nil	Ongoing

Research Activities – PG Students

S. No.	Title	Student	Guide / Co-guide	Funding	Status
1	Association of vitamin D and anthropometric parameters	Dr. Susan Thomas, 2023	Dr. Amrutha Mary Zachariah	Nil	Completed
2	A randomized controlled trial on the autonomic and cardiovascular effects of Indian	Dr. Sreelakshmi K (2023)	Dr. Amrutha Mary Zachariah	ICMR-PG thesis	Ongoing

	classical music on young healthy individuals				
3	Glycemic index and sleep	Dr.Jithin J(2023)	Dr. Amrutha Mary Zachariah	Nil	Completed
4	A randomized controlled trial of tailored behavioral intervention for the control of hypertension among individuals aged 35 to 55 years in a tertiary care Centre in south Kerala	Dr. Riya Raveendran (2023)	Dr. Amrutha Mary Zachariah	NIL	Completed
5	Effect of Indian classical music on ANS	Dr. Sreelakshmi L (2023)	Dr. Amrutha Mary Zachariah	ICMR	Completed
6	Effect of deep breathing exercise along with pharmacotherapy in COPD assessment test score (cat score) as compared to pharmacotherapy alone in patients with mild to moderate chronic obstructive pulmonary disease attending a tertiary care center in south Kerala	Dr. Jithin J (2023)	Dr. Vikram Gowda	ICMR	Completed
7	Comparative study of effect of Plank exercise versus diaphragmatic exercise in core muscle strength	Dr. Jithin J (2023)	Dr. Vikram Gowda, Dr Amrutha Mary Zacharaiah	NIL	Completed

Research Activities – UG Students

S. No.	Title	Student	Guide / Co-guide	Funding	Status
1	Association of novel anthropometric measures and metabolic syndrome	Mr. Bonu K Baby, 2021	Dr. Amrutha Mary Zachariah	Nil	Completed
2	A retrospective cohort study to find the association between gestational diabetes mellitus and congenital hypothyroidism in neonates	Mr. Bonu K Baby, 2021	Dr. Amrutha Mary Zachariah	Intramural	Ongoing
3	A cross-sectional study to assess the correlation between sleep quality and risk for metabolic syndrome in young adults	Miss. Sikha Suresh D (2022)	Dr. Amrutha Mary Zachariah	Intramural	Ongoing
4	A case control study on the effect of parenting styles on trait boredom in children of age 8-12	Miss. Ajna Joy (2023)	Dr. Amrutha Mary Zachariah	ICMR-STS	Ongoing
5	Prevalence and determinants of primary sarcopenia among geriatric population in an urban setting in South Kerala: a cross-sectional study	Miss. Shahina (2024)	Dr Nissy Susan Varughese	Nil	ongoing

BIOCHEMISTRY

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Miriam Varkey	Professor& Head
2	Dr. Geetha Anantha Raman	Professor
3	Dr. Geetha A	Professor
4	Dr. Ajumala M Basheer	Assistant Professor
5	Dr. Sestin Sebastian	Assistant Professor
6	Dr. Anju Rachel Samuel	Senior Resident
7	Dr. Soumya R S	Scientist

Faculty Joined/ Promoted:

S. No.	Name	Designation	Date
1	Dr. Miriam Varkey	Professor	06.07.2025
2	Dr. Miriam Varkey	Professor to HOD	01.06.2026

Faculty retired

S. No.	Name	Designation	Date
1	Dr. Geetha A	Professor	29.05.2026

Faculty resigned

S. No.	Name	Designation	Date
1	Dr. Prabha S P	Tutor	08.09.2025

Office bearers/ Membership to scientific/ academic bodies

S. No.	Name of scientific/ academic body	Designated Post
	Dr. Geetha A	
1	Association of Medical Biochemists India	Member
	Dr. Miriam Varkey	
2	Association of Medical Biochemists India Member of IMA	Member
	Dr. Ajumala M Basheer	
3	Association of Medical Biochemists India	Member
	Dr. Sestin Sebastian	
4	Association of Medical Biochemists India Member of IMA	Member
	Dr. Anju Rachel Samuel	
5	Association of Medical Biochemists India Member of IMA Pushpagiri Medical College Alumni Association (PMCAA)	Member Joint secretary

Additional responsibilities (institutional committees)

S. No.	Committee	Designated Post
		Dr. Miriam Varkey
1	Member	College Disciplinary Committee
		Dr. Ajumala M Basheer
2	IQAC, Curriculum committee	IQAC key area 8 Co-convener CBME Curriculum Alignment and Integration Topic Committee
		Dr. Sestin Sebastian
3	IQAC, Annual Report Team	IQAC key area 1 - Member Annual report Pushpagiri Faculty Editor
		Dr. Anju Rachel Samuel
4	IQAC, Annual Report Team	IQAC key area 4 - Member Annual report Pushpagiri Faculty Editor

Career Progression [Courses/ Fellowship / Training programs]

S. No.	Name of Course/ Training Program	Conducted by	Date & Place	Attended/ Ongoing/ Completed
		Dr. Ajumala M Basheer		
1	Overview and integration of cellular metabolism	NPTEL, Swayam	01.11.2025	Completed
		Dr. Anju Rachel Samuel		
2	Genome editing and Engineering	NPTEL, Swayam	01.11.2025	Completed

Faculty Achievements

S. No.	Faculty	Achievement	Level	Date & Place
1	Dr. Miriam Varkey	Resource Person for LABMEDCON	State	16.02.2026-17.02.2026

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1	Biocon 2026	CME	State	11.02.2026, PIMS&RC	105

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	PRICE 2025	CME	National	25.07.2025, PIMSRC	Dr. Sestin Sebastian, Dr. Anju Rachel Samuel,

					Dr. Ajumala M Basheer, Dr. Miriam Varkey
2	The POCT Paradigm	CME	State	13.08.2025, GMC Ernakulam	Dr. Sestin Sebastian, Dr. Anju Rachel Samuel, Dr. Ajumala M Basheer, Dr. Miriam Varkey
3	Therapeutic Drug Monitoring	Conference	National	23.08.2025, Amrita School of Medicine, Kochi	Dr. Ajumala M Basheer, Dr. Anju Rachel Samuel
4	Biochemistry Update	CME	National	06.08.2025, Sardar Medical College, Bikaner	Dr. Ajumala M Basheer
5	PIONEER 1.0	Workshop	Institutional	26.06.2025 – 16.10.2025, PIMS&RC	Dr. Ajumala M Basheer, Dr. Anju Rachel Samuel
6	Skill spire 3.0	Workshop	Institutional	18.10.2025, PIMS&RC	Dr. Miriam Varkey
7	GENC	CME	National	08.04.2026 MOSC Kolencherry	Dr Geetha A, Dr. Miriam Varkey, Dr. Ajumala M Basheer, Dr. Sestin Sebastian, Dr. Anju Rachel Samuel
8	BIONUTRICON2026	Conference	State	27.03.2026-28.03.2026 GMC Kozhikode	Dr. Miriam Varkey, Dr. Ajumala M Basheer, Dr. SestinSebastian, Dr. Anju Rachel Samuel
9	LABMEDCON	Workshop	State	16.02.2026-17.02.2026, GMC, Alappuzha	Dr. Miriam Varkey, Dr. Ajumala M Basheer, Dr. Anju Rachel Samuel
10	BIORADIANCE	Conference	International	29.05.2026-30.05.2026, PIMS&RC	Dr. Miriam Varkey, Dr. Ajumala M Basheer, Dr. Sestin Sebastian, Dr. Anju Rachel Samuel

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Students attended
1	LABMEDCON	Workshop	State	16.02.2025-17.02.2025, GMC, Alappuzha	Dr. Christo P James (2024), Dr. Kavitha S Unnithan (2024)
2	Bionutricon	Conference	State	27.03.2026-28.03.2026, GMC, Kozhikode	Dr. Athira Vijay (2023)

3	GENC	CME	National	08.04.2026, MOSC, Kolencherry	Dr. Ameena S (2025), Dr. Sneha Sathya (2025), Dr. Kavitha S Unnithan (2024)

Research activities – Faculty

S. No.	Title	Investigators	Funding	Status
1	Cross sectional analysis of insulin resistance in hypothyroid patients and the effect of thyroxine replacement therapy on insulin resistance in a teaching hospital in central Travancore	Dr. Sestin Sebastian, Dr. Geetha A, Dr. Rajeev Philip	Nil	Ongoing
2	Comparison of Conventional Practical Examination (CPE) versus Objective Structured Practical Examination (OSPE) as an assessment tool for Undergraduate Medical Students in Biochemistry.	Dr. Ajumala M Basheer, Dr. Anju Rachel Samuel	Nil	Completed
3	Insulin resistance in hypothyroid patients before and after replacement therapy with thyroid hormones	Dr. Sestin Sebastian, Dr. Geetha A, Dr. Rajeev Philip	Nil	Ongoing
4	Comparison of insulin resistance in lean and obese polycystic ovarian syndrome (PCOS) women attending department of gynecology in a tertiary care centre in Kerala - cross sectional study	Dr. Ajumala M Basheer, Dr. Anju Rachel Samuel	Submitted to ICMR	Ongoing

Research Activities – PG Students

S. No.	Title	Student	Guide / Co-guide	Funding	Status
1	Comparison of serum magnesium levels in diabetic patients with nephropathy and diabetic patients without nephropathy in a tertiary care hospital in south Kerala	Dr. Kavitha S Unnithan (2024)	Dr. Geetha A, Dr. Sestin Sebastian	ICMR	Ongoing
2	Comparison of lipid profile parameters in diabetic patients with nephropathy and without nephropathy in south Kerala	Dr. Christo P James (2024)	Dr. Geetha A, Dr. Ajumala M Basheer	NIL	Ongoing
3	A study of serum magnesium levels in patients with diabetic retinopathy in a tertiary care hospital in south India	Dr. Meethu S S (2023)	Dr. Geetha A, Dr. Ajumala M Basheer	NIL	Completed
4	study of correlation between oxidative stress malondialdehyde and T3 levels in acutely ill patients in ICU	Dr. Athira Vijay (2023)	Dr. Geetha A, Dr. Sestin Sebastian	Self	Completed
5	Correlation of serum cystatin c and serum creatinine with urinary microalbumin among hypertensive	Dr. Sneha Sathya (2025)	Dr. Miriam Varkey, Dr. Sestin Sebastian	Self	Ongoing

	patients in a Tertiary care centre in South Kerala				
6	Comparison of serum cystatin c levels in macroalbuminuric and normoalbuminuric type 2 diabetic mellitus patients: A tertiary care hospital study in south India	Dr. Ameena S (2025)	Dr. Miriam Varkey, Dr. Ajumala M Basheer	Self	Ongoing

Research Activities – UG Students

S. No.	Title	Student	Guide / Co-guide	Funding	Status
1	Effects of social media on Psychological Wellbeing among undergraduate medical students	Miss. Rismia Mary Boban (2024)	Dr. Anju Rachel Samuel, Dr. Geetha A	Nil	Completed
2	Risk Assessment of Diabetes using Indian Diabetes Risk Score (IDRS), among Undergraduate Medical Students	Nikhitha Jose (2024)	Dr. Ajumala M Basheer	Self	Ongoing
3	Comparison of serum calcium levels and obesity in healthy young South Indian population	Jocelin Jose (2022)	Dr. Ajumala M Basheer	Mar Athanasios Research Endowment	Ongoing
4	Assessment regarding awareness of strength training and its importance among adults aged 18–64 years	Ashil Benny (2025)	Dr. Anju Rachel Samuel	Self	Ongoing
5	Assessment of knowledge, attitude and willingness regarding organ donation in Indian Medical Students- A multi-fraternity study	Nikhita Jose (2024)	Dr. Ajumala M Basheer	Self	Ongoing
6	Prevalence of cyberchondria and its association with over-the-counter self-medication practices undergraduate health sciences students	Calvina Shaji (2025)	Dr. Miriam Varkey	Self	Ongoing

PARA CLINICAL DEPARTMENTS

PATHOLOGY | PHARMACOLOGY | MICROBIOLOGY | FORENSIC MEDICINE & TOXICOLOGY | COMMUNITY MEDICINE

PATHOLOGY

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Lillykutty Pothen	Professor& Head
2	Dr. M.M. Jessy	Professor
3	Dr. Rebecca Mathews	Associate Professor
4	Dr. Meeta Thomas	Associate Professor
5	Dr. Betsy Jose	Assistant Professor
6	Dr. Sonia Mary Thomas	Assistant Professor
7	Dr. Nikita James	Assistant Professor
8	Dr. Reeba Mary Issac	Assistant Professor
9	Dr. Ambili R Nath	Senior Resident
10	Dr. Niha Rebecca Mathews	Senior Resident
11	Dr. Jules Kurian Mathew	Senior Resident

Faculty Joined/ Promoted:

S. No.	Name	Designation	Date
1	Dr. Jules Kurian Mathew	Senior Resident	01.12.2025
2	Dr. Lillykutty Pothen	Professor to HOD	01.04.2026

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
1	Dr. Nikhita James	Quality coordinator Key area10
2	Dr. Ambili R Nath	Quality coordinator Key area 9 Staff advisor Dhruva college union

Faculty Achievements

S. No.	Faculty	Achievement	Level	Date & Place
1	Dr Jules Kurian Mathew	Speaker - Guest lecture (Teaching session- Reactive lymphadenopathy- Lymphoma mimics)	International faculty	29.01.2026, PIMSRC

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1	Teaching session- Reactive lymphadenopathy- Lymphoma mimics	Guest lecture	International faculty	29.01.2026, PIMSRC	50

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	PATH K CON 2025	CME	Institutional	04.11.2025, Trivandrum	Dr. Reeba Mary Issac, Dr. Nikita James, Dr. Betsy Jose, Dr. Rebecca Mathews
2	Oncopath 3.0 - Immunohistochemistry From Chaos to Clarity	CME	Institutional	12.10.2025, Kochi	Dr. Sonia Mary Thomas, Dr. Lillykutty Pothen, Dr. Meeta Thomas
3	Melioidosis: The Mimicker You Can't Afford to Miss	CME	Institutional	04.10.2025, PIMS&RC	Dr. Jessy M.M
4	JBI Strategies: Bridging Evidence and Practice	CME	Institutional	15.11.2025, PIMS&RC	Dr. Jessy M.M
5	Teaching session- Reactive lymphadenopathy- Lymphoma mimics	Guest lecture	International faculty	29.01.2026, PIMSRC	Dr. Lillykutty Pothen, Dr. Jessy MM, Dr. Rebecca Mathews, Dr. Meeta Thomas, Dr. Reeba Mary Isaac, Dr. Sonia Mary Thomas, Dr. Betsy Jose, Dr. Nikita James, Dr. Ambily R Nath, Dr. Jules Kurian Mathew
6	IAPM State conference	Conference	State	08.02.2026, JMMCRI, Thrissur	Dr. Lillykutty Pothen, Dr. Ambili R Nath
7	Haematology Horizons	CME	State	22.03.2026, Contour Backwater Convention Centre, Changanassery	Dr. Lillykutty Pothen

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Students attended
1	Melioidosis: The Mimicker You Can't Afford to Miss	CME	Institutional	04.10.2025, PIMS&RC	Dr. Renu K Regi, Dr. Jo Ann Philip, Dr. Shemeera Saidalavi VP
2	Calipath 2025 - Pathology PG Training Workshop	CME/Workshop	Institutional	14.11.2025, Kozhikode	Dr. Jo Ann Philip, Dr. Renu K Regi, Dr. Shemeera Saidalavi VP, Dr. Anju Maria Biju
3	Teaching session- Reactive lymphadenopathy - Lymphoma mimics	Guest lecture	International	29.01.2026, PIMSRC	Dr. Jo Ann Philip, Dr. Renu K Regi, Dr. Shemeera Saidalavi VP, Dr. Anju Maria Biju
4	IAPM State conference	Conference	State	08.02.2026, JMMCRI, Thrissur	Dr. Jo Ann Philip, Dr. Renu K Regi, Dr. Shemeera Saidalavi VP, Dr. Anju Maria Biju

Papers/Poster presented PG students

S. No.	Student	Event	Category	Level	Date & Place	Title of paper
1	Dr. Shemeera Saidalavi VP	IAPM	Conference	State	08.02.2026, JMMCRI, Thrissur	Decoding Renal Dysfunction: Uncovering an Unusual Pathogen in Renal Biopsy
2	Dr. Renu K Reji	IAPM	Conference	State	08.02.2026, JMMCRI, Thrissur	The spectrum of high grade thyroid tumors- A case series
3	Dr. Jo Ann Philip	IAPM	Conference	State	08.02.2026, JMMCRI, Thrissur	Apocrine Differentiation in Breast Carcinoma: A case series
4	Dr. Thasna Zakir	IAPM	Conference	State	08.02.2026, JMMCRI, Thrissur	Inclusions that speak: A Diagnostic Journey
5	Dr. Festy Franklin	IAPM	Conference	State	08.02.2026, JMMCRI, Thrissur	Caught in disguise- Paraganglioma presenting as a parotid mass
6	Liya Elizabeth Mammen	IAPM	Conference	State	08.02.2026, JMMCRI, Thrissur	Beneath the eyelids: An unusual conjunctival overgrowth

Research activities – Faculty

S. No.	Title	Investigators	Funding	Status
1	High-grade non-Hodgkin lymphoma, diffuse large b-cell lymphoma type masquerading as thyroid malignancy and inflammatory breast carcinoma: a case report	Dr. Ambili R Nath, Dr. Sonia Mary Thomas, Dr. Betsy Jose, Dr. Lillykutty Pothen, Dr. Mathew Mangalathil J	Nil	Published
2	Rare Entities of Thyroid Gland: A Series of Twelve Cases	Dr. Meeta Thomas, Dr. Nikita James, Dr. Lillykutty Pothen, Dr. Rebecca Mathews	Nil	Published
3	A retrospective study of phosphaturic mesenchymal tumors in tertiary care centre	Dr. Niha Rebecca Mathews	Nil	Published
4	Categorization of lymph node aspirates based on Sydney system for reporting lymph node cytology	Dr. Betsy Jose	Nil	Accepted for publication
5	Investigating chemokine driven polarization of tumor associated neutrophils (TANs) in breast tumor microenvironment: A differential gene expression approach	Dr. Reeba Mary Issac	Nil	Ongoing
6	IL3 receptor alpha (CD 123) expression and its clinicopathological association in breast carcinoma	Dr. Nikita James	Nil	Ongoing
7	Yield and Safety of Real time Ultrasound-guided automated Trucut pleural biopsy in evaluation of undiagnosed pleural effusion	Dr. Meeta Thomas	Nil	Ongoing
8	Effectiveness of inflammatory markers in prognostic prediction of breast carcinoma	Dr. Sonia Mary Thomas	Nil	Ongoing
9	Intraoperative decision making: A Comparative analysis of scrape cytology vs Frozen section in breast carcinoma	Dr. Sonia Mary Thomas	Nil	Ongoing
10	Cytological study of thyroid lesions using the Bethesda system and Histopathological correlation	Dr. Sonia Mary Thomas	Nil	Ongoing

Research Activities – PG Students

S. No.	Title	Student	Guide / Co-guide	Fun ding	Status (
1	Comparison of histological stains with IHC for detection of H pylori in gastric biopsies	Dr. Jo Ann Philip (2023)	Dr. Jessy MM	Nil	Completed

	- A cross sectional study in a tertiary health care centre in South Kerala				
2	IHC expression of survivin and CD10 in colorectal adenomas and adenocarcinomas - A cross sectional study in a tertiary health care centre in South Kerala	Dr. Shemeera Saidalavi VP (2023)	Dr. Lillykutty Pothen	Nil	Completed
3	Expression of ALDH1A1 in invasive carcinoma breast and its association with ER, PR, Her2neu status, grade and stage of the tumour in patients from tertiary health care centre in South Kerala - A cross sectional study	Dr. Anju Maria Biju (2023)	Dr. Rebecca Mathew	Nil	Completed
4	IHC expression of L1CAM in endometrial carcinoma and its association with grade and stage of tumour - A cross sectional study in patients	Dr. Renu K Regi (2023)	Dr. Meeta Thomas	Nil	Completed
5	Expression of HER2 in urothelial carcinoma of the urinary bladder and its correlation with clinicopathological parameters from a tertiary health care centre in south Kerala	Dr. Festy Franklin (2024)	Dr. Rebecca Mathews	Nil	Ongoing
6	Immunohistochemical Expression of BRAFV600E in Differentiated thyroid tumors with papillary like nuclear features: A Cross-sectional study from a tertiary care centre in South Kerala	Dr. Sneha Roy (2024)	Dr. Jessy MM	Nil	Ongoing
7	CD44 expression in Colorectal carcinoma and its association with histopathological parameters- A cross sectional study from a tertiary care centre in South Kerala	Dr. Thasna Zakir (2024)	Dr. Meeta Thomas	Nil	Ongoing
8	Platelet indices and their relation to microvascular complications in type 2 Diabetes mellitus among adults	Dr. Liya Elizabeth Mammen (2024)	Dr. Lillykutty Pothen	Nil	Ongoing

Research Activities – UG Students

S. No.	Title	Student	Guide / Co-guide	Funding	Status
1	A Comparative study of clinicopathological and radiological features of carcinoma breast in age above and below 50 years- a tertiary care Centre study	Gayathri Sreekumar (2022)	Dr Nikita James	Nil	Ongoing
2	A Cross-sectional study on sample adequacy of endoscopic ultrasound guided biopsies in a tertiary care center	Ahmed Ihsan (2023)	Dr Lillykutty Pothen	Nil	Ongoing

PHARMACOLOGY

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Santosh Ramakrishnan Pillai	Professor & Head, Vice Principal (Student Affairs)
2	Dr. Dona Dominic	Associate Professor
3	Dr. Laona Lal	Assistant Professor
4	Dr. Chinju Sara Cherian	Assistant Professor
5	Dr. Reshma C A	Tutor
6	Dr. Keerthi R Krishnan	Senior Resident

Faculty Joined

S. No.	Name	Designation	Date
1	Dr. Keerthi R Krishnan	Senior Resident	04.05.2026

Office bearers/ Membership to scientific/ academic bodies

S. No.	Name of scientific/ academic body	Designated Post
	Dr. Santosh R Pillai	
1	National Association of Pharmacology and Therapeutics	Life Member
2	IMA	Life Member
3	PhD Guide approved by KUHS	PhD Guide
	Dr. Dona Dominic	
1	National Association of Pharmacology and Therapeutics	Life Member
2	IMA	Life Member
3	Indian Society for Clinical Research	Life Member
	Dr. Laona Lal	
1	National Association of Pharmacology and Therapeutics	Life Member
2	IMA	Life Member
	Dr. Reshma C A	
1	IMA	Life Member

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
	Dr. Santosh R Pillai	
1	College Administration	Vice Principal (Student Affairs)
2	Pushpagiri Bioethics Unit- International Chair in Bioethics	Member

3	Academic Monitoring Cell	Member
4	IQAC	Convenor
5	Research Development & Innovation Cell	Coordinator - PG Research
6	SSGP - Student Support & Guidance Program Unit	Nodal Officer
7	Nerkuttam Committee	Member
8	Academic Committee	Member
9	Medical College Council	Member
10	Curriculum Committee – PG	Member
11	CBME Curriculum Phase wise Sub Committee	Member
12	Institutional Scientific Subcommittee	Member
13	Institutional Ethics Committee	Member
14	Pharmacovigilance Committee	Coordinator
15	Gender Sensitization Committee Against Sexual Harassment	Member
16	Member Anti Ragging Squad	Member
17	Anti Ragging Committee	Member
18	Hostel Inspection Panel	Member
19	Mess Committee	Member
Dr. Dona Dominic		
1	Institutional Scientific Subcommittee	Member
2	Institutional Ethics Committee	Member
3	Institutional Animal Ethics Committee	Member Secretary
4	QAS (KUHS) Key Area II	Coordinator
5	Pushpagiri Newsletter	Editorial team member
6	Research Development & Innovation Cell	UG Research Co-ordinator
7	Infection Prevention and Control Committee	Antibiotic Audit Team Member
8	College election committee	Assistant Returning Officer
9	Pharmacovigilance Committee	Deputy Coordinator
10	Materiovigilance Committee	Coordinator
11	Curriculum Committee – UG	Member
12	Skill Lab Committee	Member
13	CBME Curriculum AETCOM Committee	Member
Dr. Laona Lal		
1	QAS (KUHS) Key Area II	Coordinator

Career Progression [Courses/ Fellowship / Training programs]

S. No.	Name of Course/ Training Program	Conducted by	Place	Attended/ Ongoing/ Completed
1	Basic Course in Medical Education- Dr. Laona Lal	NMC Nodal Centre	12.07.2025 GMC Kottayam	Completed

2	Advance Level Training in Pharmacovigilance	Amrita School of Medicine, Kochi	20.12.2025, Kochi	Attended
3	Advance Course in Medical Education - Dr Dona Dominic	NMC Nodal Centre, GMC Kottayam	12.08.2025 GMC Kottayam	Ongoing

Faculty Achievements (award / course or fellowship / training program completed):

S. No.	Faculty	Achievement	Level	Date & Place
1	Dr. Santosh R Pillai	Chairperson at NAPTICON 2025	National	28-29.11.2025, PSG Coimbatore
2	Dr. Dona Dominic	Speaker at National Workshop on Good Clinical Practice Guidelines	National	11.09.2025, PIMSRC, Thiruvalla
3	Dr. Santosh R Pillai	QAS Inspection	KUHS Assessor	State
4	Dr. Dona Dominic	Inspection - for recognition as Centre of Research	KUHS Inspector	State

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1	National Workshop on Good Clinical Practice Guidelines	Workshop	National	11.09.2025, PIMSRC, Thiruvalla	100-150
2	National Pharmacovigilance Week Celebration 2025	CME	Institutional	15.09.2025	50-100
3	Therapeutic Drug Monitoring in clinical Practice	Guest Lecture	Institutional	28.01.2026, Senate Hall, PIMSRC	50

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	PRICE 2025	CME	State	25.07.2025, PIMS&RC, Thiruvalla	Dr. Dona Dominic, Dr. Laona Lal
2	CME on Therapeutic Drug Monitoring and Inauguration of Precision Medicine Services	CME	International	08.07.2025, Believers Church Medical College, Tiruvalla	Dr. Dona Dominic, Dr. Laona Lal
3	MEDLOOM - Weaving Breakthroughs into Medical Care	CME	National	26.08.2025, GMC Kottayam	Dr. Dona Dominic

4	SNIMS PHARMACONCLAVE' 25	CME	State	05.07.2025, SNIMS Chalakka	Dr. Dona Dominic
5	CME on Melioidosis	CME	State	04.10.2025, PIMS&RC, Tiruvalla	Dr. Dona Dominic, Dr. Santosh Pillai
6	Pharmacovigilance - Ensuring Patient Safety through Multidisciplinary Monitoring and Reporting	CME	National	14.11.2025, Madras Medical College, Chennai	Dr. Dona Dominic
7	NAPTICON 2025	Conference	National	28-29.11.2025, PSG Coimbatore	Dr. Santosh Pillai (Delegate & Chairperson)
8	KUHS QAS Capacity Building Program	Workshop	National	08.12.2025, PIMSRC, Tiruvalla	Dr. Dona Dominic, Dr. Santosh Pillai
9	PIONEER 1.0	Workshop	National	26.06.2025 – 16.10.2025, Pushpagiri	Dr. Laona Lal
10	Muthoot MEdcon	CME	State	18.01.2026 Vijaya International Convention Centre, Thiruvalla	Dr. Reshma C A
11	Teaching session- Reactive lymphadenopathy- Lymphoma mimics	Guest Lecture	International faculty	29.01.2026, PIMS&RC, Thiruvalla	Dr. Laona Lal Dr. Reshma C A
12	BioCon 2026	CME	State	11.02.2026 PIMS&RC, Thiruvalla	Dr. Santosh R Pillai, Dr. Dona Dominic Dr. Laona Lal Dr. Reshma C A
13	LaparoCon 2026	CME	State	14.02.2026 PIMS&RC, Thiruvalla	Dr. Santosh R Pillai, Dr. Dona Dominic Dr. Laona Lal
14	MedEdKon - 2026	CME	National	22.02.2026 GMC, Kottayam	Dr. Dona Dominic
15	Kayaloram 2026	CME	State	28.02.2026 Backwater Ripples, Kumarakom	Dr. Dona Dominic
16	CME on Systematic Review and Metanalysis	CME	National	02.03.2026 Indira Gandhi Medical College and Research Centre, Puducherry	Dr. Dona Dominic

Papers / Poster presented faculty

S. No.	Faculty	Event	Category	Level	Date & Place	Title of paper
1	Dr. Laona Lal	PRICE 2025	CME	National	25.07.2025, PIMS&RC	Pattern of serious adverse drug reactions reported to an ADR Monitoring centre in a tertiary care teaching hospital

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Students
1	BioCon 2026	CME	State	14.02.2026 PIMS&RC	Dr. Rohit John Cheriyil

Research activities – Faculty

S. No.	Title	Investigators	Funding	Status
1	Impact of Antimicrobial Stewardship Interventions on Antibiotic Policy Adherence and Microbial Outcomes in the ICU: An Implementation Study	Dr. Dona Dominic Dr. Abraham Varghese Dr. Sethu Babu Dr. Mathew Pulicken Mrs. Nisha Kurien Dr. Sunu Alice Cherian	Seed funding - PMS	Ongoing
2	Game-Based Interactive Quizzes Versus Interactive Lectures in Pharmacology Among Phase II MBBS Students	Dr. Dona Dominic	Nil	Ongoing
3	Effect of Magnesium Bisglycinate in reducing frequency, severity, and duration of migraine attacks compared to flunarizine1: a 12 weeks randomized controlled trial	Dr. Anjana Mary Dr. Harsha Annie Dr. Laona Lal Dr. Reshmi George Dr. Nissy Susan Varughese Dr. Nikita James Dr. Jacob Abraham Dr. Gaddam Vijaya Lakshmi	Submitted to ICMR	Ongoing

Research Activities – PG Students

S. No.	Title	Student	Guide / Co-guide	Funding	Status
1	Drug utilization pattern and pharmacovigilance of antibiotics used for urinary tract infection among pregnant women in a tertiary care hospital in South Kerala	Dr. Visakh Vijayan (2023)	Dr. Santosh R Pillai	Nil	Completed
2	Knowledge, Attitude and Practice of Materiovigilance among Postgraduate Medical Students in a Tertiary Care Teaching Hospital: A Cross-Sectional Observational Study	Dr. Visakh Vijayan (2023)	Dr. Santosh R Pillai	Nil	Completed
3	Preclinical Evaluation of Electrospun Polycaprolactone (PCL)/45S% Nanofibrous Scaffolds for Diabetic Wound Healing in an Animal Model	Dr. Rohit John Cheriyil (2024)	Dr. Dona Dominic	Nil	Ongoing

Research Activities – UG Students

S. No.	Title	Student	Guide / Co-guide	Funding	Status
1	Knowledge, Attitude and practice regarding biofilm associated antibiotic resistance among Doctors in a tertiary care teaching hospital	Albin Abraham	Dr. Laona Lal	Nil	Ongoing
2	Therapeutic adherence among elderly patients with chronic diseases attending a tertiary health care centre in south Kerala – a cross-sectional study	Irene Ann John	Dr. Laona Lal	Nil	Ongoing
3	To monitor the adverse drug reactions associated with the use of antidiabetic agents in a tertiary care hospital in Central Kerala.	Allen James Joby (2022)	Dr. Santosh R Pillai	KUHS Research Appreciation Award	Completed
4	Knowledge, Attitude and Practices regarding Safe Disposal of Expired Medicines among Medical Students	Sunila S (2023)	Dr. Dona Dominic	KUHS Research Appreciation Award	Completed
5	Knowledge, Attitude and Perception of Artificial Intelligence in Healthcare among Doctors of a Tertiary Healthcare Hospital in South Kerala.	Lakshmi Pradeep (2021)	Dr. Sreelakshmi Venugopal	KUHS Research Appreciation Award	Completed
6	Pharmacoeconomic analysis of antibiotics prescribed to patients	Anupama V S (2022)	Dr. Liya Roslin Joseph	ICMR STS	Ongoing

7	Effect of Finerenone on Albuminuria in patients with Diabetic Nephropathy.	Shreya Kishore (2022)	Dr. Dona Dominic	ICMR STS	Ongoing
8	Knowledge, Attitude and Practice of Adverse Drug Reaction reporting among consumers attending a Tertiary Care Hospital in Central Kerala – A cross sectional study.	Lakshmi Pradeep (2021)	Dr. Sreelakshmi Venugopal	ICMR STS	Ongoing

MICROBIOLOGY

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Mercy John Idikula	Professor & Head
2	Dr. Sunil Rao Padmaraj	Professor
3	Dr. Aneeta Mary Jacob	Associate Professor
4	Mr. George Varghese	Assistant Professor
5	Dr. Teena Jacob	Assistant Professor
6	Dr. Aniket Naha	Senior Resident/Scientist
7	Dr. Sreelatha S	Professor
8	Dr. Aiswarya Kallarakal Jos	Senior resident
9	Dr. Vivek Vijayan	Senior resident
10	Dr. Nileena Suresh	Senior resident

Faculty Joined

S. No.	Name	Designation	Date
1	Dr. Sreelatha S	Professor	15.06.2026
2	Dr. Aiswarya Kallarakal Jos	Senior resident	24.12.2025
3	Dr. Vivek Vijayan	Senior resident	01.09.2025
4	Dr. Nileena Suresh	Senior resident	15.06.2026

Office bearers/ Membership to scientific/ academic bodies

S. No.	Name of scientific/ academic body	Designated Post
	Dr. Mercy John Idikula	
1	HMC	Member
2	Academy of clinical microbiologists	Member
3	Indian Medical association	Member
4	Medical College Council	Member
	Dr. Sunil Rao Padmaraj	
1	Medical College Council	Member

2	Indian Medical Association	Member
3	Indian Association of Medical Microbiologists	Member
Dr. Aneeta Mary Jacob		
1	Medical Education Unit	Member
2	IPCO – Infection Prevention Control Council (IPCC)	Member
3	Medical College Council	Member
4	NAP AMR Cell	Member
Mr. George Varghese		
1	NABL, Pushpagiri Medical College Hospital	Quality Manager
2	Infectious Diseases Society of India (IDSI)	Member
Dr. Teena Jacob		
1	NABL (Virology), Pushpagiri Medical College Hospital	Technical Manager

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
Dr. Mercy John Idikula		
1	Hospital Management Committee	Member
2	PG Curriculum Committee	Member
3	Academic Monitoring Committee	Member
4	CBME Curriculum Phase wise Sub Committee	Member (2024 -Phase II)
5	CBME Curriculum Pandemic Module Committee	Member (2024)
Dr. Sunil Rao Padmaraj		
1	Hospital Management Committee	Member
Dr. Aneeta Mary Jacob		
1	Hospital Management Committee	Member
2	CBME Microbiology	Subject Coordinator
3	Blood Transfusion Safety Committee	Member
4	Gender Sensitization Committee against Sexual Harassment (GSCASH)	Member
Mr. George Varghese		
1	Hospital Management Committee	Member
2	Hospital Blood Transfusion Safety Committee	Member
Dr. Teena Jacob		
1	Institutional Biosafety Committee (IBSC)	Biosafety officer

Career Progression [Courses/ Fellowship / Training programs]

S. No.	Name of Course/ Training Program	Conducted by	Date & Place	Attended/ Ongoing/ Completed
1	PhD Year End Examination (2023 Admission), May 2025 -Dr. Aneeta Mary Jacob	KUHS	May 2025	Completed

2	PhD Entrance Examination -Qualified - Mr. George Varghese	KUHS	13.10 .2025	Ongoing

Faculty Achievements (award / course or fellowship / training program completed):

S. No.	Faculty	Achievement	Level	Date & Place
1	Dr. Mercy John Idikula	Chairperson at CME on MELIOIDOSIS	National	04.10.2025, PIMS&RC
2	Dr. Aneeta Mary Jacob	Speaker at CME on MELIOIDOSIS	National	04.10.2025, PIMS&RC
3	George Varghese	Speaker at VIROCON-2025	National	08-10.12.2025, Pune, Maharashtra

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1	MELIOIDOSIS - The Mimicker You Can't Afford to Miss	CME	National	04.10.2025, PIMS&RC	50-100
2	The Role of Diagnostics in Guiding Therapy: Rational Use of Culture and Syndromic Testing in clinical Practice Dr. Arun Kaushik, Manager, Biomerieux	Guest Lecture	National	25.11.2026	60
3	Lecture 1 - "Statistical methods for Clinical Research: An Overview" & Lecture 2 - "Time series and Spatiotemporal Analysis" Dr. Solomon D'cruz, Project Manager, ICMR National Reference Centre for Rickettsial Diseases (NRCRD), CMC Vellore	Guest Lecture	National	27.05.2026 PIMS&RC	55

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	MELIOIDOSIS: The Mimicker You Can't Afford to Miss	CME	Nation al	04.10.2025, PIMS&RC	Dr. Mercy John Idikula, Dr. Sunil Rao Padmaraj, Dr. Aneeta Mary Jacob, Mr. George Varghese, Dr. Teena Jacob, Dr. Koshy M Koshy
2	Pushpagiri Research & Innovation: Clinical Excellence (PRICE 2025)	CME	Instituti onal	19.07.2025, PIMS&RC	Dr. Mercy John Idikula

3	NRCRD - CMC Vellore & ICMR - Clinical approach to AUFI for the diagnosis of Scrub typhus	CME	State	07.08.2025, Webinar	Dr. Mercy John Idikula
4	PIMS Dept of Pharmacology & Indian Society of Clinical Research - Good Clinical Practice Guidelines	CME	State	01.09.2025, PIMS&RC	Dr. Mercy John Idikula
5	VIROCON-2025	Conference	National	08.12.2025-10.12.2025, Pune	Mr. George Varghese (Speaker)
6	Leprosy Awareness Talk	Gust Lecture	State	16.01.2026	Dr. Mercy John Idikula Dr. Aiswarya Kallarakkal Jos
7	Muthoot Medcon 2026	CME	National	18.01.2026	Dr. Mercy John Idikula
8	BIOCON 2026	CME	National	11.02.2026	Dr. Sunil Rao Padmaraj
9	LaparoCon	CME	National	14.02.2026	Dr. Aneeta Mary Jacob
10	BRAINER: Bridging Research & AI for Next-gen Educational Reforms- AI for Research Workshop	Workshop	National	18.04.2026 PIMS&RC	Dr. Mercy John Idikula Dr. Teena Jacob
11	SMICRON	CME	National	22.05.2026 Sree Mookambika Institute of Medical Sciences, Padanilam	Dr. Mercy John Idikula
12	Dr. Solomon D'cruz, Project Manager, ICMR National Reference Centre for Rickettsial Diseases (NRCRD), CMC Vellore	Gust Lecture	National	27.05.2026 PIMS&RC	Dr. Mercy John Idikula Dr. Sunil Rao Padmaraj Dr. Aneeta Mary Jacob Mr. George Varghese Dr. Teena Jacob Dr. Aiswarya Kallarakkal Jos
13	Bioradiance 2026	Conference	International	29.05.2026 30.05.2026 PIMS&RC	Dr. Mercy John Idikula Dr. Sunil Rao Padmaraj Dr. Aneeta Mary Jacob Mr. George Varghese Dr. Teena Jacob Dr. Aiswarya Kallarakkal Jos
14	Dermognosis	CME	National	20.06.2026 PIMS&RC	Dr. Aneeta Mary Jacob

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Students
1	MELIOIDOSIS: The Mimicker You Can't Afford to Miss	CME	National	04.10.2025, PIMS&RC	Dr. Pavithra Padmakumar, Dr. Sneha Mariea Sebastian, Dr. Shila Mathew, Dr. Aroma Sathish
2	Leprosy Awareness Talk	Gust Lecture	State	16.01.2026	Dr. Sneha Mariea Sebastian (2021) Dr. Shila Mathew (2023) Dr. Aroma Sathish (2024)

Papers/Poster presented PG students

S. No.	Student	Event	Category	Level	Date & Place	Title of paper
1	Dr. Shila Mathew	CHET AMR PULSE 2025	Conference	International	11.11.2025, Chettinad Hospital & Research Institute	Utility of HSV PCR IN acute encephalitis syndrome

Research activities – Faculty

S. No.	Title	Name of investigators	Funding	Status
1	Speciation, Antifungal Susceptibility and Virulence factors of Candida Isolates from clinical specimens in a tertiary care center in South Kerala	Dr. Teena Jacob, Dr. Mercy John Idikula, Dr. Sherly Antony, Dr. Ajith Vijayan, Ms. Devika	Nil	Completed
2	Pushpagiri Centre for Virology & Department of Microbiology, PIMS&RC one of the National Rickettsial Surveillance Spoke Centre for Southern Region under the National Reference Centre for Rickettsial Diseases (NRCRD), Dept. of Clinical Microbiology, Christian Medical College, Vellore	PI: Dr. John A Jude Prakash, CMC, Vellore Co-PI: Dr. Karthik Gunasekaran, CMC, Vellore Co-investigator Mr. George Varghese Site Coordinator Dr. Mercy John Idicula Co-investigators Dr. Tomy Philip, Dr. Sunil Mathew, Dr. Jacob Abraham, Dr. Maria Davis,	Funded by the ICMR CAR grant.	Ongoing

		Dr. Teena Abraham,		
3	Evaluating selected endothelial protein biomarkers as prognostic indicators for severe dengue- An invitro, clinical and machine learning approach	PI – Mr. George Varghese, Co-PI - Dr. Mercy John, Dr. Tomy Philip. Dr. Jacob Abraham	Collaborative Project with Institute of Advanced Virology (IAV)	Ongoing

Research Activities – PG Students

S. No.	Title	Student	Guide / Co-guide	Funding	Status
1	A study to determine endemic Titres to Salmonella Typhi by Widal Test in patients attending a tertiary care Centre in South Kerala	Dr. Sneha Mariea Sebastian-2022	Dr. Mercy John Idikula	Nil	Completed
2	Clinical and microbiological characteristics of carbapenem resistant Acinetobacter baumannii infections	Dr. Shila Mathew (2023)	Dr. Aneeta Mary Jacob	Self Funded	Ongoing
3	Diagnostic Accuracy of IGM ELISA for the Diagnosis of SCRUB TYPHUS in a Tertiary Hospital	Dr. Aroma Sathish (2024)	Dr. Mercy John Idikula	Self Funded	Ongoing
4	Mycogenic Synthesis and Antimicrobial Evaluation of Zinc oxide Nanoparticles against Clinical isolates of Klebsiella species from Tertiary care Centre in Kerala, India	Mr. Sijo A (PhD Scholar, Department of Microbiology, MACFAST)	Dr. Teena Jacob	Self Funded	Ongoing
5	Prevalence of Carbapenemase producing Enterobacterales at a tertiary care centre in South India	Dr. Pavithra Padmakumar (2022)	Dr. Sunil Rao Padmaraj Dr. Mercy John Idikula	Self Funded	Published

Research Activities – UG Students

S. No.	Title	Student	Guide / Co-guide	Funding agency	Status
1	Effectiveness of tailored teaching learning intervention on infection prevention and control (IPC) practices among the medical students in south India	Mr. Abed Benny	Dr. Mercy John Idikula, Dr. Sherly Antony Dr. Teena Jacob	Kuhs Research Appreciation Award 2024	Completed

2	An audit of the preanalytical phase of blood cultures through the covid -19 pandemic in a tertiary care centre in south Kerala	Ms. Kezia Sanoj	Dr. Mercy John Idikula, Dr. Teena Jacob	Nil	Completed (2024)
3	Infection prevention and control practices among medical students in south India	Mr. Abed Benny	Dr. Teena Jacob, Dr. Mercy John Idikula	Nil	Completed
4	Seroprevalence of West Nile Fever Virus at a tertiary care centre in Kerala - a cross-sectional study	Angela Aji (2022)	Mr. George Varghese	ICMR funded - Student STS	Ongoing

Departmental achievements

S. No	Achievement	Remarks
1	Nephelometer, Mispa Nanoplus	Enable the lab to test multiple samples simultaneously
2	Samsung 236L Frost Free Double Door Refrigerator	Storing the isolates and unnoculated media without cross contamination
3	Godrej RD EMARVEL 215E/2024 194L Direct Cool Refrigerator	Teaching laboratory for storing all the kits, culture media plates and media for biochemicals required for the PG examinations and the periodical exercises we give to the PG Students
4	Smart Board - SENSES	Enable to conduct classes for PG, MBBS, BDS, BSc N and Allied Health Courses more effectively in the department

FORENSIC MEDICINE AND TOXICOLOGY

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Rajeev V M	Professor & HOD
2	Dr. Deepthi S	Assistant Professor
3	Dr. P C Kannan	Tutor

Office bearers/ Membership to scientific/ academic bodies

S. No.	Name of committee	Designated Post
	Dr Rajeev V M	
1	Academic Monitoring Cell	Member
2	Gender Sensitization Committee Against Sexual Harassment	Member

3	Students Grievance Redressal Committee	Member
4	Medical College Council	Member
5	Institutional Transplantation Committee	Member
6	CBME curriculum Phase wise Sub Committee - Phase III Part 1	Member
7	Faculty Grievance Redressal Committee (FGRC)	Member
8	College Election Committee	
	Dr Deepthi S	
1	KUHS QAS -Key area 1	Coordinator
2	Faculty in charge Dhruva Union 2025	Faculty Incharge
3	Institutional Risk Management Committee	Member
4	PG and Junior Doctors Wellness Committee	Member
5	Phase II and Phase III MBBS	Coordinator

Career Progression [Courses/ Fellowship / Training programs

S. No.	Name of Course/ Training Program	Conducted by	Date & Place	Attended/ Ongoing/ Completed
1	Dr Deepthi S - PIONEER 1.0 moving towards excellence in Research	PIMS&RC	26.06.2025 -21.08.2025, offline and online	Completed

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1	Autopsy visit to Gov. TD Medical College, Alappuzha	Autopsy observation	State	30.10.2025-24.11.2025	2022 MBBS batch (101 students)
2	Dr Deepthi S	Lecture - Forensic nursing for Nursing students from Parumala Hospital	State	27.02.2026 MEU hall, PIMS	65 students

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	PRICE 2025 Annual CME	CME	Institutional	25.07.2025, PIMS&RC	Dr Rajeev VM, Dr Deepthi S
2	SIMLA -South Indian Medico Legal Association 2025	Conference	International	13.09.2025 - 14.09.2025, IMA House, Kochi	Dr Rajeev VM, Dr Deepthi S
3	In house Facilitator for PG Wellness program 2025	Workshop for PG	Institutional	17.10.2025, Senate hall, PIMS&RC	Dr Deepthi S

4	QAC Training programme	Guest Lecture	Institutional	08.12.2025, MEU Hall, PIMS&RC	Dr Deepthi S
5	AFMEKON 2025 - Association of Forensic Medicine Experts, Kerala	Conference	State	13.12.2025-14.12.2025, Jubilee Mission hospital, Thrissur	Dr Rajeev VM, Dr Deepthi S
6	Ashwamedham - Leprosy	Guest Lecture	State	16.01.2026, MEU hall, PIMS&RC	Dr Deepthi S
7	BIOCON	CME	State	11.01.2026, Senate hall, PIMS&RC	Dr Rajeev V M, Dr Deepthi S

Research activities – Faculty

S. No.	Title	Investigators	Funding	Status
1	Association of occupational stress with hypertension among doctors less than 45 years of age in various health care centres in Central Travancore: A Case-Control Stud	Dr. Reena Thomas, Dr. Amrutha Mary Zachariah, Dr. Nithin K Raju, Dr. Betsy A Jose, Dr. Carol Sara Cherian. Dr. Samson S Edayalmuriyil, Dr. Vinitha Wills. Dr Deepthi S	Submitted to ICMR	Ongoing

Research Activities – UG Students

S. No.	Title	Student	Guide / Co-guide	Status
1	Profile, Pattern, Management and Outcome of Poisoning in a Tertiary care Setting	Hannah Elsa Renji (2023)	Dr Deepthi S	ongoing
2	Exploring Knowledge, Attitude and Practices of Medical Students on Biomedical Research Ethics, Environmental and Biodiversity Ethics and the Ethical Dimensions of Artificial Intelligence	Mekha Joykutty (2023)	Dr Deepthi S	ongoing
3	Forensic Estimation of stature from foot length	Rithika (2023)	Dr Deepthi S	ongoing

COMMUNITY MEDICINE

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Felix Johns	Professor & Head
2	Dr. Neetha Mary Kurian	Associate Professor
3	Dr. Isaac Rajesh	Associate Professor
4	Dr. Joe Abraham	Additional Associate Professor
5	Dr. Betsy A Jose	Assistant Professor
6	Mrs. Nisha Kurian	Assistant Professor
7	Dr. Rosin George Varghese	Assistant Professor
8	Dr. Anjum Susan John	Assistant Professor
9	Dr. Meena Sagar	Assistant Professor
10	Dr. Saramma Abraham	Senior Resident
11	Dr. Nimmi Tressa James	Senior Resident
12	Dr. Hardy T Jose	Medical Officer- Pulikunnu
13	Dr. Mercy Rachel Mathew	Medical Officer- Mathilbhagam
14	Dr. Parameswaran Nampoothiri M.G	Assistant professor

Faculty Joined/ Promoted/ Resigned:

S. No.	Name	Designation	Date
1	Dr. Isaac Rajesh	Associate Professor to HOD	05.12.2025
2	Dr. Parameswaran Nampoothiri M. G	Assistant professor	09.03.2026

Office bearers/ Membership to scientific/ academic bodies

S. No.	Name of scientific/ academic body	Designated Post
1	Pushpagiri Medical College Alumni Association	Dr. Neetha Mary Kurien (Associate Professor) - President Dr. Nimmi Tressa James (Senior Resident) -Treasurer

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
1.	IQAC -Dr. Nimmi Tressa James	Key area 7
2	IQAC -Dr. Neetha Mary Kurian	Key area 3

Faculty Achievements

S. No.	Name of award	Conferring agency	Date	Place
1	Promising Paper Award	Amrita Institute of Medical Science	07.12. 2025	Amrita Institute of Medical Science, Kochi

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1	Training session for ASHA workers as part of Global Handwashing Day at Mambazhakari subcentre	Training Session	Institutional	21.10.2025	50-100
2	Health awareness session for Kudumbasree workers at Collectorate, Pathanamthitta	Health Awareness Session	Institutional	08.10.2025	100-150
3	Medical Camp at Vengal	Medical Camp	Institutional	21.11.2025	100-150
4	Health Awareness Session on World AIDS Day	Health Awareness Session	Institutional	01.12.2025	150-200
5	Research Methodology Workshop	Workshop	Institutional	16.12.2025	250-300

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	Melioidosis CME by Dept of Microbiology	CME	Institutional	04.10.2025, PIMS&RC	Dr. Saramma Abraham
2	JBI Colloquium	Conference	International	16.11.2025-21.11.2025, Kochi	Mrs. Nisha Kurian, Dr. Sunu Alice Cherian
3	International Home Care Congress (Online)	Conference	International	09.12.2025-12.12.2025, Online	Mrs. Nisha Kurian (Speaker), Dr. Sunu Alice Cherian (Speaker)
4	CME-GEARIATRIC CARE	CME	STATE	01.04.026	Dr. Neetha Mary Kurian, Dr. Parameswaran Namboothiri, Dr. Saramma Abraham, Dr. Nimmi Tressa James
5	CME-BIOCON	CME	STATE	11.02.26	Dr. Saramma Abraham
6	CME-LAPCON	CME	STATE	14.02.26	Dr. Saramma Abraham

7	RMW	Workshop	STATE	17.01.26-19.01.26	Dr. Neetha Mary Kurian, Dr. Betsy A Jose, Dr. Meena Issac, Mrs. Nisha Kurian, Dr. Saramma Abraham, Dr. Nimmi Tressa James

Papers/Poster presented – faculty

S. No.	Faculty	Event	Category	Level	Date & Place	Title of paper
1	Mrs. Nisha Kurian	JBI Colloquium	Paper Presentation	International	16.11.2025-21.11.2025, Kochi	Incidence of Central Line-Associated Blood Stream Infection among patients admitted in Intensive Care Units in India - A Systematic Review and Meta Analysis
2	Mrs. Nisha Kurian	International Home Care Congress	Paper Presentation	International	09.12.2025-12.12.2025, Online	Meta Analysis

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Students
1	Block level surveillance of Pulse Polio Immunization Programme along with the Veliyanad CHC team	Field Surveillance	State	12.10.2025, Veliyanad CHC	Dr. Asby Ajukumar, Dr. Prince K Sam
2	PREVMED 1.0	Conference	State	07.11.2025-08.11.2025, SUT Medical College, Trivandrum	Dr. Aneeta Elizabeth Samuel
3	AMRITACON	Conference	International	06.12.2025-07.12.2025, Amrita Institute of Medical Sciences, Kochi	Dr. Prince K Sam, Dr. Aashel Maria Saj

Papers/Poster presented PG students

S. No.	Student	Event	Category	Level	Date & Place	Title of paper
1	Dr. Aneeta Elizabeth Samuel	PREVMED 1.0	Paper	State	07.11.2025-08.11.2025, SUT Medical	Mental health challenges of people affected by repeated flooding events in a rural area of South Kerala: A cross-sectional pilot study

					College, Trivandrum	
2	Dr. Prince K Sam	AMRITACON	Paper	International	06.12.2025 - 07.12.2025, Amrita Institute of Medical Sciences, Kochi	Menopause Related Quality of Life Among Urban Women in South Kerala: A Cross Sectional Study
3	Dr. Aashel Maria Saj	AMRITACON	Paper & Poster	International	06.12.2025- 07.12.2025, Amrita Institute of Medical Sciences, Kochi	Perceived social support status of elderly population in a rural setting of south Kerala
4	Dr. Aneeta Elizabeth Samuel	BIORADIANCE 2026	Paper	International	PIMS&RC	Comparative Antimicrobial resistance profiling of Uropathogens in a rural and tertiary care hospital in Kerala: A retrospective laboratory-based study

Research activities – Faculty

S. No.	Title	Investigators	Funding	Status
1	Central Venous Access Device Management in Critical Care Units - A Multicentric Implementation Project in Low Resource Setting	Dr. Sunu Alice Cherian, Mrs. Nisha Kurian	JBIC Brighter Futures Grant Program2023-25	Completed
2	Prevalence of Diabetic Neuropathy And Associated Pain In Patients With Type 2 Diabetes Mellitus In Thiruvalla Municipality	Dr. Neetha Kurian, Dr. Leena Viswan	Nil	Completed
3	Prevalence of Respiratory Morbidities Among Flour Mill Workers In Central Kerala – A Cross-Sectional Study	Dr. Felix Johns, Dr. Aashel Maria Saj	Nil	Completed
4	Level of Psychological Distress And Degree of Loneliness Among Parents With Migrated Offspring In An Urban Setting In South Kerala - A Cross-Sectional Study	Dr. Felix Johns, Dr. Prince K Sam	Nil	Completed
5	Association of self-esteem and resilience with anxiety and stress among adolescents in an urban area in South Kerala	Dr. Felix Johns, Dr. Anjali Ajay	Nil	Completed

6	Exploring the knowledge attitude and parctice regarding mosquito borne diseases among migrants and the need for one health approach in control of vector borne diseases, A mixed method study.	Dr. Nimmi Tressa James	Nil	Completed and accepted for publication by British Journal of Health care and Medical Research

Research Activities – PG Students

S. No.	Title	Student	Funding	Status (Ongoing/ completed/ Published)
1	Prevalence of over the counter drugs use among college students in Kerala in the academic year 2024-2025	Dr. Lisha K Y (2024)	Nil	Completed
2	To assess the levels of satisfaction of patients and average outpatient waiting time from 9 AM to 12 PM in various departments of a tertiary private hospital in South Kerala	Dr. Asby Ajukumar	Nil	Completed
3	Assessment of Awareness and use of Screening service in breast and cervical cancer among urban women in Tiruvalla	Dr. Aneeta Elizabeth Samuel	Nil	Completed
4	Menopause related quality of life among urban woman in the community	Dr. Prince K Sam	Nil	Completed

Research Activities – UG Students

S. No.	Title	Student	Guide / Co-guide	Funding	Status
1	KAP About Child Safety Seats Among Parents of U5	Phase 2-C Batch	Dr. Betsy A. Jose. Dr. Saramma Abraham	NA	Ongoing
2	Prevalence And Factors Associated with Nutritional Supplement Use	Divya R Diya Cinimol Diya Uday Dona Joy Dona Maria Dona V Aleena Elsa Thomas Aleena Sunny Amal Geoji Amala JS Amenta Rose Saji	Dr. Parameswaran Dr. Nimmi Treesa Dr.Joe Abraham Dr. Saramma Abraham Dr. Roshna Rasheed Dr. Betsy A Jose Dr. Saramma Abraham Dr. Betsy A Jose	NA	Ongoing

		Anakha Mary George Anamika S Effarent Fida Hashmi Gayathri BP Gayathri Krishna Giftson Gregory Gisha Santhosh Gloria Maria Jacob	Dr. Saramma Abraham		
3	Mixed Method Study on Bls Awareness Among MBBS Students	Sneha Suju Sofia Susan Thomas Sreejayanthi Ajaykumar	Dr. Betsy A Jose, Dr. Saramma Abraham	NA	Ongoing
4	Quality of Patient Care and Level of Satisfaction Among Patients Attending A Tertiary Care Centre	Jafna Jamal CP Hrishikeshav V Nair Julian Biju Georgi Sunil Gayathri Lakshmi George Jose Josna Jose (2023)	Dr. Nimmi Tressa James, Mrs. Nisha Kurian	NA	Completed
5	Burden of Musculoskeletal Disorders Among Nurses	Ann Maria Shaji Anna Puthedan Anusree I S Aparna Saji Arya Blessy S Aryan Byju P K Asha Acca Joseph (2024)	Dr. Nimmi Tressa James, Mrs. Nisha Kurian	NA	Ongoing

CLINICAL DEPARTMENTS

BROAD SPECIALITIES

OTORHINOLARYNGOLOGY | OPHTHALMOLOGY |
GENERAL MEDICINE | GENERAL SURGERY |
OBSTETRICS & GYNAECOLOGY | PAEDIATRICS |
ORTHOPAEDICS

OTORHINOLARYNGOLOGY

Faculty Statistics:

S. No.		Designation
1	Dr. K V Rajan	Professor & Head
2	Dr. Vivek Sasindran	Consultant
3	Dr. Anjana Mary Reynolds	Associate Professor
4	Dr. Adersh S	Consultant
5	Dr. Geethu K P	Senior Resident
6	Dr. Malavika Hari	Senior Resident
7	Dr. Mithra Sara John	Assistant Professor

Faculty Joined

S. No.	Name	Designation	Date
1	Dr. Mithra Sara John	Assistant Professor	10.06.2026

Faculty Resigned

S. No.	Name	Designation	Date
1	Dr. Jewel Christy Johnson	Assistant Professor	21.03.2026

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	AICON 2026	Conference	National	Kolkata, 08.01.2026 - 11.01.2026	Dr. K V Rajan
2	Mediover Hospital	CME	National	23.08.2025, Hyderabad	Dr. Jewel Christy Johnson

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Student
1	ENT conference	Conference	State	25.10.2025, Thrissur	Dr. Chris Francis

Research Activities – PG Students

S. No.	Title	Student	Guide / Co-guide	Funding	Status
1	A comparative study of Adenoid hypertrophy grading using Diagnostic nasal Endoscopy and Lateral Neck X-ray in children with adenoid Hypertrophy in a tertiary care centre in South Kerala	Dr. Riya Baby	Dr. K V Rajan	Nil	On going
2	Across sectional study of Vestibular and auditory manifestations in migraine Patients attending a territory care centre in South India and their prevalence.	Dr. Chris Francis	Dr. Anjana Mary Reynolds	Nil	On going
3	A comparative cross – sectional study to determine the difference in salivary PH between patients with and without Laryngopharyngeal reflux disease attending the ENT outpatient department of a tertiary care hospital in South Kerala	Dr. Priyanka Nair	Dr. K V Rajan	Nil	On going
4	Prevalence of Laryngopharyngeal reflux disease in patients with gastroesophageal reflux disease :S hospital based cross sectional analysis.	Dr. Hans M Saunny	Dr. Anjana Mary Reynolds	Nil	On going
5	Prevalence, risk factors and radiological correlations of fungal rhinosinusitis in tertiary care centre in South Kerala	Dr. Afsin J	Dr. Anjana Mary Reynolds	Nil	On going
6	Audiological & Oto endoscopic evaluation of known allergic rhinitis patients attending a territory care hospital in southern Kerala with complaint of of hearing -A cross sectional study	Dr. Sona Maria Paul	Dr. K V Rajan	Nil	On going

OPHTHALMOLOGY

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Vijayamma N	Professor & HOD
2	Dr. Digin Mariam Joseph	Associate Professor
3	Dr. Asha George	Assistant Professor
4	Dr. Cinu Elsa James	Senior Resident
5	Dr. Parvathy J	Senior Resident
6	Dr. Varghese Joseph	Consultant

Faculty Joined

S. No.	Name	Designation	Date
1	Dr. Fincy Mol	Senior Resident	13.09.2025
2	Dr. Silpa M	Senior Resident	23.02.2026

Events attended – Faculty

S. No.	Name	Category	Level	Date & Place	Number of Participants
1	KSOS Drishti 2025 - 52nd Annual Conference of Kerala Society of Ophthalmic Surgeons	Conference	State	28.11.2025	Dr. Vijayamma N
2	Annual Conference of Glaucoma 2025	Conference	State	12.12.2025, Madurai	Dr. Vijayamma N

GENERAL MEDICINE

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Sunil Mathew	Professor & Head
2	Dr. Tomy Philip	Professor
3	Dr. Abraham Varghese V	Professor & Medical Director
4	Dr. Abdul Khadir C A	Emeritus Consultant
5	Dr. Sharma R N	Emeritus Professor
6	Dr. Sarojiniamma C S	Associate Professor
7	Dr. Sajit Varghese	Additional Professor
8	Dr. Harsha Anie Mathew	Assistant Professor
9	Dr. Anna Mary Thomas	Assistant Professor
10	Dr. Maria Davis	Assistant Professor
11	Dr. Ashna Sara Mathew	Senior Resident
12	Dr. Shibini K	Senior Resident
13	Dr. Raji Easow	Consultant (Geriatrics)
14	Dr. Rose Mary Xavier	Senior Resident
15	Dr. Vidya Muralidharan	Assistant Professor
16	Dr. Neswin T N	Senior Resident
17	Dr. Aishwarya Joseph Varikkasery	Senior Resident (Neuro Medicine)
18	Dr. Sibin K Prasad	Senior Resident
19	Dr. Niveditha Malavika K G	Senior Resident
20	Dr. Aleena Baby	Senior Resident

Faculty Promoted:

S. No.	Name	Designation	Date
1	Dr. Sunil Mathew	Professor to Professor & HOD	01.04.2026

Faculty Joined:

S. No.	Name	Designation	Date
1	Dr. Rose Mary Xavier	Senior Resident	01.08-2025
2	Dr. Vidya Muralidharan	Assistant Professor	24.11.2025
3	Dr. Neswin T N	Senior Resident	01.12.2025
4	Dr. Aishwarya Joseph Varikkasery	Senior Resident	02.01.2026
5	Dr. Sibin K Prasad	Senior Resident	09.03.2026
6	Dr. Niveditha Malavika K G	Senior Resident	23.03.2026
7	Dr. Aleena Baby	Senior Resident	03.11.2025

Faculty Resigned:

S. No.	Name	Designation	Date
1	Dr. Rishikesh Chandran V	Senior Resident	30.11.2025
2	Dr. Teny Mathew	Assistant Professor	08.03.2026
3	Dr. Jasmine Podimon	Senior Resident	04.04.2026

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
1	Dr. Maria Davis	Clinical representative of IEC, Pushpagiri College of Pharmacy

Faculty Achievements

S. No.	Faculty	Achievement	Level	Date & Place
1	Dr. Sajit Varghese	JPEF USV Award 2025	Institutional	14.07.2025 Kovalam
2	Dr. Sajit Varghese	Mar Athanasios Research Endowment award category of "Best Researcher"	Institutional	18.10.2025, PIMS&RC
3	Dr. Sajit Varghese	Mar Athanasios Research Endowment Award under the category of "Publication Grade I "Clinical profile of Acute Kidney injury in Type 2 Diabetes Mellitus Adult patients presenting with Diabetic Ketoacidosis - A cross sectional study 2024-2025.	Institutional	18.10.2025, PIMS&RC
5	Dr. Sunil Mathew	Chaired -Association of Physicians of India Kerala Chapter-Annual Meet	State	27.06.2026-28.06.2026

6	Dr. Tomy Philip	Chaired -Association of Physicians of India Kerala Chapter-Annual Meet	State	27.06.2026-28.06.2026
7	Dr. Maria Davis	Conference-PULSE	National	13.06.2026, PIMS&RC
8	Dr. Sibin K Prasad	Conference-PULSE	National	13.06.2026, PIMS&RC

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1	Dr. Philip Finny	Guest Lecture-Adrenal Insufficiency	Institutional	13.06.2026	30
2	Dr. Philip Finny	Guest Lecture-Hypercortisolism	Institutional	20.05.2026	30

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	Pravesika - Introductory course in Haematology	Conference	State	04.07.2025 Amritha School of Medicine, Kochi.	Dr. Sunil Mathew
2	Pushpagiri Research & Innovation: Clinical Excellence (PRICE 2025)	CME	Institutional	25.07.2025, PIMS&RC	Dr. Sajit Varghese
3	GCP and regulatory requirements for clinical researcher	Workshop	National	11.09.2025, PIMS&RC	Dr. Tomy Philip
4	MELIOIDOSIS	CME	Institutional	04.04.2026	Dr. Tomy Philip
5	Postgraduate well-being workshop	Workshop	Institutional	17.10.2025, PIMS&RC	Dr. Tomy Philip
6	CME talk on "Approach to Dry Cough"	CME	Institutional	30.10.2025 Hotel Club 7	Dr Sajit Varghese
7	API Kerala Chapter First Quarterly Meeting 2025	Conference	State	26.10.2025 KGA Elite Continental, Thiruvalla	Dr. Maria Davis
8	The Annual Summit of TICEM WRC 2025 - The Indian College of Emergency Medicine	Conference	International	06.12.2025 Madurai	Dr. Sajit Varghese
9	Toxicon 2026	CME	State	04.01.2026 Thiruvalla	Dr. Maria Davis
10	Association of Physicians of India Kerala Chapter Second Quarterly meeting	Conference	State	18.01.2026 Hotel Shilpa Regency, Kottarakara	Dr. Sarojiniamma C S
11	81st Annual Conference of The Association of Physicians of India	Conference	National	29.01.2026 Samrat Ashok Convention	Dr. Sunil Mathew

				Centre, Patna, Bihar	
12	OBMED	CME	State	26.04.2026 PIMS&RC	Dr. Tomy Philip
13	Association of Physicians of India Kerala Chapter-Annual Meet	Conference	State	27.06.2026-28.06.2026 Ann's International convention centre, Kottayam	Dr. Sunil Mathew Dr. Tomy Philip
14	PULSE	Conference	National	13.06.2026 PIMS&RC	Dr. Maria Davis Dr. Sibin K Prasad

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Students
1	KERALA APICON 2025	Conference	State	09.08.2025 Kozhikode	Dr. Deepa Susan Arons
2	RSSDI Kerala Chapter Second Quarterly Meet	Conference	State	21.09.2025 Alappuzha	Dr. Fyroose Sulthana
3	Pravesika 2025	CME	State	04.07.2025 Amrita School of Medicine, Kochi.	Dr. Ryon Sam
4	API Kerala Chapter First Quarterly Meeting 2025	Conference	State	26.10.2025 KGA Elite Continental, Thiruvalla	Dr. Melbin P Thankachan
5	Dr. P A Verghese Memorial 2nd MTH Rheumatology Quiz Competition for PGs	Workshop	State	07.12.2025 Medical Trust Hospital, Kochi	Dr. Ann Maria Pappachan
6	Association of Physicians of India Kerala Chapter Second Quarterly meeting	Conference	State	18.01.2026 Hotel Shilpa Regency, Kottarakara	Dr. Ann Maria Pappachan
7	Association of Physicians of India Kerala Chapter Second Quarterly meeting	Conference	State	18.01.2026 Hotel Shilpa Regency, Kottarakara	Dr. Melbin P Thankachan
8	Association of Physicians of India Kerala Chapter Second Quarterly meeting	Conference	State	18.01.2026 Hotal Shilpa Regency, Kottarakara	Dr. Rose Merin Joseph
9	Kerala APICON 2025	Conference	State	09.08.2025 Kozhikode	Dr. Ryon Sam
10	Postgraduate CME 2nd Edition CHAMPIONSHIP 2025	CME	State	20.09.2025 Believers Church Medical College Hospital, Thiruvalla.	Dr. Ann Maria Pappachan

11	Kerala APICON 2025	Conference	State	09.08.2025 Kozhikode	Dr. Vivek Sunil
12	KERALA APICON 2025	Conference	State	09.08.2025 Kozhikode	Dr. Liz Tresa Antony
13	Pushpagiri Research and Innovation: Clinical Excellence - PRICE 2025	CME	Institutional	02.07.2025 PIMS&RC	Dr. Liz Tresa Antony
14	GCP and regulatory requirements for clinical researcher	Workshop	National	01.09.2025 PIMS&RC	Dr. Liz Tresa Antony
15	Good Clinical practice Guidelines - Department of Pharmacology	Workshop	National	11.08.2025 PIMS&RC	Dr. Fyroose Sulthana
16	Championship - Postgraduate CME	CME	State	20.09.2025 Believers Church Medical College, Thiruvalla	Dr. Ryon Sam
17	Association of Physicians of India Kerala Chapter Second Quarterly meeting	Conference	State	18.01.2026 Hotel Shilpa Regency, Kottarakara	Dr. Vivek Sunil
18	Association of Physicians of India Kerala Chapter Second Quarterly meeting	Conference	State	18.01.2026 Hotel Shilpa Regency, Kottarakara	Dr. Liz Tresa Antony
19	Association of Physicians of India Kerala Chapter Second Quarterly meeting	Conference	State	18.01.2026 Hotel Shilpa Regency, Kottarakara	Dr. Adarsh Jawahar Janard
20	Association of Physicians of India Kerala Chapter Second Quarterly meeting	Conference	State	18.01.2026 Hotel Shilpa Regency, Kottarakara	Dr. Ann Mary Biju
21	National Medical UG Conference	Conference	National	13.06.2026	Dr. Ann Mary Biju
22	National Medical UG Conference	Conference	National	13.06.2026	Dr. Fyroose Sulthana

Papers/Poster presented PG students

S. No.	Student	Event	Category	Level	Date & Place	Title of paper
1	Dr. Deepa Susan Arons	KERALA APICON 2025	Conference	State	09.08.2025 Kozhikode	Granulomatous Interstitial Nephritis as the first clue
2	Dr. Melbin P Thankachan	Association of Physicians of India, Kerala	Conference	State	26.10.2025 KGA Elite Continental, Thiruvalla	Remission in Type 2 Diabetes- with early insulin therapy

		Chapter, Second Quarterly meeting –				
3	Dr. Melbin P Thankachan	API-Kerala Chapter Second Quarterly meeting	Conference	State	18.01.2026 Hotel Shilpa Regency, Kottarakara	A case of Immune Thrombocytopenic purpura.
4	Dr. Rose Merin Joseph	API-Kerala Chapter Second Quarterly meeting	Conference	State	18.01.2026 Hotal Shilpa Regency, Kottarakara	REFRACTORY CYANOSIS WITH NORMAL PaO2: A TOXIC TWIST OF A BUG KILLER (Poster)
5	Dr. Ryon Sam	Kerala APICON 2025	Conference	State	09.08.2025 Kozhikode	Sensorineural hearing loss in Thyphoid fever
6	Dr. Vivek Sunil	Kerala APICON 2025	Conference	State	09.08.2025 Kozhikode	A case of Eosinophilic Fasciitis
7	Dr. Liz Tresa Antony	Kerala APICON 2025	Conference	State	09.08.2025 Kozhikode	LYSIS IN CRISIS
8	Dr. Liz Tresa Antony	Pushpagiri Research and Innovation: Clinical Excellence - PRICE 2025	CME	Institutional	02.07.2025 Pushpagiri Medical College, Thiruvalla	Until the last piece fits - A mystic case leading to NHL
9	Dr. Liz Tresa Antony	API-Kerala Chapter Second Quarterly meeting	Conference	State	18.01.2026 Hotel Shilpa Regency, Kottarakara	Potassium's double hit - a case of severe hypokalamic paralysis and long QT syndrome
10	Dr. Liz Tresa Antony 2024	ICP Knowledge leagur (IKL), Kerala State Chapter	National PG Medicine Quiz	National	24.05.2026, Government Medical College, Kochi.	-
11	Dr. Jinu Susan Joy-2025	ICP Knowledge league (IKL), Kerala State Chapter	National PG Medicine Quiz	National	24.05.2026, Government Medical College, Kochi..	-
12	Dr. Mathew Thomas - 2025	ICP Knowledge league (IKL), Kerala State Chapter	National PG Medicine Quiz	National	24.05.2026, Government Medical College, Kochi.	-

13	Dr. Selin Abraham-2025	ICP Knowledge league (IKL), Kerala State Chapter	API Kerala Chapter	State	24.05.2026, Government Medical College, Kochi.	-
14	Dr. Liz Tresa Antony-2024	Association of Physicians of India, Kerala Chapter - Annual meet	Association of Physicians of India, Kerala Chapter - Annual meet	State	27.06.2026 & 28.06 2026, Anns International Convention Centre, Kottayam	-
15	Dr. Ann Mary Biju (Resource faculty) - 2024	National Medical UG Conference	Conference	National	13.06. 2026	-
16	Dr. Fyroose Sulthana (Resource faculty) - 2024	National Medical UG Conference	Conference	National	13.06. 2026	-
17	Dr. Liz Tresa Antony-2024	ICP Knowledge league (IKL), Kerala State Chapter	National PG Medicine Quiz	National	24.05.2026, Government Medical College, Kochi.	-
18	Dr. Jinu Susan Joy-2025	ICP Knowledge league (IKL), Kerala State Chapter	National PG Medicine Quiz	National	24.05.2026, Government Medical College, Kochi.	-
19	Dr. Mathew Thomas - 2025	ICP Knowledge league (IKL), Kerala State Chapter	National PG Medicine Quiz	National	24.05.2026, Government Medical College, Kochi.	-
20	Dr. Selin Abraham-2025	ICP Knowledge league (IKL), Kerala State Chapter	API Kerala Chapter	State	24.05.2026, Government Medical College, Kochi.	-
21	Dr. Liz Tresa Antony-2024	Association of Physicians of India, Kerala Chapter - Annual meet	Association of Physicians of India, Kerala Chapter - Annual meet	State	27.06.2026 & 28.06 2026, Anns International Convention Centre, Kottayam	-

22	Dr. Ann Mary Biju (Resource faculty)-2024	National Medical UG Conference	Conference	National	13. 06. 2026	-
23	Dr. Rose Merin Joseph	Association of Physicians of India Kerala Chapter Annual meeting	Conference	State	27.06.2026-28.06.2026 27.06.2026 & 28.06 2026, Anns International Convention Centre, Kottayam	Comparison of National early warning score 2 (NEWS2) and sequential organ failure assessment (qSOFA) for predicting in-hospital mortality in sepsis patients (Third Prize)

Research Activities – PG Students

Sl. No.	Title	Student	Guide / Co-guide	Funding	Status
1	Audit on the use of IV Proton pump inhibitors in the Medical Ward	Dr. Ryon Sam, Dr. Vivek Sunil	Dr. Harsha Anie Mathew	Self	Ongoing
2	National Rickettsial Project – Establishment of National Reference Centre for Rickettsial Diseases (NRCRD) and Multicentric Surveillance of Rickettsial Infections in India	-	Dr. Maria Davis	ICMR in collaboration with NRCRD, Christian Medical College, Vellore.	Ongoing
3	Prevalence, Risk factors, Consequence and opportunities for prevention of falls in Elderly with select Chronic conditions (PROTECT 2): A Mixed Methods Study	-	Dr. Harsha Anie Mathew	Self	Ongoing

GENERAL SURGERY

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Sunil S	Professor & Head
2	Dr. K K Sukumaran	Emeritus Professor
3	Dr. P.T. Thomas	Emeritus Professor
4	Dr. Robinson George	Professor
5	Dr. Joe Mathew	Professor
6	Dr. Manoj Gopal V	Additional Professor
7	Dr. Benny Bright	Assistant Professor
8	Dr. Jisha S Tharakan	Assistant Professor
9	Dr. Vivin Daniel Sam	Senior Resident

10	Dr. James Mathew	Senior Resident
11	Dr. Shehin Moideen	Senior Resident
12	Dr. Monu G Krishnan	Senior Resident
13	Dr. Nena Mathew	Senior Resident
14	Dr. Murali Appukuttan	Assistant Professor

Faculty Promoted:

S. No.	Name	Designation	Date
1	Dr. James Mathew	Senior Resident to Assistant Professor	12.01.2026
2	Dr. Shehin Moideen	Senior Resident to Assistant Professor	12.01.2026

Faculty Joined:

S. No.	Name	Designation	Date
1	Dr. Anju Ganesh S	Senior Resident	19.01.2026
2	Dr. Sneha Babu Zacharia	Senior Resident	19.01.2026

Faculty Resigned:

S. No.	Name	Designation	Date
1	Dr. Glady Thomas	Assistant Professor	30.09.2025
2	Dr. Thomas George P	Associate Professor	28.02.2026

Career Progression [Courses/ Fellowship / Training programs

S. No.	Name of Course/ Training Program	Date & Place	Attended/ Ongoing/ Completed
1	MEDTRONIC	16.01.2026 -17.01.2026 - Amrita Institute of Medical Science Kochi	Completed
2	MEDTRONIC	28.02. 2026 - Ramaiah Advanced Learning Centre, Bangalore	Completed

Faculty Achievements

S. No.	Faculty	Achievement	Level	Date & Place
1	Dr. Robinson George	Chairperson – 10th Prof. Dr. M L Dathan Memorial Annual Surgery CME 2025	National	09.11.2025, Thrissur

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1	Global Health Care Simulation Week	Workshop	Institutional	15.09.2025, PIMS&RC	100–150
2	CHIRURGIA	Conference	State	21.02.2026 & 22.02.2026, Vijaya International Convention centre, Thiruvalla	321
3	PIMS SURGICON 'TOP GUN' Programme	Workshop	Institutional	12.03.2026 – 13.03.2026, PIMS&RC	24
4	Medical Camp	Camp	Institutional	09.05.2026 - Govt. LP School, Elamulliplackal	11
5	Medical Camp	Camp	Institutional	17.05.2026, St. Gregorios Church Auditorium Kezariya Veliyanadu	16
6	Medical Camp	Camp	Institutional	23.05.2026, St. Thomas Malankara Syrian Catholic church, Kadamanitta	14
7	Primary Trauma Care	Workshop	Institutional	09.06.2026 - 10.06.2026 PIMS&RC Thiruvalla	33

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	Vascular Surgeons of Kerala 2025	CME	State	14.09.2025, Kottayam	Dr. Sunil S, Dr. Robinson George Dr. Thomas George
2	SPARC 3rd Hernia Excellence Workshop	Workshop	National	27.09.2025, Indore	Dr. James Mathew, Dr. Shehin Moideen
3	SCUBA 2026	CME	National	01.02.2026 KMCT Medical College, Manassery	Dr. Robinson George
4	Chirurgia 26	Conference	State	21.02.2026 - 22.02.2026, Vijaya International Convention centre, Thiruvalla	Dr. Sunil S, Dr. Robinson George, Dr. Joe Mathew, Dr. Manoj Gopal V, Dr. James Mathew, Dr. Shehin Moiedeen, Dr. Monu G Krishnana,

					Dr. Vivin Daniel Sam, Dr. Nena Mathew, Dr. Benny Bright , Dr. Jisha S Tharakan
5	IAGES PG MAS BASIC SKILL COURSE	Workshop	State	29.03 2026 GMC, Thiruvananthapuram	Dr. Robinson George
6	KASO Breast Oncoplastic	CME	State	20.03.2026, Amrita Hospital Kochi	Dr. Robinson George
7	KASICON 2026	Conference	State	EK Nayanar Academy Kanny 15.05.2026-17.05.2026	Dr. Sunil S , Dr. Robinson George, Dr. James Mathew, Dr. Monu G Krishnan, Dr. Anju Ganesh S
8	RAINS 2026	CME	State	06.06 2026, AIMS Thrissur	Dr. Robinson George

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Student	Prize won
1	Annual Conference of VASK 2025	Conference	State	14.09.2025, Kottayam	Dr. Sharon Fernandez (JR)	Quiz-3rd
2	Annual Conference of VASK 2025	Conference	State	14.09.2025, Kottayam	Dr. Athma Nair R	-
3	Annual Conference of VASK 2025	Conference	State	14.09.2025, Kottayam	Dr. Jobin Raj Thomson	-
4	Annual Conference of VASK 2025	Conference	State	14.09.2025, Kottayam	Dr. Adarsh V S	-
5	Annual Conference of VASK 2025	Conference	State	14.09.2025, Kottayam	Dr. Francis Naduvileveetil Paul	-
6	CHIRURGIA 2026	Conference	State level	21.02.2026-22.02.2026	Dr. Athma Nair R	-
7	KASICON 2026	Conference - Lap suturing competition	State	15.05.2026-17.05.2026 E K Nayanar Academy Kannur	Dr. Neha John (2024)	1st Prize
8	KASICON 2026	Conference - Lap suturing competition	State	15.05.2026-17.05.2026 E K Nayanar Academy Kannur	Dr. Sharon Fernandez (2024)	3rd Prize

9	RAINS 2026	CME	State	06.06.2026 AIMS Thrissur	Dr. Anitta Anna Dr. Sharon Fernandez (2024)	Quiz - 1st prize
10	RAINS 2026	CME	State	06.06.2026 AIMS Thrissur	Dr. Athma Nair R Dr. Neha John	Quiz - 4th prize

Research Activities – PG Students

S. No.	Title	Student	Funding	Status
1	Comparative study of minimally invasive and repair methods in anterior abdominal wall hernias	Dr. Anitta Anna Alex	Nil	Ongoing
2	Assessment of Peripheral vascular disease in diabetic foot ulcer patients	Dr. Anju Ganesh S	Nil	Completed

OBSTETRICS & GYNAECOLOGY

Faculty Statistics:

S. No	Name	Designation
1	Dr. Vinitha Wills	Professor & Head
2	Dr. Susan Mathew	Professor
3	Dr. Laila Mathews	Professor
4	Dr. Rachel Mathew	Additional Professor
5	Dr. Suja Mary Mani	Associate Professor
6	Dr. Srijana Mathai	Additional Associate Professor
7	Dr. J S Divya Louis	Assistant Professor
8	Dr. Sr. Ancy M Kurian	Assistant Professor
9	Dr. Divya S	Assistant Professor
10	Dr. Shalin James	Senior Resident
11	Dr. Neethu Mathew	Senior Resident
12	Dr. Archana Surendran	Senior Resident
13	Dr. Alina Arun Kannattu	Senior Resident
14	Dr. Kiran Joy	Senior Resident

Faculty Promoted:

S. No.	Name	Designation	Date
1	Dr. Vinitha Wills	Professor to HOD	01.04.2026

Faculty Joined

S. No.	Name	Designation	Date
1	Dr. Divya S	Assistant Professor	23.10.2025
2	Dr. Nuzhath Backer Subi Vihar	Senior Resident	19.01.2026
3	Dr. Kiran joy	Senior Resident	19.01.2026
4	Dr. Rebecca Thomas	Senior Resident	02.03.2026
5	Dr. Anjana Jaya Mavelil	Senior Resident	12.03.2026

Faculty Resigned:

S. No.	Name	Designation	Date
1	Dr. Aarcha Samira V M	Senior Resident	02.01.2026
2	Dr. Neethu Mathew	Senior Resident	29.01.2026
3	Dr. Rebecca Thomas	Senior Resident	07.03.2026
4	Dr. Nuzhath Backer Subi Vihar	Senior Resident	31.03.2026

Career Progression [Courses/ Fellowship / Training programs

S. No.	Name of Course/ Training Program	Conducted by	Date & Place	Attended/ Ongoing/ Completed
1	ACME certification (Dr. Rachel Mathew)	NCFD, GMC, Kottayam	22.02.2026, Kottayam	Completed
2	Laparoscopic training (Dr. Rachel Mathew)	Laparoscopic Centre Aurangabad	01.02.2026 - 15.02.2026 Aurangabad	Completed

Faculty Achievements

S. No.	Faculty	Achievement	Level	Date & Place
1	Dr. Vinitha Wills	Speaker -Adolescence - Nodal Teachers Training, Shanthinilayam, Tiruvalla,	Institutional	05.11.2025, Shanthinilayam Tiruvalla
2	Dr. Vinitha Wills	Speaker- AKCOG	National	07.02.2026 Kochi

3	Dr. Susan Mathew	Chair- AKCOG	National	06.02.2026 - 08.02.2026 Kochi
4	Dr. J.S. Divya Louis	Speaker-Laparacon-Anatomy - Kerala Chapter - CME	State	Speaker 14.02.2026

Events conducted by department

S. No.	Name	Category	Level	Number of Participants
1	FOCUS	CME	National	> 300

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	Advance course in Medical Education – NMC Nodal Centre for Faculty Development, Kottayam	Workshop	National	22.02.2026 Govt. Medical College, Kottayam	Dr. Rachel Mathew
2	National Conference on Medical Education (MedEdk on 26 NMC Nodal Centre for Faculty Development, Govt. Medical College, Kottayam	Workshop	National	Kottayam	Dr. Rachel Mathew
3	AICOG	Workshop	National	14.01.2026 - 18.01.2026, New Delhi	Dr. Divya Louis
4	Laparacon-Anatomy - Kerala Chapter -CME	CME	State	14.02.2026	Dr. Alina Arun Kannatt
5	Laparacon Anatomy	CME	State	14.02.2026	Dr. Susan Masthew
6	AKCOG	CME	National	06.02.2026 Kochi	Dr. Suja Mary Mani
7	AKCOG	CME	National	07.02.2026 Kochi	Dr. Shalin James
8	SDFI	Conference	National	12.02.2026-14.02.2026 New Delhi	Dr. Sr. Sampreetha SIC

Papers/Poster presented PG students

S. No.	Student	Event	Category	Level	Title of paper
1	Dr. Shruthi Binu	AKCOG	CME	National	A Case of variant type of Hereditary Leiomyomatodid and Renal Cell Carcinoma

2	Dr. Suzanna Mathew	AKCOG	CME	National	Vulvovaginal Leiomyoma- A common tumor in an uncommon site
3	Dr. Aleena Maria Jose	AKCOG	CME	National	A case of omphalocele with Umbilical cord cyst
4	Dr. Dona Pushpan	AKCOG	CME	National	Abnormal uterine bleeding: Except the unexpected - complete mole in a 47 yrs old
5	Dr. Avanthika Anil Menon	AKCOG	CME	National	Study of obstetric outcomes and its association with first trimester HbA1c
6	Dr. Roshni Raju	AKCOG	CME	National	Post operative outcomes of enhanced recovery versus conventional approach in elective cesarean section
7	Dr. Deepak Johney	AKCOG	CME	National	Role of modified Coopland's scoring system in determining the prevalence of high-risk pregnancy and its association with adverse maternal perinatal outcome.
8	Dr. Anagha B. R	AKCOG	CME	National	The role of third trimester doppler ultrasound in predicting adverse perinatal outcome in high-risk singleton pregnancy in a tertiary care center in southern Kerala - A prospective observational study

PAEDIATRICS

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Carol Sara Cherian	Professor& Head
2	Dr. Jacob Abraham	Professor
3	Dr. Letha S	Emeritus Consultant
4	Dr. Manju George Elenjickal	Additional Professor
5	Dr. Roshen Roy	Assistant Professor
6	Dr. Bincy Varghese	Assistant Professor
7	Dr. Jewel Maria George	Assistant Professor
8	Dr. Shanty Mary Koshy	Senior Resident
9	Dr. Bincy Philip	Senior Resident
10	Dr. Varun S Kumar	Senior Resident
11	Dr. Allwyn Thomas	Senior Resident
12	Dr. Hitha Rose Mathew	Senior Resident
13	Dr. Navya Mary Thomas	Senior Resident
14	Dr. Shakeel Ahmed	Senior Resident

15	Dr. Anupam S Thomas	Senior Resident

Faculty Promoted:

S. No.	Name	Designation	Date
1	Dr. Carol Sara Cherian	Additional Professor to Professor to HOD	01.04.2026

Faculty Joined:

S. No.	Name	Designation	Date
1	Dr. Anupam S Thomas	Senior Resident	15.10.2025
2	Dr. Jiby Babu	Senior Resident	12.11.2025
3	Dr. Nithya S Cherian	Senior Resident	10.12.2025
4	Dr. Merlin Alex	Senior Resident	16.12.2025

Faculty Resigned:

S. No.	Name	Designation	Date
1	Dr. Hitha Rose Mathew	Senior Resident	03.09.2025
2	Dr. Jewel Maria George	Assistant Professor	10.10.2025

Career Progression [Courses/ Fellowship / Training programs

S. No.	Name of Course/ Training Program	Date & Place	Attended/ Ongoing/ Completed
1	PALS - Dr. Bincy Philip	05.03.2026	Completed
2	Diploma In Allergy, Asthma and Immunology	January 2026-December 2026	Ongoing

Events conducted by department

Name	Category	Level	Date & Place	Number of Participants
KITES	Workshop	Institutional	16.09.2025	50-100

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	NGDP 2025	Conference	National	28.08.2025, CDC KIMS, Thiruvanathapuram	Dr. Manju George Elenjickal
2	Autism Project	Workshop	National	13.07.2025, Aster Medicity, Kochi	Dr. Manju George Elenjickal

3	PULSE 2025	Workshop	National	14.06.2025, PIMSRC, Tiruvalla	Dr. Roshen Roy
4	Newbels-Neonatal Emergency Workshop at Believers Through Simulation	Workshop	National	24.08.2025, Believers Church Medical College Hospital, Thiruvalla	Dr. Roshen Roy
5	Kerala NEOCON 2026	Conference	State	Ettumanoor 20.04.2026	Dr Bincy Varghese
6	Kerala NEOCON 2026	Conference	State	Ettumanoor 20.04.2026	Dr Reshma M
7	Kerala NEOCON 2026	Conference	State	Ettumanoor 20.04.2026	Dr Merlin Alex
8	Gokulam PEDICON 2026	CME	State	Gokulam Hospital	Dr Shakeel Ahmed

Research activities – Faculty

S. No.	Title	Investigators	Funding	Status
1	Sandpaper nails: an uncommon tale of twenty-nail dystrophy in a 5-year-old	Dr. Carol Sara Cherian	Nil	Published
2	Effectiveness Of Peer Assisted Learning Versus Video Based Learning In Teaching Pediatric Neurological	Dr. Carol Sara Cherian	Nil	Published
3	Serum Vitamin D levels in children with autism spectrum disorders and their association with disease severity	Dr. Manju George Elenjickal	Nil	Published

Research Activities – PG Students

S. No.	Title	Student	Status
1	Sensory Profiling in Children with Attention Deficit Hyperactivity Disorders Aged 7–12 Years from a Tertiary Care Centre in South Kerala.	Dr. Anjitha S	Completed
2	STEPSS as an Outcome Predictor of Children with Epilepsy Aged 3 Months to 15 Years.	Dr. Sneha Maria Joy	Completed
3	Validation of SICK Score in Predicting the Outcome among Pediatric Patients Presenting to Emergency Department in a Tertiary Care Centre in Kerala	Dr. Akhil Joshy	Completed
4	Proportion of Toddlers Aged 16–30 Months Having the Risk of ASD in a Tertiary Care Centre of South Central Kerala	Dr. Nandagopal	Completed

5	A Study on Asthma and a Comparative Study on Effectiveness Method Versus A Virtual Teach-To-Goal Approach In Educating Hospitalized Children with Asthma on Proper Inhaler Technique	Dr. Ariya Vennu	Completed
6	Children's Eating Behavior in Relation to Their BMI in 2–5-Year-Old Children in a Tertiary Care Centre.	Dr. Tessa Jose	Completed
7	Prevalence of Nutritional Problems and Its Association with Feeding Practices in Children Aged 1–3 Years Attending a Tertiary Care Centre in South Kerala	Dr. Pooja J. Panicker	Completed
8	The Utility of Neck Circumference in Assessing Overweight and Obesity in Children	Dr. Rosemary Jose A	Ongoing
9	Mean Serum Calcium and Magnesium Levels at Admission in Children Aged 2 Months to 59 Months with Pneumonia – A Hospital-based Cross-sectional Study	Dr. Shabin S	Ongoing
10	Association of Mean Platelet Volume, Red Cell Distribution Width Coefficient of Variation and Severity of Community-acquired Pneumonia in Children Aged 1–15 Years	Dr. Mufna V. K	Ongoing
11	Comparison of Multimodal Intervention with Standard Intervention for Children Aged 7–12 Years with ADHD	Dr. Abhirama Jayaprakash Dr. Sonia Babu Dr. Joann B. George Dr. Sreya Chandran Dr. Alisha Rachel Tharakan Dr. Sheeba Thomas Dr. Linda Jacob Dr. Mannal Kunnummal Dr. Henna Shamsudeen	Ongoing
12	Comparison Between Pediatric Respiratory Assessment Measure (PRAM) Score and Modified Pulmonary Index Score (MPIS) to Assess Acute Asthma Exacerbation among Children Aged 5–14 Years	Dr. Sonia Babu Dr. Joann B. George Dr. Sreya Chandran Dr. Alisha Rachel Tharakan Dr. Sheeba Thomas Dr. Linda Jacob Dr. Mannal Kunnummal Dr. Henna Shamsudeen	Ongoing

13	Assessment of Anxiety and Depression Symptoms in Adolescents Aged 12–18 Years with Asthma in a Tertiary Care Centre of South Central Kerala	Dr. Joann B. George	Ongoing
14	Comparison of Pediatric Early Warning Score (PEWS) and Pediatric Advanced Warning Score (PAWS) in Predicting ICU Need among Pediatric Patients Admitted from the Emergency Department	Dr. Sreya Chandran	Ongoing
15	Prevalence of Overweight and Type of Adiposity in Children among 2–5 Years	Dr. Alisha Rachel Tharakan	Completed
16	Clinical Profile of Children Aged 2 Months to 59 Months with Recurrent Wheeze in a Tertiary Care Centre	Dr. Sheeba Thomas	Completed
17	Association between Serum Zinc Level and Pneumonia in Hospitalized Children of Age Group 6 Months to 5 Years	Dr. Linda Jacob	Completed
18	Association between Anemia and Pneumonia in Children Aged 6 Months to 5 Years in a Tertiary Care Centre	Dr. Mannal Kunnummal	Completed
19	Effectiveness of Virtual Reality-based Attention Enhancement Therapy for Children Aged 7–12 Years with ADHD	Dr. Henna Shamsudeen	Completed

ORTHOPAEDICS

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Samson S. Edayalamuriyil	Professor & Head
2	Dr. Kiran R.	Professor
3	Dr. Manju G. Pillai	Additional Professor
4	Dr. Sanjay Nath	Assistant Professor
5	Dr. Abhijith Anil	Assistant Professor
6	Dr. Renju Mathew Thomas	Senior Resident
7	Dr. Likhith Theodore	Senior Resident
8	Dr. Jijo Sam Mathew	Senior Resident
9	Dr. Mohammed Waseem	Senior Resident
10	Dr. Suraj George Philip	Senior Resident
11	Dr. Ann Maria John	Senior Resident
12	Dr. Arun Joy	Senior Resident
13	Dr. Atul John	Senior Resident

Faculty Promoted:

S. No.	Name	Designation	Date
1	Dr. Likhith Theodore	Senior resident to Assistant Professor	01.12.2025

Faculty Resigned:

S. No.	Name	Designation	Date
1	Dr. Jijo Sam Mathew	Senior Resident	25.07.2025
2	Dr. Sanjay Nath	Assistant Professor	31.10.2025
3	Dr. Renju Mathew Thomas	Assistant Professor	13.04.2026

Faculty Joined:

S. No.	Name	Designation	Date
1	Dr. Suraj George Philip	Senior Resident	11.08.2025
2	Dr. Ann Maria John	Senior Resident	20.08.2025
3	Dr. Arun Joy	Senior Resident	04.11.2025
4	Dr. Atul John	Senior Resident	01.12.2025
5	Dr. Darren D Kuttikkat	Senior Resident	08.12.2025

Events conducted by department

S. No.	Name	Category	Date & Place	Number of Participants
1	Faculty	CME	08.03.2026 Senate hall	100+

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	CME-KOA ADDITIONAL	CME	State	13.07.2025, Kollam	Dr. Samson S Edayalamuriyil
2	GC 2025	Conference	State	02.08.2025-03.08.2025 Kochi	Dr. Samson S Edayalamuriyil
3	OASISCON 2025	Conference	National	29.08.2025-30.08.2025 Puducherry	Dr. Samson S Edayalamuriyil
4	IASCON 2025	Conference	Internatio nal	26.09.2025-28.09.2025 , Goa	Dr. Samson S Edayalamuriyil

5	PRICE 2025	CME	Institutional	25-07-2025, Tiruvalla	Dr. Samson S Edayalamuriyil
6	GOC Shoulder Course	Conference	State	02.08.2025-03.08.2025 Kochi	Dr. Kiran R
7	TEDx Theming	Workshop	Institutional	18.07.2025, Tiruvalla	Dr. Samson S Edayalamuriyil
8	CIOS 2025	Conference	State	25.10.2025-26.10.2025, Kochi	Dr. Kiran R
9	Pioneer 1.0	Workshop	Institutional	16.10.2025, Tiruvalla	Dr. Samson S Edayalamuriyil
10	IMACON 2025	Conference	State	08.11.2025, Kozhikode	Dr. Kiran R
11	SMART Basic Knee Arthroplasty	Workshop	State	14.12.2025, Kottayam	Dr. Manju G Pillai
12	RANAWAT ORTHOPEDIC CONFERENCE	Conference	State	08.01.2026-10.01.2026 Bangalore	Dr. Samson S Edayalamuriyil
13	KOACON- 2026	Conference	National	16.01.2026-17.01.2026 Kozhikode	Dr. Samson S Edayalamuriyil
14	PUSHPAGIRI ORTHOCON 2026	CME	State	08.03.2026 PMCH	Dr. Samson S Edayalamuriyil
15	CME	CME	State	22.03.2026 BCMCH	Dr. Samson S Edayalamuriyil
16	GAC 2026	Conference	State	27.03.2026 - 28.03.2026 Coimbatore	Dr. Samson S Edayalamuriyil
17	PUSHPAGIRI ORTHOCON 2026	CME	State	08.03.2026 PIMS&RC	Dr. Kiran R
18	GAC 2026	Conference	State	27.03.2026 - 28.03.2026 Coimbatore	Dr. Kiran R
19	AASKCON 2026	Conference	State	30.05.2026 Kumarakom	Dr. Kiran R
20	KOACON 2026	Conference	State	16.01.2026 - 18.01.2026	Dr. Manju G Pillai

Papers/Poster presented faculty

S. No.	Faculty	Event	Category	Level	Date & Place	Title of paper
1	Dr. Samson S Edayalamuriyil	CME-KOA ADDITIONAL	CME	State	13.07.2025, Kollam	Mastering Complex Elbow Trauma

2	Dr. Samson S Edayalamuriyil	GC 2025	Conference	State	02.08.2025-03.08.2025 , Kochi	Shoulder Course - Current Concepts
3	Dr. Kiran R	GC 2025	Conference	State	02.08.2025-03.08.2025 , Kochi	Shoulder Course - Current Concepts
4	Dr. Kiran R	CIOS 2025	Conference	State	25.10.2025-26.10.2025, Kochi	Shoulder Course - Current Concepts

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Students	Prize won
1	CME	TOPIC 2026	National	Trivandrum 02.01.2026 - 04.01.2026	Dr. Aravind	Delegate
2	CME	43rd Mangalore Orthopedic Course	State	Bangalore 13.02.2026 - 15.02.2026	Dr. Aravind	Delegate
3	CME	43rd Mangalore Orthopedic Course	State	Bangalore 13.02.2026 - 15.02.2026	Dr. Achu S Nair	Delegate

Research Activities – PG Students

S. No.	Title	Student	Funding agency	Status
1	A Comparative study of functional outcome of cemented and uncemented hemiarthroplasty in elderly patients with displaced neck of femur fracture in a tertiary care centre in south Kerala	Dr. Thariyan Jiji	Self	Ongoing
2	A Comparative study of functional outcome between Percutaneous reduction and hollow Screw fixation using extensile lateral approach in sanders Type ii and iii intra- articular calcaneal fractures in a tertiary care centre in south Kerala	Dr. Tone Varghese	Self	Ongoing
3	Diagnostic accuracy of AKMES test for medial Meniscus Posterior root tear in a tertiary care center in south kerala	Dr. Sreejith	Self	Ongoing
4	Comparative study of the functional outcomes in OBESE versus NON-OBESE patients undergoing total knee replacement in a tertiary care centre in South Kerala	Dr. Mahesh K	Self	Ongoing

MEDICINE ALLIED

EMERGENCY MEDICINE | PULMONARY MEDICINE| PSYCHIATRY | DERMATOLOGY, VENEREOLOGY & LEPROSY | PAIN & PALLIATIVE CARE MEDICINE| IMMUNOHAEMATOLOGY & BLOOD TRANSFUSION (IHBT)

EMERGENCY MEDICINE

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Marthimoottil Lissa Abraham	Professor & Head
2	Dr. Mithun Murali Krishna	Associate Professor
3	Dr. Jaismol James	Senior Resident
4	Dr. Nibu John Mathew	Senior Resident
5	Dr. Sachin Joseph John	Senior Resident
6	Dr. Sangeetha Sajeevu	Assistant Professor
7	Dr. Maymol Abraham	CMO
8	Dr. Sreedevi Aravindan	Assistant Professor
9	Dr. Arya Joy	Casualty Medical Officer
10	Dr. Tisha Anna Sunny	Casualty Medical Officer
11	Dr. V T Premajyothi	Medical Officer

Faculty Promoted:

S. No.	Name	Designation	Date
1	Dr. Mithun Murali Krishna	Associate Professor	01.12.2025
2	Dr. Marthimoottil Lissa Abraham	Professor &HOD	01.12.2025

Faculty Joined:

S. No.	Name	Designation	Date
1	Dr. Nibu John Mathew	Senior Resident	17.11.2025
2	Dr. Sachin Joseph John	Senior Resident	17.11.2025
3	Dr. Sangeetha Sajeevu	Assistant Professor	20.11.2025
4	Dr. Maymol Abraham	CMO	29.12.2025
5	Dr. Sreedevi Aravindan	Assistant Professor	08.06.2026
6	Dr. Arya Joy	Casualty Medical Officer	01.11.2025
7	Dr. Tisha Anna Sunny	Casualty Medical Officer	01.11.2025
8	Dr. V T Premajyothi	Medical Officer	01.11.2025

Faculty Resigned:

S. No.	Name	Designation	Date
1	Dr. Hemanth V S	Senior Resident	11.07.2025
2	Dr. Arjun James	Assistant Professor	17.07.2025
3	Dr. Roney Thomas	Prof. & HOD	30.11.2025

Faculty Achievements

S. No.	Name of award	Conferring agency	Date	Place
1	Dr Lissa Abraham	Mar Athanasios Research Endowment Award	PIMS&RC	17.10.2025

Faculty Achievements

S. No.	Faculty	Achievement	Level	Date & Place
1	Dr Sangeetha Sajeevu	Faculty- Ventilator Workshop	State	01.03.2026/ Thrissur
2	Dr Sangeetha Sajeevu	Faculty - Aemecon 2026	National	14.03.2025 &15.03.2025 Kozhikode
3	Dr Sachin Joseph John	Faculty- Kems Workshop 2026	International	27.02.2026/ Trivandrum
4	Dr Nibu John Mathew	Faculty- Kems Workshop 2026	International	27.02.2026/ Trivandrum
5	Dr Jaismol James	Judge- Poster Presentation- Kems 2026	International	28.02.2026-01.03.2026/ Trivandrum

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1	Dr Sachin Joseph John	Workshop	Institutional	03.02.2026 Pushpagiri Gramashupathri, Chunkappara	19
2	Dr Sachin J	Workshop	Institutional	16.01.2026 Rotary Club, Kottayam	30

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	KEMS	Conference	International	28.02.2026-01.03.2026 Trivandrum	Dr Jaismol James(Senior Resident -ED)
2	Command the Machine	Ventilator Workshop	State	01.03.2026 Thrissur	Dr Nibu John Mathew(Senior Resident -ED)

3	Price 2025	Cme	State	25.07.2025, PIMS&RC	Dr Lissa Abraham
4	Pioneer	Workshop	Institutional	16.10.2025, PIMS&RC	Dr Roney Thomas
5	Skillspire 3.0 - Essential Soft Skills for Health Professionals	Workshop	Institutional	18.10.2025, PIMS&RC	Dr Lissa Braham
6	Wacem 2025 And Emindia 25	Conference	National	18.10.2025, PIMS&RC	Dr Jaismol James
7	Wordl Resuscitation Congress (Wrc 2025)	Conference	International	06.12.2025, Meenakshi Mission Hosptial& Reserach Centre, Madurai	Dr Lissa Abraham

Papers/Poster presented faculty

S. No.	Faculty	Event	Category	Level	Date & Place	Prize won
1	Dr Jaismol James	Wacem 25 And Emindia25	Conference	National	29.10.2025, Mangalore	1

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Students
1	Gems 2026	Conference	International	Maharastra 09.02.2026	Dr Rijith T K 2023
2	Gems 2026	Conference	International	Maharastra 09.02.2026	Dr Stefany Joshy 2024
3	Gems 2026	Conference	International	Maharastra 09.02.2026	Dr Sreehari C P2024
4	Command The Machine	Workshop	State	01.03.2026 Thrissur	Dr Arjun KG 2023
5	Command The Machine	Workshop	State	10.03.2026 Thrissur	Dr Rijith T K 2023
6	Aemecon 2026	Conference	National	14.03.2026 - 15.03.2026 Kozhikode	Dr Jenny Betsy Sebastian 2024
7	Aemecon 2026	Conference	National	15.03. 2026 Kozhikode	Dr Jithin Murali 2024
8	Impact 2025	Conference	Institutional	30.11.2025 PIMS&RC	Dr. Anfal Muhammed

Papers/Poster presented PG students

S. No.	Students	Event	Category	Level	Date & Place	Title of paper
1	Dr Rijith T K 2023	Gems 2026	Conference	International	08.01.2026 - 11.01.2026 Maharastra	Double Trouble
2	Dr Stefany Joshy 2024	Gems 2026	Conference	International	08.01.2026 - 11.01.2026 Maharastra	A Heart In Revolt: A Case of Electrical Storm
3	Dr Sreehari C P 2024	Gems 2026	Conference	International	08.01.2026 - 11.01.2026 Maharastra	The Blue Patient
4	Dr Jenny Betsy Sebastianb2024	Aemecon 2026	Conference	National	14.03.2026 & 15.03.2026 Kozhikode	Electrical Storm In A Patient With Implantable Cardioverter Defibrillator Managed In The Ed
5	Dr Jenny Betsy Sebastian2024	Em Kerala 2026	Conference	National	25.04.2026 &26.04.2026 Angamaly	Severe Hyperkalemia Mimicking Anterior Wall Stemi; A Diagnostic Pitfall In Emrgency Medicine
6	Dr Sneha Mary Jose 2025	Em Kerala 2026	Conference	National	25.04.2026 - 26.04.2026 Angamaly	A Case Of Snake Bite Managed In Emergency Department
7	Dr. Anfal Muhammed V	Impact 2025	Conference	Institutional	30.11.2025, PIMS&RC	Death stranding-beckoning life from the brink of death
8	Dr Arjun Kg	Impact 2025	Conference	Institutional	30.11.2025, PIMS&RC	Pseudo Pea

PULMONARY MEDICINE

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Mathew Ninan	Professor & Head
2	Dr. P Sukumaran	Emeritus Professor
3	Dr. Midhun M	Assistant Professor
4	Dr. Anuja Raju	Assistant Professor
5	Dr. Arya Roy	Senior Resident
6	Dr. Athulya S	Senior Resident

7	Dr.Hari Krishna k	Senior Resident
8	Dr.Riba Achu Abraham	Senior Resident

Faculty Joined

S. No.	Name	Designation	Date
1	Dr.Hari Krishna K	Senior Resident	23.02.2026
2	Dr.Riba Achu Abraham	Senior Resident	10.06.2026

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
	Dr.Midhun M	
1	Pushpagiri clinical club	Convener
2	TB-Clinical	Nodal officer
3	College of Pharmacy	Member
4	RDIC	Member
5	DHWANI MUSIC CLUB	Faculty in-charge

Career Progression [Courses/ Fellowship / Training programs]

S. No.	Name of Course/ Training Program	Conducted by	Date & Place	Attended/ Ongoing/ Completed
		Dr.Arya Roy		
1	Diploma In Allergy and Asthma Programme	Christian Medical College-Vellore	30.01.2026	Completed

Faculty Achievements

S. No.	Faculty	Achievement	Level	Date & Place
1	Dr. Midhun M	Maximum TB Cases Detected	State	19.03.2026-Pushpagiri

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1	TB- Titans	Quiz	State	15.03.2026-Inspire Hall	70
2	Inspirations2025	CME	State	12.10.2025	50-100
3	World Copd Day	World COPD Day	Institutional	20.11.2025	50-100

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	ABIP-2026	Conference	State	28.03.2026-29.03.2026-Kochin	Dr. Mathew Ninan
2	Pulmonary	Scientific Session	State	20.20.26-K.M. Cherian Hospital,Kallissery	Dr. Mathew Ninan
3	Allergcon-26	Conference	National	28.01.2026-Cmc-Vellore	Dr. Arya Roy
4	Allergcon-26	Conference	National	30.01.2026	Dr. Arya Roy
5	Pulmocon-2025	Conference	State	12.09.2025,Kottayam	Dr.P. Sukumaran

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Students
1	Alfa-2026	Conference	State	28.02.2026-Amrita Hospital	Dr. Sulfiya-(2023)
2	Alfa-2026	Conference	State	28.02.2026-Amrita Hospital	Dr. Liya (2023)
3	Alfa-2026	Conference	State	28.02.2026-Amrita Hospital	Dr. Soumya (2023)
4	Alfa-2026	Conference	State	28.02.2026-Amrita Hospital	Dr. Arya (2025)
5	Abip-26	Conference	State	28.02.2026-Amrita Hospital	Dr. Namita(2023)
6	Abip-26	Conference	State	28.02.2026-Amrita Hospital	Dr. Sulfiya-(2023)
7	Abip-26	Conference	State	28.02.2026-Amrita Hospital	Dr. Liya (2023)
8	Abip-26	Conference	State	28.02.2026-Amrita Hospital	Dr. Soumya (2023)

PSYCHIATRY

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Joice Geo	Professor & Head
2	Dr. Roy Abraham Kallivayalil	Emeritus Professor
3	Dr. Sheena Varughese (Sr. Liza SIC)	Associate Professor
4	Dr. Soumya P Thomas	Assistant Professor

5	Dr. Derrick Johnson	Senior Resident
6	Ms. Bodhi Babu	Clinical Psychologist
7	Dr. Sajan T Alex	Senior Resident
8	Dr. Suja Kurian	Professor

Faculty Joined/ Promoted

S. No.	Name	Designation	Date
1	Dr. Sajan T Alex	Senior Resident	29.12.2025
2	Dr. Suja Kurian	Professor	01.06.2026

Special services/ clinics

S. No.	Name of clinic
1	Geriatric Clinic
2	Child & Adolescent Clinic

Office bearers/ Membership to scientific/ academic bodies

S. No.	Name of scientific/ academic body	Designated Post
Dr. Soumya P Thomas		
1	SSGP	Member
Dr. Sheena Varughese		
2	College Council	Member
3	PG Welfare Program	Member
4	Section on Psychiatry medicine & Preliminary care	Member

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
Dr. Sajan T Alex		
1	Clinical Club	Member
Dr. Sheena Varughese		
2	Clinical Club	Coordinator
Dr. Derrick Johnson		
3	Clinical Club	Member

Faculty Achievements

S. No.	Faculty	Achievement	Level	Date & Place
1	Dr. Joice Geo	Chairperson of Mental Health Program South zone - Psychiatry	National	April, Ernakulam

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	Workshop on sports on psychiatry	Workshop	National	April/ Ernakulam	Dr. Joice Geo

Papers/Poster presented faculty

S. No.	Faculty	Event	Category	Level	Date & Place	Prize won
1	Dr. Joice Geo	Paper Presented	CME	National	April	Proficiency

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Students
1	ANCIPS 2025	Conference	National	23.01.2025, Hyderabad	Dr. Jesin Suja Sam(2023), Dr. Pabina Pius Puthur(2023), Dr. Devan Suresh(2023), Dr. Shwetha Vasudev (2023)
2	ANCIPS 2026	Conference	National	30.01.2026, New Delhi	Dr. Jesin Suja Sam(2023), Dr. Pabina Pius Puthur(2023), Dr. Devan Suresh(2023)
3	SIPSCON 2025	Conference	State	Aug/2025, Kozhikode	Dr. Pabina Pius Puthur(2023), Dr. Devan Suresh(2023), Dr. Shwetha Vasudev (2023)
4	Annual PG Training Programme	Training	National	10.04.2026-11.04.,2026 Bangaluru	Dr. Rojith Ray Joseph(2024), Dr. G Sanjana
5	Annual PG Training Programme	Seminar	State	31.05.2026, Thiruvananthapuram	Dr. Karthika K Mani(2025), Dr. Nithin Varghese(2025), Dr. Jincy Mariam Easow (2025), Dr.Asha P(2025)

Papers/Poster presented PG students

S. No.	Students	Event	Category	Level	Date & Place	Title of paper
1	Dr. Jesin Suja Sam	Paper presentation	Conference	National	23.01.2025, Hyderabad	"Attitude Towards ECT Among Doctors and General Public- A Cross Sectional Comparative Study"

2	Dr. Jesin Suja Sam	Poster presentation	Conference	National	30.01.2026, New Delhi	"When Two Minds Share A Delusion: A Tragic Case of Shared Psychosis in Affluent India"
3	Dr. Pabina Pius Puthur	Paper presentation	Conference	State	Aug/2025, Kozhikode	Prevalence & pattern of sexuel dysfunction & quality of life of females receiving antidepressents- A comparative study.
4	Dr. Pabina Pius Puthur	Poster presentation	Conference	National	30.01.2026, New Delhi	Unveiling the silent shift: Emerging female alcohol use disorders in Rural Kerala- A dual case illustration
5	Dr. Shwetha Vasudev	Paper presentation	Conference	National	23.01.2025, Hyderabad	Sleep quality in medical students across the various phases of medical education in central travancore , Kerala- A cross sectional study
6	Dr. Shwetha Vasudev	Poster presentation	Conference	State	Aug/2025, Kozhikode	Phenytoin: Unmasking the primate within

Research Activities – PG Students

S. No.	Title	Student	Guide / Co-guide	Status
1	Craving and Readiness to change with Alcohon or Nicotine use disorder in remitted Bipolar and schizophrenia patients- A comparative cross sectional Study	Dr. Shwetha Vasudev (2023)	Dr. Sheena Varughese	Completed
2	Frequency of depressive, anxiety and disruptive behavioural disorders among adolecent children of parents with alcohol use disorder in a tertiary care center: A comparative study	Dr. Pabina Pius Puthur(2023)	Dr. Sheena Varughese	Completed
3	Caregiver burden, Psychiatric Morbidity, Affiliate stigma and quality of life in parents of patients with Schizophrenia with Bipolar Affective disorders- A cross sectional comparative study	D. Jesin Suja Sam	Dr. Joice Geo	Completed
4	Craving and Readiness to change with Alcohol or Nicotine use disorder in remitted Bipolar and schizophrenia patients- A comparative cross sectional Study	Dr. Devan Suresh	Dr. Joice Geo	Completed
5	Frequency of Behavioral Addiction, Substance Use Disorders and	Dr. Rojith Ray Joseph	Dr. Joice Geo	Completed

	associated factors in Adolescents attending a tertiary care centre			
6	Knowledge of Attention deficit/ Hyperactivity disorder and conduct disorder in primary school teachers in Pathanamthitta district- A cross sectional study	Dr. Arun George Alex	Dr. Joice Geo	Completed
7	Occupational stressors and the knowledge about mental health among police personnel in Pathanamthitta district: a cross sectional study	Dr. G Sanjana	Dr. Sheena Varughese	Completed
8	A Comparative Study Of Anxiety ,Depression , Stress And Perceived Social Support Among Primigravida And Multigravida Women In A Tertiary Care Centre, Kerala	Dr. Arya Lakshmi M	Dr. Joice Geo	Completed

DERMATOLOGY, VENEREOLOGY & LEPROSY (DVL)

Faculty Statistics :

S. No.	Name	Designation
1	Dr. Balachandran P K	Professor & Head
2	Dr. T.P. Thankappan	Emeritus Professor
3	Dr. Rhia Sebastian	Associate Professor
4	Dr. Asha Thankappan	Assistant Professor
5	Dr. Divya Ann George	Assistant Professor
6	Dr. Akhila Merin John	Senior Resident
7	Dr. Basanth Paul	Consultant
8	Dr.Jonita Rosemary	Senior Resident

Faculty Joined/ Promoted/ Resigned

S. No.	Name	Designation	Date
1	Dr. Basanth Paul	Consultant	01.07.2025
2	Dr.Jonita Rosemary	Senior Resident	11.02.2026

Special services/ clinics

S. No.	Name of clinic	Services Rendered
1	Psoriasis Clinic	Patient Care
2	Vitiligo Clinic	Patient Care
3	STD Clinic	Patient Care

4	Vesiculobullour Clinic	Patient Care
5	Hansea's Diseases Clinic	Patient Care

Office bearers/ Membership to scientific/ academic bodies

S. No.	Name of scientific/ academic body	Designated Post
Dr. Thankappan		
1	IADVL	Member
Dr. Balachandran		
2	IADVL	Member
Dr. Rhia Sebastian		
3	IADVL	Member
Dr. Asha Thankappan		
4	IADVL	Member
Dr. Divya Ann George		
5	IADVL	Member

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
Dr. Asha Thankappan		
1	Staff Grievance Commitee	Member
2	Hospital Management Committee	Member
Dr. Balachandran P.K		
3	Hospital Management Committee	Member
Dr. Rhia Sebastian		
4	Hospital Management Committee	Member
Dr. Divya Ann George		
5	Hospital Management Committee	Member

Career Progression [Courses/ Fellowship / Training programs]

S. No.	Name of Course/ Training Program	Conducted by	Date & Place	Attended/ Ongoing/ Completed
Dr. Jonita Rosemary				
1	Global certificate in Dermatopathology	London School of business administration	Jan-June	Ongoing

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1	HIVES-UNVEILD	CME	State	19.01.2025 & PIMS	75

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	Mission clean dermis	Laser Workshop	National	03.05.2026 & Nilambur	Dr. Jonita Rosemary
2	Cuticon-Kerala	Conference	State	November 2025 & Kumarakom	Dr. Balachandran P.K
3	CME	CME	State	January 2025 & PIMS	Dr. Balachandran P.K

XII Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Students
1	Award Paper (The Eczema That Wasn't Just Eczema: A Rare Diagnosis Unveiled)	Conference	State	17.05.2026 Palakkad	Dr. Adarsh Mohan (2024)
2	Cuti-con Kerala	Conference	State	Nov .2025 Kumarakom	Dr. Ria Susan Koshy (2023), Dr. Lina Varghese (2023), Dr. Nishmitha Narayanan (2023), Dr. Ashish Shaji Mathew (2024), Dr. Nivea Franco Konikkara (2024), Dr. Adarsh Mohan (2024)
3	Mid Cuti-con Kerala	Conference	State	May.2026 Palakkad	Dr. Ria Susan Koshy (2023), Dr. Lina Varghese (2023), Dr. Nishmitha Narayanan (2023) Dr. Ashish Shaji Mathew (2024), Dr. Nivea Franco Konikkara (2024) Dr. Adarsh Mohan (2024)
4	The complete Lazer Workshop	Workshop	State	May.2026 Nilambur	Dr. Ria Susan Koshy (2023), Dr. Ashish Shaji Mathew (2024), Dr. Nivea Franco Konikkara (2024) Dr. Adarsh Mohan (2024)

XIII Papers/Poster presented PG students

S. No.	Students	Event	Category	Level	Date & Place	Title of paper	Prize won
1	Dr. Adarsh Mohan	Poster	Conference	State	15.11.2025 Kottayam	When Weekly Becomes Daily: Acute Methotrexate Toxicity	-
2	Dr. Ria Susan Koshy	Poster	Conference	State	Nov 2025 Malappuram	Febrile illness with a Groin Ulcer: An Eschar Negative case of scrub Typhus	-
3	Dr. Ria Susan Koshy	Paper	Conference	State	Nov 2025 Kumarakom	From face to folds & follicles- A rare pattern of pigmetery	-
4	Dr. Ria Susan Koshy	E-Poster	Conference	International	Dubai, UAE	Cutaneous clues to a systemic culprit: Unmasking a Vasculitic disorder- Dermamed econ	First
5	Dr. Ashish Shaji Mathew	Poster	Conference	State	15.11.2025-16.11.2025 Kumarakom	Rare case of Punctate Palmo-Plantar Lichen Planus	-
6	Dr. Ashish Shaji Mathew	Paper	Conference	state	17.05.2026 Palakkad	A case of Adolescent pemphigus Vulgaris	-
7	Dr. Nivea Franco Konikkara	Poster	Conference	state	15.11.2025 - 16.11.2025 Kumarakom	An unusual variant of nodulocystic basal cell	-

						carcinoma of the leg	
8	Dr. Nivea Franco Konikkara	Paper	Conference	state	15.11.2025 - 16.11.2025 Kumarakom	An unusual case of bullous pemphigoud: when presentation defies expectations	-

XVI Research activities – Faculty

S. No.	Title	Investigators	Status
1	Diagnostic Validity of Clinical and Histopathological Diagnosis of Classical Lichen Planus using Clinicopathological Correlation as Reference standard.	Dr. Jonita Rosemary, Dr. Rhia Sebastian	Ongoing
2	Clinico-epidemiological study of hand eczema in patients attending outpatient department of a tertiary care hospital in South Kerala	Dr. Rhia Sebastian	Ongoing
3	Correlation between serum Uric Acid , Calcium and vitamin D levels and severity of Psoriasis: A descriptive cross sectional study in a tertiary care centre in South Kerala	Dr. Rhia Sebastian	Ongoing

XVII Research Activities – PG Students

S. No.	Title	Student	Guide / Co-guide	Status
1	Correlation between serum Uric Acid , Calcium and vitamin D levels and severity of Psoriasis: A descriptive cross sectional study in a tertiary care centre in South Kerala	Dr. Ria Susan Koshy	Dr. Rhia Sebastian	Completed
2	A clinicoepidemiological study on hypopigmented skin lesions in children and adolescents	Dr. Jinu Johney	Dr. Balachandran P.K	Completed
3	Clinical spectrum of paediatric dermatoses and their associated factors among patients attending a tertiary care hospital in Southern Kerala	Dr. Jonita Rosemary	Dr. Balachandran P.K	Completed
4	Cutaneous manifestations of pregnancy and its association with gravidity and the period of gestation	Dr. Shiji Shelto S. R.	Dr. Balachandran P.K	Completed
5	Clinico-epidemiological study of hand eczema in patients attending outpatient	Dr. Lina Varghese	Dr. Rhia Sebastian	Completed

	department of a tertiary care hospital in South Kerala			
6	Clinico-epidemiological and dermoscopic evaluation of facial melasma in a tertiary care hospital – A cross-sectional study	Dr. Nishmita Narayanan	Dr. Balachandran P.K	Completed
7	Clinico-epidemiological profile and prevalence of metabolic syndrome among patients with acne in a tertiary care centre in South Kerala	Dr. Nivea Franco Konikkara	Dr. Balachandran P.K	Completed
8	Prevalence and patterns of occupational skin diseases among traffic police personnel in Central and Southern Kerala: A cross-sectional study	Dr. Adarsh Mohan	Dr. Balachandran P.K	Completed
9	Hyroid disorders in vitiligo patients attending a tertiary care centre in South Kerala	Dr. Ashish Shaji Mathews	Dr. Rhia Sebastian	Completed

PAIN & PALLIATIVE CARE MEDICINE

"To add life to days and not days to life – Total Care."

The Department of Palliative Care is committed to providing compassionate, comprehensive, and holistic care to patients living with life-limiting and life-threatening illnesses. Headed by Dr. Thampi P. T., the department adopts a patient- and family-centred approach, recognising that quality palliative care extends beyond the management of physical symptoms.

The department addresses the physical, psychological, social, and spiritual needs of patients and their families, with the primary objective of enhancing quality of life, relieving suffering, preserving dignity, and supporting patients and their caregivers throughout the illness journey.

Particular emphasis is placed on the effective management of chronic and cancer-related pain and other distressing symptoms, ensuring that patients receive appropriate care and maximum possible relief. The department also provides emotional and psychosocial support to families, helping them cope with the challenges associated with prolonged and advanced illness.

The philosophy of the department is rooted in the belief that every individual deserves to live with comfort, dignity, compassion, and hope, irrespective of the stage of illness or financial circumstances.
Facilities and Services

1. Palliative Care Outpatient Services
The Palliative Care Outpatient Clinic functions from 8:30 a.m. to 2:00 p.m. on Mondays, Wednesdays, and Fridays. The clinic provides comprehensive assessment and follow-up care for patients with advanced and chronic illnesses.

Patients are assessed for pain and other physical symptoms, as well as psychological, social, and spiritual concerns. Individualised care plans are developed in consultation with patients, families, and the multidisciplinary care team.

Recognising the financial burden associated with long-term illness, the department provides free or subsidised services based on the needs and financial circumstances of patients, ensuring that lack of financial resources does not become a barrier to essential palliative care.

2. Inpatient Palliative Care Services

Patients who require continuous medical supervision, symptom control, nursing care, or specialised palliative interventions are admitted to the department's dedicated 18-bed Palliative Care Ward.

The inpatient service provides a supportive environment for patients with complex care needs, particularly those experiencing uncontrolled pain, distressing symptoms, functional limitations, or difficulties that cannot be adequately managed at home.

The multidisciplinary team works closely with patients and their families to ensure effective symptom management, comfort, dignity, and continuity of care. Families are also guided and supported in understanding the patient's condition and participating appropriately in care decisions.

3. Home Care Services

Home-based palliative care is an important component of the department's service delivery, particularly for patients who are elderly, bedridden, functionally dependent, or unable to travel to the hospital.

A committed multidisciplinary team comprising trained volunteers, doctors, experienced nurses, and social and health workers regularly visits patients in their homes, including those living in remote villages.

Home care services facilitate:

1. Regular assessment and management of pain and other symptoms
2. Nursing and supportive care
3. Follow-up of patients after hospital or outpatient visits
4. Guidance and training for family caregivers
5. Psychosocial support to patients and families
6. Identification of social and financial needs
7. Provision of appropriate medical aids and supportive equipment

Through these services, the department strives to ensure that patients can receive appropriate care within the comfort and familiarity of their own homes, while reducing the difficulties associated with repeated hospital visits.

4. Rehabilitation and Socioeconomic Support

Serious and life-limiting illnesses frequently affect not only the patient but the entire family unit. Prolonged illness can result in loss of income, disruption of children's education, emotional distress, food insecurity, inadequate housing, and increased dependence on caregivers.

The Department of Palliative Care therefore extends its role beyond medical treatment by providing rehabilitative, educational, financial, and social support based on the individual needs of patients and their families.

Support may include:

44. Educational assistance: Children from economically vulnerable families are supported to continue their education despite the financial difficulties arising from illness.

45. Vocational training: Individuals and family members are supported through vocational training, including nursing and other skill-based programmes, to help them develop sustainable livelihood opportunities.
46. Food and essential provisions: Families facing severe financial hardship may receive food and other essential provisions until they are able to regain a stable source of livelihood.
47. Housing assistance: Where necessary, support is extended towards securing or improving permanent housing for vulnerable families.
48. Medical and supportive equipment: Essential equipment such as hospital cots, air beds, walkers, and other assistive devices is provided according to the patient's clinical and functional requirements.

These interventions aim to restore independence, dignity, family stability, and social well-being, while reducing the socioeconomic burden associated with prolonged illness.

A Holistic and Compassionate Approach

The Department of Palliative Care follows a multidisciplinary model of care, recognising that effective palliative care requires collaboration among healthcare professionals, patients, families, volunteers, and the wider community.

The department seeks not merely to prolong life, but to make each day of life as comfortable, meaningful, dignified, and fulfilling as possible. Through outpatient, inpatient, home-based, rehabilitative, and socioeconomic services, the department endeavours to provide continuity of care throughout the patient's journey.

A key strength of the department is its commitment to ensuring that genuinely poor and vulnerable patients receive necessary care and support free of charge. This comprehensive approach reflects the department's underlying philosophy of *"Total Care"*—caring for the patient, supporting the family, alleviating suffering, and upholding dignity at every stage of illness.

IMMUNOHAEMATOLOGY & BLOOD TRANSFUSION (IHBT)

Faculty Statistics:

S. No.	Name	Designation
1.	Dr. V. P. Sasidharan	Professor & Head
2.	Dr. Maglin Monica Lisa Joseph Tomy	Senior Resident

Special services/ clinics

S. No.	Name of clinic	Services Rendered
1	Pushpagiri College of Pharmacy	31
2	Mahaguru Institute of Technology,Kattachira	50
3	Mar Chrysostom College, Adoor	59

Additional responsibilities (institutional committees)

S. No.	Name of committee
Dr. V. P. Sasidharan	
1	Hospital transfusion committee

SURGICAL ALLIED

ANESTHESIOLOGY | RADIODIAGNOSIS | PHYSICAL MEDICINE AND REHABILITATION | DENTISTRY

ANESTHESIOLOGY

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Thomas P. George	Professor & Head
2	Dr. Saramma Abraham	Professor
3	Dr. Koshy Thomas	Additional Professor
4	Dr. Reji S. Varghese	Associate Professor
5	Dr. Mary Mammen	Associate Professor
6	Dr. Nimitha M T	Assistant Professor
7	Dr. Sruthy Jayadevan	Assistant Professor
8	Dr. Neethy M M	Senior Resident
9	Dr. Anu Elsa Bobby	Senior Resident
10	Dr. Seetha S Prakash	Senior Resident
11	Dr. Balagovind Nair R	Senior Resident
12	Dr. Shilpa Varghese	Senior Resident
13	Dr. Thanseel T H	Senior Resident
14	Dr. Anish M Varkey	Associate Professor CVTS
15	Dr. Regimol V Varghese	Professor

Faculty Joined:

S. No.	Name	Designation	Date
1	Dr. Regimol V Varghese	Professor	17.06.2026

Faculty Resigned:

S. No.	Name	Designation	Date
1	Dr. Divya Zacharias Mannala	Assistant Professor	30.07.2025

Special services/ clinics

S. No.	Name of clinic	Services Rendered
1	Pre Anesthetic-Clinic	Pre-Operative evaluation of patients

Office bearers/ Membership to scientific/ academic bodies

S. No.	Name of scientific/ academic body	Designated Post
Dr. Thomas P George		
1	ISA	Member
2	IMA	Member
3	Hospital Clinical Club	Member

Dr. Saramma Abraham		
4	Member Medical College Council	Member
Dr. Reji S. Varghese		
5	Member Medical College Council	Member

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
Dr. Thomas P George		
1	Hospital Management Committee	Member
2	CCM	Member
3	CODE BLUE	Member

Career Progression [Courses/ Fellowship / Training programs]

S. No.	Name of Course/ Training Program	Conducted by	Date & Place	Attended/ Ongoing/ Completed
1.	BLS, ACLS(Training Program)	Hospital	Skill Lab	Attended

Faculty Achievements

S. No.	Faculty	Achievement	Level	Date & Place
1.	Dr. Thomas P George	Speaker in CME- Amala Anaesthesiology updates 2025 on cardiovascular Anaesthesia	State	24.08.2025 Amala Nagar, Thrissur
2.	Dr. Thomas P George	Chairperson in Conference - MARC 2025	National	30.08.2025 Kolencherry
3.	Dr. Thomas P George	Chairperson at Conference - SYNERGIA 2026	Institutional	10.01.2026 – 11.01.2026, Government Medical College, Kottayam
4.	Dr. Thomas P George	Speaker at CME - ISA MIDKON 2026	State	21.02.2026- 22.02.2026, Kolenchery, Ernakulam

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1.	Case Presentation	Clinical Club	Institutional	08.09.2025	50-100

2.	Postugraduate Well - Being Workshop	Workshops	Institutional	17.10.2025	50-100
3.	SKILLSPIRE Workshop on Soft Skills	Workshops	Institutional	18.10.2025	50-100
4.	PACE 2026	CME	Institutional	19.04.2026PIMS& RC, Thiruvalla	145

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1.	ISACON SOUTH ZONE Conference	Conference	State	04.07.2025 Visakhapatnam	Dr Koshy Thomas Dr P T Thampi
2.	ACT 2025	CME	State	13.07.2025 Thrissur	Dr Seetha S Prakash Dr Anu Elsa Bobby
3.	Amala Anaesthesiology updates 2025 on cardiovascular Anaesthesia	CME	State	24.08.2025 Amala Nagar, Thrissur	Dr Thomas P George
4.	ISACON 2025	Conference	State	11.10.2025 Kozhikode	Dr Namitha Joemon Dr Thanseel T H Dr P T Thampi Dr Koshy Thomas Dr Mary Mammen
5.	BEACON'25 - Targetted Relief - Current Strategies in Perioperative Pain Management	Workshop	Institutional	14.12.2025 Thiruvalla	Dr Shilpa Varghese
6.	DIABETES-2026	CME	State	14.01.2026, Kulanada, Pandalam	Dr. Saramma Abraham
7.	SYNERGIA 2026	Conference	Institutional	10.01.2026-11.01.2026, Government Medical College, Kottayam	Dr. Thomas P George (Chairperson), Dr. Sruthy Jayadevan, Dr. Shilpa Varghese, Dr. Neethy M M,
8.	ISA MIDKON -2026	CME	State	Pet Rose Event Centre, Kolenchery, Ernakulam 21.02.2026-22.02.2026	Dr Thomas P George Dr Seetha S Prakash Dr Sruthy Jayadevan

9.	Mastering Hypertension Management	workshop	Institutional	MGM Muthoot Hospitals, Pathanamthitta 22.02.2026	Dr Saramma Abraham
10.	PROMPT'2026	Conference	Institutional	PIMS&RC	Dr Thomas P George
11.	GANCON 2026	Conference	Institutional	Sree Gokulam Medical College, Thiruvanantha puram 26.04.2026	Dr Thomas P George
12.	KACE 2026	PG Conclave & CME	State	KMCT Medical College, Manassery, Calicut 06.06.2026-07.06.2026	Dr Thomas P George (Examiner (External)
13.	PULSE 2026	UG Conference	Institutional	PIMS&RC,Thiruvalla	Dr Thomas P George ,Dr Seetha S Prakash

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Students
1.	MARC 2025	Conference	National	30.08.2025 Kolenchery	Dr Namitha Joemon Dr Osric Benny Dr Bincy C Babu Dr Crisstie Hanna John Dr Aswathy M Dr Aliena Miriam B J Bincy C Babu Dr Sruthy Anto
2.	Amala Anaesthesiology updates 2025 on cardiovascular Anaesthesia	CME	State	24.08.2025 Amala Nagar, Thrissur	Dr Namitha Joemon Dr Crisstie Hanna John Dr Osric Benny Dr Aswathy M Dr Sruthy Anto P
3.	ISACON 2025	Conference	State	11.10.2025 Kozhikode	Dr Namitha Joemon Dr Crisstie Hanna John Dr Aswathy M Dr Osric Benny Dr Aliena Miriam B J Dr Sruthy Anto

4.	ISACON 2025	Workshop	State	10.10.2025 Kozhikode	Dr Crisstie Hanna John Dr Sruthy Anto
5.	ISACON 2025	Workshop	State	12.10.2025 Kozhikode	Dr Aliena Miriam B J
6.	BEACON'25 -	Workshop	Institutional	14.12.2025 Thiruvalla	Dr Namitha Joemon Dr Crisstie Hanna John Dr Aswathy M Dr Aliena Miriam B J Dr Osric Benny
7.	KAAMCON 2026	Workshop	Institutional	11.01.2026, GMC Thrissur	Dr. Aliena Miriam B J
8.	KEMS 2.0 - 2026	Conference	International	28.02.2026-01.03.2026, GMC Thiruvananthapuram	Dr. Aliena Miriam B J, Dr. Osric Benny, Dr. Aswathy M, Dr. Crisstie Hanna John, Dr. Sruthy Anto P
9.	ISA MIDKON 2026	CME	State	21.02.2026-22.02.2026, Kolenchery	Dr. Sruthy Anto P, Dr. Osric Benny, Dr. Crisstie Hanna John, Dr. Aliena Miriam B J, Dr. Aswathy M, Dr. Namitha Joemon
10.	SYNERGIA 2026	Conference	Institutional	10.01.2026-11.01.2026, Government Medical College, Kottayam	Dr. Osric Benny, Dr. Namitha Joemon, Dr. Sruthy Anto P, Dr. Crisstie Hanna John, Dr. Aswathy M
11.	SYNERGIA 2026	Conference	Institutional	10.01.2026 Government Medical College, Kottayam	Dr Sruthy Jayadevan, Dr Shilpa Varghese Dr Neethy M M
12.	DIABETES-2026	CME	State	14.01.2026 Kulanada,Pandalam	Dr Saramma Abraham
13.	ISA MIDKON 2026	CME	State	21.02.2026 Pet Rose Event Centre, Kolenchery, Ernakulam	Dr Sruthy Jayadevan Dr Thomas P George Dr Seetha S Prakash
14.	Mastering Hypertension Management -A Practical, Cvase - Based Clinical Workshop	Workshop	Institutional	22.02.2026 Pathanamthitta	Dr Saramma Abraham

15.	RESUS ECHO 360 KEMS 2.0 -2026	Workshop	International	Government Medical College, Thiruvananthapuram 27.02.2026	2023 - Batch ---Dr Aliena Miriam B J
16.	GANCON 2026	Conference	Institutional	Sree Gokulam Medical College, Thiruvananthapuram 26.04.2026	2023 - Batch Dr Aliena Miriam B J, Dr Osric Benny, Dr Aswathy M
17.	GANCON 2026	Conference	Institutional	Sree Gokulam Medical College, Thiruvananthapuram 26.04.2026	2024 -Batch --Dr Ans Mary Sabu ,Dr Sumitha Salas, Dr Aathira Raveen V,, Dr Aishwarya A
18.	KACE 2026	PG Conclve & CME	State	KMCT Medical College, Manassery, Calicut 06.06.2026-07.06.2026	2024 Batch --Dr Ans Mary Sabu,Dr Sumitha Salas,Dr Aathira Raveen V,Dr Aishwarya A, Dr Arun s,Dr Runa Nazar
19.	Clinical Audit	Workshop	Institutional	PIMS&RC Thiruvalla 09.06.2026	2024 Batch --Dr Aishwarya A 2025 Batch -- Dr Alen
20.	PULSE 2026	UG Conference	Institutional	PIMS&RC Thiruvalla 13.06.2026	2024 Batch -Dr Aathira Raveen, Dr Aishwarya A

Papers/Poster presented PG students

S. No.	Students	Event	Category	Level	Date & Place	Title of paper
1.	Dr Crisstie Hanna John	ISACON 2025	Workshop	State	10.10.2025 Kozhikode	When stenosis meets septum - a double trouble under anesthesia
2.	Dr Aswathy M	ISACON 2025	Workshop	State	10.10.2025 Kozhikode	Anaesthetic Management in a Child with Coffin Siris Syndrome
3.	Dr Osric Benny	ISACON 2025	Workshop	State	10.10.2025 Kozhikode	Anaesthetic management of an Omphalocele repair in a neonate
4.	Dr. Osric Benny	ISA MIDKON 2026	CME	State	21.02.2026--22.02.2026, Kolenchery	Haemodynamic effects of dexmeditomidine versus fentanyl as adjuvants to intrathecal ropivacaine 0.75% in lower abdominal surgeries
5.	Dr. Namitha Joemon	ISA MIDKON 2026	CME	State	21.02.2026-22.02.2026 Pet Rose Event Centre,Kolenchery	A Comparison of intramuscular diclofenac and transdermal diclofenac patch for post operative analgesia following laparoscopic cholecystectomy

6.	Dr. Sruthy Anto P	ISA MIDKON 2026	Paper	State	21.02.2026-22.02.2026, Pet Rose Event Centre, Kolenchery	A comparative study of the effect of fractionated and bolus injections of 0.5% hyperbaric bupivacaine and fentanyl on hemodynamic changes via subarachnoid block
7.	Dr Cristtie Hanna John	ISA MIDKON -2026	CME	State	Pet Rose Event Centre, Kolenchery, Ernakulam 21.02.2026-22.02.2026	A Comparative Study of iv amisulpride and iv Ondansetron On Time To First Rescue antiemetic and total antiemetic requirement in risk patients undergoing general anaesthesia.
8.	Dr Aswathy M	ISA MIDKON -2026	CME	State	Pet Rose Event Centre, Kolenchery, Ernakulam 21.02.2026-22.02.2026	Comparison of post intubation hypotension among patients who received ketamine with propofol and those who received dexmedetomidine with propofol.
9.	Dr Aliena	ISA MIDKON -2026	CME	State	Pet Rose Event Centre, Kolenchery, Ernakulam 1.02.2026-22.02.2026	A comparitive study between erector spinae plane block and quadrates lumborum block iv using 0.375% ropivacaine with fentanyl on postoperative analgesic duration and hemodynamic parameters following lower abdominal surgeries

Research activities – Faculty

S. No.	Title	Investigators	Status
1.	Comparative Study Between Pericapsular Nerve Group block and Fascia Iliaca Block in Providing Analgesia during Positioning for Sub-Arachnoid Block in Patients With hip Fractures using 0.25% Bupivacaine and Dexmedetomidine	Dr. Thomas P George	Completed

Research Activities – PG Students

S. No.	Title	Student
1	A Comparative Study of The Effect of Fractionated and Bolus Injections of 0.5% Hyperbaric Bupivacaine And 25 Mcg Fentanyl, on Sensory and	Dr Sruthy Anto P

	Motor Blockade Via Sub arachanoid Block for Lower Abdominal Surgeries	
2	Comparison Of Effectiveness of Iv Amisulpride and Iv Ondansetron for Preventing Post Operative Nausea and Vomiting in Patients Undergoing General Anaesthesia in A Tertiary Care Centre in South Kerala.	Dr Crisstie Hanna John
3	To Compare the Efficacy of Dexmeditomidine and Fentanyl with Intrathecal Ropivacaine 0.75% In Lower Abdominal Surgeries.	Dr Osric Benny
4	Comparative Study of The Effectiveness of Transdermal Diclofenac Patch and Intramuscular Diclofenac for Post Operative Analgesia in Laparoscopic Cholecystectomies.	Dr Namitha Jomon
5.	Comparative Study Between Erector Spinae Plane Block and Quadrates Lumborum Iv Block in Providing Post Operative Analgesia for Abdominal Surgeries Using 0.35% Ropivacaine with Fentanyl.	Dr Aliena Miriam B J
6.	Comparison Of Ketamine- Propofol Versus Propofol – Dexmedetomidine on Hemodynamic Stress Response to Laryngoscopy and Intubation.	Dr Aswathy M
7.	A Comparative Study on The Effects of Pre Operative Nebulised Magnesium Sulphate and Lignocaine on Tracheal Intubation Induced Pressor Response in Patients Undergoing Elective Ent Surgeries.	Dr. Ans Mary Sabu
8.	A Comparative Study of Post-Operative Analgesic Effect After Intra Peritoneal Instillation of Dexmedetomidine Vs Dexamethasone as Adjuvant to Ropivacaine in Laparoscopic Surgeries.	Dr. Runa Nazar
9.	Evaluation of Predictability of Airway Indices Head Extension and Modified Mallampati Classification to Detect Difficult Laryngoscopy in Diabetic and Non -Diabetic Patients Receiving General Anesthesia with Endotracheal Intubation.	Dr. Sumitha Salas
10.	A Comparative Study of Sonographic Measurement of Pre-E /E-VC Ratio Versus Hypomental Distance Ratio to Correlate Cormack Lehane Grading for Airway Assessment	Dr. Aathira Raveen V
11.	Internal Jugular Vein Collapsibility Index Vs Inferior Vena Cava Collapsibility Index in Prediction for Post Spinal Hypotension in Women Undergoing Elective Lscs.	Dr. Arun S
12.	Comparison Of Dexmedetomidine and Dexamethasone as Adjuvants in Adductor Canal Block in Patients Who Have Undergone Total Knee Replacement Surgery.	Dr. Aishwarya A
13.	Comparative Study Between Pericapsular Nerve Group block and Fascia Iliaca Block in Providing Analgesia during Positioning for Sub-Arachnoid Block in Patients With hip Fractures using 0.25% Bupivacaine and Dexmedetomidine	Dr. Amala Anna Koshy
14.	Validity of Thyromental Height Test and Modified Mallampati Grading as A Predictor of Difficult Laryngoscopy in Patients Undergoing General Anesthesia	Dr. Athira Anna John
15.	Accuracy of Hy omental Distance Ratio and Upper Lip Bite Test with Modified Mallampati Score in Predicting Difficult Tracheal Intubation	Dr. Sachin George
16.	Effect of Dexmedetomidine on Hemodynamic And recovery Responses During Tracheal Extubation in Functional Endoscopic Sinus Surgeries in A Tertiary Care Centre in Kerala	Dr. Hitha M David

17.	Clinical Verses Ultrasound Measurements of Hyo Mental Distance Ratio for Prediction of Difficult Airway in Patients Undergoing General Anesthesia	Dr. Manu Viswas
18.	A Comparison Between the Efficacies of Epidural Tramadol and Epidural Fentanyl in Providing Post Operative Analgesia for Patients Undergoing Lower Abdominal Surgeries	Dr. Bincy C Babu

Any other departmental achievements – University exam rank holders UG/ PG, establishment of specialized services/ equipment, PG seat enhancement, starting of any new course, etc.

S. No	Achievement	Remarks
1.	Best PG Preliminary Examination	Dr. Aliena Miriam B J
2.	Case Presentation - Diabetic Foot: AK Amputation	Dr. Osric Benny, Dr. Crisstie Hanna John

RADIODIAGNOSIS

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Mangalanandan S.	Professor& Head
2	Dr. Geena Benjamin	Professor
3	Dr. Mathew George	Associate Professor
4	Dr. Prince Philip	Associate Professor
5	Dr. Arun Kuncheria Joseph	Assistant Professor
6	Dr. Praveen R Krishnan	Assistant Professor
7	Dr. Bobby Varkey	Consultant
8	Dr. Ranjit K Mathews	Senior Resident
9	Dr. Abin Thomas	Senior Resident
10	Dr. Sheba Ann Zachariah	Senior Resident

Faculty Promoted:

S. No.	Name	Designation	Date
1	Dr.Mangalanandan S	Professor& Head	01.04.2026

Special services/ clinics

S. No.	Name of clinic	Services Rendered
1	Varicose Vein Clinic	EVLT, Sclerotherapy & Phlebectomy

IV Office bearers/ Membership to scientific/ academic bodies

S. No.	Name of scientific/ academic body	Designated Post
	Dr. Arun Kuncheria Joseph	
•	IRIA	Member
•	Royal College of Radiology	Member
•	European society of radiology	Corresponding member
•	Research Co-ordinator	Co-ordinator
	Dr. Prince Philip	
•	IRIA	Member
•	ISPR	Member
•	SCII	Member
•	RCR	Member
•	ISUOG	Member
•	ISGAR	Member
•	IRIA – THIRUVALLA SUB CHAPTER	Member
•	IACI	Member
•	IMA	Member

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
	Dr. Mathew George	
1	PG Co-Ordinator	PG Co-Ordinator
2	Quality Control	Member
	Dr. Prince Philip	
3	UG Coordinator	UG Coordinator

Faculty Achievements

S. No.	Name of award	Conferring agency	Date	Place
	Dr. Prince Philip			
1	President appreciation Award	IRIA	15.11.2025	Calicut

Faculty Achievements

S. No.	Faculty	Achievement	Level	Date & Place
1.	Dr. Mangalanandan S	External Examiner - Conducted Practical Exam - Third Yr Bsc.MRT degree Examination	State	23.04.2026,
2.	Dr. Geena Benjamin	Speaker - Revision - Aabdominal Imaging	National	29.01.2026

3.	Dr. Mathew George	Demonstrator of MSK ultrasound of various joints	International	22.04.2026-25.04.2026, Hotel Maya, Jalan Ampang, Kuala
4.	Dr. Mathew George	Demonstrator of MSK Ultrasound of Various Joints	International	26.04.2026 -27.04.2026 Hotel Maya, Jalan Ampang, Kuala Lumpur
5.	Dr. Prince Philip	Delegates	National	Hitex exhibition center – Hydrerabad – 29.01.2026-31.01.2026
6.	Dr. Arun Kuncheria Joseph	Delegate Iria 2026- 78 Annual Conference of Indian Radiological and Imaging Association	National	Hitex exhibition center – Hydrerabad – 29.01.2026-31.01.2026
7.	Dr. Arun Kuncheria Joseph	MICR - Masters in Radiology - Award Ceremony	National	Hitex exhibition center – Hydrerabad – 29.01.2026-31.01.2026
8.	Dr. Ranjit K Mathews	Delegates	National	25.02.2026- 03.03.2026

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	Dr. RK Goulatia CME	CME	State	13.09.2025 Lisie Hospital Kochi	Dr. Geena Benjamin
2	SCIICON 2025	Conference	State	01.11.2025 IIT BULDING Madras	Prof. Geena Benjamin
3	Pre-conference workshop on Musculoskeletal MRI	Workshop	State	15.11.2025 Aster MIMS Hospital, Kozhikode	Dr. Prince Philip
4	TMC MSK KAVACH Workshop	Workshop	State	11.10.2025-12.10.2025 Travancore Medical College Kollam	Dr. Abin Thomas Dr. Sheba Ann Zachariah
5.	13th Annual Musculoskeletal Society Conference 2025	Conference	State	25.07.2025-26.07.2025 Ganga Hospital Coimbatore	Dr. Mangalanandan S
6.	CALIRAD VI 2025-2026	Workshop	State	08.11.2025-09.11.2025 Gov.MCH-Thrissur, Kerala	Dr. Bobby Varkey
7.	Fetal Echo and Neurosonogram Course (FENC)	Workshop	National	18.07.2025-20.07.2025 Nkpsimsm Higna Road, Nagapur	Dr. Ranjit K Mathews

8.	Ananthapuri Kavach Meet	CME	State	19.07.2025-20.07.2025 Ananthapuri Hospital & Research Centre, Trivandrum	Dr. Prince Philip
9.	13th Annual Conference of Musculoskeletal Society 2025	Conference	National	25.07.2025-27.07.2025 Ganga Hospital, Coimbatore	Dr. Prince Philip
10.	SOIICON 2025	Conference	National	15.08.2025-17.08.2025 Merlis Hotel, Coimbatore	Dr. Prince Philip
11.	National Fetal Radiology Conclave and Samrakshan Yodha Meet	CME	National	30.08.2025-31.08.2025 IMA House Kochi	Dr. Prince Philip
12.	DR. R K GOULATIA CME 2025	CME	State	13.09.2025-14.09.2025, Lisie Hospital, Kochi	Dr. Geena Benjamin
13.	IRIA 2026- 78 annual conference of indian radiological and imaging association	conference	National	Hitex exhibition center – hydrerabad – 29.01.2026	Dr. Prince Philip Dr. Arun Kuncheria Joseph
14.	MID-TERM CME - NEUROIMAGING	conference	National	06.06.2026-07.06.2026- Hyatt Regency, Chennai	Dr. Prince Philip

Papers/Poster presented faculty

S. No.	Faculty	Event	Category	Level	Date & Place	Title of paper
1.	Dr. Geena Benjamin	ESGAR 2026	Conference	International	"ESGAR 2026	Enigma of Gastrointestinal Carcinoids

Events Attended- PG students

S. No.	Event	Category	Level	Date & Place	Students
1	STAR PRIMER 2025	CME	National	11.07.2025 Stanly Medical College Chennai	Dr. Laurel Thomas John
2	E-POSTER	Conference	National	21.08.2025-24.08.2025 SRMC Chennai	Dr. Arya Prasad

Papers/Poster presented PG students

S. No.	Students	Event	Category	Level	Date & Place	Title of paper
1.	Dr. Arya Prasad	e-Poster Conference	Poster	National	21.08.2025-24.08.2025, SRMC Chennai	A Venous Odyssey: Multisystem Blue Rubber Bleb Nevus Syndrome in a Young Adult

PHYSICAL MEDICINE AND REHABILITATION

Faculty Statistics :

S. No.	Name	Designation
1	Dr. Jimi Jose	Assistant Professor & Head
2	Dr. Jainy John	Senior Resident
3	Dr. Vidya S	Senior Resident

Special services/ clinics

S. No.	Name of clinic
1	Orthotics & Prosthetics Clinic

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	Brainer: Bridging Research & AI for next gen educational reforms AI for research workshop	Workshop	National	18.04.2026 PIMS & RC Thiruvalla	Dr Jimi Jose
2	Mastering USG & Fluoroscopy guided pain interventions	Workshop	National	09.05.2026 & 10.05.2026 Almas Hospital, Kottakal Kerala	Dr Jimi Jose

Research activities – Faculty

S. No.	Title	Investigators	Status
1	Impact of poststroke depression on functional recovery after ischemic stroke: a prospective indian cohort study	Dr Vidya	Completed
2	Rehabilitation challenges in patients with chronic kidney disease: a case series from a tertiary pmr department	Dr Vidya Dr Jimi Jose Dr Jainy John Dr Reena Thomas	Ongoing

3	Functional and swallowing outcomes after posterior circulation brainstem stroke: a case series from a tertiary care physical medicine and rehabilitation department in south India	Dr Jainy John Dr Vidya Dr Jimi Jose Dr Jewel	Ongoing
4	Survivors: a telephone-based follow-up study in a tertiary care center in Kerala	Dr Jainy John Dr Vidya Dr Jimi Jose	Ongoing

DENTISTRY

Faculty Statistics :

S. No.	Name	Designation
1	Dr Jacob George	Professor and Head
2	Dr. Mathew Sam	Consultant -OMFS
3	Dr. George Varghese	Consultant
4	Dr. Sunu Alice Cherian	Lecturer
5	Dr. Nebu Gerge Thomas	Professor
6	Dr. Terin Bobby	Lecturer
7	Dr. Naiza Elsa Geojan	Endodontist
8	Dr. Riya Sabu	Prosthodontist

Special services/ clinics

S. No.	Name of clinic	Services Rendered
1	TMJ clinic	Treatment of TMJ pain and dislocation Arthrocentesis procedures being done Average 5 patient a week

Career Progression [Courses/ Fellowship / Training programs]

S. No.	Name of Course	Conducted by	Date & Place	Attended/ Ongoing/ Completed
1	Faculty development Programme	Faculty Development unit PCDS	PCDS 27.02.2026	Attended
2	Fellowship in Advanced General Dentistry	Fellowship of Academy of General Education	Feb 2026	Attended

	Dr Naiza Elsa			

Events conducted by department

S. No.	Name	Category	Date & Place	Number of Participants
1	Dentist Day	Interactive session	06.03.2026	30

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	Faculty development Programme at PCDS	CDE	Institutional	27.02.2026 PCDS	Dr Jacob George
2	Awareness and Screening Camp	CDH	State	St Marys School Adoor	Dr Naiza Elsa
3	Art and science of Anterior Composite Restoration	CDE	State	01.03.2026	Dr Naiza Elsa

MEDICAL SUPER SPECIALTY DEPARTMENTS

CRITICAL CARE MEDICINE | CARDIOLOGY | NEPHROLOGY | NEUROMEDICINE | NEONATOLOGY | GASTROENTEROLOGY | ENDOCRINOLOGY | RHEUMATOLOGY | MEDICAL ONCOLOGY | PRATHEEKSHA CHILD DEVELOPMENT CENTRE

CRITICAL CARE MEDICINE

Faculty Statistics :

S. No.	Name	Designation
1	Dr. Mathew Pulicken	Professor
2	Dr. Sethu Babu	Professor
3	Dr.Anupam S Thomas	Assistant Professor

Faculty Joined

S. No.	Name	Designation	Date
1	Dr.Anupam S Thomas	Assistant Professor	09.03.2026

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
1	Infection Prevention And Control	Secretary (Dr. Sethu Babu)
2	Mortality Committee	Secretary (Dr. Sethu Babu)
3	AHA,ITC -Skill Lab	Training Centre Co-ordinator

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1	Monthly CME	CME	State	20.01.26-Hotel-Elite - Thiruvalla	32
2	Monthly CME	CME	State	17.02.2026-Hotel Elite-Thiruvalla	41
3	Monthly CME	CME	State	26.03.2026-Hotel Elite-Thiruvalla	37
4	Monthly CME	CME	State	24.04.2026-Hotel Elite-Thiruvalla	43

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	SZ CRITITICAL CARE CONCLAVE-25	Conference	State	22.08.2025,Trivandrum	Dr.Mathew Pulicken

Events Attended- PG Students

S. No.	Event	Category	Level	Date & Place	Students
1	Criticare-26	CME	State	27.03.2026-28.03.2026-Chennai	Dr.Jithin Jose (2025)
2	Criticare-26	CME	State	27.03.2026-28.03.2026-Chennai	Dr.Amith Saddar(2025)
3	Criticare-26	CME	State	27.03.2026-28.03.2026-Chennai	Dr.Nisha Mathew (2025)

Research Activities – PG Students

S. No.	Title	Student	Guide / Co-guide	Funding agency	Status
1	Comparison of Microbiological Yield of Bronchoscopic Broncho Alveolar Lavage and Mini Broncho Alveolar Lavage in The Diagnosisof Pneumonia In Intensive Care Unit	Dr. Shalini	Dr. Mathew Pulicken / Dr. Nisha Kurian	Self	Ongoing
2	Effectiveness of Delirium Prevention Bundle on The Incidence of Delirium in A Criticalcare Unit	Dr. Anupam.S. Thomas	Dr. Mathew Pulicken / Dr. Nisha Kurian	Self	Ongoing
3	Evaluation of Role of Vexus Score in Reducing Intradialytic Complications in Critically Ill Patients-A Randomised Controlled Trial	Dr. Ninu Rose	Dr. Mathew Pulicken / Dr. Sethu Babu	Self	Ongoing
4	Predective Value of Improve Score for New Onset Bleeding in Icu	Dr. Radhika.H	Dr. Mathew Pulicken / Dr. Nisha Kurian	Self	Ongoing

CARDIOLOGY

Faculty Statistics :

S. No.	Name	Designation
1	Dr. K S Mohanan	Professor & Head
2	Dr. V L Jayaprakash	Professor
3	Dr. Rajan Joseph Manjuran	Emeritus Professor
4	Dr. Pramod P C	Consultant
5	Dr. Harikrishnan K	Assistant Professor
6	Dr.Shaikh Moiz Sayeed	Consultant

Faculty Promoted

S. No.	Name	Designation	Date
1	Dr.Shaikh Moiz Sayeed	Consultant	09.03.2026

Faculty Joined/ Promoted/ Resigned :

S. No.	Name	Designation	Date
1	Dr. Harikrishnan K	Assistant professor to associate professor	01.12.2025

Special services/ clinics

S. No.	Name of clinic	Services Rendered
	DR V L JAYAPRAKASH	
1	PACEMAKER CLINIC	Pacemaker Interrogation, Programming

Office bearers/ Membership to scientific/ academic bodies

S. No.	Name of scientific/ academic body	Designated Post
	DR V L JAYAPRAKASH	
1.	Kottayam Heart Club	President

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
	DR V L JAYAPRAKASH	
1.	Research -Committee	Co- Ordinator -Cardiology

Faculty Achievements

S. No.	Name of award	Conferring agency	Date	Place
	Dr V L Jayaprakash			
1	Indian Medical Association Awards	Indian Medical Association	2025 March	Kottayam

Faculty Achievements

S. No.	Faculty	Achievement	Level	Date & Place
1	Dr. V L Jayaprakash	Speaker in National Conference, Indian Academy of Echocardiography ,	State	Kochi
2	Dr. V L Jayaprakash	Speaker in Cardiology Society of India CME	State	2026 march, Calicut

3	Dr. V L Jayaprakash	Speaker in Cardiology Society of India, conference	State	Trivandrum
4	Dr. V L Jayaprakash	Speaker in Cardiology Society of India Annual State Conference	State	Kochi
5	Dr. V L Jayaprakash	Speaker in CVRS Conference	State	Kochi
6	Dr. V L Jayaprakash	Speaker in Internal Medicine CME, PIMS	State	Thiruvalla
7	Dr. V L Jayaprakash	Speaker in World Heart Day CME	State	MOSC, Kolenchery
8	Dr. V L Jayaprakash	Speaker in Physicians Club -	State	Kottayam
9	Dr. V L Jayaprakash	Speaker in CME, CARITHAS HOSPITAL	State	Kottayam
10.	Dr. V L Jayaprakash	Speaker in CME, EMERGENCY MEDICINE PIMS	State	Thiruvalla
11.	Dr. V L Jayaprakash	Speaker in Heart Failure CME .	State	Kottayam
12.	Dr Pramod PC	Attended Training Course In Endovascular Intervention	National	22.06.2025 Gangaram Hospital Delhi
13.	Dr Pramod PC	Case presentation CHIP conference	National	February Delhi
14.	DR Pramod PC	Case presentation SCAI conference	National	20.05.2026 Delhi

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1.	CPR Awareness Camp	Public Awareness program	state	Jan 2026	100
2.	UG Learning And Skill Enhancement	CME	state	14.06.2026 Pushpagiri Medical College Thiruvalla	20
3.	SKILLSPIRE Essential Soft Skill For Health Professionals	Workshop	state	27.06.2026, Pushpagiri Medical College, Thiruvalla	15
4.	Essential Soft Skill For Health Professionals	Conference	State	08.05.2026 - 10.05.2026, Thrissur	10
5.	Ivuc Master Class Conference	Workshop	State	Kochi 15.03.2026	3

6.	Ultra Low Ldl-C-Lowering Secondary Prevention	Speaker	State	Trivandrum	55

Papers/Poster presented PG students

S. No.	Students	Event	Category	Level	Date & Place	Title of paper
1.	Dr Shaikh Moiz Sayeed	Cure 2025	Conference	National	14.11.2025-16.11.2025 Sri Ramachandra Institute of Higher Education and Research (SRIHER)	-
2.	Dr Shaikh Moiz Sayeed	Indian Academy of Echocardiography-Kerala Chapter	Conference	State	22.02.2025-23.02.2025 KOCHI	A Vexing Case of Infective Endocarditis

Research activities – Faculty

S. No.	Title	Investigators	Status
1.	MitralAnuals Calcification study (MAC)	Dr Rajan Joseph Manjuran	ongoing (2023-2026)
2.	Kerala Infective Endocarditis study (KIND)	Dr Rajan Joseph Manjuran	completed (2017-2025)
3.	L A Strain in Patients with AF	DR JAYAPRAKASH & DR SREENATH (PG)	Ongoing
4.	Effect Of SGLT2 Inhibitors on Effect Of lvh and Cardiac Arrythmias	Dr Jayaprakash &Minnu James	Ongoing
5.	Safety Profile of Oral Anticoagulants	Dr Jayaprakash &Sneha	Completed
6.	Effective Ness of Morning Vs Evening Dose of Antihypertensives	Dr Jayaprakash &Minnu James	Completed
7.	Study Of Correlation of TMT Results with Cag in Predicting Cad	Dr Harikrishnan K, Dr Pramod P C, Dr K S Mohanan, Dr V L Jayaprakash, Dr Rajan Joseph Manjuran	Published
8.	Role Of 24 Hour Holter in Early Detection of AF in Newly Diagnosed Acute Ischemic Stroke Patients	Dr Harikrishnan K, Dr Pramod P C, Dr K S Mohanan, Dr V L Jayaprakash, Dr Rajan Joseph Manjuran	Published
9.	Dobutamine Stress Echocardiography: Correlation with Coronary Lesion	Dr Harikrishnan K, Dr Pramod P C,	Ongoing

	Severity as Determined by Coronary Angiography	Dr K S Mohanan, Dr V L Jayaprakash, Dr Rajan Joseph Manjuran	
10.	Utility Of Ambulatory Blood Pressure Measurement (ABPM) For Hypertension Management	Dr Harikrishnan K, Dr Pramod P C, Dr K S Mohanan, Dr V L Jayaprakash, Dr Rajan Joseph Manjuran	Ongoing
11.	OCC 2025 Journal of Clinical Cardiology	Dr Shaikh Moiz Sayeed	Submitted

NEPHROLOGY

Faculty Statistics :

S. No.	Name	Designation
1	Dr. Satheesh Balakrishnan	Associate Professor & Head
2	Dr. Reena Thomas	Professor & Principal
3	Dr. Jithu Kurian	Associate Professor
4	Dr. Gayathri R Pillai	Assistant Professor

Faculty Promoted

S. No.	Name	Designation	Date
1	Dr. Satheesh Balakrishnan	Assistant Professor to Associate and Head	01.11.2025

Faculty Joined:

S. No.	Name	Designation	Date
1	Dr. Gayathri R Pillai	Assistant Professor	02.07.2025

Faculty Resigned :

S. No.	Name	Designation	Date
1	Dr. Subhash B Pillai	Professor	20.12.2025

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	NAKCON 2025	Conference	State	26.09.2025, The Elephant Court, Thekkady	Dr.Reena Thomas Dr.Jithu Kurian

Events Attended- PG students

S. No.	Event	Category (CME/ Conference/ Workshop/Guest lecture)	Level (International/ National/ State/ Institutional)	Date & Place	Students attended (Year of Admission)
1	NAKCON 2025	Conference	State	26.09.2025, The Elephant Court, Thekkady	Dr Rahul Rajan
2	NAKCON 2025	Conference	State	26.09.2025, The Elephant Court, Thekkady	Dr. G Daliya
3	NAKCON 2025	Conference	State	26.09.2025, The Elephant Court, Thekkady	Dr. Hasna Haris
4	NAKCON 2025	Conference	State	26.09.2025, The Elephant Court, Thekkady	Dr. Sindhu Bharathi

Papers/Poster presented PG students

S. No.	Faculty	Event	Category	Level	Date & Place	Title of paper	Prize won
1	Dr Rahul Rajan	NAKCON 2025	Conference	State	26.09.2025, The Elephant Court, Thekkady	Discriminatory power of prognostic nutritional index (PNI) in predicting morbidity and mortality among patients on maintenance hemodialysis	1

Research activities – Faculty

S. No.	Title	Name of investigators
1	To study the acute factors which resulted in progression of renal dysfunction in patients admitted with a diagnosis of acute on CKD in Nephrology department and the long term renal and patient outcomes : prospective observational study	Dr.Jithu Kurian, Dr.Reena Thomas, Dr.Subhash B Pillai, Dr.Satheesh Balakrishnan
2	To characterise the spectrum of Chronic kidney disease : metabolic bone disease in patients with CKD stage VD undergoing hemodialysis in Pushpagiri medical college and to correlate with patient outcomes	Dr.Jithu Kurian, Dr.Reena Thomas, Dr.Subhash B Pillai, Dr.Satheesh Balakrishnan

3	To study the aetiology of hospital and community acquired acute kidney injury in patients presenting to a tertiary level hospital and to study the renal and patient outcomes	Dr.Jithu Kurian, Dr.Reena Thomas, Dr.Subhash B Pillai, Dr.Satheesh Balakrishnan
4	Questionnaire based study on the quality of life of caretakers of patient on Maintenance hemodialysis in a tertiary level hospital.	Dr.Jithu Kurian, Dr.Reena Thomas, Dr.Subhash B Pillai, Dr.Satheesh Balakrishnan

Research Activities – PG Students

S. No.	Title	Name of Student (Year of Admission)
1	Prevalence and severity of metabolic acidosis in patients on maintenance hemodialysis in a tertiary care center in kerala	Dr G Dalia
2	Effect of Dapagliflozin on serum uric acid levels in patients with chronic kidney disease in a tertiary care centre in Kerala	Dr Hasna Haris

NEUROMEDICINE

Faculty Statistics :

S. No.	Name	Designation
1	Dr. Reji Thomas	Professor & Head
2	Dr. Sujin Koshy	Associate Professor
3	Dr. S Vijayalakshmi	Assistant Professor

Special services/ clinics

S. No.	Name of clinic
1	Pediatric neurology clinic

Office bearers/ Membership to scientific/ academic bodies

S. No.	Name of scientific/ academic body	Designated Post
	Dr S Vijayalakshmi	
1	KNS	Academic coordinator

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
	Dr S Vijayalakshmi	
1	PG WELLNESS COMMITTEE	Member

Faculty Achievements

S. No.	Faculty	Achievement	Date & Place
1	Dr Reji Thomas	HONOURING EXCELLENCE (DOCTORS DAY)	01.07.2026, Thiruvalla

Events conducted by department

S. No.	Name	Category	Level	Date & Place	Number of Participants
1.	Kerala Association of Neurologists Mid-Term Meet 2025	Conference	State	07.12.2025 Rhythm Resorts, Kumarakom	150-200
2.	PULSE 26 UG CONFERENCE (NEURO LOCALISATION FOR UNDERGRADUATES)	UG Conference	State	13/06/2026 Pushpagiri Medical College Hospital	-
3.	SURVIVE STROKE AWARENESS PROGRAM	Awareness Program	National	10.01.2026 Venpala Marthoma Church	-
4.	CYCLE -1 2026	Clinical Club	State	25.06.2026 Pushpagiri Medical College Hospital Thiruvalla	-
5.	Care	Medical Camp	State	23.05.2026 MSC LP School Valiyanthi	-
6.	A Rare Case of Myelopathy	Neuro Science Webinar	National	30.05.2026 Zoom Meet	-

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1.	SHINE 2025	Conference	International	12.09.2025 14.09.2025 Chennai	Dr. Reji Thomas
2.	KNS Mid Term Meet 2025	Conference	State	20.09.2025 21.09.2025 Kannur	Dr. S. Vijayalekshmi Dr. Reji Thomas
3.	Migraine Newer Treatment	Conference	National	28.02.2026 Kayaloram	DR REJI THOMAS

4.	Faculty in Insc 2026	Conference	National	12.05.2026-13.05.2026 Hyatt	Dr Reji Thomas
5.	Faculty In Mdsicon 2026	Conference	National	19.03.2026-22.03.2026 Amrita Hospital Faridabhad	Dr Reji Thomas
6.	Ima Mnthly Meet and Cme	Cme	National	25.02.2026 Changanacherry	Dr S Vijayalakshmi
7.	12 Kan Pg Teaching Course	Guest Lecture	National	25.01.2026 Govt. Medical College Calicut	Dr Reji Thomas
8.	Neuroscience Webinar/ Conference	Conference	National	17.06.2026 Zoom Meet	Dr Reji Thomas
9.	Kns Academic Coordinator	Cme	National	07.02.2026	Dr S Vijayalekshmi
10.	Neuroscience Webinar	Conference	National	27.06.2026 Zoom Meet	Dr S Vijayalekshmi
11.	Neuroscience Webinar	Conference	National	17.06.2026 Zoom meet	Dr Reji Thomas
12.	Pulse 2026	Conference	National	13.06.2026	Dr Vijayalekshmi

Papers/Poster presented faculty

S. No.	Faculty	Event	Category	Level	Date & Place	Title of paper
1	Dr Reji Thomas	Cogni Zance	CME	International	17.05.2026 Trivandrum	Jerks,Twists And Shakes : Quick Guide To Hyperkinetic Movements

Events Attended- PG students

S. No.	Event	Category	Level)	Date & Place	Students
1.	Kerala Association Of Neurologists Mid Team Meet 2025	Conference	State	06.12.2025 Rhythm Resorts, Kumorakam	Dr.Vishal M
2.	Kerala Association Of Neurologists Kan Mid Term Meet 2025	Conference	State	06.12.2025 07.12.2025 Rhythm Resorts, Kumarakom	Dr.Anu R Krishnan
3.	Shine 2025	Conference	International	12.09.2025 14.09.2025	Dr.Vishal M

				Chennai	
4.	Neuroscience Webinar	Conference		27.06.2026 Zoom Meet	Dr Vishal(Presenter)

Papers/Poster presented PG students

S. No.	Faculty	Event	Category	Level	Date & Place	Title of paper
1	Dr. Vishal M	Kerala Association of Neurologists Mid Team Meet 2025	Conference	State	06.12.2025-07.12.2025 Rhythm Restorts, Kumarakam	Clinical Insights from two cases of Cortical Vein Thrombosis

NEONATOLOGY

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Jacob Abraham	Professor

Events Attended- faculty

S. No.	Event	Category	Level	Place	Faculty
1	Kerala NEOCON 2026	Conference	State	Ettumanoor	Dr. Jacob Abraham
2	Kerala NEOCON 2026	Conference	State	Ettumanoor	Dr. Anupam Thomas
3	NRP as faculty	Workshop	State	Pala ,24.04.2026	Dr Jacob Abraham

GASTROENTEROLOGY

Faculty Statistics :

S. No.	Name	Designation
1	Dr. Harikrishnan S	Consultant
2	Dr. Vishnu B Chandran	Jr.Consultant
3	Dr. Sobin C B	Consultant
4	Dr. Harikrishnan S	Consultant

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	ENDOCON 2025	Conference	Jaipur	25.07.2025-27.07.2025	Dr. Sobin C B
2	DRILLS	Conference	New Delhi	13.06.2026-14.06.2026	Dr. Sobin C B

ENDOCRINOLOGY

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Rajeev Philip	Professor
2	Dr. Amal Dev	Consultant
3	Dr. Karun Mammen Philip	Consultant

Faculty Joined

S. No.	Name	Designation	Date
1	Dr. Karun Mammen Philip	Consultant	10.06.2026

Faculty Resigned:

S. No.	Name	Designation	Date
1	Dr. Jasmine Podimon	Senior Resident	04.04.2026

Faculty Achievements

S. No.	Faculty	Achievement	Level	Date & Place
1	Dr. Rajeev Philip	CME Speaker	Institutional	18.02.2026: Thiruvalla

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	Annual conference of Endocrine Society ESICON 2025	Conference	National	04.09.2025 Kolkata	Dr. Jasmine Podimon

Papers/Poster presented faculty

S. No.	Faculty	Event	Category	Level	Date & Place	Title of paper
1	Dr. Jasmine Podimon	Annual conference of Endocrine	Conference	National	04.09. 2025	A cause of delayed onset hypopituitarism -

		Society ESICON 2025			Kolkata	snake bite - a report of 10 cases
2	Dr. Jasmine Podimon	Annual conference of Endocrine Society ESICON 2025	Conference	National	04.09.2025 Kolkata	Clinical Profile of Adult Hypopituitarism

RHEUMATOLOGY

Headed by Dr. Abdul Khadir, the Department of Rheumatology at Pushpagiri Institute of Medical Sciences & Research Centre provides comprehensive care for patients with a wide range of rheumatological and autoimmune disorders. The department focuses on early diagnosis, evidence-based treatment, and long-term management of chronic rheumatic diseases, with emphasis on improving functional ability and quality of life.

The department provides specialized evaluation and management of conditions such as rheumatoid arthritis, systemic lupus erythematosus, spondyloarthritis, gout, osteoarthritis, vasculitis, connective tissue disorders, and other autoimmune and musculoskeletal diseases. Through a patient-centred and multidisciplinary approach, the department works closely with other specialties to provide holistic care, particularly for patients with complex systemic rheumatological conditions.

The department is committed to providing accessible, patient-centred rheumatology services, with emphasis on early diagnosis, appropriate treatment, regular follow-up, and comprehensive management of chronic rheumatological conditions. The department also works in coordination with other clinical specialties to ensure continuity of care and better health outcomes for patients."

MEDICAL ONCOLOGY

Faculty Statistics :

S. No.	Name	Designation
1	Dr. V U Thankamma	Professor & Head
2	Dr Abu Abraham	Consultant
3	Dr Raju Mathew Cyriac	Consultant

Events conducted by department

S. No.	Name	Category	Level
1	Cancer Awareness programs	Workshop	Institutional
2	Breast cancer screening programs	Workshop	Institutional

PRATHEEKSHA CHILD DEVELOPMENT CENTRE (CDC)

Faculty Statistics

S.No	Faculty	Designation
1	Dr. Manju George	CDC - Head, Neuro Developmental Paediatrician
2	Dr. Reshma Anna Philip	Fellow - Developmental Paediatrics
3	Joselin Joseph	Centre coordinator & Child Development Consultant
4	Bineeshya Joseph	Developmental Therapist
5	Jyothi E George	Physiotherapist
6	Reshma Mol R	Rehabilitation Therapist
7	Lilly Scaria	Rehabilitation Therapist
8	Sophia Yohannan	Clinical Psychologist
9	Sr Reni Kurian	Counselling Psychologist
10	Greena John	Counselling Psychologist
11	Sr. Treesa Sic	Speech Therapist
12	Ashley Sara George	Speech Therapist
13	Joann Anna Mathew	Behaviour Therapist
14	Amitha R	Special Educator
15	Amala Ross	Special Educator
16	Akhila R	Special Educator
17	Sr. Treesa John	Special Educator
18	Jincymol K S	Special Educator
19	Anju Xavier	Special Educator
20	Shikha K Jayaraj	Early Childhood Educator
21	Hridhya Biju	Early Childhood Educator
22	Maneesha K M	Billing
23	Nessy Anna Mammen	DEO

Faculty Joined

S. No	Name	Designation	Date
1	Dr.Archa M S	Junior Resident	22.09.2025
2	Dr Seena Joseph	Junior Resident	26.11.2025
3	Ashley Sara George	Speech Therapist	19.01.2026
4	Dr. Reshma Anna Philip	Fellow	12.01.2026
5	Sr. Reni Kurian	Counsellor	04.02.2026
6	Jincy mol K S	Special Educator	16.02.2026
7	Joann Anna Mathew	Behavioural Therapist	06.04.2026
8	Maneesha K M	Receptionist	17.04.2026
9	Anju Xavier	Special Educator	01.05.2026
10	Hridhya Biju	Early Childhood Educator	01.05.2026

Faculty Resigned

S. No	Name	Designation	Date
1	Sween Sara	Speech Therapist	30.09.2025
2	Dr. Maria Robert	Fellow	30.09.2025
3	Dr.Archa M S	Junior Resident	29.11.2025
4	Dr Seena Joseph	Junior Resident	31.01.2026

5	Shiny Rojo	Rehabilitation Therapist	31.01.2026
6	Minnu Rachel	Early Childhood Educator	17.04.2026

Special services/ clinics

S.No	Name of Clinic	Services Rendered
1.	Autism	Assessment, Parent Management Training, Therapy, Medications, Follow up
2.	ADHD	
3	Learning Difficulty	
4.	Behavioural Disorders	
5	Down Syndrome	
6	Cerebral Palsy	

CHILDREN'S DAY CELEBRATIONS -2025

Children's Day celebrations 2025 were celebrated on 14th November. Pratheeksha CDC conducted small entertainment programmes for children and a short walk with children and their families with banners and placards. The programme was concluded with gift distribution and refreshments.

PARENTING PROGRAM

A Positive Parenting Programme on Learning Disability and ADHD was conducted by Dr. Manju George Elenjickal. It was attended by 60 families of children who are receiving educational and behavioural support at Pratheeksha CDC. This three-hour interactive session on appropriate home management and parenting strategies for children with learning difficulties and behavioural issues was well appreciated.

WORLD AUTISM AWARENESS DAY -2026

As a part of World Autism Awareness Day celebrations, an Autism Awareness Class was conducted for 50 parents of children diagnosed with Autism. The class was taken by Dr. Manju George Elenjickal, Professor and Head of CDC, and Dr. Maria Robert, Fellow, Pratheeksha CDC, on 01.04.2026 at the Senate Hall. The programme was entertained by dance performances by medical students, and a Zumba dance class was arranged for parents. Tea and snacks were distributed to parents.

SUMMER CAMP -2026

Pratheeksha CDC conducted a 10 days intensive summer camp with the theme as RAINBOW for children with Autism from 03.04.2026 to 13.04.2026. It was conducted in two batches (morning and afternoon) and a total of 38 children attended. The camp included various activities such as learning programme, art work, story time, sensory play, water play, sand play, snack time, outdoor and indoor games, speaking with mic and a one-day tour programme. The initial nine days of activities were conducted at Pratheeksha AUSUM Hall. The camp was well enjoyed by our kids and appreciated by our parents. It is expected that the summer camp experience will bring about definite modification in the social behavior of children and the emotional and futuristic outlook of parents. All children and the therapists were given refreshments during the camp time.

Career Progression [Courses/ Fellowship / Training programs]

S.No	Name of course	Conducted by	Date	Place
1	IAP Fellowship in Neurodevelopmental	Dr. Manju	One-year	CDC

	Pediatrics	George	Course	

CME/ Chairperson/ judge/ special appointments by KUHS / NMC

S. No	Name	Event	Level	Date & Place
1	Dr Manju George	Autism Project	Faculty	13.07.2025 Aster Medicity Kochi
2	Dr Manju George	National Conference of Neuro developmental Pediatrics	Pre-conference work shop faculty	28.08.2025 KIMS Trivandrum
3	Dr Manju George	Adolescent Health Education Program	Resource Person	04.11.2025 & 05.11.2025 Shanthinilayam Thiruvalla
4	Dr Manju George	Autism Awareness Program - Rainbow 2026	Speaker	08.04.2026 Online
5	Dr Manju George	Class About Learning Disabilities	Speaker	19.06.2026 CPVLPS Kottor
6	Dr Manju George	Poshan Pakhwada 2026	Speaker	ICDS Koipuram

CONCLUSION

Pratheeksha CDC continues to make significant contributions in child development, parental empowerment, community outreach, and professional education. The Centre remains committed to holistic, compassionate, and evidence-based care for children and their families, while expanding national and international collaborations

Annual Report 2025-26

SURGICAL SUPER SPECIALITY

NEUROSURGERY |
CARDIOVASCULAR AND THORACIC SURGERY |
GASTROINTESTINAL & HEPATOBILIARY SURGERY |
GENITOURINARY SURGERY |
PLASTIC & RECONSTRUCTIVE SURGERY |
PAEDIATRIC SURGERY | SURGICAL ONCOLOGY |

NEUROSURGERY

Faculty Statistics

S. No.	Name	Designation
1	Dr. Dominic Anto	Professor & Head
2	Dr. Raju Paul Manjooran	Associate professor

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	International Conference	Conference	International	01.12.2025 – 15.12.2025, Dubai	Dr. Raju Paul Manjooran
2	AIIMS Microneurosurgery Workshop	Workshop	National	11.02.2026-14.02.2026 ,New Delhi	Dr.Raju Paul Manjooran

Any other departmental achievements

S. No	Achievement	Remarks
1	Dr. Rajupaul Manjooran	Delegate participation in International Conference, 01.12.2025 – 15.12.2025, Dubai

CARDIOVASCULAR & THORACIC SURGERY

The department under the leadership of Dr. Arun N provides comprehensive surgical care for a wide range of cardiac, thoracic, and vascular conditions.

Offers advanced diagnostic evaluation, surgical intervention, and comprehensive perioperative and postoperative care for both adult and pediatric patients.

Promotes clinical research, innovation, and advancement of surgical techniques in cardiovascular and thoracic surgery.

Ensures ethical, evidence-based, patient-centered care through a coordinated multidisciplinary approach

GASTROINTESTINAL & HEPATOBILIARY SURGERY

Faculty Statistics:

S. No.	Name	Designation
1	Dr Murali Appukuttan	Assistant Professor

2	Dr Arun Kumar A	Consultant

Office bearers/ Membership to scientific/ academic bodies

S. No.	Name of scientific/ academic body	Designated Post
1	Association Surgical Gastroenterologists of Kerala	Academics in charge

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	IHPBA	Conference	National	26.02.2026-28.02.2026, Jaipur	Dr Murali Appukuttan

GENITOURINARY SURGERY

Faculty Statistics:

S. No.	Name	Designation
1	Dr. Nebu Issac Mammen	Professor & Head
2	Dr. Mebin B Thomas	Consultant

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	Advance in Endourology	Conference	State	19.12.2025 - 21.12.2025, Ahmedabad	Dr. Nebu Issac Mammen
2	UROAICON 2026	Conference	State	26.04.2026	Dr.Nebu Issac Mamman

Papers/Poster presented faculty

S. No.	Faculty	Event	Category	Level	Date & Place	Title of paper
1	Dr. Nebu Issac Mammen	Advance in Endourology	Conference	State	19.12.2025 – 21.12.2025, Ahmedabad	Twists in the tubes: Diagnosing hidden ureteroinguinal hernia
2	Dr. Nebu Issac Mammen	Advance in Endourology	Conference	State	19.12.2025 – 21.12.2025, Ahmedabad	Unusual culprit in the urinary tract: A rare case of myiasis by Clogmia albipunctata

Research activities – Faculty

S. No.	Title	Investigators	Status
1	Complications associated with percutaneous nephrolithotomy (PCNL) in a tertiary care center: A retrospective study	Dr. Nebu Issac Mammen & Dr. Mebin B Thomas	Ongoing

PLASTIC & RECONSTRUCTIVE SURGERY

Faculty Statistics:

S. No.	Name	Designation
1	Dr Cyril Joseph	Consultant
2	Dr. Jesme Ann Paul	Assistant Professor

Faculty Resigned:

S. No.	Name	Designation	Date
1	Dr Chintu Sabu George	Assistant Professor	08.04.2026

Faculty Appointed

S. No.	Name	Designation	Date
1	Dr. Jesme Ann Paul	Assistant Professor	27.04.2026

Special services/ clinics

a. Cleft Clinic
b. Wound healing Clinic
c. Post-burn Clinic
d. Diabetic Foot Clinic

Events Attended- faculty

S. No.	Event	Category	Date & Place	Faculty
1	The Final Stitch	CME	29.05.2026- 31.05. 2026 AIMS Mohali	Dr. Garima Mal

PAEDIATRIC SURGERY

Faculty Statistics:

S. No.	Name	Designation
1	Dr. John Joseph	Professor & Head

Faculty Achievements

S. No.	Faculty	Achievement	Date & Place
1	Dr. John Joseph	Speaker in CME	21.02.2026- 22.02.2026 Vijaya International Conventional Centre, Thiruvalla

SURGICAL ONCOLOGY

Faculty Statistics:

S. No.	Name	Designation
1.	Dr. Jency Joy	Associate Professor

Office bearers/ Membership to scientific/ academic bodies

S. No.	Name of scientific/ academic body	Designated Post
	Dr. Jency Joy	
1	IASO	Member
2	KASO	Vice president

Additional responsibilities (institutional committees)

S. No.	Name of committee	Designated Post
1	Mortality Board Meet	Member

Events Attended- faculty

S. No.	Event	Category	Level	Date & Place	Faculty
1	Apollo Athena cancer conclave	Workshop	National	08.03.2026	Dr Jency Joy

Papers/Poster presented faculty

S. No.	Faculty	Event	Category	Level)	Date & Place	Title of paper
1	Dr. Jency Joy	Apollo Athena cancer conclave	Conference	National	08.03.2026	SLNB using fluorescein sodium

DEPARTMENTAL STATISTICS

CLINICAL DATA JULY 2025 TO JUNE 2026 -PIMS&RC

OPD STATISTICS JULY 2025 TO JUNE 2026													
Departments	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	Dec-25	Jan-26	Feb-26	Mar-26	Apr-26	May-26	Jun-26	Total
General Medicine	8137	8191	7769	8480	8377	8349	9451	8316	8486	7544	8720	10455	**102275**
Psychiatry	2264	2221	2281	2269	2267	2212	2318	2182	2373	2159	2428	2417	**27391**
DVL	1763	1694	1752	1742	1776	1858	1962	1716	1795	1627	1800	2061	**21546**
Respiratory Medicine	1727	1676	1762	1829	1877	1791	2172	1979	1799	1463	1731	1885	**21691**
Paediatrics	3758	3839	3722	4601	4223	4130	4348	4109	4015	3016	3565	4353	**47679**
General Surgery	5526	5557	5380	5780	5080	4823	5606	5287	5610	5416	6206	6403	**66674**
Orthopaedics	2912	2687	2724	2974	2714	2805	2901	2909	2971	2770	3106	3156	**34629**
ENT	1571	1465	1549	1752	1684	1620	1821	1613	1635	1611	1771	1856	**19948**
Ophthalmology	1638	1420	1667	1623	1681	1648	1755	1726	1678	1515	1808	1959	**20118**
OBG	2823	2944	2837	3089	2792	2723	2860	2570	2835	2774	3005	3110	**34362**
Cardiology	2113	2265	2188	2442	2118	2054	2296	2127	2289	2147	2502	2714	**27255**
Neurology	1688	1724	1613	1891	1783	1693	1736	1602	1671	1675	1813	1900	**20789**
Nephrology	3370	3435	3265	3536	3339	3357	3578	3233	3518	3459	3603	3560	**41253**
Total:	**39290**	**39118**	**38509**	**42008**	**39711**	**39063**	**42804**	**39369**	**40675**	**37176**	**42058**	**45829**	**485610**

IPD STATISTICS JUNE 2025 TO JULY 2026													
Departments	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	Dec-25	Jan-26	Feb-26	Mar-26	Apr-26	May-26	Jun-26	Total
General Medicine	1041	1042	991	743	574	621	713	620	559	635	693	756	**8988**
Psychiatry	62	56	56	48	49	46	71	50	54	61	49	62	**664**
DVL	166	186	184	229	183	194	188	172	214	204	204	190	**2314**
Respiratory Medicine	176	172	150	154	148	274	243	186	321	315	336	314	**2789**
Paediatrics	368	404	385	446	469	502	580	529	629	628	563	660	**6163**
General Surgery	596	554	514	660	580	610	675	621	602	591	644	625	**7272**
Orthopaedics	185	155	127	176	171	160	141	156	156	208	182	188	**2005**
ENT	217	199	226	278	278	312	287	244	282	251	224	260	**3058**
Ophthalmology	206	206	205	281	358	360	365	303	360	344	335	3810	**7133**
OBG	209	260	286	410	387	496	568	464	566	411	353	377	**4787**
Cardiology	180	205	222	255	200	221	222	247	214	180	267	265	**2678**
Neurology	113	120	116	121	113	81	79	82	87	108	101	113	**1234**
Nephrology	95	94	90	88	105	145	146	114	107	99	114	154	**1351**
Total:	**3614**	**3653**	**3552**	**3889**	**3615**	**4022**	**4278**	**3788**	**4151**	**4035**	**4065**	**7774**	**50436**

BIRTH AND DEATH JULY 2025 TO JUNE 2026													
	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	Dec-25	Jan-26	Feb-26	Mar-26	Apr-26	May-26	Jun-26	Total
L.S.C.S	50	64	52	55	39	43	33	34	39	45	47	51	**552**
Normal	61	53	73	75	58	58	58	66	53	63	73	70	**761**
Total deliveries	**111**	**117**	**125**	**130**	**97**	**101**	**91**	**100**	**92**	**108**	**120**	**121**	**1313**
Total Birth	113	120	126	132	97	103	91	99	94	109	121	122	**1327**
Death	**40**	**53**	**59**	**55**	**60**	**61**	**88**	**53**	**52**	**53**	**63**	**77**	**714**

SURGICAL WORKLOAD STATISTICS JUNE 2025 TO JULY 2026																										
Departments	Jul-25		Aug-25		Sep-25		Oct-25		Nov-25		Dec-25		Jan-26		Feb-26		Mar-26		Apr-26		May-26		Jun-26		Total	
	Major	Minor	Major	Minor	Major	Minor	Major	Minor	Major	Minor	Major	Minor	Major	Minor	Major	Minor	Major	Minor	Major	Minor	Major	Minor	Major	Minor	Major	Mi
General Surgery	147	87	130	117	157	101	164	91	145	82	136	74	142	115	134	116	140	93	153	156	153	186	153	194	1754	1412
Gastro Surgery	2	1	9	2	7	0	10	3	6	1	5	1	7	0	2	0	6	0	7	0	9	1	6	0	76	9
Neuro Surgery	8	16	10	6	9	3	10	7	8	8	8	9	7	4	9	11	8	9	11	5	12	14	18	12	118	104
Plastic Surgery	24	23	28	30	25	18	29	25	12	27	35	32	17	61	22	29	22	27	12	42	24	37	12	50	262	401
Paediatric Surger	8	16	11	13	9	19	5	14	4	16	7	14	10	19	8	20	12	12	7	22	2	28	1	24	84	217
CVTs	12	13	5	14	4	19	15	12	11	18	11	14	13	11	7	15	10	5	5	14	11	14	7	6	111	155
Onco Surgery	23	2	22	0	16	0	17	2	17	0	21	0	17	2	22	2	21	0	14	2	13	5	18	0	221	15
Radiology	0	38	0	41	0	49	0	50	0	54	0	56	0	55	0	47	0	43	0	43	0	49	1	54	1	579
OMFS	20	604	12	567	9	516	17	531	13	473	16	313	16	440	18	390	10	427	23	354	14	487	11	478	179	5580
Urology	49	67	28	62	32	58	39	76	35	50	31	57	23	79	32	121	38	66	42	76	32	105	34	84	415	901
General Surger	**293**	**867**	**255**	**852**	**268**	**783**	**306**	**811**	**251**	**729**	**270**	**570**	**252**	**786**	**254**	**751**	**267**	**682**	**274**	**714**	**270**	**926**	**261**	**902**	3221	9373
OBG	**86**	**244**	**108**	**267**	**104**	**268**	**108**	**301**	**85**	**226**	**73**	**232**	**79**	**230**	**66**	**201**	**75**	**290**	**94**	**235**	**106**	**266**	**90**	**328**	1074	3088
PMR	0	0	0	0	0	0	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	1	1
ORTHO	108	336	87	297	75	298	96	297	90	307	96	237	96	266	99	315	81	296	107	296	105	359	98	308	1138	3612
Orthopaedics	**108**	**336**	**87**	**297**	**75**	**298**	**97**	**297**	**90**	**307**	**96**	**238**	**96**	**266**	**99**	**315**	**81**	**296**	**107**	**296**	**105**	**359**	**98**	**308**	1139	3613
ENT	**63**	**419**	**57**	**391**	**49**	**351**	**57**	**382**	**59**	**380**	**59**	**353**	**64**	**369**	**48**	**358**	**59**	**344**	**88**	**391**	**91**	**432**	**71**	**464**	765	4634
Ophthalmology	**165**	**509**	**151**	**472**	**129**	**461**	**157**	**492**	**95**	**478**	**111**	**389**	**129**	**460**	**128**	**420**	**121**	**508**	**131**	**445**	**165**	**571**	**139**	**506**	1621	5711
Dermatology	**0**	**136**	**0**	**139**	**0**	**114**	**0**	**100**	**0**	**168**	**0**	**164**	**0**	**159**	**0**	**134**	**0**	**150**	**0**	**130**	**0**	**148**	**0**	**184**	0	1726
Nephro	**0**	**0**	**0**	**0**	**0**	**0**	**1**	**0**	**0**	**0**	**1**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**1**	**0**	3	0
Others	**0**	**78**	**0**	**86**	**0**	**66**	**0**	**67**	**0**	**55**	**0**	**64**	**0**	**52**	**0**	**61**	**0**	**45**	**0**	**66**	**0**	**68**	**0**	**51**	0	759
TOTAL	**715**	**2589**	**658**	**2504**	**625**	**2341**	**726**	**2450**	**580**	**2343**	**610**	**2010**	**620**	**2322**	**595**	**2240**	**603**	**2315**	**694**	**2277**	**737**	**2770**	**660**	**2743**	7823	28904

INVESTIGATIVE WORKLOAD STATISTICS - JULY 2025 TO JUNE 2026														
Investigations		Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	Dec-25	Jan-26	Feb-26	Mar-26	Apr-26	May-26	Jun-26	Total
Radio-diagnosis	MRI	612	554	540	584	566	529	540	567	594	543	611	709	6949
	CT	875	887	936	948	877	951	1027	950	875	957	995	968	11246
	USG	2957	2984	2861	3018	2676	2639	2996	2684	2838	2776	3184	3368	34981
	Plain X-rays	8667	8182	7727	8353	8094	8244	8265	8280	7900	8251	8585	8936	99484
	OPG	178	185	167	181	170	158	188	205	163	170	186	209	2160
	Mammography	75	89	74	80	68	79	85	64	73	51	85	110	933
	Cephalogram	3	2	3	2	3	2	8	0	0	0	0	0	23
	Special Investigations	41	38	35	38	46	22	39	32	44	40	46	32	453
Radio-diagnosis special procedures	Barium meal	0	0	0	0	0	0	0	0	0	0	2	0	2
	Barium swallow	11	13	7	7	8	8	10	7	8	5	9	8	101
	Barium Enema	0	1	1	0	2	1	1	0	1	1	0	0	8
	Barium meal follow through (BMFT)	1	0	0	4	1	1	0	0	0	0	0	0	7
	HSG	3	0	1	4	4	3	4	2	1	1	2	3	28
	MCU	10	10	6	5	9	4	6	6	7	9	7	8	87
	IVU	0	2	0	0	0	0	0	0	0	0	0	0	2
	RGU	1	0	1	0	1	1	2	0	1	1	0	0	8
	Gastrographic Study	2	0	1	1	3	0	2	2	1	0	3	0	15
	Fluroscopy	0	0	0	0	0	0	0	0	1	0	0	0	1
	Scanogram	13	12	17	16	18	3	14	15	23	23	23	13	190
	Sinusogram	0	0	0	0	0	1	0	0	0	0	0	0	1
Pathology	Clinical Pathology	10021	9716	8652	9312	10213	8200	9587	8403	9515	9192	9422	10415	112648
	Hematology	52858	51474	49252	53488	45830	47742	52085	47369	45516	47951	53406	58075	605046
	Cytology	305	336	301	351	271	269	307	255	321	306	329	391	3742
	Histopathology	602	658	565	708	674	572	646	607	575	652	670	638	7567
Bio Chemistry	Blood Chemistry	80085	79786	75411	84269	74063	75704	74265	69361	70878	67945	75928	82193	909888
	Endocrinology	5143	5126	4852	5310	5011	4808	5111	4706	4618	4831	5342	5747	60605
	Other body Fluids	82	82	69	103	50	118	106	65	86	118	98	92	1069
	Other Special investigations	630	725	648	769	683	589	807	764	787	680	740	805	8627
Microbiology	Bacteriology	2690	2916	2467	2812	2893	2597	2888	2575	2596	2623	2925	3263	33245
	Serology	1035	1038	1015	1214	1061	906	1082	1019	979	1078	950	1302	12679
	Mycology	76	84	62	57	67	61	83	86	77	65	62	100	880
	Parasiotology	182	168	135	125	146	118	154	128	144	186	192	217	1895
	Virology	4047	3772	3686	3847	3734	3654	4192	3649	3773	3778	4263	4498	46893
	Immunology	436	423	452	449	476	487	517	441	510	511	495	626	5823
	Mycobacteriology	97	104	72	78	69	111	121	107	90	88	133	107	1177

SUPPORTING DEPARTMENTS

UG ACADEMICS

Academic Section

(a) **Courses Offered & Admissions Made During 2025-2026**

Course	Sanctioned Seats	Admissions	Men	Women	(Religious Sisters)
MBBS	100	100	30	70	-

(b) MBBS (Category Wise)

S. No.	Category	No. of Seats Available	Admitted	Highest NEET Rank	Lowest NEET Rank
01	ALL INDIA QUOTA	15	15	21507	30717
02	OPEN	20			
	SM	20	12	27350	38455
	MU		01	38874	-
	VK		01	44903	-
	EZ		02	39321	40187
	BH		01	39046	-
	ST		01	407357	-
	SC		02	155112	157532
03	MINORITY QUOTA	50	50	47008	94367
04	NRI	15	15	137370	431111
		100	100		

3. MBBS CBME Curriculum Implementation Reports

MBBS 2024 Batch

Phase I for the 2024 MBBS batch commenced on 14.11.2024. The students took their First Professional MBBS University Examination in August 2025 with a pass percentage of 88%. The following students were the toppers in their class:

- Krishnaveni Ratheesh
- Albin Abraham
- Gayathri B P

Their Phase II classes began on 21.10.2025, and the students are presently scheduled to take model examinations starting June 22, 2026.

MBBS 2023 Batch

Phase II classes for the 2023 MBBS batch commenced on 18.09. 2024.The students had Second professional MBBS University examination in August 2025 with a pass percentage of 85%. The following students were the toppers in their class:

1. Ahammed Ihsan
2. Sharan Miriam Rinu
3. Anna Anamika P B

Their Phase III Part I classes started on 03.10.2025 and are presently scheduled to undergo model examinations from 21st of July 2026.

MBBS 2022 Batch

Phase III Part I for the 2022 MBBS batch commenced on 20.01.2025. They had their Third Professional MBBS Part I examinations in January 2026 with a pass percentage of 100%. The following students were the toppers in their respective class:

1. Renji Merin Jose
2. Ajeena Jose Thanickal
3. Mekha Joykutty

Their Phase III Part II classes started on 09.02.2026, and will be completed by January 2027.

MBBS 2021 Batch

The elective postings were conducted from 27.02.2025 to 12.03.2025; thereafter, the clinical postings began on 20.03.2025 and were completed on 11.05.2026. Presently, they are taking their final year University Examinations.

MBBS 2020 Batch

The 2020 MBBS batch took their Final Professional Part 2 University Examination in May 2025. They had a pass percentage of 89%. Their CRMI postings began on 16.09.2025. Their graduation ceremony is scheduled for 10.09.2026.

- **ACADEMIC RESULTS**

		Appeared	Total	Passed	Total	I Class	Distinction	Percentage
I MBBS (R) 2024	Aug'25	100 (Resit-4)	104	88 (Resit-3)	91	26	3	88
SAY-2024	Nov'25	12	12	10	10	-	-	83
II MBBS (R) 2023	Aug'25	96 (Resit-6)	102	82(Resit-6)	88	43	6	87
Supple-2023	Dec'25	14	14	12	12	-	-	86
Supple-2022	Dec'25	2	2	1	1	-	-	50
Supple-2018	Dec'25	1	1	1	1	-	-	100

III MBBS Part I (R)	Jan'26	97 (Resit-5)	102	97 (Resit-4)	101	61	17	99
Supple-2018	Aug'25	1	1	1	1	-	-	100
Supple-2021	Apr'26	1	1	1	1	-	-	100
III MBBS Part II (S) 2020	Oct'25	11	11	10	10	-	-	91
Supple-2019	Oct'25	5	5	2	2	-	-	50
Supple-2018	Oct'25	1	1	1	1	-	-	100
Supple-2018	Apr'26	1	1	0	0	-	-	0

PG ACADEMICS

Academic Section

1. MD/MS Courses Offered & Admissions Made During 2025-2026

Course	Sanctioned Seats	Admissions	Men	Women	Date of Joining
MD Anaesthesiology	6	6	3	3	06.01.2026 - 23.02.2026
MD Anatomy	2	2	1	1	20.02.2026
MD Biochemistry	2	2	-	2	19.02.2026 - 23.02.2026
MD Community Medicine	4	4	1	3	19.02.2026 - 23.02.2026
MS Otorhinolaryngology	2	2	-	2	29.12.2026 - 02.03.2026
MD General Medicine	6	6	1	5	29.12.2025 - 23.02.2026
MD General Surgery	4	4	3	1	22.12.2025 - 17.02.2026
MD Microbiology	2	2	1	1	23.02.2026 - 27.02.2026
MS Obstetrics & Gynaecology	4	4	-	4	22.12.2025 - 20.02.2026
MS Ophthalmology	1	1	-	1	23.02.2026
MS Orthopaedics	4	4	3	1	17.02.2026 - 28.02.2026
MD Paediatrics	6	6	-	6	31.12.2025 - 23.02.2026
MD Pharmacology	1	-	-	-	-
MD Psychiatry	4	4	2	2	29.12.2025 - 20.02.2026
MD Pathology	4	4	1	3	19.02.2026 - 29.02.2026
MD Physiology	2	2	2	-	19.02.2026 - 02.03.2026
MD Radio-diagnosis	4	4	3	1	31.12.2025 - 19.02.2026

MD Respiratory Medicine	4	4	-	4	02.02.2026 - 23.02.2026
MD DVL	3	3	1	2	24.12.2025 - 05-01-2026
Total	65	64	22	42	

2. PG MEDICAL SEAT MATRIX – 2025

		Minority and NRI Quota Seats in Self Financing Medical Colleges				State Merit in Self Financing Medical Colleges									
S. No.	Course	Total	Minority	NRI (Minority)	NRI (Open)	Total	UR	SC	ST	EZ	BH	MU	LA	BX	KU
1	MD Anaesthesiology	**3**	3			**3**	1	1				1			
2	MD Anatomy	**0**				**2**	1				1				
3	MD Biochemistry	**0**				**2**	1					1			
4	MD Community Medicine	**2**	2			**2**	1								1
5	MS Otorhinolaryngology	**1**	1			**1**	1								
6	MD General Medicine	**3**	1	2		**3**	1				1	1			
7	MD General Surgery	**2**	2			**2**	1				1				
8	MD Microbiology	**0**				**2**	1								1
9	MS Obstetrics & Gynaecology	**2**	1	1		**2**	1			1					
10	MS Ophthalmology	**0**				**1**	1								
11	MS Orthopaedics	**2**	1	1		**2**	1	1							
12	MD Paediatrics	**3**	1	2		**3**	2				1				
13	MD Pharmacology	**0**				**1**	1								
14	MD Psychiatry	**2**	2			**2**	1		1						
15	MD Pathology	**2**	2			**2**	1	1							
16	MD Physiology	**0**				**2**	1			1					
17	MD Radio-diagnosis	**2**		2		**2**	1					1			
18	MD Respiratory Medicine	**3**	2	1		**1**		1							
19	MD DVL	**1**		1		**2**	2								
	Total	**28**	**18**	**10**	**0**	**37**	**23**	**2**	**1**	**3**	**3**	**4**	**1**	**0**	**0**
	Grand Total	**65**													

UR – Unreserved
SC - Scheduled Caste
ST - Scheduled Tribe

EZ - Ezhava
MU - Muslim
BH - Backward Hindu
LA - Latin Catholic & Anglo Indians
BX - Backward Christian
KU – Kudumbi

3. DNB/ DrNB Courses Offered & Admissions Made During 2025-2026

Course	Sanctioned Seats	Admissions	Men	Women	Date of Joining
DNB Emergency Medicine	4	4	1	3	02.01.2026 – 14.02.2026
DNB Critical Care Medicine	2	1	-	1	24.03.2026
Total	6	5	2	3	

4. PG CBME Curriculum Implementation Reports

MD/ MS Courses:

2025 batch

The first year of the course for the 2025 batch started on 03.12.2025. They had their Orientation on 23.03.2026 – 24.04.2026, during which they were introduced to the Add-on courses on 1. Medical Education Technologies and 2. Professionalism & Medical Ethics.They attended the Research Methodology Workshop on 05.05.2026.

2024 batch

The 2024 batch of students commenced their second year on 20.12.2025. They submitted their thesis synopsis to the university on/ before 31.03.2026. Their First year-end examination was conducted on 29.11.2025. As per the directions from the District Medical Education Department of the state, they are presently undergoing the District Residency Program in accordance with the guidelines issued by the National Medical Commission, New Delhi.

2023 batch

The final year of the course for the **2023 batch** started on 05.09.2025. They had their second year-end examination on 29.11.2025. The last date of submission of thesis to university was 16.03.2026. Their university examinations are scheduled to commence from 14.08.2026.

2022 batch

The final year for the **2022 batch** commenced on 07.11.2024. The last date for thesis submission to the university was 27.09.2025. They wrote their university examinations in November 2025 and had a pass percentage of 96%. Among them, 11 students secured top 10 ranks in the University examinations in their respective disciplines, and were honoured during the Graduation Ceremony held on 14.02.2026

DM Super speciality courses:

The first year of the 2024 batch DM Courses in Cardiology, Nephrology and Neurology started on 20.06.2025 with one student in each course. The final date for thesis synopsis submission is on or before 19.03.2026. The DM students of 2023 and 2022 batches progressed to their second and final year of the course on 25.11.2024 and 12.01.2025 respectively. The final year students of 2022 batch submitted their thesis on/ before 26.07.2025 and had their university exams scheduled in December 2025.

DNB course:

The DNB Course in Emergency Medicine has an annual intake of 4 students per year. The course commenced for 2024 batch on 01.02.2025. The students of 2023 and 2022 batches progressed to the second and final year of the course on 04.09.2024 and 20.10.2025 respectively.

DrNB Super speciality Courses:

Two students were admitted under DrNB Critical Care Medicine. The course began on 14.06.2025. The two students under DrNB Critical Care admitted in 2023 progressed to the second year on 01.01.2025.

Diploma Courses:

The institution offers Indian Diploma in Critical Care Medicine (IDCCM) of one-year duration under the aegis of the Indian Society of Critical Care Medicine with an annual intake of two students per year. We currently have one student undergoing the above program.

Fellowship Programs:

The following Fellowship programs are being offered in this institution, namely: the Indian Academy of Paediatrics (IAP) Neonatal Fellowship program and IAP Fellowship program in Developmental and Behavioural Paediatrics. We currently have one student undergoing the above training program in Behavioural Paediatrics.

Clerkship and Internship for the Foreign Medical Graduate:

Clerkship and Internship programs for the Foreign Medical graduates are being conducted as per the guidelines issued by the National Medical Commission and the directions given by the District Medical Education of the State. We currently have 7 Foreign Medical Graduates in our campus. Among them, six are undergoing Clerkship, and one is undergoing Internship

5. Medical PG Degree (MD/MS) Regular/Supplementary Examination, November-25 - Results

Subjects	Appeared	Result			
		Distinction	First Class	Second Class	Failed
MD-Anaesthesiology	6	1	5		
MD-Biochemistry					
MD-Community Medicine	4		4		
MD-DVL	3		1	2	
MD-General Medicine	6		3	3	
MD-Microbiology	1			1	
MD-Pathology	1			1	
MD-Paediatrics	4		3		1
MD-Pharmacology	1			1	
MD-Psychiatry	4		2	2	
MD-Radio-diagnosis	2		2		
MD-Respiratory Medicine	2		2		
MS-Otorhinolaryngology	2			2	
MS-General Surgery	3			2	1
MS-Ophthalmology	1		1		
MS-Orthopaedics	4		4		
MS-Obstetrics & Gynaecology	4		3		
Total:	47	1	30	14	2

MEDICAL PG DEGREE (MD/MS) SUPPLEMENTARY EXAMINATION, APRIL-2026
RESULT STATISTICS

Subjects	Appeared	Result			
		Distinction	First Class	Second Class	Failed
MD-Anaesthesiology	1		1		
MD-Microbiology	1			1	
MD-Paediatrics	2		1	1	
MD-Radio-diagnosis	2		1	1	
MD-Respiratory Medicine	2		2		
MS-General Surgery	2		1	1	
MS-Obstetrics & Gynaecology	1		1		
Total:	11	0	7	4	0

6. Medical Super speciality Degree (DM/MCh) Regular/Suppl. Examination, Dec 25 – Results

Subjects	Appeared	Result			
		Distinction	First Class	Second Class	Failed
DM Cardiology	1			1	
DM Nephrology	1			1	
Total	2			2	

7. Graduation Ceremony 2022 Batch – 2026

The Postgraduate Graduation Ceremony of 2022 batch was conducted on 14.02.2026 with great solemnity and pride. The welcome address was given by the Principal, Dr. Reena Thomas. Rev Dr Biju Varghese, CEO, gave the presidential address. Dr Varghese Punnoose, Principal, Government Medical College, Kottayam was the Chief Guest on the occasion and distributed the graduation certificates. The Academic Director, Rev Dr. Mathew Mazhavancheril, gave felicitation on the occasion. The following University Rank Holders were honoured for their academic excellence.

PG RANK HOLDERS 2025			
S. No.	NAME	DEPARTMENT	RANK
1	Dr. Dyna Maria Sunny	General Medicine	3
2	Dr. Preetha Jackson	Community Medicine	3
3	Dr. Athul Krishna K. S	Orthopaedics	5
4	Dr. Amala Anna Koshy	Anaesthesiology	6
5	Dr. Thomas Mathew	Orthopaedics	6
6	Dr. Harishankar.A	Community Medicine	8
7	Dr. Hitha M David	Anaesthesiology	9
8	Dr. Kiran Nath G	Psychiatry	9
9	Dr. Nuzhath Backer Subi Vihar	OBG	9
10	Dr. Alina Elsa Kunnirickal	Respiratory Medicine	10
11	Dr Charisma Grace Varghese	Community Medicine	10

ALLIED HEALTH SCIENCES ACADEMICS

Admission

SL. NO	ADMISSION	COURSE STARTED	ANNUAL INTAKE	COURSE	NO. OF STUDENTS ADMITTED	RESULT (%)
1	2025-26	2014	20	Diploma in Dialysis Technology	14	100
2	2025-26	2022	20	Diploma in Medical Laboratory Technology	11	94
3	2025-26	2022	4	Diploma in Cardio Vascular Technology	3	100
4	2025-26	2022	4	Diploma in Central Sterile Supply Technology	4	75
5	2025-26	2022	15	Diploma in Operation Theatre & Anaesthesia Technology	11	100
6	2025-26	2024	4	Diploma in Endoscopic Technology	1	Nil
7	2025-26	2024	10	Diploma in Radiological Technology	5	awaiting
8	2025-26	2024	10	B. Sc Dialysis Technology	10	90
9	2025-26	2024	5	Diploma in Respiratory Technology	4	Nil
10	2025-26	2025	10	Diploma in Ophthalmic Assistance	3	Nil

Events Conducted:

WORLD BIOETHICS DAY - OCTOBER 24, 2025

The World Bioethics Day was observed by the Pushpagiri Bioethics Unit on October 24, 2025 with the **Theme of the year, 2025:** "Protection of the environment, the biosphere and biodiversity". There was a guest lecture on "Clinical and Research Ethics" by Prof Dr. M. K. C Nair, Director, NIMS - Spectrum, Child Development Research Centre, NIMS Medicity, Thiruvananthapuram. Quiz and Collage competitions were also held for the UG/ PG students of the Pushpagiri Group of Institutions. Quiz competition was conducted in the senate hall, PMCH and collage competition in the examination hall, Allied Health Sciences. Allied Health Science college team got third prize in collage competition. Students from AHS participated in both competitions.

BREAST CANCER AWARENESS MONTH - OCTOBER - 2025

Breast cancer awareness session conducted on 27.10.2025 at PCAHS examination hall with the **Theme of this year:** "Every story is unique, Every journey matter." The speaker of this session was Dr. V. U Thankamma, Emeritus Consultant, Department of Oncology, PMCH. She explained in detail about the type of cancer, how to detect it early and prognosis of cancer etc. It was an interactive session with students. All the students from all courses and faculties attended the session.

BLOOD DONATIION CAMP - NOVEMBER 2025

Blood donation camp was organized by the students from Department of MLT, Allied Health Science College, PIMS&RC on 12.11.2025 in collaboration with Blood bank, PMCH. Students took an active part not only in organizing the event but also in donating blood themselves. Students along with faculty members and staff came forward to donate blood voluntarily. The camp helped to increase awareness among students about the value of contributing to society through such humanitarian efforts. Overall, blood donation camp was a great success. It was indeed a proud and meaningful initiative by the students. Sixteen donors including staff and students participated in blood donation voluntarily in this camp.

DDRC JOB RECRUITMENT PROGRAMME. 23 JAN 2026.

DDRC Agilus Laboratory had conducted a job recruitment drive for our DMLT final year students' of 2023 batch on 23.01.2026. All the students attended the interview conducted by DDRC recruitment group. DDRC team also collected the details of the students. It was a great opportunity and exposure for our students from such a great organisation like DDRC Agilus group. Ms. Nisha Shalivahan (HR Asst. Gen. Manager, Kochi) and Ms. Meera Bhai (Thiruvalla DDRC) came for recruitment. This recruitment drive was a great success.

WORLD KIDNEY DAY - MARCH 12, 2026.

Department of Nephrology, PIMS organised an organ pledge drive as a part of World Kidney Day on 12.03.2026.

A talk was conducted by Dr. Jithu, Assistant Professor, Nephrology about the importance of maintaining a healthy life, promote awareness about chronic kidney disease and the importance of organ donation. This session addressed myths related to organ donation and encouraged voluntary pledging for kidney donation after death. All the students and faculties in the division of Allied Health Sciences attended the session.

SKILL LAB TRAINING — May 5, 2026

Skill lab training was provided for DMLT first year and second year students, to bridge the gap between classroom learning and clinical practice. Objective of this training program is to equip MLT students with hands-on experience in core laboratory techniques, improve technical proficiency and build confidence before clinical postings. The session covered hands-on practice on venipuncture and phlebotomy. Each student individually practiced on venipuncture. MLT faculty gave demonstration and supervised hands-on practice.

ANIMAL HOUSE VISIT – May 9, 2026, at 2 P.M.

Department of Medical Laboratory Technology organized an educational visit for DMLT first year and second year students to the animal house facility of PIMS&RC to provide students with practical exposure to laboratory animal handling and its relevance in biomedical research and diagnostics. Objective of this animal house visit is to familiarize MLT students with the principles of laboratory animal science, ethical guidelines in research and quality control of diagnostic reagents etc.

Dr. Ampadi A. N, Veterinary officer explained to students about the temperature and humidity maintenance in animal house, hygienic maintenance breeding and feeding of lab animals, euthanasia techniques on animals etc. Students viewed the Albino rats and SD rats in animal house. The visit helped the students to understand the ethical and scientific importance of laboratory animals in healthcare research. The session concluded with an interactive discussion with the Veterinarian/ Animal house in charge.

BLOOD DONATION CAMP - MAY 2026

Blood Donation Camp was organized by the students from Department of MLT, AHS, PIMSRC on 11.05.2026 in collaboration with Blood bank, PMCH. Students played a vital role in organizing the event and also participated enthusiastically as donors. More than 20 participants including students from Allied Health Science college, Nursing College, Medical College and staff members came forward to donate blood voluntarily.

Blood donation camp was a great success, promoting the spirit of service, compassion and social responsibility among students. It was indeed a proud and meaningful initiative by the students. Blood bank distributed blood donation certificate for all the donors. Dr. Maglin Monica Lisa Joseph Tomy and other technicians supervised the donation camp.

DENTAL CHECK-UP CAMP 19 MAY 2026

A dental check-up camp was arranged by Pushpagiri Dental College for the students and faculties of Allied Health Science College on 19.05.2026 at AHS exam hall. It was organized for the students with the aim of promoting oral health awareness and encouraging good dental hygiene practices. Camp was conducted by a team of qualified dental professionals and PG students who carried out oral examinations and provided guidance on maintaining healthy teeth and gums for the students.

During the camp, students underwent individual dental screenings to identify common oral health problems such as dental caries, gum diseases, plaques etc. Students who required further treatment were advised to visit dental clinic, Pushpagiri for detailed evaluation and management and also offered a free dental cleaning for those students who had attended the camp.

MIDNIGHT MARATHON 16 MAY 2026

A Midnight Marathon organized by the District Collector, Pathanamthitta, as part of the initiative to promote women empowerment and women safety. Hostel students and faculty members enthusiastically participated in the Midnight Marathon conducted on 16th May 2026, started at 8 p.m. from Thiruvalla Bypass. Marathon was conducted to raise public awareness about the importance of ensuring a safe and secure environment for women encouraging confidence, equality and active community participation. The hostel students and faculty actively took part in the Marathon, demonstrating their support for the rights, safety and empowerment of women and the event concluded successfully.

CELEBRATION OF EXCELLENCE - 22 JUNE 2026.

The institution organised a Celebration of Excellence programme to recognize and honour the outstanding achievements of the students in both academics and extracurricular activities on 22 June 2026 in the AHS exam hall at 11:30 AM. The program was held under the presidential presence of the Director, Rev. Dr. Fr.

Mathew Mazhavencheril. During the programme, students who secured DME diploma ranks, winners of Second Prize at the International Conference and other students who excelled in various academics were felicitated for their remarkable accomplishments.

Ms. Donna Mathews and Mr. Pravith Shaji, first year students of DME Diploma in Dialysis Technology were congratulated for their achievement for winning second prize in International Conference named Synapse in Bioradiance 2026. Ms. Jicky Jackson, 1st rank in DME DDT examination, Mr. Nihil Lal, 3rd rank in DME DCVT examination and Ms. Haritha. S (former CMAI DMLT student), who secured 1st rank in B. Sc MLT KUHS examination were also congratulated in the programme.

Dr. M. O. Annamma (Academic Co-ordinator), Dr. Reena Thomas (Principal, PIMS& RC), and Dr. Satheesh Balakrishnan (Associate Professor& HOD, Nephrology) delivered felicitation addresses. As a token of love and appreciation, college presented mementoes to the awardees in recognition of their excellence and achievements. The ceremony was attended by the faculty members and students from all the courses.

ENVIRONMENT DAY - JUNE 5, 2026

In observance of World Environment Day on 5th June, DMLT students (first and second year) actively participated in an environmental awareness and cleanliness drive conducted within the hospital premises. Primary objective of the programme was to promote environmental responsibility and encourage proper waste management practices. As part of the activity, students collected waste from various areas of the hospital premises. During the waste collection drive, it was observed that plastic waste constituted the majority of the collected waste, highlighting the need to reduce the use of single-use plastics and to improve waste segregation practices. The programme created awareness among students about the harmful effects of plastic pollution on environment and emphasized the importance of principles of Reduce, Reuse and Recycle.

COLLEGE LIBRARY

Introduction:

The Central Library at Pushpagiri Institute of Medical Sciences & Research Centre, Tiruvalla, stands as a cornerstone of knowledge dissemination and scholarly engagement. As an integral component of the institution's academic infrastructure, the library plays a vital role in supporting the pursuit of excellence in medical education and research. Crafting a comprehensive Standard Operating Procedure (SOP) is crucial to ensure the seamless operation of the Central Library, aligning its functions with the institution's overarching objectives

Mission:

To identify, select, collect, create, organize, preserve, manage and provide access to information sources in print, non-print and digital forms, regardless of their physical location, to support scholarly pursuits, learning, teaching and research in the institute.

Objectives:

A. **Supporting Medical Education:** The primary goal is to support the curriculum of the KUHS by providing a wide range of medical textbooks, journals, and other educational materials. The library should have resources that cover various medical disciplines to facilitate the learning needs of medical students.

B. **Facilitating Research:** The Central Library, PIMS &RC plays a crucial role in supporting research activities within the college. It should provide access to a variety of research journals, databases, and other scholarly resources. Librarians may also help in literature searches and accessing relevant research materials.
C. **Promoting Evidence-Based Practice:** Medical professionals rely on evidence-based practice to make informed decisions. The PIMS &RC Central Library provide resources that allow healthcare professionals to access the latest research findings and evidence to inform their clinical practice.
D. **Continuous Professional Development:** In the field of medical education, staying updated with the latest developments is crucial. The Central library offers resources that support the continuous professional development of healthcare practitioners, including access to medical journals, conferences, and online learning materials.
E. **Enhancing Patient Care:** The Central library can contribute to improved patient care by providing healthcare professionals with resources that help them stay informed about the latest medical advancements, treatment options, and best practices.
F. **Information Literacy:** The Central library actively engages in promoting information literacy skills among students and faculty. This includes teaching users how to effectively search for and critically evaluate information, ensuring they can navigate the vast amount of medical literature available.
G. **Creating a Collaborative Learning Environment:** The Central library serves as a space for collaborative learning, research discussions, and academic meetings. Providing a conducive environment for study and research can contribute to the overall academic atmosphere of the PIMS &RC medical college
H. **Digital Resources and Technology Integration:** To keep pace with technological advancements, the library should incorporate digital resources, online databases, and modern information retrieval systems. This ensures that users have access to a variety of formats and platforms for information consumption.

Library Administration

Academic Director → Principal → Library Advisory Committee → Vice Principal → Chief Librarian → Librarians → Library Trainees & supporting Staff.

Library Advisory Committee

The Library Advisory Committee supports the functioning of the library and facilitates the library development plans by advocating the library development activities with the management. This is to act as a channel of communication and dialogue between the library system and its users. The Committee's main objective is to aid in the establishment of a bridge between the Central Library and the academic fraternity and the institute management. The Library Advisory Committee (LAC) is to be appointed by the Academic Director of the institution.

Librarians

Chief Librarian: Rev.Fr. Abraham Pariyarathil (MA- MLISc)
Librarians: Liju C Gopalan (BA- MLISc)
: Vipitha G Nath (B Com- MLISc)
: Arun T K (BSc- MLISc)

Non-Technical Staff
Office Assistant: Sheeja Mathew
House Keeping: Smitha Mary John

Facilities

Area and Floor Plan

The Central Library of Pushpagiri Institute of Medical Sciences & Research Centre is located on the second floor of C-Block of the Medical College Building and occupies an area of approximately **2,000 square metres**. The library provides a spacious and comfortable learning environment with an air-conditioned Undergraduate Reading Hall (100 seating capacity), an air-conditioned Postgraduate Reading Hall (50 seating capacity), Journal Reading Room (25 seats), Bound Volume Room (25 seats), Faculty Reading Area (25 seats), and a Group Discussion Room (25 seats). In addition, an External Reading Hall on the third floor accommodates **150 users**, offering extended study space.

Library Collections

The Central Library houses a rich collection of approximately **23,038 books** covering all branches of Medicine, including Super Specialty subjects, along with selected general books. The collection also includes **1,523 bound volumes** of journals and **482 theses/dissertations**, providing valuable academic and research resources. Regular additions of the latest editions ensure that the collection remains current and relevant.

Classification and Catalogue

The library collection is systematically organized using the **Dewey Decimal Classification (DDC)** system. Cataloguing is carried out according to **AACR-II** standards, and resources can be searched through the **Online Public Access Catalogue (OPAC)**. The library follows an **Open Access System**, enabling users to locate and access resources conveniently.

Journal Collection

The library subscribes to **89 print medical journals**, comprising **57 Indian journals** and **32 foreign journals**. In addition, more than **1,500 bound volumes** of previous journal issues are maintained to support retrospective literature searches and research activities.

E-Library

A fully air-conditioned **E-Library** with a seating capacity of **25 users** provides access to computers, internet facilities, e-books, CD-ROMs, and other electronic learning resources. The facility enables quick and convenient access to digital information for academic and research purposes.

LIBRARY SERVICES

1. Borrowing Facility

The borrowing service is fully automated through the **Koha Integrated Library Management System (ILMS)**, ensuring fast and accurate circulation of library materials. Registered members can borrow books and bound periodicals according to the library's circulation policy. Automation enhances efficiency, minimizes errors, and provides a seamless borrowing experience.

2. Inter-Library Loan Service

The library offers an **Inter-Library Loan (ILL)** service to obtain books and journal articles that are not available in its own collection. Through resource sharing with partner institutions, users gain access to a wider range of academic materials, supporting teaching, learning, and research.

3. Printing and Reprography Services

Printing, photocopying, and scanning facilities are available to students, faculty, and researchers at affordable rates. These services assist users in preparing assignments, research papers, presentations, and academic documents while ensuring quick and reliable document reproduction.

4. Reference Services

Professional librarians provide personalized reference assistance to help users identify, locate, and retrieve relevant information resources. Guidance is offered in the effective use of books, journals, databases, and other scholarly resources to support academic and research activities.

5. Web OPAC (Online Public Access Catalogue)

The **Web OPAC** enables users to search the library catalogue from anywhere, providing information on authors, titles, subjects, call numbers, and availability status. This service allows users to identify and locate library materials efficiently.

6. Internet Facility

The library provides high-speed internet connectivity to facilitate access to online educational resources, academic websites, institutional repositories, and digital learning platforms. This service supports research, teaching, and self-directed learning.

7. E-Journal Access (IP & Remote Access)

Users have access to a wide range of electronic journals through **IP-based access within the campus** and **remote access outside the campus**. This service enables uninterrupted access to current medical literature, research articles, and evidence-based clinical information.

8. CD-ROM Facility

The library maintains a CD-ROM collection containing archived educational software, reference databases, and digital learning resources. This facility provides access to valuable legacy information resources that continue to support academic requirements.

9. User Awareness Programmes

Regular library orientation programmes, database training sessions, and user education workshops are conducted to familiarize students, faculty, and researchers with available resources and services. These programmes promote effective information retrieval skills and encourage optimum utilization of library facilities.

10. DELNET, Gale, Ovid Services

The library provides access to **DELNET**, **Gale**, and **Ovid**, offering a comprehensive range of e-books, e-journals, bibliographic databases, and scholarly research resources. These platforms support teaching, learning, evidence-based clinical practice, and advanced research by providing access to authoritative, peer-reviewed, and up-to-date scientific literature across various medical and health science disciplines.

11. Procurement of Online Databases for the Year 2025-26:

a. Ovid

Ovid is a leading online research platform that provides access to high-quality medical, nursing, and health science literature from internationally renowned publishers. Through the library's subscription, users have access to **22 leading medical journals**, including the prestigious ***New England Journal of Medicine (NEJM)***, along with other authoritative peer-reviewed publications. Ovid offers advanced search capabilities, subject-specific indexing, and evidence-based clinical resources that enable efficient retrieval of accurate and relevant information. The platform supports undergraduate and postgraduate education,

clinical decision-making, evidence-based practice, and advanced medical research, making it an indispensable resource for students, faculty members, clinicians, and researchers.

b. DELNET (Developing Library Network)

DELNET is a major resource-sharing network that connects thousands of libraries across India and abroad. It provides access to millions of records, including books, journals, theses, dissertations, and technical reports. Users can request materials through the Inter-Library Loan (ILL) service, making DELNET a powerful tool for expanding access beyond local collections. The platform also offers specialized databases and union catalogues, making it highly useful for research, reference, and academic projects.

c. Gale Databases

Gale provides a wide range of academic and research databases covering medicine, health sciences, social sciences, technology, literature, and other disciplines. It includes e-books, e-journals, reference works, newspapers, and multimedia resources. Gale's user-friendly interface supports advanced searching, citation tools, and topic exploration, enabling users to locate reliable and peer-reviewed information efficiently. The platform significantly enhances teaching, learning, and research by providing access to authoritative global content.

Central Library Statistics till July 2026

Library Area	10567 Sqft / (2000 Sqmtr)	
Total Number of Books	23125	
General Books		250
Gifted Books		2215
Thesis		596
Reference Collection	20064	
Books Purchased in Current Year 2025-26	478	
Number of Journals	89	
Indian Journals		57
International Journals		32
Newspaper	**04**	
E-Journal Database	**03**	Ovid, Gale Delnet
E-Books	**227**	
E-Journals	**5700**	
Indian E-Journals		328
International E-Journals		5372

Physical Infrastructure		
Total Seating Capacity	**400**	
Library Reading Area (Ug, Pg.& Faculty)		250
External Reading Area		150
Professional Body Membership	**Delnet, Ndli**	
Last 3 Year Purchase of Books	**915**	

Library Visit Summary (2025–2026)

During the academic year **2025–2026**, a total of **12,866 users** visited the Central Library, reflecting the growing academic engagement and effective utilization of library resources. Among the visitors, **4,391 were male users** and **8,475 were female users**, comprising MBBS students, postgraduate (MD/MS/DNB) students, faculty members, and Allied Health Science students. The consistent library footfall highlights the Central Library's role as a vibrant academic hub that supports learning, teaching, research, and collaborative study within the institution.

Book Issue Status (2025–2026)

During the academic year **2025–2026**, the Central Library actively supported teaching, learning, and research through its efficient circulation services. A total of **3,150 books** were issued to **34 departmental libraries**, ensuring continuous access to essential academic and reference materials. In addition, **1,367 books** were issued directly to **MBBS students, postgraduate (MD/MS/DNB) students, Allied Health Science students, and faculty members**. The steady circulation of library resources reflects the effective utilization of the collection and underscores the library's commitment to supporting the academic, clinical, and research activities of the institution.

Human Garden Library – A Central Library Initiative

The **Human Garden Library** is a unique initiative of the Central Library that transforms learning by allowing **"people to become books."** The programme creates an interactive platform where participants gain knowledge through meaningful conversations with individuals who have diverse life experiences and professional expertise. Each session features **3 to 6 invited speakers**, including faculty members, senior doctors, distinguished professionals, accomplished alumni, special achievers, and other eminent personalities, who share their personal journeys, career experiences, and valuable insights. Through open dialogue, discussion, and reflection, students have the opportunity to "read" a human book, promoting experiential learning, inspiration, communication skills, and a deeper understanding of real-world challenges and achievements.

February 2026

As part of its innovative learning initiatives, the Central Library of Pushpagiri Institute of Medical Sciences & Research Centre organized the **Human Garden Library Programme** on **5 February 2026 at 5:30 PM** at **Booster Chaya, PIMS&RC Campus**. The programme featured **Shri. Jacob Punnoose IPS (Retd.)**, Former Director General of Police, Kerala, as the Human Book. He delivered an inspiring session titled **"My Encounters with Forensic Science,"** where he shared his professional experiences, real-life forensic investigations, and valuable insights from his distinguished career in law enforcement. The programme was further enriched by cultural performances from the institution's **Dhvani Music Club** and **Tarang Dance**

Club, creating an engaging and interactive learning environment. The Human Garden Library continues to provide students with a unique opportunity to learn directly from eminent personalities through meaningful conversations, promoting experiential learning, critical thinking, and personal development.

Central Library Programmes – 2025-26

Medical Book Exhibition

The Central Library of Pushpagiri Institute of Medical Sciences & Research Centre organized a **Medical Book Exhibition** from **11–14 February 2026** in association with **Vrindha Medical Publishers** and **Jaypee Medical Publishers**. The exhibition showcased a wide range of the latest editions of medical textbooks, reference books, and academic publications covering various specialties and allied health sciences. Faculty members, postgraduate students, undergraduate students, and researchers actively visited the exhibition to explore recently published resources relevant to teaching, learning, clinical practice, and research. The exhibition provided an excellent opportunity for users to familiarize themselves with newly released titles and recommend books for library procurement, thereby enriching the library collection and promoting a culture of reading and academic excellence.

Children's Day Celebration

As part of its community outreach initiatives, the Central Library of Pushpagiri Institute of Medical Sciences & Research Centre organized a **Children's Day Celebration** on **14 November 2025** at the Anganwadi located within the Pushpagiri campus. The programme was conducted with the objective of promoting joy, learning, and social responsibility among the children while strengthening the library's commitment to community engagement. The event was presided over by **Mr. Liju C. Gopalan**, Librarian, and coordinated by **Mr. Arun T. K.** and **Mr. Antony Michael**, Assistant Librarians, along with **Mrs. Sheeja Mathew**, Library Assistant. As part of the celebration, gifts and sweets were distributed to the children, creating a joyful and memorable experience. The programme concluded with a vibrant Children's Day rally, reflecting the library's dedication to fostering social values, community participation, and the holistic development of children.

Read and Rise Campaign

As part of the **Reading Week 2025** celebrations, the Central Library of Pushpagiri Institute of Medical Sciences & Research Centre organized the **"Read and Rise" Campaign** on **18 November 2025** at **Thirumulapuram UP School, Thiruvalla**. The initiative was undertaken to promote reading habits among school children, strengthen the school's library collection, and extend the library's outreach activities to the local community. The programme was led by **Rev. Fr. Abraham Pariyarathil, Chief Librarian**, along with the library team comprising **Mr. Liju C. Gopalan**, **Ms. Vipitha G. Nath**, **Mr. Arun T. K.**, and **Mr. Antony Michael**. During the programme, **books worth ₹5,000** were donated to the school library to enrich its collection, and Pushpagiri's institutional publication was also presented to the school. In addition, prizes were distributed to students who excelled in the Children's Day celebrations and School Kalolsavam competitions. The campaign received an enthusiastic response from students and teachers, reinforcing the importance of reading, library use, and community engagement while strengthening the relationship between the Central Library and the local educational community.

Women's Day Celebration (2025–2026)

In celebration of **International Women's Day**, the Central Library of Pushpagiri Institute of Medical Sciences & Research Centre organized a special programme in **March 2026** under the leadership of **Rev. Fr. Abraham Pariyarathil, Chief Librarian**. The programme was conducted to recognize and appreciate the valuable contributions of the women staff members of the Central Library. As a gesture of gratitude and respect, **gifts and sweets were presented** to the women staff by the Chief Librarian. The celebration

served as an occasion to acknowledge their dedication, hard work, and commitment to the smooth functioning of the library. The event fostered a spirit of appreciation, unity, and mutual respect, reflecting the institution's commitment to promoting gender equality and creating a positive workplace environment.

Conclusion

The Central Library of Pushpagiri Institute of Medical Sciences & Research Centre continued to strengthen its role as a dynamic centre for learning, teaching, research, and community engagement during the academic year **2025–2026**. Through the continuous expansion of its print and electronic resources, automation of library services, user-oriented programmes, outreach initiatives, and innovative activities such as the **Human Garden Library**, the library remained committed to supporting academic excellence and lifelong learning. The successful organization of book exhibitions, reading promotion campaigns, awareness programmes, and community service activities reflects the library's dedication to fostering a culture of knowledge sharing and social responsibility. Moving forward, the Central Library will continue to enhance its collections, adopt emerging technologies, and introduce innovative services to meet the evolving information needs of students, faculty, researchers, and healthcare professionals while upholding the mission and vision of the institution.

MEDICAL EDUCATION UNIT (MEU)

1. Overview

The Medical Education Unit functions as per the NMC guidelines under the leadership of the Principal, Dr. Reena Thomas, Professor of Nephrology as the chairperson, Dr. Gaddam Vijaya Lakshmi, Professor & HOD of Anatomy & Vice Principal (UG Studies) as the coordinator, and Dr. Lillykutty Pothen, Professor & HOD of Pathology, as the co-coordinator.

2. Adjunct Faculty – NMC Nodal Centre for Faculty Development:

Two of the Medical Education Unit Faculty, Dr Gaddam Vijaya Lakshmi, Coordinator and Dr Lillykutty Pothen Co-coordinator are also Adjunct faculty of the NMC Nodal Centre for Faculty Development, Government Medical College, Kottayam. They attend the First and Second contact sessions of the Advanced Course in Medical Education conducted twice a year at the Nodal Centre for Faculty Development, Kottayam, and are involved in moderating the online sessions of the course. They are also appointed by the National Medical Commission, New Delhi, as Coordinators for the Faculty Development Programs held at other medical colleges in Kerala and other states that come under the Nodal Centre for Faculty Development, Government Medical College, Kottayam.

3. Faculty of MEU / UG Curriculum Committee training at the Nodal Centre:

Dr. Midhun M, Assistant Professor of Pulmonology, and Dr. Dona Dominic, Associate Professor of Pharmacology, have completed/ undergoing Advance Course in Medical Education (ACME), 2025 B (August 2025) and 2026 A (February 2026) batches respectively. Their Educational Projects are the following respectively:

- ARTIFICIAL INTELLIGENCE FOR TRANSCRIBING AND GRADING HANDWRITTEN SHORT ANSWER QUESTIONS (SAQs) in Medical Education: A Feasibility Study
- Game-Based Interactive Quizzes Versus Interactive Lectures in Pharmacology among Phase II MBBS Students

4. Faculty Development Programs Conducted

PIONEER 1.0 – Pushpagiri Initiative on Nurturing Evidence-Based & Ethical Research

To strengthen the research capacity of faculty members, PIONEER 1.0, a comprehensive course for faculty development, was conducted by the MEU in collaboration with the Research Development and the Innovative Cell of the institution. The Course focussed on clinical research methodology, biostatistics, scientific writing, and grant proposal development. The course commenced with its first contact session on 26th June 2025, followed by thirteen online mentoring sessions conducted over the subsequent months, and concluded with a wrap-up session on 16th October 2025. The programme was led by Dr. Denis Xavier, Professor and Head of Pharmacology and Head of the Division of Clinical Research & Training, St. John's Medical College, Bengaluru. Forty-eight faculty members participated in the inaugural session, while twenty-six participants attended the final wrap-up session, during which they presented complete research proposals developed in four groups. The most significant achievement of the programme was the successful preparation and submission of three Investigator-Initiated Small Extramural Grant proposals to the Indian Council of Medical Research (ICMR).

SKILLSPIRE 3.0

Faculty Development Program on "Essential Soft Skills for Health Professionals" was conducted on 18.10.2025 by the MEU in collaboration with the Quality & Accreditation Department. Dr Denis Xavier- Professor and Head, Pharmacology Department and Head, Clinical Research Division, St John's Medical College, Bangalore was invited to be the resource person. Several aspects of soft skills like work ethics, communication skills, group dynamics, leadership and conflict resolution were discussed through interactive sessions and role play. Thirty-five faculty from across various departments took an active part in the workshop.

BRAINER – Bridging Research & AI for Next-gen Educational Reforms

Recognizing the growing role of Artificial Intelligence in medical research and education, BRAINER – Bridging Research & AI for Next-gen Educational Reforms, a comprehensive Hands-on Workshop was conducted by the MEU on 18th April 2026 in collaboration with the Department of Physiology, and Research Development & Innovative Cell of the institution. The workshop was designed to empower medical professionals, researchers, and faculty members with practical skills in utilizing AI tools for literature review, research proposal development, scientific writing, data interpretation, and academic publishing. The sessions emphasized the responsible integration of AI-driven methodologies into scientific research workflows to improve research quality and productivity.

The workshop was led by Dr. R. Parthasarathi, Associate Professor of Community Medicine, KAPV Government Medical College, Tiruchirappalli, Tamil Nadu. The programme witnessed the participation of 59 delegates, including 34 participants from Pushpagiri and 25 external participants from various institutions. The workshop concluded with an interactive valedictory session comprising participant feedback, a message from Rev. Fr. Dr. Mathew Mazhavancheril, felicitation of the resource faculty, and a vote of thanks delivered by Dr. Santhosh R. Pillai. This workshop introduced participants to the transformative potential of Artificial Intelligence in advancing medical research and academic scholarship.

5. PG Add-on Courses

The add-on course on Medical Education Technologies, Professionalism and Medical Ethics was conducted for the 2024 Batch of postgraduate and super specialty students on 26.08.2025 – 05.12.2025, with the two contact sessions on the mentioned dates, and the course material was delivered as six modules through the Learning Management System, Campus 7. A total of 67 students successfully completed the course and were issued the certificates.

Based on the need for accommodating more topics on Medical Ethics, it was decided to split the course into two courses namely 1. Medical Education Technologies and 2. Medical Ethics and Professionalism. Accordingly, the 2025 batch of PG students were given an orientation to the two add-on courses mentioned above, during their Orientation Program conducted on 23.03.2026 and 23.04.2026. The course materials were given to the students on 15.05.2026, and their second contact session is scheduled on 20.08.2026.

SKILLS LAB

July 2025

The Skills Lab successfully conducted an **AHA Accredited BLS & ACLS Course** from **21–23 July 2025**. A total of **7 participants** completed both BLS and ACLS training. The program focused on strengthening emergency response skills, including CPR, AED use, airway management, ECG interpretation, and advanced cardiovascular life support. AHA course completion cards were issued to all eligible participants.

August 2025

The **AHA Accredited BLS & ACLS Course** held from **25–27 August 2025** witnessed increased participation, with **19 BLS** and **11 ACLS** candidates. Healthcare professionals from multiple departments enhanced their knowledge and practical skills through simulation-based training aligned with the latest American Heart Association guidelines.

September 2025

From **8–10 September 2025**, the Skills Lab successfully organized its **5th AHA-ITC Approved BLS & ACLS Course**. The program trained **15 BLS** and **5 ACLS** participants, emphasizing high-quality resuscitation techniques, team-based emergency care, and evidence-based clinical practice.

October 2025

The **6th AHA-ITC Approved BLS & ACLS Course** was conducted from **6–8 October 2025**. This was one of the largest programs of the year, enrolling **22 BLS** and **18 ACLS** participants. The course provided intensive hands-on training in life-saving interventions, enhancing participants' confidence and competency in managing cardiac emergencies.

November 2025

November featured two major academic activities. The **AHA Accredited BLS & ACLS Course** (3–5 November) trained **20 BLS** and **15 ACLS** participants, continuing the institution's commitment to high-

quality emergency care education. Additionally, the **Vascular CME & Hands-on Workshop – "Red & Blue Lifelines: The Art of Vascular Mastery"** was held on **14 November 2025**, attracting **14 participants**. The workshop combined expert lectures with practical simulation sessions on venous disease management and received excellent participant feedback, with all respondents expressing interest in future programs.

December 2025

The **8th AHA-ITC Approved BLS & ACLS Course** was conducted from **15–17 December 2025** at the Skills Lab, PIMS & RC. The three-day program trained **12 BLS** and **12 ACLS** participants in high-quality cardiopulmonary resuscitation, advanced airway management, ECG interpretation, and emergency cardiovascular care. The course concluded with successful assessment and issuance of AHA course completion cards to eligible participants.

January 2026

The **9th AHA-ITC Approved BLS & ACLS Course** was held from **19–21 January 2026**, enrolling **17 BLS** and **13 ACLS** participants. Doctors and nursing professionals from multiple specialties enhanced their emergency response skills through simulation-based training, reinforcing evidence-based resuscitation practices in accordance with American Heart Association standards.

February 2026

February featured two successful training programs. The **10th AHA-ITC Approved BLS & ACLS Course** (19–21 February) trained **21 BLS** and **13 ACLS** participants. This was followed by a dedicated **AHA Accredited BLS Course** on **24 February 2026**, attended by **12 healthcare professionals**. Together, these programs strengthened the participants' competence in Basic Life Support and Advanced Cardiovascular Life Support, ensuring readiness to manage medical emergencies effectively.

March 2026

March was the most academically active month of the year, with several major educational events. The Skills Lab organized an **AHA Accredited Paediatric Advanced Life Support (PALS) Course** on **4–5 March** with **20 participants**, focusing on the management of paediatric emergencies. The **PIMS Surgicon "TOP GUN" CME & Clinical Skills Workshop** on **12–13 March** brought together **24 participants** for advanced surgical skills training. Two **HeartCode BLS Courses** conducted on **23 March (15 participants)** and **26 March (7 participants)** introduced the AHA 2025 guideline-based blended learning approach. The month concluded with a dedicated **ACLS Course** on **30–31 March**, training **17 participants** in advanced cardiovascular life support. Collectively, these programmes reflected the Skills Lab's commitment to delivering high-quality, multidisciplinary education and promoting excellence in clinical practice.

April 2026

April was a highly productive month for the Skills Lab, with multiple AHA-accredited training programmes conducted under the 2025 Guidelines. Three **HeartCode BLS Courses** trained **17 participants (10 April)**, **17 participants (13 April)**, and **6 participants (17 April)**. An integrated **HeartCode BLS & ACLS Course**

held from **27–29 April** trained **12 BLS** and **13 ACLS** participants. In addition, a **First Aid and Basic Resuscitation (CPR) Training Programme** for **62 ambulance drivers** strengthened emergency response capabilities among frontline personnel. These programmes enhanced participants' competence in CPR, AED use, airway management, and evidence-based emergency care, reflecting the institution's commitment to quality resuscitation training aligned with American Heart Association standards.

May 2026

During May, the Skills Lab continued to strengthen clinical education through life support and trauma management programmes. The **HeartCode BLS & ACLS Courses** conducted from **13–15 May** and **21–23 May** trained **13 BLS** and **13 ACLS** participants in total. The department also organized the **Early Management of Trauma Course (EMTC)** on **8–9 May**, attended by **24 healthcare professionals**, focusing on trauma assessment, emergency interventions, and multidisciplinary teamwork. These activities significantly enhanced participants' preparedness to manage critically ill and trauma patients using simulation-based learning and internationally accepted clinical guidelines.

June 2026

June featured several major academic programmes highlighting the Skills Lab's commitment to simulation-based education. A **Primary Trauma Care (PTC) Workshop** trained **16 participants**, followed by a **PTC Instructor Course** that prepared **7 healthcare professionals** as future trauma instructors. The Skills Lab also actively participated in **PULSE 2026 – National Medical Undergraduate Conference**, delivering hands-on workshops in surgical skills, Basic Life Support, and emergency management. Additionally, an **AHA Accredited HeartCode BLS & ACLS Course** conducted from **14–17 June** trained **25 BLS** and **10 ACLS** participants. These programmes strengthened clinical competence, teaching skills, teamwork, and emergency preparedness while promoting excellence in healthcare education.

Overall Summary

The Skills Lab at Pushpagiri Institute of Medical Sciences & Research Centre (PIMS & RC) successfully conducted a wide range of simulation-based educational programmes between **July 2025 and June 2026**, reinforcing its commitment to excellence in healthcare education, patient safety, and emergency preparedness. Throughout the year, the department organized **16 American Heart Association (AHA) accredited BLS/HeartCode BLS courses**, **11 ACLS courses**, and **1 Paediatric Advanced Life Support (PALS) course**, providing standardized life-support training to healthcare professionals in accordance with the latest **AHA 2025 Guidelines**. These programmes collectively trained hundreds of doctors, nurses, residents, interns, and allied healthcare professionals in high-quality cardiopulmonary resuscitation (CPR), automated external defibrillator (AED) use, advanced airway management, ECG interpretation, and team-based management of cardiovascular emergencies.

In addition to AHA-certified programmes, the Skills Lab conducted several specialized academic activities, including the **Vascular CME & Hands-on Workshop**, **PIMS Surgicon "TOP GUN" Clinical Skills Workshop**, **Early Management of Trauma Course (EMTC)**, **Primary Trauma Care (PTC) Workshop**, **PTC Instructor Course**, **First Aid and Basic Resuscitation Training for Ambulance Drivers**, and hands-on skill workshops during **PULSE 2026 – National Medical Undergraduate Conference**. These

initiatives strengthened participants' competencies in trauma care, surgical skills, emergency response, clinical decision-making, leadership, communication, and multidisciplinary teamwork.

Overall, the Skills Lab successfully organized **39 major academic and training programmes** during the reporting period, including **16 BLS/HeartCode BLS courses, 11 ACLS courses, 1 PALS course, and 11 additional workshops, CMEs, trauma programmes, and skill-based training activities**. The continuous conduct of these evidence-based educational programmes reflects the institution's dedication to competency-based medical education, continuous professional development, and the promotion of high-quality emergency care. Through simulation-based learning and adherence to internationally recognized American Heart Association standards, the Skills Lab continues to play a pivotal role in enhancing the knowledge, practical skills, and confidence of healthcare professionals, ultimately contributing to improved patient outcomes and safer clinical practice.

Course statistics (July 2025- June 2026)	
Programme	**Total Conducted**
BLS / HeartCode BLS Courses	16
ACLS Courses	11
PALS Courses	1
Other Workshops/CME/Trauma/Skill Programmes	11
Total Major Programmes Conducted	39

CLINICAL CLUB REPORT

S. No.	Session	Date	Speaker Name	Designation	Department	Topic	Chair
1	742	July -07-2025	Dr. Aswathy K	Postgraduate	General Medicine	From Swelling to Struggle: A Face-Off with The Unknown	Dr. K. V. Rajan
2			Dr Rohit John Cheriyil	Postgraduate	Pharmacology	Shedding Pounds with Science: From Pills to Peptides	
3	743	July -14-2025	Dr. R N Sharma	Emeritus Professor	General Medicine	Best & Innovative Medical Education Practices	Dr. Gaddam Vijaya Lakshmi
4			Dr. Kiran R	Professor	Orthopaedics, Faculty - Meu		

5	**744**	July -21-2025	Dr. Amrutha Mary Zachariah	Additional professor	Physiology	Virodhamine: the yin and yang of endocannabinoids	Dr. Santosh R Pillai
6			Dr Cyril joseph	Consultant	Plastic surgery	Plastic surgery day -beyond the tinted glasses	
7	**745**	July -28-2025	Dr. Dona Pushpan	Postgraduate	OBG	Abnormal uterine bleeding: expect the un expected	Dr. Joe Mathew
8			Dr. Antony Shajan	Postgraduate	Radiodiagnosis	Twists, turns, and traps: radiological clues in intestinal obstruction and its mimics.	
9	**746**	Aug -04-2025	Dr. Christo James	Postgraduate	Biochemistry	Milky plasma an error prone sample	Dr. Reji Thomas
10			Dr. Nithin k Raju	Assistant professor	Anatomy	The faculty of memory anatomical basis	
11	**747**	Aug -11-2025	Dr Hiba Fathima K V	Postgraduate	Respiratory Medicine	From Cough to Confusion: Decoding Tb Mimics	Dr. Sarojiniamma C S
12			Dr. Majoe Mathew Nellery	Postgraduate	Psychiatry	Beyond The Usual Storm: When Thyroid Crisis Strikes The Mind	
13	**748**	Aug -18-2025	Dr Meena Isaac	Assistant professor	Community medicine	People-centered care -a paradigm shift	Dr. Joice geo
14			Dr Hans M Sunny	Post graduate	E.N.T	Ears don't lie, but they sometimes keep secrets	
15	**749**	Aug -25-2025	Dr. Maria Davis	Assistant professor	General medicine	Scrub typhus: the hidden killer in the tropics	Dr. Mercy John Idicula
16			Dr. Aroma Satish	PG Resident	Microbiology.	Scrub typhus: from clinical suspicion to	

						laboratory confirmation	
17	**750**	Sep-01-2025	Dr Hasna Harris	DM postgraduate	Nephrology	Decoding a renal enigma	Dr. Tomy Philip
18			Dr. Aniket Naha	Senior scientific research officer	Pushpagiri research centre	Mission impossible: breaking beta-lactamase barriers	
19	**751**	Sep-08-2025	Dr. Sruthy Anto Ruby	Postgraduate	Anaesthesiology	The first stitch of a new life; an anaesthetic perspective	Dr. John joseph
20			Dr. Akhil Joshy	Postgraduate	Paediatrics	Once a threat, now curbed, but never to be missed - childhood tb	
21	**752**	Sep-15-2025	Dr. Mohammed Waseem	Senior resident	Orthopedics	The decoupled dilemma-morel-lavallee lesion	Dr. Roney Thomas
22			Dr. Vaieramanigandan	DM Resident	Cardiology	Beads are not always beautiful	
23	**753**	Sep-22-2025	Dr. Anju Ann Varghese	Resident	Critical care medicine	Right drug right dose right time why should do you know your local antibiogram	Dr. V. Abraham Varghese
24			Dr. Lina Varghese	PG resident	Dermatology	Oral ulcers - beyond the surface	
25	**754**	Sep-29-2025	Dr Jerin M Jacob	Junior resident	Gastroenterology	Breaking the silence: the urgency of upper gi haemorrhage	Dr. Meenu s
26			Dr. Ajnu Kamal	DNB resident	Emergency medicine	The calm before the cure!	
27	**755**	Oct-07-2025	Dr Jobin Raj Thomson	Junior Resident	General Surgery	Beyond Gastritis, Unveiling Men1 Syndrome In Disguise	Dr. Lillykutty Pothen Professor Pathology

28			Dr. Rajeev V.M	Professor And Hod	Forensic Medicine	From Gun To Evidence: The Role Of Forensic Ballistics In Crime Investigation	
29	**756**	Oct-14-2025	Dr. Anu Hashmi	Junior resident	Ophthalmology	Moving mystery: a clinical case report of ocular dirofilaria	Dr. Sunil S Professor & HOD General Surgery
30			Dr. Jo Ann Philip	Junior resident	Pathology	Extranodal encounter: bilateral breast lesion-an unexpected presentation	
31	**757**	Oct-21-2025	Dr. Kavitha Unnithan	Junior resident	Biochemistry	Gene editing a novel way to treat genetic disorders	Dr. Vikram Gowda N.R professor & HOD Physiology
32			Dr. Fyroose	Junior resident	General Medicine	Pure red cell aplasia: a viral blow to erythropoiesis	
33	**758**	Oct-28-2025	Dr. Avantika Anil	Junior Resident	Obg	Hellp, Pres, Intracranial Bleed A Deadly Triad	Dr. Reji Thomas Professor & Hod Neurology
34			Dr. Nissy Susan Varughese	Assistant Professor	Physiology	" Can An Errant Gardener Cause A Short Circuit?"	
35	**759**	Nov-04-2025	Dr Athulya S	Senior Resident	Respiratory Medicine	Hidden Behind The Haze:A Rare Cause Of Ards	Dr. Mathew Pulicken Professor & Hod Critical Care
36			Dr. Drishya S Cherian	Pg Resident	Radiology	Fat, Fibrosis, And Frequency Quantifying The Invisible: Shear Wave Elastography And Fat Quantification In Action	
37	**760**	Nov-11-	Dr. Priyanka Nair	Junior Resident	E.N.T	Spinning Spirits	Dr. Sajit Varghese Additional

38		2025	Dr.Rinu Godwin	Junior Resident	Community Medicine Ntep Clinic	See The Unseen:Cy-Tb Detection Of Ltbi	Professor & Unit Chief General Medicine
39	**761**	Nov-18-2025	Amal K R	Tutor	Anatomy	Functional Anatomy Of Facial Nerve	Dr. Cyril Joseph Hod Plastic & Reconstructive Surgery
40			Dr. Dona Dominic	Associate Professor	Pharmacology	The Evolving Threat:Understanding Trends In Antimicrobial Resistance	
41	**762**	Nov-25-2025	Dr Arun Kaushik	Manager-Medical Affairs bioMérieux India		The Role of Diagnostics in Guiding Therapy: Rational Use of Culture and Syndromic Testing in Clinical Practice	Dr. Mercy John Idikula
42	**763**	Dec-2-2025	Dr. Dayana k	Scientist	Pushpagiri research centre	Synthesis and evaluation of antifungal activity studies of novel 2-(2-pyridyl)-2h-pyrazole-3-carboxamide derivatives.	Dr. Raju mathew cyriac consultant radiation & clinical oncologist
43			Dr. Sindhu	Senior resident	Nephrology	Camouflage -an interesting case of acute kidney injury	
44	**764**	Dec-9-2025	Dr. Aswathy M	PG	Anesthesiology	THE QUIET PASSENGER OF THE LUNG - A CASE THAT SPOKE WITHOUT SYMPTOMS	DR. MURALI APPUKUTTAN, Surgical Gastroenterology
45		Dec-9-2025	Dr. Pooja J Panicker	PG	Pediatrics	PLUMBING AND WIRING GONE WRONG - AN INTERESTING MANIFESTATION OF A CONGENITAL	

						HEART DISEASE	
46	765	Dec -16-2025	Dr. Vaiera manikandan	Dm Resisent	Cardiology	Aicd life saving device shocks for life	Dr. Mathew pulicken, Critical care medicine
47			Dr. Merry ann alex	Pg Resident	Orthopaedics	When to nail the cage- a case based approach to operative rib fixation	
48	766	Dec -23-2025	Dr Nishmita narayanan	Pg Resisent	Dermatology	Uncovering the unintended:a dive into cutaneous adverse drug reactions	Dr. M. Lissa abraham, professor & hod,emergency medicine
49			Dr Amith saddar	Drnb resident	Critical care medicine	Ards or its doppelgangers?	
50	767	Dec 30 2025	Dr Rijith T K	DNB Resident	Emergency Medicine	Double Trouble - Deadly Duo of ACS + Stroke	Dr Sujin Koshy, Associate Professor , Neurology
51			Dr Deepu Jose	Drnb resident	Gastroenterology	Sarcopenia in Cirrhosis	
52	768	Jan -07-2026	Dr adarsh vs	PG Resident	General surgery	The obstructed truth -calculus hiding behind a venous masquerade	Dr. Geena Benjamin,Professor & HOD Radiodiagnosis
53			Dr chintu sabu george	Assistant professor	Plastic surgery	Acute suppurative tenosynovitis of the hand more than what meets the eye	
54	769	Jan -14-2026	Dr. Liya elizabeth	PG Resident	Pathology	Twist in the tale of a parotid swelling	Dr. Manoj Gopal V,Additional Professor ,General Surgery
55			Dr silpa m	PG Resident	Ophthalmology	The whisper before the dark:a case of giant cell arteritis presenting as arteritic aion	

56	**770**	Jan -21-202 6	Dr. Deepthi S	Assistant Professor	Forensic Medicine	"Olanzapine-Induced Venous Thrombo-Embolism: A Forensic Perspective",	Dr. Dona Dominic, an Associate Professor of Pharmacology .
57			Dr. Nebu Issac Mammen,	Professor & HOD	Urology	"The Myths and Facts in Urology for All Clinicians",	
58	**771**	Jan -28-202 6	Dr Sumith K Mathew	Professor	Pharmacology Bcmch Tiruvalla	Therapeutic Drug Monitoring In Clinical Practice	Dr. Santosh R Pillai,Professo r & Hod Pharmacology - Pimsrc
59							Dr. Tomy Philip,Profess or & Hod General Medicine-Pimsrc
60	**772**	Feb -04-202 6	Dr. Vikram Gowda N R	Professor	Physiology	Hope Molecules	Dr. Lillykutty Pothen, Professor Pathology
61			Dr. Suzanna Mathews	unior Resident	OBG	Vulvovaginal Leiomyoma, A Common Tumor in an Uncommon Site	
62	**773**	Feb -11-202 6	Dr. Fathimath Zahra	Junior Resident	Radiodiagnosis	ACR TIRADS: Turning Thyroid Ultrasound into Clear Clinical Decisions	Dr. Sunil Mathew, Professor of General Medicine.
63			Dr. Arya Roy	Senior Resident	Respiratory Medicine	The Allergic Patient in 2026: A Systemic, Precision-Driven Framework for Diagnosis and Management	
64	**774**	Feb -18-202 6	Dr. Joe Abraham	Associate Professor	Community Medicine	Beyond the Prescription: Combatting Health Misinformation Through Creative Literacy	Dr. P.T. Thampi (HOD - Pain & Palliative Care)

65			Dr. Chris Francis	Junior Resident	ENT	When the Tube Becomes the Problem: Tracheostomy Care & Beyond!	
66	**775**	Feb -25-2026	Dr. Athira vijay	PG Resident	Biochemistry	"Juvenile Diabetes with Hyperglycemic Hyperosmolar State"	Dr. Jacob Abraham Professor & HOD Paediatrics
67			Dr. Nithin K Raju	Assistant Professor	Anatomy	"Gender Differentiation - Embryological Aspects"	
68	**776**	Mar -04-2026	Dr Fyroose Sulthana	PG	General Medicine	A Case of Reversible Recurrent Hypercapnia	Dr. Mathew Ninan, Professor & HOD, Respiratory Medicine
69			Dr Jesin Suja Sam	PG	Psychiatry	When Two Minds Share A Delusion:A Tragic Case Of Shared Psychotic Disorder In An Affluent Family In India	
70	**777**	Mar -11-2026	Dr. G. Dalia	Senior Resident	Nephrology	"Unraveling CKD-MBD: Case-Based Clinical Insight."	Dr. Sarojiniamma (Associate Professor, General Medicine).
71	**778**	Mar -18-2026	Dr. Crisstie Hanna John	PG	Anesthesiology	"Resilience in a Bent Frame: Anaesthetic Strategy for Fracture Neck of Femur in Post-Polio Kyphoscoliosis"	Dr. P. Sukumaran, Emeritus Professor of Respiratory Medicine.
72			Dr. Sonia Babu.	PG	Pediatrics	"When Sugar Storms the Brain: Hyperglycemic Hyperosmolar State in a Child"	
73	**779**	Mar -25-	Dr. Renju Mathew Thomas	Assistant Professor	Orthopaedics	From Hands to Robots: The Evolution of	Dr. Sunil S, Professor & HOD of

		2026				Knee Replacement Surgery	General Surgery.
74			Dr. Sreenath	Senior Resident	Cardiology	A Case of Aortic Valve Disease with LV Dysfunction	
75	**780**	Apr-16-2026	Dr. Ninu Rose Paul	DrNB Resident	Critical Care Medicine	"When Simplicity Saves" - Lessons from Chest Trauma Cases	Dr. C. A. Abdul Khadir, Professor of General Medicine and Consultant Rheumatologist.
76			Dr. Ria Susan Koshy	PG	Dermatology	"Cutaneous Clues to a Systemic Culprit: Unmasking a Vasculitic Disorder"	
77	**781**	Apr-23-2026	Dr. Maglin Monica Lisa Joseph Tomy.			"Transfusion Reactions: From Identification to Prevention"	Dr. Lincy Paul, Consultant in Clinical Haematology
78			Dr. Sreehari	PG	Emergency Medicine	"The Blue Patient"	
79	**782**	Apr-30-2026	Dr. Midhun M	Faculty	Medical Education Unit	"A Candle That Lights Another"	Dr. Arunkumar A, Consultant in Surgical Gastroenterology
80			Dr. Jothika	JR	Gastroenterology	"Winning over WON: Minimally Invasive Resolution of Pancreatic WON"	
81	**783**	May-07-2026	Dr. Soumya R.S	Scientist - Biochemistry Lab	Pushpagiri Research Centre	Beyond Statins: Unlocking the Potential of PCSK9 Inhibitors from Natural Sources	Dr. Santosh Pillai, Professor and Head of Pharmacology
82			Dr. Suvarna	PG Resident	General Surgery	Gall Bladder Presenting as Siamese Twins	
83	**784**	May-14-	Dr. Chinju Sara Cherian	Assistant Professor	Pharmacology	"Pruning the Prescription: Patient centered	Dr. Sajit Varghese, Additional

		2026				pathways for better care"	Professor of General Medicine
84			Dr. Dawn Philip Babu	PG	Ophthalmology	"When Sugar Blinds: A case based discussion on Diabetic Retinopathy	
85	**785**	May-21-2026	Dr. Sreelakshmi V	PG Resident	Physiology	Hypoxia Signaling in Health and Disease	Dr. R N Sharma (Emeritus Professor, General Medicine)
86			Dr. N Suresh	Guest Lecture	Stroke Consultant, Midland Metropolitan University Hospital – Birmingham, England (UK)	Intracerebral Hemorrhage	
87	**786**	June-04-2026	Dr. J.S Divya Louis	Assistant Professor	Obstetrics and Gynaecology	Know the Gene, Protect the Life": Every Woman Deserves a Future	Dr. Raju Mathew Cyriac (Consultant Radiation Oncologist)
88			Dr. Riya Mercy Jacob	PG Resident	Radiology	Recurrent Multifocal Hypervascular Soft Tissue Masses in a Young Male: A Diagnostic Challenge	
89	**787**	June-11-2026	Dr. Christo P James	PG Resident	Biochemistry	Preserved to Death: Diet in view of Biochemistry of Nutrition	Dr. Mathew George (Associate Professor, Radiodiagnosis)
90			Dr. Nimitha Tharakan	PG Resident	Respiratory Medicine	Expectorating The Unexpected	
91	**788**	June-18-2026	Dr. Sona Maria Paul	PG Resident	Otorhinolaryngology	Mass Behind the Mask: A Case of Sinonasal Adenocarcinoma	Dr. P. T. Thomas, Emeritus Professor, General Surgery

92			Dr. Asby Ajukumar	PG Resident	Community Medicine	Changing Climate, Changing Health	
93	**789**	June-25-2026	Mr. Nithin K	Tutor	Anatomy	Sensory Innervation of the Orbit and Face: The Role of the Ophthalmic Division (V1)	Dr. S. Vijayalekshmi (Assistant Professor, Neurology).
94			Dr. Santhi Susan Thomas	PG Resident	General Medicine	A Fever That Refused to Leave	

PUSHPAGIRI RESEARCH CENTRE (PRC)

July 2025 Highlights

- **FRAIT Project Visit:** A team from the University of South Wales (UK) completed a two-week visit to oversee data collection for the Family Resilience Assessment Instrument and Tool (FRAIT) project, engaging with Anganwadi workers in Pathanamthitta.
- **JBI gLOCAL Solution Room 2025:** The Pushpagiri Centre for Evidence-Based Practice (PCEBP) hosted this global initiative by the Joanna Briggs Institute, focusing on adapting international evidence to local healthcare contexts.
- **Guest Lecture at VIT:** Dr. Nebu George Thomas delivered a lecture on bioactive scaffolds and tissue regeneration at the Vellore Institute of Technology.
- **ICMR Rickettsial Surveillance Network:** Pushpagiri was formally designated as a Spoke Centre for a ₹12 crore, five-year ICMR project spearheaded by CMC Vellore.
- **Animal Research Facility:** The renovated Laboratory Animal Research Facility at PRC was inaugurated, enhancing its capacity for translational and experimental studies.
- **Additional Milestones:** The JBI Evidence Implementation Training Program (Session 2) was conducted. PRC presented a collaborative study on biofunctionalized titanium at a conference in Barcelona, Spain. Dr. Ampadi completed emergency veterinary training. The Medical Biotechnology Lab identified several novel probiotic strains from fermented fruits, registering them with NCBI.

August 2025 Highlights

- **PhD Centre Recognition:** An MoU was signed with Chinmaya Vishwa Vidyapeeth (CVV), designating PRC as a recognized PhD Centre to host and guide doctoral scholars.
- **WSU Partnership:** Pushpagiri signed a Research Partnership Agreement with Western Sydney University (Australia), CMC Vellore, and St. John's Medical College for a multicentric study on cancer awareness in adolescents and young adults.

- **Project Preparations:** A preparatory meeting was held for the ICMR National Rickettsial Surveillance and Dengue projects to plan implementation and interdepartmental coordination.
- **Patents and Awards:** A joint patent was filed for core-shell electrospun fibers for bone regeneration. PRC faculty and students achieved multiple awards, including first prize for Dr. Aniket Naha at PRICE 2025 and university ranks for MSc students Ms. Megha Madhu and Ms. Anjana Venugopal.

Educational Outreach: PRC faculty delivered sessions at the Pushpagiri Dental College Clinical Club. Dr. A.N. Ampadi, Veterinary Officer, PRC, spoke on *"Institutional Animal Ethics Committee and Its Regulations."*Dr. Nebu George Thomas (MDS, PhD), Professor, Department of Periodontics, Pushpagiri College of Dental Sciences, and Head, Stem Cell & Tissue Engineering Lab, PRC, presented on *"Bioactive Scaffolds: Unveiling Recent Advances in Soft Tissue and Hard Tissue Regeneration."*

- An educational video on CVAD Management was released on YouTube.

September 2025 Highlights

- **Guest Lecture:** Dr. Aniket Naha served as a guest lecturer for a career guidance session at Vellore Institute of Technology on the topic *"Biotech Compass: Navigate Your Future"*
- **IRB Meeting:** The Institutional Review Board reviewed 12 research proposals from Pushpagiri institutions and external partners.
- **Call for Chapters:** PRC announced an upcoming Elsevier book titled "Bioglass and Its Applications in Tissue Engineering and Dentistry," featuring global editorial contributions.
- **JBI Training:** The 6th Comprehensive Systematic Review Training Program (CSRTP), accredited by JBI, commenced in a hybrid format.
- **Faculty Training:** PRC faculty attended a program on Good Clinical Practice (GCP) and regulatory requirements organized by ISCR.

October 2025 Highlights

- **Research Day 2025:** PRC celebrated its Annual Research Day, highlighted by the Mar Athanasios Research Endowment Awards, which distributed ₹6 lakh in cash prizes and seed funding to faculty and student researchers.
- **Above and Beyond Recognition:** PRC faculty members were honored for achievements like Intellectual Property Rights filings, scholarly impact, and securing a ₹1 crore funded project (CANCare).
- **Veterinary Recognition:** Dr. A.N. Ampadi won 3rd place at the National Rabies Conclave for his presentation on humane stray dog regulation.
- **Conferences and Training:** The 6th JBI-Accredited CSRTP concluded successfully. PRC interns and faculty presented research posters at the RHYTHM 2025 conference and the SMRM Annual Conference.
- **Distinguished Speaker:** Dr. Aniket Naha presented research on nanocarnosine drug composites for tuberculosis at the World Congress on Infectious Diseases in Bengaluru.

November 2025 Highlights

- **SSIRI Collaboration:** PRC met with the Santhigiri Scientific and Industrial Research Institute to explore joint research integrating modern science with traditional healthcare.
- **3D Bioprinting:** Faculty attended a hands-on 3D bioprinting training program at Mahatma Gandhi University.
- **International Engagements:** Dr. Sunu Alice Cherian was awarded the honorary title of Adjunct Lecturer by the University of Adelaide. A dissemination conference for the JBI Grant-in-Aid project featured international experts on evidence-based healthcare.
- **Awards and Patents:** Ms. Elizabeth Annie George won Best Oral Presentation for research on antimicrobial peptides. A patent was granted for a bioactive glass nanoparticle innovation enhanced with catechin.
- **FRAIT Progress:** Online review meetings with the University of South Wales assessed the Group Concept Mapping study and planned future phases of the FRAIT tool.

December 2025 Highlights

- **Academic Visits:** PRC faculty visited CMS College, Kottayam, to showcase research facilities and promote academic collaboration.
- **Conferences:** PRC research on CMV seroprevalence was presented at VIROCON 2025 in Pune. PCEBP faculty delivered lectures on Meta-analysis and Ethics in Home Care Nursing at the International Home Care Congress in Turkey.
- **Faculty Development:** Dr. Aniket Naha completed an AI-driven drug discovery training program at IIT (BHU). He also delivered lectures on literature search and scientific writing for the Quest2Qualitize series.
- **Ethics and Safety:** The IAEC approved five new research protocols involving Sprague–Dawley rats. PRC conducted a Fire and Safety Training session for its staff.
- **Student Achievement:** PRC intern Ms. Silpa S won a Best Paper Award for her research on *Allamanda cathartica*.

January 2026 Highlights

- **Major Funding:** A new DBT-BIRAC project worth ₹165 lakhs was sanctioned to PRC for developing bio-based polymer nanocomposites for wound healing and tissue engineering.
- **Formal MoU Signed:** PRC and SSIRI officially signed an MoU to promote joint research, product development, and traditional knowledge integration.
- **Institutional Growth:** An MoU was signed with VIT, followed by a faculty session with an expert from Charité – Universitätsmedizin Berlin, and the launch of a new Blood and Serum Analyser in the Animal House.
- **Guest Lectures:** Dr. Aniket Naha spoke on vector-borne disease at a DHR-ICMR workshop in Mysore. Dr. Nebu George Thomas delivered a lecture on tissue regeneration scaffolds at POLYMERA 2026.
- **Research Orientations:** PRC conducted safety orientations and hands-on microscope and methodology trainings for in-house students. New probiotic strains were isolated and submitted to NCBI.

February 2026 Highlights

- **IAEC Renewal:** The Institutional Animal Ethics Committee registration was successfully renewed for five years.
- **Workshops and Training:** Dr. Aniket Naha served as a resource person for bioinformatics workshops and AMR-focused events in Bengaluru, Changanassery, and Assam. Dr. Nebu George Thomas spoke at a biomaterials seminar at CUSAT.
- **PhD Success:** Dr. Sharlene Sara Babu successfully defended her PhD on oral cancer biomarkers, the second dentistry PhD completed at PRC under KUHS.
- **FRAIT Development:** The Kerala team reviewed 122 statements to refine a 10-cluster map for the Family Resilience tool, addressing contextual overlap.

March 2026 Highlights

- **Certifications and Appointments:** Dr. Soumya R S completed a certificate program in genetics and related disorders. Dr. Nebu George Thomas was nominated to the PhD Advisory Board of Yenepoya University.
- **Keynote Address:** Dr. Soumya R S delivered a keynote on "Women in Science" at Bishop Moore College for National Science Day.
- **MoU Signing:** An agreement was signed with St. Thomas College, Palai, to provide data analysis training and internships for MSc Biostatistics students.

April 2026 Highlights

- **Recognitions:** PRC's SIRO status by DSIR was renewed until March 2029. Dr. Nebu George Thomas was appointed as an Adjunct Professor at MG University and joined the editorial board of "SAP Artificial Intelligence in Dentistry".
- **Patent Awarded:** A multi-institutional team including Dr. Thomas secured a patent for a nanofiber scaffold designed to accelerate bone healing.
- **Event Launches:** Registrations opened for the 14th International Conference, Bioradiance 2026. PRC launched SYNAPSE, an online pitch competition offering a ₹25,000 research grant and residency opportunities for young innovators.
- **Infrastructure:** A new Pharmaceuticals Laboratory was established at PRC, headed by Dr. Dayana K.

May 2026 Highlights

- **Animal Breeding Facility:** The Ministry of Animal Husbandry sanctioned an in-house breeding facility for rats and mice at PRC.
- **CVV Approvals:** A meeting with the Vice Chancellor of Chinmaya Vishwa Vidyapeeth solidified plans for joint projects, and CVV officially recognized PRC as an Approved Research Centre for PhD admissions.
- **Global Insights:** Dr. Bastien Seantier delivered a talk on the emerging applications of cellulose and CNF composites.
- **Faculty Engagements:** Dr. Aniket Naha and Dr. Nebu George Thomas served as resource persons and invited speakers at various national platforms regarding bioinformatics, AMR, and

tissue engineering. Dr. Thomas was also appointed to an international advisory board in Kazakhstan.

June 2026 Highlights

- **International Block Funding:** A project on squid ink-based hydrogels for diabetic wound treatment secured 17,300 OMR (approx. ₹43 lakhs) from the University of Technology and Applied Sciences, Oman, with Dr. Nebu George Thomas as a Co-Investigator.
- **JBI gLOCAL Solution Room:** PCEBP co-hosted an evidence-informed webinar on NCD care in India alongside Western Sydney University.
- **Awards and Patents:** PRC honored its outgoing university and college toppers with Academic Excellence Awards. A new patent for an electrospun nanofibrous wound dressing was filed.
- **Conferences:** PRC trainees and students delivered multiple oral and poster presentations at Bioradiance 2026 and BioSpectrum 2K26, highlighting research on green-synthesized nanoparticles, anti-inflammatory extracts, and probiotics. Several novel bacterial strains were isolated and logged with NCBI.

RESEARCH DEVELOPMENT & INNOVATIVE CELL

The Research Development and Innovation Cell (RDIC) of Pushpagiri Institute of Medical Sciences and Research Centre was established on 20th June 2023 with the aim of fostering and streamlining research initiatives within the institution. The Cell began under the leadership of Dr. Tomy Philip (Chairman) and Dr. Anjum Susan John (Convener). Initially comprising 11 members, the RDIC has grown in scope and structure, and is now constituted by 18 members with Dr. Reena Thomas, Principal, as the chairperson; Dr. Rosin George and Dr. Sajit Varghese serving as Nodal Officers; and Dr. Gaddam Vijaya Lakshmi as Convener.

RDIC is further strengthened by the full-time services of two Biostatisticians, Ms. Amala Thomas and Ms. Ann Maria Sebastian, who provide comprehensive statistical support to faculty members and students at every stage of research, from protocol development to data analysis and manuscript preparation.

List of RDIC Members

S. No	Designated Post	Name	Designation & Department
1	Chairperson	Dr. Reena Thomas	Principal, and Professor of Nephrology
2	Convener	Dr. Gaddam Vijaya Lakshmi	Vice Principal (UG Studies) and Professor of Anatomy
3	Nodal Officers	Dr. Sajit Varghese	Additional Professor of General Medicine
4		Dr. Rosin George Varghese	Assistant Professor of Community Medicine
5	Coordinators — UG Research	Dr. Amrutha Mary Zachariah	Additional Professor of Physiology
6		Dr. Dona Dominic	Associate Professor of Pharmacology

7		Dr. Marthimoottil Lissa Abraham	Associate Professor of Emergency Medicine
8		Dr. Anjum Susan John	Assistant Professor of Community Medicine
9	Coordinators — PG Research	Dr. Santhosh R. Pillai	Vice Principal (Students' Affairs) and Professor & HOD of Pharmacology
10		Dr. Jithu Kurian	Assistant Professor of Nephrology
11	Coordinators — Faculty Research	Dr. Vikram Gowda N.R.	Vice Principal — Administration & Professor & HOD of Physiology
12		Dr. Mathew Pulicken	Professor of Critical Care
13		Mrs. Nisha Kurian	Assistant Professor of Community Medicine
14		Dr. Midhun M.	Assistant Professor of Respiratory Medicine
15	Coordinators- YIP	Dr. Jacob Abraham	Vice Principal (PG Studies & Research) and Professor & HOD of Paediatrics
16		Dr. Manju Mathew	Associate Professor of Critical Care Medicine
17		Dr. Meena Sagar	Assistant Professor of Community Medicine
18		Dr. Nithin K. Raju	Assistant Professor of Anatomy

Programs Conducted by RDIC

PRICE 2025 – Pushpagiri Research & Innovation: Clinical Excellence

The 2nd Annual Continuing Medical Education (CME) programme, PRICE 2025 (Pushpagiri Research & Innovation: Clinical Excellence), was successfully organized by the Research Development and Innovation Cell (RDIC) on 25th July 2025 at Pushpagiri Institute of Medical Sciences & Research Centre. Centered around the theme "Bold, Relevant and Timely – THRIVE: Hustle for your Health, Conquer your Limits and Enhance your Well-being," the CME aimed to promote clinical excellence, research, innovation, and physician well-being.

The programme was inaugurated by Dr. Varghese P. Punnoose, Principal, Government Medical College, Kottayam, and featured a series of scientific sessions delivered by eminent experts on physician wellness, yoga, mental health, physical activity, and non-communicable disease prevention. The CME also provided a platform for research dissemination through oral and poster presentations by faculty members and postgraduate students. A total of 128 delegates participated in the programme, including 80 faculty members, 42 postgraduate students, and 6 external delegates. PRICE 2025 successfully reinforced the institution's commitment to research, academic excellence, interdisciplinary collaboration, and holistic professional development.

PIONEER 1.0 – Pushpagiri Initiative on Nurturing Evidence-Based & Ethical Research

To strengthen the research capacity of faculty members, RDIC launched PIONEER 1.0 (Pushpagiri Initiative on Nurturing Evidence-Based & Ethical Research), a comprehensive faculty development

programme focusing on clinical research methodology, biostatistics, scientific writing, and grant proposal development. The programme commenced with its first contact session on 26th June 2025, followed by thirteen online mentoring sessions conducted over the subsequent months, and concluded with a wrap-up session on 16th October 2025.

The programme was led by Dr. Denis Xavier, Professor and Head of Pharmacology and Head of the Division of Clinical Research & Training, St. John's Medical College, Bengaluru. Forty-eight faculty members participated in the inaugural session, while twenty-six participants attended the final wrap-up session, during which they presented complete research proposals developed in four groups. The most significant achievement of the programme was the successful preparation and submission of three Investigator-Initiated Small Extramural Grant proposals to the Indian Council of Medical Research (ICMR). PIONEER 1.0 established a strong foundation for nurturing a sustainable research culture and enhancing the research competency of faculty members at the institution.

BRAINER – Bridging Research & AI for Next-gen Educational Reforms

Recognizing the growing role of Artificial Intelligence in medical research and education, RDIC organized BRAINER – Bridging Research & AI for Next-gen Educational Reforms, a comprehensive AI for Research Hands-on Workshop on 18th April 2026. The workshop was designed to empower medical professionals, researchers, and faculty members with practical skills in utilizing AI tools for literature review, research proposal development, scientific writing, data interpretation, and academic publishing. The sessions emphasized the responsible integration of AI-driven methodologies into scientific research workflows to improve research quality and productivity.

The workshop was led by Dr. R. Parthasarathi, Associate Professor of Community Medicine, KAPV Government Medical College, Tiruchirappalli, Tamil Nadu. The programme witnessed the participation of 59 delegates, including 34 participants from Pushpagiri and 25 external participants from various institutions. The workshop concluded with an interactive valedictory session comprising participant feedback, a message from Rev. Fr. Dr. Mathew Mazhavancheril, felicitation of the resource faculty, and a vote of thanks delivered by Dr. Santhosh R. Pillai. BRAINER successfully introduced participants to the transformative potential of Artificial Intelligence in advancing medical research and academic scholarship.

PULSE 2026 – A Celebration of Learning, Skill, and Innovation

The third edition of PULSE, Kerala's premier undergraduate medical conference, was organized on 13th June 2026 at Pushpagiri Institute of Medical Sciences & Research Centre. Conducted under the guidance of RDIC, PULSE 2026 – A Celebration of Learning, Skill, and Innovation served as a vibrant platform for promoting academic excellence, clinical competence, research aptitude, and professional collaboration among undergraduate medical students. The conference was inaugurated by Adv. Varghese Mammen, MLA, Thiruvalla, in the presence of institutional leadership, faculty members, and delegates from various medical colleges across Kerala.

The scientific programme featured expert lectures on emergency medicine, forensic sciences, rare clinical cases, research publication, paediatrics, neurology, ECG interpretation, and radiology. One of the major highlights of the conference was the extensive hands-on skill laboratory sessions conducted across multiple specialties, including General Medicine, General Surgery, Obstetrics and Gynaecology, Paediatrics, ENT, Anaesthesiology, Orthopaedics, Cardiology, Nephrology, Respiratory Medicine, Neurology, Emergency Medicine, and Laparoscopic Surgery.

The conference also hosted several academic and creative competitions such as paper presentations, poster presentations, medical quiz, clinical charades, Anato Art, medical rangoli, competition stalls, and the Battle of Bands, encouraging scientific thinking and creativity among students. PULSE 2026 witnessed an overwhelming participation of approximately 480 undergraduate medical students and over 200 faculty members, with more than 680 delegates attending the conference in total. The remarkable participation and enthusiastic response reaffirmed PULSE as one of Kerala's leading undergraduate medical conferences, successfully achieving its objective of fostering clinical skills, research culture, innovation, and academic collaboration among future healthcare professionals.

MAR ATHANASIOS RESEARCH ENDOWMENT AWARDS 2024

As an initiative to promote research in the campus- the management had initiated Mar Athanasios Research Endowment Awards in memory of the Founder Patron of the institution. Call for awards were sent to all full-time teaching faculty of the Medical College with a minimum of three or more years of continuous service in the institution. Applications were invited for achievements during the period of 01.04.2024 - 31.03.2025. Selection of the awardees were categorized into three blocks of departments' namely Medical specialties, Surgical specialties and Pre-& Para-clinical departments. The categories of awards included Publications, Oral/ Poster presentations and Seed funding for internal projects.

Mar Athanasios Research Endowment Award Recipients 2025:

No.	Name	Award Money	Publication / Presentation Title
Publication Category Grade I: Medical College (Clinical Stream)			
1	Dr. Sajit Varghese	25,000	Clinical Profile of Acute Kidney Injury in Type 2 Diabetes Mellitus Adult Patients Presenting with Diabetic Ketoacidosis: A Cross-Sectional Study
2	Dr. Lissa Abraham	15,000	Comparison of the quick Sequential Organ Failure Assessment (qSOFA) score with the Glasgow-Blatchfore score (GBS) and Rockall score (RS) in predicting the need for Intensive Care among Acute Upper Gastrointestinal Bleeding patients
3	Dr. Sujin Koshy	10,000	Myasthenia Gravis as a Paraneoplastic Manifestation of Renal Cell Carcinoma: More Than a Coincidence?
Publication Category Grade I : Medical College (Paraclinical stream)			
1	Dr.Nithin K Raju	25,000	Visualization matters" – stereoscopic visualization of 3D graphic neuroanatomic models through AnaVu enhances basic recall and radiologic anatomy learning when compared with monoscopy
2	Dr.Amrutha Mary Zachariah	15,000	A cross sectional study to assess the association of Vitamin D and quality of sleep in medical students
3	Dr. Dona Dominic	10,000	Antibiotic Prescribing Trends in Diabetic Foot Infections: A Study from a Tertiary Care Hospital in Kerala
4	Dr.Nithin K Raju	10,000	Qualitative analysis of the student perspectives on AnaVu – a 3D stereoscopic neuroanatomy visualization tool
Publication Category Grade I : Dental College			
1	Dr. Sunu Alice Cherian	25,000	Pelvic floor muscle training for urinary incontinence in older adults: a best practice implementation project
Publication Category Grade I : Pharmacy College			

1	Mrs. Mincy Mathew	25,000	Design, synthesis, and bio profiling of 2, 3-dihydroquinazolin-4(1h)-one derivative as type ii diabetes agents: a comprehensive in silico, in vitro, and in vivo study
Publication Category Grade I : Research Centre			
1	Dr.Soumya R.S	50,000	Cathepsin responsive nanomaterial's for targeted delivery of malignant tumours (for 4 good papers)
2	Dr. Aniket Naha	15,000	Biomolecular Interaction of Carnosine and Anti-TB Drug: Preparation of Functional Biopeptide-Based Nanocomposites and Characterization through In Vitro and In Silico Investigations
Publication Category I Grade II : Medical College (Clinical Stream)			
1	Dr.Nithin K Raju	10,000	Factors Influencing Relapse Among Alcohol Dependent Patients - A Mixed Method Study
2	Dr. Nikita James	5,000	Cytological grade of breast carcinoma and it's correlation with histopathological grading
Publication Category I Grade II : Medical College (Paraclinical Stream)			
1	Dr Ambili R Nath	10,000	Expression of p16 in Urothelial Carcinoma of Urinary Bladder & its Association with Histologic Grade and Invasion: A Cross sectional study from Kerala India
2	Dr. Nikita James	5,000	Mean platelet volume a predictor of early predictor of diabetic vascular complications
3	Dr Ambili R Nath	2,500	Histopathologic patterns of Nephrotic syndrome - A comparative analysis in peadiatric and adult population from a tertiary care centre in central Travancore
Publication Category I Grade II : Nursing College			
1	Prof. Vineetha Jacob	10,000	Prevalence and Risk Factors of Postpartum Depressive Symptoms among parents
Publication Category I Grade II : Pharmacy College			
1	Dr.Jeenu Joseph	10,000	Microscopical studies on drynaria quercifolia leaves
2	Dr.Jeenu Joseph	5,000	Formulation and Evaluation of a Herbal Expectorant Churna
Publication Category I Grade III : Dental College			
1	Dr. Lisa Elizabeth Jacob	10,000	Fundamentals of 3D printing in Dentistry: revolutionising Dentistry
Publication Category I Grade III : Research Centre			
1	Dr. Aniket Naha	10,000	Designing Novel Serine Protease Inhibitors against Potential Biomarkers Specific to Lung Adenocarcinoma through Systems Biology and Structural Bioinformatics Approaches
No.	Name	Award Money	Publication / Presentation Title
Presentation Category II Grade I : Medical College			

1	Dr.Nithin K Raju	10,000	Morphology and morphometry of the caudate lobe of the liver (e conference in India)
Presentation Category II Grade I : Dental College			
1	Dr. Sunu Alice Cherian	50,000	Utilisation of AI in emerging diseases
2	Dr. Sunu Alice Cherian	10,000	Breaking Bad News: Communication skill of the dentists
3	Dr Ivin Elsa John	10,000	Knowledge and attitude of Dental students towards Obstructive Sleep Apnoea
Presentation Category II Grade II: Dental College			
1	Dr. Minimol K Johny	20,000	Comparative evaluation of antimicrobial, tubular penetration & toxicity effect of natural nano- hydroxyapatite & calcium hydroxide composite loaded with other antimicrobial agents as intracanal medicament: An in-vitro experimental study.intracanal medicament: An in-vitro experimental study.
Presentation Category II Grade II : Research Centre			
1	Dr. Aniket Naha	20,000	Identification of a Novel Ursodeoxycholic Acid Derivative Targeting Parkin for Parkinson's Disease through Network Metrics, Structural Dynamics, and Density Functional Theory Calculations
Special Recognition – Best researcher Medical College			
1	Dr.Sajit Varghese	25,000	Original Articles Published - 4 Numbers
Special Recognition – Best researcher Dental College			
1	Dr Nebu George Thomas	25,000	For PhD and patents
Special Recognition – Best researcher Research centre			
1	Dr. Aniket Naha	25,000	Systems Biology and structural bioinformatics to elucidate novel therapeutic biomarkers and effective lead molecules against pririty pathogens
Special Recognition – Patent approval			
1	Dr Nebu George Thomas	1,00,000	4 patent approved
Seed Funding Category III Grade I : Medical College			
1	Dr Reeba Mary Issac	50,000	Investigating chemokine-driven polarisation of Tumour associated neutrophils (TANs) in breast tumour microenvironment: A Differential
2	Dr.Amrutha Mary Zachariah	50,000	A comparative study to determine the cardiovascular Autonomic functions in normotensive adults with and without parental history of hypertension
3	Dr. Nikita James	50,000	Exploring CD 123 as a prognostic biomarker and therapeutic target in breast carcinoma.
4	Dr. Betsy A Jose	50,000	Profiling Antimicrobial Resistance Patterns in Environmental samples in Pathanamthitta District

5	Dr. Joe Abraham	50,000	Development and Pilot Evaluation of a Health Literacy Toolkit for Adolescents in Educational Institutions under Pushpagiri Canter for Health Communication (PCHC)
6	Mrs. Nisha Kurian	50,000	Identification of multimorbidity clusters and statistical modelling of associated risk factors among older adults of Kerala
7	Dr. Jacob Abraham	50,000	Factors associated with overweight and obesity in under five children- A Hospital Based study
8	Dr. Dona Dominic	50,000	Impact of Antimicrobial Stewardship Interventions in the ICU: An Implementation Study
9	Dr. Felix Johns	50,000	Cardiac Risk Screening Using the WHO PEN Screening Tool: A Community and hospital based study
Seed Funding Category III Grade I: Dental College			
1	Dr. Sunil S	50,000	A study on the effects of three traditional herbal drugs on inflammation in human oral cells
2	Dr. Nebu George Thomas	50,000	Design and Preclinical Evaluation of 3D printed Scaffolds for Improved Bone Regeneration
3	Dr. Minimol K Johny	50,000	Comparative evaluation of antibiofilm effect of Doxycycline & Curcumin functionalized Chitosan Nano Particles as intracranial medicament: An in-vitro experimental study.
4	Dr Prameetha George Ittycheria	50,000	Effectiveness of i-PRF combined with Socket Preservation Techniques compared to unassisted healing - An RCT
Seed Funding Category III Grade I: Nursing College			
1	Sr. Mary Jyothi	20,000	Prevalence of malnutrition among young children in a selected tribal area
Seed Funding Category III Grade I: Pharmacy College			
	Dr. Christy K. Jose	50,000	Design, synthesis, biological evaluation and drug interaction analysis of new oxazolidine-2,4-dione- based hybrids with promising antimycobacterial activity.
Seed Funding Category III Grade I: Research Centre			
	Dr. Aniket Naha	50.000	Exploring the Synergistic Potential of Novel Phytocompounds from Indian Medicinal Plants Against ESKAPE Pathogens
	Dr Soumya R. S	50.000	Multifunctional casein loaded iron oxide nanoparticles for drug delivery applications
Seed Funding Category III Grade II: Medical College			
1	Mekha Joykutty	10,000	Food Deserts and Food Insecurity in Indian Medical Colleges: A Mixed Methods Study Exploring Myths and Realities
2	Dr. Sreelakshmi K	10,000	A Randomised Controlled Trial on the Autonomic and Cardiovascular Effects of Indian Classical Music on Young Healthy individuals
3	Dr Jithin J	10,000	Effect of deep breathing exercise along with Pharmacotherapy in COPD assessment test score (CAT Score) as compared to Pharmacotherapy alone in patients with mild to moderate chronic obstructive pulmonary disease attending a tertiary care centre in south Kerala

4	Jocelin Jose	10,000	Comparison of Serum calcium levels and obesity in healthy young South Indian populations
5	Sikha Suresh.	10,000	Cross sectional study to assess the correlation between Sleep Quality and Risk factors for metabolic syndrome in young adults.
6	Sreenandini Nandakumar	10,000	Knowledge, Awareness and Perceptions About 3D Bioprinting Among Healthcare Professionals in a Tertiary Care Centre in South Kerala
7	Bonu K Baby	10,000	A retrospective cohort study to find the association between gestational diabetes mellitus and congenital hypothyroidism in neonates
8	Bonu K Baby	10,000	The diagnostic accuracy of Dizziness Symptom Profile in aiding the diagnosis of vestibular disorders
9	Shani Elizabeth Joseph	10,000	A cross-sectional study to evaluate the prevalence of anaemia and its associated factors in school going adolescent girls in an urban setting in south Kerala.
10	Abed Benny	10,000	Profiling Antimicrobial Resistance Patterns in Salivary Samples of patients attending a tertiary Health Care Centre in South India
11	Maria Gilu	10,000	Assessing Risk for Developing Obstructive Sleep Apnea Among Adults and Identifying Associated Factors: A Community-Based Survey
12	Deena Rana	10,000	Proportion of Anemia Among Patients Diagnosed with Type 2 Diabetes Mellitus Attending a Private Tertiary Care Center in Pathanamthitta District, Kerala
13	Arya J. S	10,000	Pesticide residue quantification in vegetables using QuEChRS and HPLC-UV: Effectiveness of household decontamination and associated risk assessment"
Seed Funding Category III Grade II: Dental College			
1	Maria Kachiramattam	10,000	Assessing the Biocompatibility, haemocompatibility and toxicity of Platelet-Rich Plasma with Hydroxyapatite as a Direct Pulp Capping Agent: An in vitro Investigation.
2	Subhal Eleesa Sunny	10,000	Oral inflammatory load among periodontitis patients with and without type 2 diabetes mellitus visiting a tertiary health care centre in Kerala.
3	Sherin Jaison	10,000	Comparative evaluation of tubular penetration effect of natural nano hydroxyapatite & calcium hydroxide composite loaded with other antimicrobial agents as intracanal medicament: An in-vitro experimental study.
4	Aleena Varghese Alappat	10,000	Knowledge, awareness and perception of the applications of artificial intelligence in dentistry among dental students and dentists: a cross sectional questionnaire survey
5	Aathmaja G Nair	10,000	Attitude and knowledge of undergraduate dental students towards the dental course- A cross sectional study
6	Aiswarya Suresh	10,000	Assessment of the attitude of dental students and dental professionals towards plagiarism: a cross-sectional questionnaire study
7	Neha	10,000	Attitude regarding the use of herbal products among medical, dental and pharmacy students a cross sectional study.

8	Meenu Sara Chacko	10,000	Comparative Evaluation of the Diagnostic Efficacy of Different Methods in Locating the 2nd Mesobuccal Canal in Maxillary First Molars: An In vitro Study

No.	Name	Proposal Title	Guide
Special Recognition: ICMR UG STS 2024 Medical College			
1	Angela Aji	Seroprevalence of West Nile Fever Virus at a tertiary care center in Kerala – a cross sectionalstudy.	Mr.George Varghese
2	Shreya Kishore	Effect of Finerenone on albuminuria in patients with Diabetic Nephropathy	Dr Dona Dominic
3	Anupama V S	Pharmacoeconomic analysis of Antibiotics prescribed to Patients Attending a Tertiary care hospital in Central Kerala	Dr. Liya Roslin Joseph
4	Aditi Shukla	Association between screen time and sleep quality among young population in central Travancore region	Dr Vikram Gowda N R
Special Recognition: ICMR UG STS 2025 Medical College			
1	Gisha santhosh	Perception of physicians on digital drug interaction checkers on elderly care in Southern Kerala.	Dr. Meena Issac
2	Jovitta j joy	Cadaver shortages in Anatomical Education in Kerala : Exploring ethical, religious and societal obstacles to body donation programs	Dr. Gaddam Vijayalakshmi
3	Ajna joy	A case control study on the effect of parenting styles on trait boredom in children of age 8-12	Dr Amrutha Mary Zachariah
4	Deepa lordon	Behavioral and occupational risk factors for oral cancer among fisherman population in South Kerala	Dr Rosin George Varghese
Special Recognition: ICMR PG STS 2024 Medical College			
1	Dr Jithin J	Effect of deep breathing exercise along with pharmacotherapy in COPD assessment test score as compared to pharmacotherapy alone in patients with mild to moderate chronic obstructive pulmonary disease attending a tertiary care centre in south Kerala	Dr Vikram Gowda N R
2	Dr Sreelakshmi K	A randomized controlled trial on the autonomic and cardiovascular effects of Indian classical music on young healthy individuals	Dr Amrutha Mary Zachariah
Special Recognition: KUHS UG Research award: Medical College			
1	Bonu K baby	Correlation of cardiometabolic risk factors and various anthropometric indices in young adults	Dr Amrutha M Z
2	Abed Benny	Effectiveness of tailored teaching-learning intervention on infection prevention and control practices among the medical students in south India	Dr Teena

3	Krishna Rajesh	Prevalence of digital eye strain amongst undergraduate students studying in different institutions in a district in Southern Kerala	Dr Leya Elizabeth B
4	Lakshmi Pradeep	Knowledge, attitude and perception of artificial intelligence in healthcare among doctors of a tertiary healthcare hospital in south Kerala	Dr Sreelakshmi V
5	Andrea Olivero	A morphological and morphometrical study on the human glenoid cavity	Dr. Gaddam Vijayalakshmi
6	Anupa Jomon	Association between nutritional status and functional limitations among older adults in a municipal area in south Kerala	Mrs. Nisha Kurian
7	Anita Ann Thomas	Awareness on Healthcare Service Persons and Healthcare Service Institutions (Prevention of Violence and Damage to Property) Amendment Act, 2023	Dr Felix Johns
8	Selin Saju	Association between rotavirus vaccine and intussusception among patients admitted in a tertiary care teaching hospital in South Kerala: Case control study	Dr Betsy A Jose
9	Kalyani Mohan	A Study to assess the concept of body image and its association with self-esteem, anxiety and depression in medical student (18-24 years) during 2023-24	Dr Vikram Gowda N R
10	Arya JS	Prevalence and patterns of Pseudarthrosis and calcification in first rub cartilage: A computed tomography based investigation at a tertiary care centre in South Kerala	Dr Nithin K Raju
Special Recognition: KUHS UG Research award Dental College			
1	Maria Kanchiramattam	Assessing the Biocompatibility and toxicity of Platelet-Rich Plasma with Hydroxyapatite as a Direct Pulp Capping Agent: An in vitro Investigation.	Dr.Minimol K Johny
2	Sanjana Mariam Ittycheria	Knowledge, attitude and perception of data sharing and confidentiality among dentists.	Dr. Sunu Alice Cherian
3	Deon Paul	Knowledge And Experience Of Sports Training Coaches And Teachers Towards Management Of Sports Related Dental Injuries In Children Of Kerala State – A Questionnaire Study.	Dr. Miranda George
4	Irene Elizabeth Jose	Awareness and attitude regarding biomedical waste disposal among dentists and dental students: A Cross Sectional questionnaire survey.	Dr. Ivin Elsa John
Special Recognition: DHS UG Research award Dental College			
1	Vismaya Susan Praveen	Assessment of depression, anxiety and stress in dental students: A questionnaire survey	Dr. Nisha Ann John
2	Sherin Sumod Mathew	A retrospective CBCT study of root canal morphology of permanent mandibular incisors in local population of central Travancore Region	Dr. Sara Mathew
3	Meenakshi Mevallur B	Comparative evaluation of the effect of a dentin desensitizer on the shear bond strength of three different bonding agents: An invitro study	Dr. Lovin Valsan Mathew
4	Steve John Roy	Knowledge and attitude of interns on the principles of bioethics.	Dr. Sunu Alice Cherian

5	Vidhu Premnath	Prevalence of alters glycaemic status among stage 3 or 4 periodontitis patients reporting for periodontal therapy at a tertiary health care centre	Dr. Annie Kitty George
6	Neha	Attitude regarding the use of herbal products among medical, dental and pharmacy students: A cross-sectional study	Dr Anuna Laila Mathew
7	Aiswarya Suresh	Assessment of the attitude of dental students and dental professionals towards plagiarism: A Cross sectional questionnaire survey	Dr Anuna Laila Mathe
8	Aleena Rose	Comparative evaluation of steroids Administration Routes (intravenous, infiltration, intramuscular) in reducing postoperative sequel after surgical removal of impacted mandibular third molars	Dr. Rony Philip
9	Anandakrishnan	Five time point study to evaluate the concentration of leptin during orthodontic force application	Dr. Jibin Daniel
10	Yuvaraj P Madhav	Comparative evaluation of compressive strength and flexural strength of heat cure acrylic resin incorporated with TiO2 and SiO2 nanoparticles- An invitro study	Dr. Jerin Thomas
11	Acqulin Varghese	Parental awareness and perceptions of mouth breathing in children: A questionnaire based investigation	Dr. Jeswin Thomas
12	Ashwathy	A Comparative Study On Relapse Of Maxillary Orthognathic Surgery With Computer Aided Design And Computer Aided Manufacturing (Cad/Cam) Assisted Method V/S Conventional Method	Dr. Eapen Thomas
13	Anupam Bobby	Antibiotic Resistance In Paediatric Dentistry	Dr. Anandhu Krishnan E

INSTITUTIONAL REVIEW BOARD

Introduction

The Institutional Review Board (IRB) (DHR Registration No.: EC/NEW/INST/2022/KL/0201) of Pushpagiri Institute of Medical Sciences & Research Centre convened three meetings during the reporting period. The IRB functions as a critical regulatory and ethical oversight body, ensuring that all clinical and biomedical research involving human participants is conducted in accordance with established ethical principles, applicable regulatory requirements and the highest standards of participant safety, scientific rigor, and integrity.

The IRB reviews research proposals submitted by faculty members of Pushpagiri Institute of Medical Sciences & Research Centre, Pushpagiri College of Nursing, Pushpagiri College of Pharmacy, and Pushpagiri Dental College. The IRB also considers research proposals from external institutions with which a formal Memorandum of Understanding (MoU) has been established. Through its multidisciplinary composition and structured review process, the IRB ensures ethical compliance across a broad spectrum of academic and clinical research activities.

2. Composition of the Institutional Review Board (IRB)

During the reporting period (01/07/2025 to 30/06/2026), the Institutional Review Board of Pushpagiri Institute of Medical Sciences & Research Centre was constituted in accordance with ICMR–DHR guidelines,ensuring multidisciplinary representation and independence.

3. Summary of IRB Meetings Conducted

During the reporting period (01/07/2025 to 30/06/2026) the Institutional Review Board convened three meetings to review research proposals and ensure ethical compliance in accordance with applicable ethical and regulatory guidelines. A total of 54 research proposals were reviewed by the IRB during this period.

Details of IRB Meetings

Meeting Reference ID	Date	Venue	Total proposals Reviewed
No: IRB/02/2025	22nd September, 2025	PRC Conference Hall	17 Proposals
No: IRB/01/2026	20th January, 2026	PRC Conference Hall	20 Proposals
No: IRB/02/2026	5th May, 2026	PRC Conference Hall	17 Proposals

IRB Meeting – 22nd September 2025

The following table summarizes the research proposals reviewed by the Institutional Review Board during the meeting held on **22nd September, 2025**

S. No	Title of the proposal	Name of PI	Affiliation
1.	A Study on Awareness and Early Response to Symptoms of Dental Caries Among Undergraduate Non-Dental Students	Dr. Anil Samson Varghese	Pushpagiri College of Dental Sciences
2.	Association between allostatic load and periodontal disease among adult population in central Travancore	Dr. Saumya John	Pushpagiri College of Dental Sciences
3.	Research on Asian Psychotropic Prescription Patterns on Anxiety-related Disorders (RAPA-ARD)	Dr. Joice Geo	Pushpagiri College of Dental Sciences
4.	Prevalence and Association of Sarcopenia and Frailty with Cognitive Impairment in Older adults: The AGE WELL study	Dr Nissy Susan Varughese	Pushpagiri Institute of Medical Sciences & Research Centre
5.	Cross sectional analysis of insulin resistance in hypothyroid patients and the effect of thyroxine replacement therapy on insulin resistance in a teaching hospital in Central Travancore	Dr.Sestin Sebastian	Pushpagiri Institute of Medical Sciences & Research Centre
6.	Impact of Antimicrobial Stewardship Interventions in the ICU: An Implementation Study	Dr. Dona Dominic	Pushpagiri Institute of Medical Sciences & Research Centre
7.	Awareness, Utilization, and Barriers to Rehabilitation Services among Stroke Survivors: A Telephone-based Follow-up Study in a Tertiary Care Center in Kerala.	Dr. Jainy John	Pushpagiri College of Medical Sciences & Research Centre
8.	Treatment strategies and clinical outcomes of infections caused by Carbapenem-Resistant Organisms (CRO)	Dr. Aneeta Mary Jacob	Pushpagiri Institute of Medical Sciences & Research Centre

9.	Prevalence and manifestations of eating disorders among adolescents and adults in Southern Kerala- A cross sectional study	Dr. Sheena Varughese	Pushpagiri Institute of Medical Sciences & Research Centre
10	"Quality of life after Hysterectomy": A prospective observational study	Dr. Shalin James	Pushpagiri Institute of Medical Sciences & Research Centre
11	Prevalence, Risk factors, Consequences and opportunities for prevention of falls in Elderly with select Chronic conditions (PROTECT 2)-A Mixed Methods Study	Dr.Harsha Anie Mathew	Pushpagiri Institute of Medical Sciences & Research Centre
12	Assessment of eating behaviour and its relationship with Body Mass Index (BMI) among adolescents.	Dr. Punya Chandran.	Pushpagiri Institute of Medical Sciences & Research Centre
13	Cancer related awareness and behaviour of Adolescents and Young Adults (AYAs) in India	Mrs.N isha Kurian	Pushpagiri Institute of Medical Sciences & Research Centre
14	Role of updated HACOR score in predicting non-invasive ventilator failure in patients with acute respiratory failure	Dr. Vivek Viswanath	TMM, Hospital
15	Determination of labour outcome in nullipara using intrapartum ultrasound	DR. Beulah Paul	TMM, Hospital
16	Management and Outcomes of Paediatric Testicular Torsion: An 8-Year Institutional Experience	Dr John Joseph	Pushpagiri Institute of Medical Sciences & Research Centre
17	"Quality of life after Hysterectomy": A prospective observational study	Dr. Shalin James	Pushpagiri Institute of Medical Sciences & Research Centre

IRB Meeting – 20th January, 2026

The following table summarizes the research proposals reviewed by the Institutional Review Board during the meeting held on **20th January, 2026**

S. No	Title of the proposal	Name of PI	Affiliation
1.	Exploring IL-3Rα as a Prognostic Biomarker and Potential Therapeutic Target in Pre- and Postmenopausal Breast Carcinoma	Dr Nikita James	Pushpagiri Institute of Medical Sciences & Research Centre
2.	Study of microalbuminuria as an early indicator of cardiovascular risk in hypertension - an observational single centre study	Dr. Maria Davis	Pushpagiri Institute of Medical Sciences & Research Centre
3.	Study of effectiveness of different screening methods for cancer cervix detection to develop resource stratified screening methods for general population	Dr Sandeepa V T	TMM, Hospital
4.	Extraction of Human Cognition through Brain-Centric Signal Processing	Rhythu N Raj	Pushpagiri Institute of Medical Sciences & Research Centre

5.	A finite element analysis of skeletal and dental effects of 3-dimensionally printed miniscrew assisted rapid palatal expansion(MARPE) on the maxilla and associated craniofacial structures in an adolescent patient with upper airway resistance syndrome (UARS)	DR. Aiswarya Chandran	Pushpagiri College of Dental Sciences
6.	comparative evaluation of fracture resistance of layered zirconia, monolithic zirconia and multi-layered zirconia crowns with different occlusal thickness after thermocycling-an in-vitro study	Dr Feba Mariya	Pushpagiri College of Dental Sciences
7.	Comparison of airway morphology and volume in skeletal class ii and class iii patients using CBCT- a retrospective study	Dr Jibin Joy Daniel	Pushpagiri College of Dental Sciences
8.	Comparative evaluation of push out bond strength and mode of failure of surface treated poly ether ether ketone (peek) endodontic posts – an in vitro study	Dr. Kasirath Tharafia M M	Pushpagiri College of Dental Sciences
9.	Comparison of shear bond strength of glass ionomer luting cement, resin modified glass ionomer luting cement, and dual -cure resin luting cement on cad-cam milled graphene reinforced biopolymer after thermocycling – an in vitro study	Dr. Mariya Davis	Pushpagiri College of Dental Sciences
10	Comparative evaluation of the antibiofilm efficacy of Trans-cinnamaldehyde and d-amino acids doped with calcium Hydroxide versus triple antibiotic paste against Enterococcus faecalis: an in vitro study	Dr Rahul B Chandra	Pushpagiri College of Dental Sciences
11	Association of Lifestyle Factors with Dental caries experience among 13–15-year-old adolescents. A Cross-sectional study	Dr Shilpa krishna V P	Pushpagiri College of Dental Sciences
12	Comparative evaluation of fracture resistance in endodontically treated mandibular molar: hybrid reinforcement strategy using long glass fiber restored with short fiber reinforced composite and bulk fill composite – an in vitro study	Dr. Swathi A	Pushpagiri College of Dental Sciences
13	A finite element analysis comparing biomechanical properties and efficacy of two single 4 holed miniplate, single triangular and single quadrangular miniplate in fixation of sub condylar fracture of mandible	Dr. AadhilaMustafa	Pushpagiri College of Dental Sciences
14	A computational fluid dynamics analysis on effects of three-dimensionally printed miniscrew-assisted rapid palatal expander (MARPE) on upper airway airflow in an adolescent patient with upper airway resistance syndrome (UARS)	DR. Aleesha Hareesh	Pushpagiri College of Dental Sciences
15	Comparison of biomechanical properties of conventional straight 4-hole miniplate with	Dr. Bala Subramanyan m s	Pushpagiri College of Dental Sciences

	rectangular 6 hole-miniplate in the fixation of mandibular symphysis fractures using finite element analysis		
16	Fabrication and biocompatibility assessment of rutin loaded PCL gelatin Electrospun guided tissue regeneration membrane intended for periodontal regeneration -an animal study	Dr. Sreelekshmi	Pushpagiri College of Dental Sciences
17	Evaluation of mirna-5571-5p expression in periodontitis patients with and without metabolic syndrome	Dr. Steffi Sajan	Pushpagiri College of Dental Sciences
18	Comparative evaluation of fracture resistance of layered zirconia, monolithic zirconia and multi-layered zirconia crowns with different occlusal thickness after thermocycling- an invitro study	Dr. Feba Mariya	Pushpagiri College of Dental Sciences
19	cement, resin modified glass ionomer luting cement, and dual-cure resin luting cement on cad- cam milled graphene reinforced biopolymer after thermocycling – an in vitro study	Dr. Mariya Davis	Pushpagiri College of Dental Sciences
20	Comparison of surface roughness and color stability of cad Cam milled graphene and cad-cam milled poly ether ketone: an in vitro Study	Dr. Reshma V. Thomas	Pushpagiri College of Dental Sciences

IRB Meeting – 5th May, 2026

The following table summarizes the research proposals reviewed by the Institutional Review Board during the meeting held on **5th May, 2026**

S. No	Title of the proposal	Name of PI	Affiliation
1.	Incidence of Short-Term Serious Adverse Cardiac Events and Comparison of San Francisco Syncope Rule and Canadian Syncope Risk Score in Patients Presenting with Syncope – A Prospective Observational Study.	Dr. Anusree Anil	TMM Hospital
2.	Comparison of Perinatal Outcomes In Patients With Borderline Versus Normal Amniotic Fluid Index At 36 Weeks - A Prospective Observational Study.	Dr Salwa Najeeb M P	TMM Hospital
3.	Assessment of Caregiver Burden and Coping Strategies in Primary Caregivers of Patients With Dementia Presenting To A Tertiary Care Hospital In Kerala.	Dr. Meera Devaraj	TMM Hospital

4.	Neutrophil–Lymphocyte Ratio (NLR) and Red Cell Distribution Width (RDW) in Predicting Severity and Outcome in Patients with Sepsis: A Study Correlation with SOFA score and NEWS2	Dr. Steffy Ann Stanley	TMM Hospital
5.	Functional and Swallowing Outcomes After Posterior Circulation Brainstem Stroke: A Case Series from A Tertiary Care Physical Medicine and Rehabilitation Department in South India.	Dr. Jainy John	PIMS&RC
6.	Prevalence and Patterns of Sensory Processing Abnormalities In Children With Autism Spectrum Disorder, And Their Correlation With Social Maturity And Behavioural Outcomes: A Cross Sectional Study From South India	Dr. Reshma Anna Philip	PIMS&RC
7.	Evaluation of Systemic Inflammatory Blood Markers as Prognostic and Predictive Indicators in Breast Carcinoma: A Tertiary Care Centre Study from Kerala	Dr Sonia Mary Thomas	PIMS&RC
8.	Challenges in Rehabilitation of Patients with Chronic Kidney Disease: A Clinical Case Series from a Tertiary Care Physical Medicine and Rehabilitation Department in South India	Dr. Vidya S	PIMS&RC
9.	Determination of the Cut-off Value for Detection of IgM Antibody Against Scrub Typhus by ELISA	Dr Mercy John Idikula	PIMS&RC
10	Prevalence And Predictors Of Diabetic Distress In Adults With Type 2 DM In A Tertiary Care Hospital In Kerala.	Dr Ambalathveettil Jamaludheen Farhan	TMM hospital
11	To Evaluate Peripheral Perfusion Index (PPI) as a Predictor of Hypotension and vasopressor requirement in Patients with Sepsis Presenting to the Emergency Department	Dr Aleesha V Benny	TMM hospital
12	Screening for Cognitive Impairment in Patients with Atrial Fibrillation Attending a Tertiary Care Hospital: A Cross-Sectional Study.	Dr. Sujin Koshy	PIMS&RC
13	Is proximal femur nail diameter a determinant in the treatment of intertrochanteric fracture?	Dr. Kiran. R	PIMS&RC
14	Diagnostic Accuracy and Clinicopathological, Histomorphological and Immunofluorescence Predictors in Interface Dermatitis: A Prospective Diagnostic Model-Based Study	Dr Jules Kurian Mathew	PIMS&RC
15	"Prevalence and Severity Stages of Periodontitis and Their Correlation with Salivary Interleukin-6 and the Gastrointestinal Symptom Rating Scale in Inflammatory Bowel Disease: An Analytical Cross-Sectional Study".	Dr Nebu George Thomas	PIMS&RC
16	Comparing sensitivity patterns of urine cultures from a Mission Hospital laboratory in rural Kerala between 2025-2026: a retrospective study	Dr. Alka Elu John	George Mathen Memorial Hospital
17	Caregiver Mediated Pathways and Oral Health Inequities in Children with Special Health Care Needs: A Mixed Methods Study	Dr Nebu George Thomas	PIMS&RC

INSTITUTIONAL ETHICS COMMITTEE

The Institutional Ethics Committee (IEC) plays a crucial role in safeguarding the rights, safety, dignity, and well-being of research participants. It ensures that all research activities conducted within the institution adhere to established ethical principles, national guidelines, and regulatory requirements. The committee evaluates research proposals for scientific validity, ethical soundness, and thereby promotes responsible and ethical research practices.

The National Ethics Committee Registry for Biomedical and Health Research (NECRBHR), under the Government of India, registers and authorizes the Institutional Ethics Committee of Pushpagiri Institute of Medical Sciences and Research Centre, to perform its duties as specified in the New Drugs and Clinical Trials Rules, 2019. Our IEC is currently functioning under the registration number EC/NEW/INST/2024/KL/0461.

During the past year, the Institutional Ethics Committee (IEC) conducted a total of **15 meetings** and approved **224 research projects**. Of these, **25** were submitted by faculty members, **98** by MBBS students, **74** by junior residents (postgraduate students), **18** by B.Sc. Nursing students, and **9** by M.Sc. Nursing students.

Composition of the Ethics Committee:

S. No.	Name of Member	Qualification	Role/Designation in EC
1	Dr. Thomas Mathew	BSc (MSc, MPhil, PhD Chemistry)	Chairperson
2	Ms. Nisha Kurian	BSc (MSc Biostatistics)	Member Secretary
3	Dr. Dona Dominic	MBBS (MD-Pharmacology)	Basic Medical Scientist – Alt Member Secretary (Dual Role)
4	Dr. Vikram Gowda N R	MBBS (MD/MS – Physiology)	Basic Medical Scientist
5	Dr. Santhosh R Pillai	MBBS (MD-Pharmacology)	Basic Medical Scientist
6	Dr. R N Sharma	MBBS (MD - General Medicine)	Clinician
7	Dr. P T Thomas	MBBS (MS - General Surgery)	Clinician
8	Dr. T P Thankappan	MBBS (MD - Dermatology)	Clinician
9	Mr. Jobin Mon George	BA (MHA)	Social Scientist
10	Mr. Reno Zac Vadekathara	LLB (Master of Laws (LL. M.))	Legal Expert
11	Mr. Libin Alex	B. COM (MBA)	Lay Person
12	Ms. Anuja Mary Thomas	BSc (MSc)	Member
13	Mr. Jose George	Other (Theology)	Member
14	Dr. Sreeja Nair	BSc (MSc, PhD Microbiology)	Scientific Member

Faculty Projects Approved

Name	Designation	Dept.	Thesis Title
Dr. Harikrishnan K	Assistant Professor	Cardiology	The Role of 24-Hour Holter Electrocardiogram in the Early Detection of Atrial Fibrillation in Newly Diagnosed Acute Ischemic Stroke Patients
Dr. Harikrishnan K	Assistant Professor	Cardiology	Study of Correlation of TMT Results with Angiogram in predicting Coronary Artery Disease
Dr. Harikrishnan K	Assistant Professor	Cardiology	Dobutamine stress echocardiography: Correlation with coronary lesion severity as determined by coronary Angiography
Dr. Ajumala M Basheer	Assistant Professor	Biochemistry	Comparison Of Conventional Practical Examination (CPE) Versus Objective Structured Practical Examination (OSPE) As An Assessment Tool For Undergraduate Medical Students In Biochemistry
Dr. Harikrishnan K	Assistant Professor	Cardiology	Utility of Ambulatory Blood Pressure Measurement (ABPM) for Hypertension Management.
Dr. Midhun M	Assistant Professor	Respiratory Medicine	Artificial Intelligence for Transcribing and Grading Handwritten Short Answer Questions in Medical Education: A Feasibility Study.
Dr. Aniket Naha	Senior Scientific Research Officer	PRC	Exploring the synergistic potential of novel phytocompounds from Indian medicinal plants against ESKAPE pathogens: An integrated in-vitro and in-silico approach using quantum chemical and dynamic simulations.
Dr. Vikram Gowda N R	Professor	Physiology	A Qualitative Study Exploring Medical Faculty's Perspectives on Barriers to Learning in Competency-Based Medical Education: A Single-Centre Study.
Dr. G. Sreenath	Senior Resident	Cardiology	Study On 3D Echocardiographic Assessment Of Right Ventricular Function In Patients With Atrial Fibrillation, At Tertiary Care Center, Thiruvalla, Central Kerala.
Dr. Reena Thomas	Principal	Nephrology	Association of occupational Stress with Hypertension Among Doctors Less Than 45 Years of Age in Various Health Care Centres In Central Travancore: A Cross Sectional Study
Dr. Ancy M Kurian	Assistant Professor	Obstetrics & Gynaecology	Comparison of Insulin Resistance in Lean and Obese Polycystic Ovarian Syndrome (PCOS) Women Attending Department of Gynaecology in a Tertiary Care Centre in Kerala- Cross Sectional Study
Dr. Anjum John	Assistant Professor	Community Medicine	Evaluating an AETCOM-Based Professionalism Intervention on Ethical Reasoning and Professional Identity among Medical Students: A Pre–Post Study

Dr. Anjana Mary Reynolds	Assistant Professor	Otorhinolaryngology	Effect of Magnesium Bisglycinate in reducing Frequency, Severity and Duration of Migraine Attacks compared to Flunarizine: A 12-week Randomized Controlled Trial.
Dr. Raju Paul Manjooran	Associate Professor	Neurosurgery	Cranial infantile myofibromatosis in a seven year old child: case report
Dr. Resmi George	Assistant Professor	Anatomy	A rare morphological variation of the inferior alveolar nerve arising as dual Roots: A case Report.
Dr. Geethu Raj K	Assistant Professor	Physiology	Comparative Evaluation of Cardiovascular Autonomic Function in Women with Polycystic Ovary Syndrome and Healthy Controls with Normal Body Mass Index: A Cross-Sectional Study
Dr. Dona Dominic	Associate Professor	Pharmacology	Game-Based Interactive Quizzes Versus Interactive Lectures in Pharmacology Among Phase II MBBS Students
Dr. Mary Mammen	Associate Professor	Anaesthesiology	Glycemic control at extubation in well controlled type 2 diabetics versus non diabetic:A retrospective observational study.
Dr. Vikram Gowda N R	Professor	Physiology	A Pharmacoeconomic Analysis To Compare Cost-Effectiveness And Safety Of Metformin-Based Combination Therapies In Patients With Type 2 Diabetes Mellitus: A Four-Arm Comparative Study
Dr. Meenu S	Associate Professor	Physiology	Exploring the effects of polycystic ovary syndrome on sleep quality using the Pittsburgh sleep quality index among young women attending a tertiary care center in South Kerala.
Dr. Raju Paul Manjooran	Associate Professor	Neurosurgery	Development and Clinical Evaluation of a Variable-Diameter (Tapered) Cervical Pedicle Screw for Posterior stabilization of Sub-axial spine (C3-7)
Dr. Niha Rebecca Mathews	Senior Resident	Pathology	Immunological Characterization of the Breast Cancer Tumor Microenvironment: Association of Macrophage Polarization, Immune Checkpoint Expression, and Cytotoxic T-Cell Infiltration with prognostic clinicopathological parameters and molecular subtypes
Mrs. Renuka Devi D	General Manager	Quality	A Cross-Sectional Study On Knowledge, Attitude And Practice Of Safe Disposal Of Expired Or Unused Drug Among Public In Selected Districts Of Kerala State
Dr. Geethu Raj K	Assistant Professor	Physiology	Association of Impostor Syndrome and Burnout Among Junior Doctors in a Tertiary Care Teaching Hospital: A Cross-Sectional Study
Dr. Mathew Pulicken	Professor and HOD	Critical Care Medicine	Assessment of Noise Levels and Perceived Noise Burden among Patients and Healthcare Professionals in a Critical Care Unit

PG Students Projects Approved

Name	Dept.	Thesis Title
Dr. Prince K Sam	Community Medicine	Assessment of Dependency in Activities of Daily Living (ADL) and its Predictors among the elderly of an urban setting in South Kerala - A Cross-Sectional Study
Dr. Renu K Regi	Pathology	Granulomatous Mastitis: A Clinicopathological Study Of 20 Cases
Dr. Thasna Zakir	Pathology	CD44 expression in Colorectal carcinoma and its association with histopathological parameters -A Cross-sectional study from a tertiary care centre in South Kerala
Dr. Leena Viswan	Community Medicine	Assessment of Knowledge Attitude and Practice on deworming among the mothers of 3 – 15-year-old children in a rural setting in south Kerala-A cross-sectional study
Dr. Sulfiya S	Respiratory Medicine	An audit to improve patient compliance to instructions given at the time of discharge and follow-ups in the Department of Respiratory Medicine- a retrospective study.
Dr. Jithin J	Physiology	Comparative Effectiveness of Plank Exercise and Diaphragmatic Breathing on Lung Function in Healthy Young Adults : A Randomized Controlled Trial
Dr. Aashel Maria Saj	Community Medicine	Perceived Social Support Status of Elderly population in a Rural Setting of South Kerala
Dr. Aneeta Elizabeth Samuel	Community Medicine	Mental health challenges of people affected by repeated flooding events in a rural area of South Kerala: A cross-sectional study
Dr. Prince K. Sam	Department of Community Medicine	'Tuberculosis (TB) and Multimorbidity': A Record based Cross-Sectional Study among patients of a Tertiary Care Centre in South Kerala.
Dr Jithin Jose	Critical Care Medicine	Clinical Impact of Mean Perfusion Pressure (MPP) in Patients with Septic Shock admitted to Intensive Care Unit (ICU): A Prospective Observational Study.
Dr. Amith Saddar	Critical Care Medicine	Correlation Between the Trends of Procalcitonin and Neutrophil-to-Lymphocyte Ratio in ICU patients with Sepsis.
Dr. Asby Ajukumar	Community Medicine	"Challenges faced by community pharmacies in implementing Regulations on over the counter Antibiotic Dispensing in Pathanamthitta district: A Qualitative Study"
Dr. Rinu Godwin	Community Medicine	Urinary Incontinence And Its Associated Factors Among Elderly Women In A Rural Area In South Kerala
Dr. S Paramesh	Paediatrics	Clinical profile of congenital malformations in newborns at a tertiary health care centre.
Dr. Sindhu Barati K T	Nephrology	Correlation Between Plasma Uric acid Levels And Mortality In Hemodialysis Patients
Dr. Anu Rajee Krishnan	Neurology	A study on the clinical and radiological profile of patients with acute ischemic stroke due to intracranial and extracranial large artery atherosclerosis at a tertiary care centre in south India
Dr. Sneha Maria Joy Kallely	Paediatrics	Revisiting the usefulness of Cold Agglutinin Test and Direct Coombs Test for bedside diagnosis of Paediatric Mycoplasma pneumoniae Pneumonia: A Prospective Observational Study

Dr. Aneeta Elizabeth Samuel	Community Medicine	Comparative Antimicrobial Resistance Profiling of Uropathogens in Rural and Tertiary Care Hospitals in Kerala: A Retrospective Laboratory-Based Study to Inform Empirical Therapy
Dr. Sreelakshmi V	Physiology	Prevalence of Primary Dysmenorrhea and Its Impact on Quality of Life Among Females Aged 18-35 Years in South Kerala: A Cross - Sectional Questionnaire - Based Study.
Dr. Visakh Vijayan	Pharmacology	Knowledge, Attitude And Practice Of Materiovigilance Among Postgraduate Medical Students In A Tertiary Care Teaching Hospital: A Cross-Sectional Observational Study
Dr. Benny Justin	Community Medicine	Effect of an ASHA-led Educational Toolkit on NCD Misinformation and Knowledge Among Older Adults: A Quasi-Experimental Study in Thiruvalla, Kerala
Dr. Sreelekshmy V S	Community Medicine	Development and Preliminary Validation of an Insurance Value Index (IVI): A Sequential Mixed-Methods Study of Value Creation by Public Health Insurance in Kerala
Dr. Roshni Sudarsanan	Community Medicine	Effect of an Integrated Tele-health Care Model on Blood Pressure Control Among Hypertensive Adults in Urban Kerala: A Quasi-Experimental Cohort Study
Dr Adarsh G R	Physiology	Effect of slow deep breathing on serum cystatin C in hypertensive patients: a randomized controlled trial
Dr. Jithin V	Physiology	Effect Of Body Position On Autonomic Recovery After Lower-Body Isometric Exercise: A Randomized Crossover Trial
Dr. Anil K Varier	Microbiology	Correlation between lower respiratory tract culture reports and antibiotic prescribing practices in mechanically ventilated ICU patients in a tertiary care hospital
Dr. Nebil Sabu	Anatomy	Gross and Microscopic Study of Human Placentae in Normal and Common High-Risk Pregnancies: A Cross-Sectional Study in a Tertiary Care Centre in South Kerala
Dr Aiswarya K P	Anatomy	Gross And Histomorphological Study Of The Umbilical Cord In Normal And Common High-Risk Pregnancies: A Cross-Sectional Study In South Kerala
Dr. Sneha Sathya	Biochemistry	Correlation of Serum Cystatin C and Serum Creatinine with Urinary Microalbumin Among Hypertensive Patients in a Tertiary care center in South Kerala
Dr. Ameena S	Biochemistry	Comparison Of Serum Cystatin C Levels In Normoalbuminuric And Microalbuminuric Type 2 Diabetic Patients: A Tertiary Care Hospital Study In South India
Dr. Anjali Maria	Microbiology	Evaluation of Selective Auris Medium as an Adjunct Culture Medium for Recovery and Presumptive Detection of Candida auris from Spiked Clinical and Environmental Samples Containing Polymicrobial Flora
Dr. Sneha Suresh	Anaesthesiology	Association Between Preoperative Blood Pressure Status and Post-Spinal Hypotension in Patients Undergoing Elective Infraumbilical Surgery: A Prospective Cohort Study in a Tertiary Teaching Hospital in Southern India
Dr. Christy Cyriac	Anaesthesiology	Impact Of Hyperventilation On Haemodynamic And End-Tidal Carbon Dioxide Dynamics (Etco2) During Laparoscopic Abdominal Surgeries- A Prospective Observational Study

Dr. Krishna Santhosh	Anaesthesiology	A Comparative Study Of Inferior Vena Cava Collapsibility Index And Perfusion Index For Predicting Post Spinal Hypotension In Patients Undergoing Elective Lower Segment Caesarean Section
Dr. Haneef Hafiz	Anaesthesiology	A Comparative Evaluation Of Intracuff Ketamine, Intracuff Lignocaine, And Air On The Incidence And Severity Of Postoperative Sore Throat Following Endotracheal Intubation In Elective Non-Laparoscopic Surgeries
Dr. Alen C Tom	Anaesthesiology	An Observational Study Assessing Postoperative Pain Scores And Analgesic Requirements During The First 2 Hours In Patients Undergoing Elective Lower Abdominal Surgeries Under Spinal Anaesthesia
Dr. Midhun Mohan	Anaesthesiology	A Randomized, Double-Blind, Controlled Study Evaluating The Comparative Efficacy Of Intravenous Dexmedetomidine Versus Midazolam As Premedication For Hemodynamic Stability In Patients Undergoing Laparoscopic Cholecystectomy
Dr. Maria Cimmi	Dermatology , Venereology & Leprosy	Clinico-Epidemiological Profile Of Photodermatoses In A Tertiary Care Centre In South Kerala: A Cross-Sectional Study
Dr. Vishnu D S	Dermatology , Venereology & Leprosy	Clinico-epidemiological profile and trichoscopic features of diffuse non-scarring alopecia: A cross sectional study in South Kerala.
Dr. Chandana R S	Dermatology , Venereology & Leprosy	Clinico-epidemiological study of palmoplantar dermatoses and their association with occupation among patients attending a tertiary care hospital in south Kerala
Dr. Mathew Thomas	Department of General Medicine	Clinico-Radiological Assessment And Prevalence Of Spectrum Of Steatotic Liver Disease (SLD) In Non-Cirrhotic Adults
Dr. Jinu Susan Joy	General Medicine	Risk Of Developing Dementia : A Comparative Study In Diabetics And Non Diabetics Aged 40-65 Using Caide Risk Score
Dr. Gadha Sridharan	General Medicine	Assessment Of Clinical And Etiological Profile Of Patients Presenting With Polycythaemia In A Tertiary Care Center In Southern Kerala: A Cross-Sectional Study
Dr. Selin Abraham	General Medicine	Correlation Between Thyroid Stimulating Hormone And Thyroid Hormones With Lipid Profile Among Euthyroid Adults Attending Health Check Up Clinic In A Tertiary Care Center In South Kerala -A Cross Sectional Study
Dr. Santhi Susan Thomas	General Medicine	Prevalence Of Vitamin B12 Deficiency In Adult Patients With Type 2 Diabetes Mellitus On Long-Term Metformin Therapy In A Tertiary Health Care Center In South Kerala
Dr. Merlin George	General Medicine	Association Of Triglyceride- Glucose (Tyg) Index With Hyperuricemia Among Health Checkup Patients In A Tertiary Care Hospital In Central Travancore – A Cross Sectional Study
Dr. Sreethu P J	Pathology	Expression Of BRAF V600e In Colorectal Carcinoma And Its Association With Tumor Site , Grade, Stage And Histologic Subtype
Dr. Sharon Samuel	Pathology	VEGF Expression And Cd31 Assessed Microvascular Density In Colorectal Carcinoma And Their Correlation With Histopathological Parameters
Dr. Sumi Mariyam Eappan	Pathology	Expression Of COL1A1 In Breast Carcinoma And Its Association With Histopathological Parameters

Dr. Rajath A L	Pathology	MCM2 Expression In Molecular Subtypes Of Breast Carcinoma: Association With Ki-67 Index And Clinicopathological Parameters
Dr. Saurav Jijo Jacob	Radio Diagnosis	TCD/AC Ratio As A Predictor Of Fetal Growth Restriction: A Prospective Diagnostic Accuracy Study
Dr. Sandra Susan Roy	Radio Diagnosis	Diagnostic Validity Of Computed Tomography In Detecting Malignant Causes Of Obstructive Jaundice Using EUS-Guided Biopsy As The Reference Standard A Prospective Diagnostic Validity Study
Dr. Akhil K M	Radio Diagnosis	CT Prevalence Of Sarcopenia And Myosteatosis In Solid Malignancies
Dr. Saqib Zubair	Radio Diagnosis	A Comparative Study Of MRI Brain Volumetry In Parkinson's Disease Patients And Age-Matched Normal Individuals At A Tertiary Care Centre In South Kerala
Dr. Sona Maria Paul	ENT	Audiological And Otoendoscopic Evaluation Of Patients With Allergic Rhinitis Attending A Tertiary Care Hospital In Southern Kerala – A Cross-Sectional Study
Dr. Afsin J	ENT	Prevalence, Risk Factors, Endoscopic and Radiological Correlation of Fungal Rhinosinusitis in Patients with Chronic Rhinosinusitis Undergoing FESS: A Cross-Sectional Study
Dr. Megha Roby	Tuberculosis & Respiratory Diseases / Pulmonary Medicine	Correlation Of Forced Oscillation Technique Parameters Like Reactance At 5 Hz , Resonant Frequency, Area Of Reactance With Fibrosis Score On HRCT In Interstitial Lung Disease In A Tertiary Care Centre : A Cross Sectional Study
Dr. Jilu Anna Mathew	Tuberculosis & Respiratory Diseases / Pulmonary Medicine	Diagnostic Accuracy Of Bronchodilator Reversibility Assessed By Peak Expiratory Flow Rate Compared With Spirometry In Diagnosing Asthma Among Adults Attending A Tertiary Teaching Hospital In South Kerala
Dr. Anitta Benny	Tuberculosis & Respiratory Diseases / Pulmonary Medicine	Spirometric Trajectories And Changes In Respiratory Health Status Among Patients With Preserved Ratio Impaired Spirometry (Prism): A One-Year Prospective Longitudinal Descriptive Study In A Tertiary Care Centre In South Kerala
Dr. Soniya Peter	Tuberculosis & Respiratory Diseases / Pulmonary Medicine	Association Of Nocturnal Hypoxemia Indices With Echocardiographic Changes In Obstructive Sleep Apnea .
Dr. Elza Rose Mathew	Ophthalmology	Correlation Between Retinal Nerve Fibre Layer Thickness And Pressure Cornea Index In Patients With Primary Open Angle Glaucoma, Normal Tension Glaucoma
Dr. Anoop Narayanan	General Surgery	A Comparative Study Of Topical Phenytoin Dressing Versus Normal Saline Dressing In Reduction Of Ulcer Size Among Patients With Diabetic Foot Ulcers In A Tertiary Care Centre In Kerala
Dr. Suvarna P	General Surgery	Proportion Of Malignancy In Male Patients Undergoing Thyroidectomy For Thyroid Nodular Disease-A Tertiary Care Centre Experience From Kerala From January 2020 To May 2026.
Dr. Rahul Payas R	General Surgery	A Randomised Control Study Of Intraperitoneal Sodium Bicarbonate Versus Normal Saline Irrigation For Postoperative Pain Relief After

		Laparoscopic Cholecystectomy In A Tertiary Care Centre In South Kerala
Dr. Dan Biju Chacko	General Surgery	Association Between Preoperative Gall Bladder Wall Thickness and Difficult Laparoscopic Cholecystectomy: A Cross-Sectional Observational Study
Dr. Sona Polly	Obstetrics & Gynaecology	Diagnostic Accuracy Of Risk Malignancy Index -5 Scoring And Histopathological Correlation In Diagnosis Of Adnexal Masses In A Tertiary Care Centre In South Kerala : A Prospective Study
Dr. Gopika S Nair	Obstetrics & Gynaecology	A Study On The Association Between Early Biparietal Diameter Growth Velocity And Birthweight Centile Outcomes Among Low-Risk Singleton Pregnancies In A Tertiary Care Centre In South Kerala
Dr. Sandwana Pradeep K V	Obstetrics & Gynaecology	Association Of First Trimester PAPP-A Levels And Uterine Artery Pulsatility Index With Fetal Growth Restriction In Singleton Pregnancies: A Prospective Cohort Study In A Tertiary Care Hospital In South Kerala
Dr. Liya Thara Tom	Obstetrics & Gynaecology	Early Pregnancy Postprandial Blood Sugar As A Predictor Of Gestational Diabetes Mellitus :A Prospective Cohort Study
Dr. A.B. Sarath	Emergency Medicine	Comparison Of QSOFA And NEWS2 Scores As Predictors Of 48-Hour Clinical Deterioration In Normotensive Emergency Department Patients With Suspected Sepsis: A Hospital Based Observational Study With Subgroup Analysis In Elderly Patients
Dr. Sneha Mary Jose	Emergency Medicine	Modified Rapid Emergency Medicine Score-Lactate (Mrems-L) Performance To Screen Non-Anticipated 30-Day-Related Mortality In Emergency Department Patients In Kerala
Dr. Keerthana Sasidharan	Emergency Medicine	Predicting 7-day mortality among patients aged ≥65 years presenting with fever to the emergency department using the Geriatric Fever Score: A prospective validation study
Dr. Ashna Thankachan	Community Medicine	Prevalence of Social Stigma, Depression and Quality of Life among Tuberculosis patients in Pathanamthitta district, Kerala.
Dr. Teena Jose	Paediatrics	Proportion Of Vitamin D Deficiency And Anemia And Their Association In Children With Autism Spectrum Disorder Aged 3 To 6 Years Attending A Tertiary Care Centre In Kerala

UG Projects Approved

Name	Thesis Title
Sikha Suresh D	Prevalence of Chronic Cough and awareness on selected Chronic Diseases among Adults in the Fap Area Of A Tertiary Care Centre in South Kerala
Angela Aji	Prevalence of Diabetes Mellitus and Awareness on Selected Chronic Diseases in the FAP area of a Tertiary Care Institution in South Kerala
Dimple Santhosh	Prevalence of Hypertension and Awareness on selected Chronic Diseases among Adults in the Fap Area of a Tertiary Care Centre in South Kerala
Deena Rana	Unravelling a syndromic puzzle- Angelman syndrome with albinism, seizures and autistic features
Angela Aji	Clinical patterns and severity of Acne Vulgaris in patients attending dermatology department in a tertiary health centre in Kerala
Rithika Binu	Developmental Outcome At 4-5 Years In Children With Epilepsy Onset Before 2 Years In A Tertiary Care Centre From Central Kerala
Andrea Olivero	Wrist index and BMI in carpal tunnel syndrome: a study in a tertiary care Centre in South Kerala

Shani Elizabeth Joseph	A comparative cross-sectional study on prevalence of anaemia and its associated factors among school going girls 13-18 years of age of rural and urban setting in south Kerala.
Anjana Mohanlal	A cross sectional study of clinical spectrum and outcome of pure midbrain strokes
Stephy Mariam Simon	Clinical and demographic profile of hospitalized patients diagnosed with hypothyroidism at a tertiary care center in South Kerala.
Renji Merin Jose	Sleep quality and its relation with multimorbidity among adults above 40 years in an urban area of South Kerala -A cross-sectional study
Nia Maria Stom	A study comparing pregnancy outcome in obese antenatal women to normal weight antenatal women.
Maria Gilu	Assessing Risk for Developing Obstructive Sleep Apnea Among Adults and Identifying Associated Factors: A Hospital-Based Survey.
Neha Varkey P	One-Year Outcomes of Prenatally Detected Hydronephrosis: A Retrospective Cohort Study in Children Attending a Pediatric OPD.
Nandana H Pillai	Assessment of Clinical characteristics and Factors associated with the severity of Uterovaginal Prolapse in a Tertiary Care Centre in South Kerala - A cross sectional study.
Riya Nishad	Use of AI Chatbots for Self-Diagnosis Among Young Adults in Kerala: A Cross-Sectional Study.
Angel Maria Thankachan	A Cross-Sectional Study on the Burden and Determinants of Anemia Among Antenatal Mothers Attending aTertiary Care Hospital in South India
Steve Zacariya	Assessment of Health Literacy among Patients and Bystanders in a Tertiary Care Health Centre in Kerala: A Cross-Sectional Study using the All Aspects of Health Literacy Scale (AAHLS).
Muktha Parvathy	Prevalence of Low Back Pain Among Medical Students And Its Associated Factors.
Devi Krishna	The Clinical Spectrum Of Sarcopenia In Middle - Aged Adults Attending A Tertiary Care Centre In Kerala
Akshaya Ann Cheriyan	Obstructive Sleep Apnoea Among Professional Drivers In South Kerala
Ahammed Ihsan	A Cross-sectional Study on Sample Adequacy of Endoscopic ultrasound- guided Biopsies in a Tertiary Care Center
Joyal Mathew	Diagnostic Accuracy of Prostate-Specific Antigen and Prostate-Specific Antigen Density in Differentiating Benign and Malignant Prostate Lesions: A Retrospective Study.
Sunila mol S	Knowledge, Attitude, and Practices (KAP) regarding Safe Disposal of Expired Medicines among Medical Students
Jayden Jayan	Awareness of Clinical Features, Complications, and Treatment of Obstructive Sleep Apnoea (OSA) Among Patients Clinically Suspected to Have OSA and Those Referred for Polysomnography.
Hanna Elsa Renji	Profile, Pattern, Management and Outcome of Poisoning in a Tertiary Care Setting
Deena Rana	Prescription Analysis of SGLT2 Inhibitor-Based Combination Therapy in Diabetic Kidney Disease: A Cross-Sectional Study in a Tertiary Center in Pathanamthitta Kerala.
Christina Joshy	A Study on the Quality of Life in Individuals Over 50 Years with Hearing Loss in a Tertiary Care Centre: A Cross Sectional Study in Kerala

Dimple Santhosh	Relationship Between Laryngopharyngeal Reflux Disease Symptoms and the Food Habits of the Population: A Cross Sectional Study on Knowledge Gaps About the Dietary Intake and Quality of Life
Rithika Binu	Forensic Estimation of Stature from Foot Length
Merin Susan Varghese	Prevalence Of Cardiovascular Disease And Awareness On Selected Chronic Diseases Among Adults In The FAP Area Of A Tertiary Care Centre In South Kerala
Deena Rana	Proportion of Anemia Among Patients Diagnosed with Type 2 Diabetes Mellitus Attending a Private Tertiary Care Center in Pathanamthitta District, Kerala
Angela Aji	Prevalence of Diabetes Mellitus and Awareness on Selected Chronic Diseases in the FAP area of a Tertiary Care Institution in South Kerala.
Abed Benny	Profiling Antimicrobial Resistance in Salivary Samples of Cleaning Staff and Its Association with Their Knowledge, Attitude, and Skills on Infection Prevention and Control in a Tertiary Care Centre in South Kerala.
Neha Varkey P	Macronutrient & Micronutrient Profile of Canteen Menus Across Three College Campuses in Kerala
Deepa Lordon	Behavioural And Occupational Risk Factors For Oral Cancer Among The Fishing Community In South Kerala: A Cross-Sectional Study
Roshan Hailan	Factors Influencing the Choice Between Private and Government Hospitals Among Residents of Thiruvalla Municipality: A Community-Based Cross-Sectional Study
Sneha Sudhir	Beyond Myths and Misconceptions: A Cross-Sectional Study on Male Knowledge and Attitudes Towards Male Sterilisation in the Age Group of 20 - 50 Years, in South Kerala.
Tiya Ginu	Beyond Multiple Medications: Knowledge and Attitudes of Geriatric Patients Towards Polypharmacy in a Tertiary Care Hospital in Kerala
Sneha Suju	Assessment of level of attitude, awareness and practice, among parents of children under 12 years and factors for non-usage of child safety seats in tertiary treating hospital in South Kerala
Mekha Joykutty	Exploring Knowledge, Attitude, and Practices of Medical Students on Biomedical Research Ethics, Environmental and Biodiversity Ethics, and the Ethical Dimensions of Artificial Intelligence
Bonu K Baby	Development and Validation of VERT-X: A Clinical Triage and Decision Support tool for Balance disorders.
Shaima Thottingal	Ethical Implications of Incomplete Clinical Documentation in Histopathology Requisition Forms: Evidence from a Tertiary Care Teaching Hospital"
Abbie Suman	Balancing the Stethoscope and Self: A Cross-Sectional Study on the Association Between Lifestyle Habits, Academic Performance, and Academic Satisfaction Among Second-Year MBBS Students in Kerala
Albin Abraham	Awareness and attitudes towards menstruation among married couples in an Urban community of South Kerala: A cross-sectional study
Annmariya Shaji	Burden of musculoskeletal disorders and its associated risk factors among nurses in a tertiary care hospital: A cross sectional study
Preetha Biju	HPV Vaccine Hesitancy Among Medical Students in Kerala: A Cross-Sectional Study Using the WHO SAGE 5C Framework
Amal Geoji	Prevalence and Factors Associated with Dietary Supplement/Nutraceutical Use among Patients Attending OPDs in a Private Tertiary Care Centre in South Kerala
Amal Geoji	Prevalence and Factors Associated with Dietary Supplement/Nutraceutical Use among Patients Attending OPDs in a Private Tertiary Care Centre in South Kerala
Basil Ervin Eldho	Meal Skipping, Attention Levels, and Perceived Academic Impact among Hostel-Residing University Students in a Medical College in South India: A Rapid Mixed-Methods Study

Gran Johns	An Exploratory Comparative Study of 10-Year Cardiovascular Risk and Multidimensional Quality of Life Among Long-Term Gym Adherents and Sedentary Adults in South Kerala
Giftson Gregory	Knowledge and Attitude Regarding Basic Life Support and Willingness to Perform Cardiopulmonary Resuscitation among Caregivers of Patients Attending a Tertiary Care Hospital: A Cross-Sectional Study
Diya Cinimol	Academic stress, anxiety, depression among medical students: a Cross-sectional study
Nandana K P	Using Patient Journey Mapping to Explore Social Prescribing as a Missing Link in Continuity of Care for Older Adults.
Krishnaraj	Association between Doomscrolling Behavior and Interpersonal Relationship Functioning among young adults: A Cross-Sectional Study
Adithya Venugopal	Comparison of Faculty Perception Toward CBME and Traditional Curriculum in Undergraduate Medical Education: A cross sectional study from South India
Ashil Benny	Assessment Regarding Awareness Of Strength Training And Its Importance Among Adults Aged 18–64 Years
Merin Manoj	Understanding People-Centered Care: A Comparative Mixed-Methods Exploration of Domains Identified by Patients and Health System Actors in Government and Private Settings
Roshan Hailan	Exploring Gaps in Quality of Public Healthcare Among Older Adults in Semi Urban Kerala - A Qualitative Study.
Sam Abraham Johnikutty	Prevalence of Cochlear Synaptopathy in Medical Students using Electroacoustic Devices
M. Fathima	Frequency Of Dietary Supplement Usage And Its Association With Health Consciousness And Social Media Marketing Influence
Calvina Ann Shaji	Prevalence Of Cyberchondria And Its Association With Over-The-Counter Self-Medication Practices Among Undergraduate Health Sciences Students
Aatish Subash	Prevalence of Plantar Fasciitis and Its Association with Glycemic Control in Type 2 Diabetes Mellitus Patients: A Hospital-Based Cross-Sectional Study
Sandra Robert	From Exhaustion To Empathy: A Cross-Sectional Study On Burnout And Its Association With Empathy Among Physicians
Aiswarya Santhosh	Prevalence of misophonia among students and its relation to stress and attention.
Annsiya Shaijan	Virtual Tools in Enhancing Anatomy Learning in Phase 1 MBBS Students: Mixed Methods Study in Kerala
Nikhitha Jose	Title- Assessment of Knowledge, Attitude and Willingness regarding Organ Donation in Indian Medical Students - A multi fraternity analysis.
Tiya Ginu	AI-assisted learning resource utilization and verification practices among MBBS students and their association with self reported academic performance
Ben George Thomas	Acute effect of moderate aerobic exercise on cardiovascular reactivity to stress in healthy young adults: a randomized crossover study
Siya Mariyam Sajan	Proportion of UTI among Working Women Attending a Tertiary Teaching Hospital in South India and its Association with Public Toilet Access, Hygiene, and Behavioural Dynamics.
Richa Sara Sam	AI Dependency and Ethical Perceptions among Undergraduate Medical Students: Development of the ARISE Scale
Shahina Shajahan	Treatment Burden and Its Association with Medication Adherence Among Older Adults with Multimorbidity in a Community-Based Setting
Krupa Rajan	Prevalence of PCOS and its Association with Physical Activity, Sleep Pattern, Stress Levels among Female Medical Students

Neenu Murali	Prescription Pattern Of Drug Used In Children With Attention Deficit /Hyperactivity Disorder In Tertiary Care Hospital
Farhan AM	A Prospective Study on the Effect of Empagliflozin on Erythropoiesis Among Patients with Type 2 Diabetes Mellitus
Athena Mary Sajeev	Effect of Structured Blood Culture Collection Training on Blood Culture Contamination Rates in a Tertiary Care Centre in South Kerala: A Pre- and Post- Intervention Study.
Sneha Maria Thomas	Association between AI Assisted Learning and Neurocognitive Functions (Memory Retention, Critical Thinking and Cognitive Fatigue) in Young Adults: A Cross Sectional Study in Kerala
Swetha S Nair	Caregiver Burden And Associated Factors Of Post-Stroke Patients In South Kerala: A Community-Based Study
Safa Fathima	Prevalence and Associated Occupational Factors of Asthenopia and refractive changes Among Pathologists and Microbiologists Working in Tertiary Care Hospitals in Central Kerala: A Cross-Sectional Study
Sneha Suju	Antibiotics Prescribing Patterns In Adults With Upper Respiratory Tract Infection Using WHO AWaRe Classification:A Cross-Sectional Study In Medicine OPD
Mathew Sebastian	Association of green exercise participation with perceived stress and awareness for green prescription in undergraduate medical students : A Cross-Sectional Study
Mehar S Samil	Prevalence Of Analgesic Use Patterns And Self Medication Practices Among Female Medical Undergraduates Suffering From Primary Dysmenorrhea: A Cross-Sectional Study
Abila Binny	Morphometry and pneumatization patterns of the sphenoid sinus and its relationship with the optic canal: HRCT-Based Study in a tertiary care centre in South Kerala.
Shraddha Rajeev	Association between Proton Pump Inhibitor Use and Clostridioides difficile Colonization in Hospitalized Patients at a Tertiary Care Hospital
Agnes Mary	Caught Between Coffee and Sleep: Patterns of Caffeine Dependence and Sleep Debt Among Undergraduate Medical Students
Safa Fathima	Prevalence of Asthenopia and Refractive Errors Among Pathologists and Microbiologists in Central Kerala: A Cross-Sectional Study
Albin Abraham	Knowledge, Attitude and Practice Regarding Biofilm Associated Antibiotic Resistance Among Doctors in a Tertiary Care Teaching Hospital.
Krishnapriya V	Prevalence of Autonomic Dysfunction and Its Association with Perceived Stress, Sleep Quality, and Physical Activity Levels among Medical Students in South Kerala: A Cross-Sectional Study
Gayathri BP	Knowledge, Awareness, and Perception of Advanced Medical Directives Among the Adult Population in South Kerala – A Cross-Sectional Study
Lakshmi Binoy	Factors Affecting Caregiver Burden In Adolescents With Attention Deficit/Hyperactivity-Disorder In A Tertiary Care Teaching Hospital At South India:A Cross Sectional Study
John T Alphonse	Childhood Trauma and Its Effect on Self Esteem Among Undergraduate Medical Students in a Tertiary Care Teaching Institution, South Kerala
Merin Manoj	Prevalence and Severity of Cyberchondria Among Adults(aged 18-30) Attending Outpatient Departments of a Tertiary Care Centre in Kerala: A Cross-Sectional Study
Jeenu Justin	Predictors of academic performance among undergraduate MBBS students in a medical college in Kerala: an anonymous online analytical cross-sectional study incorporating student-perceived barriers and student-prioritised institutional support needs.
Deepa Lordon	Prevalence of Undiagnosed Diabetes and Prediabetes and Their Associated Risk Factors Among Adults in Rural Coastal South India: A Community-Based Cross-Sectional Study

Deepa Lordon	Burden of Undiagnosed Hypertension and Its Association with Modifiable and Non-Modifiable Risk Factors Among Adults in a Selected Rural Community: A Community-Based Cross-Sectional Study
Deepa Lordon	Assessment of Willingness to Quit Alcohol and Tobacco Use and Its Association with Dependence Severity Among Adult Users: A Community-Based Cross-Sectional Study
Rithika Binu	Effectiveness of a Structured Educational Intervention on Knowledge, Acceptability, and Intention to Vaccinate against HPV among Parents of Adolescents Attending a tertiary care centre
Shani Elizabth Joseph	Association of Sleep Disturbances with Daytime Functioning in Children with Attention Deficit Hyperactivity Disorder aged 6-12 attending a tertiary care centre

M.Sc. Nursing Projects Approved

Name	Thesis Title
Sreelakshmi Manohar. P	Student's Perspectives on Risk factors in Drug use and Challenges in Prevention of Drug use
Vidhya Manoj	A study to assess the effectiveness of brain gym exercise on concentration enhancement among undergraduate students.
Vidhya Manoj	A study to assess the prevalence and risk factors of impaired concentration among undergraduate nursing students
Meldy George	Effectiveness of Chair- based Tai Chi therapy on knee pain among elderly people residing in a selected old age home at Pathanamthitta District.
Meldy George	Prevalence of knee pain among elderly visiting the geriatrics clinic of selected hospital at Pathanamthitta District.
Anjaly S Kumar	Assessment of speech and language delay among 0-3 years old children using Language Evaluation Scale Trivandrum (LEST)
Anjaly S Kumar	Incidence of Superficial Thrombophlebitis and its determinants among hospitalized Children.
Rinchu Joseph	Effectiveness of the cough trick technique on pain among children during intramuscular injection in a selected hospital at Pathanamthitta district.
Rinchu Joseph	Influence of nurses' performance on the level of pain among children during venipuncture in a selected hospital at Pathanamthitta district.

BSc. Nursing Projects Approved

Name	Thesis Title
Anugraha Jose Arathy M Aryanandana S Bineetta Vincent	Perception on role changes and challenges identified during internship among nursing students.
Angel Mariya Eldho Paulose Sera Saji Oommen Sneha Susan Cherian	The Impostor Phenomenon And Its Relationship With Self-Efficacy Among Nursing Students
Ananthakrishnan T A Angel Mary Reji Anjali P R Vrindha Sabu	Stress and coping regarding pubertal changes among adolescents.

Joshna Jain Kripa Jacob Malavika Sunil Meghana Biju	Fear of Missing Out (FoMO) and Emotional distress among nursing students in a selected nursing college, Thiruvalla : a correlation study
Ansu Maria Paul Blest M Tom Cinta Thomas Irin Santhosh	Self-care practices related to arteriovenous fistula among haemodialysis patients
Princy Jaison Mariya Mathai Mitra Stayobi Shone Shaiju	Level of patient satisfaction with the outpatient department services a descriptive cross-sectional survey
Allen Joshy Aleena Andrews Aleena Stephen Amrutha Anil	Parental phubbing and child-parent relationship among schoolers at Pathanamthitta district: a correlation study
Anju Binoy Anna Tessa Thomas Ann maria Raju Ann sunny	Self-medication practice among medical and non-medical students of selected colleges in Pathanamthitta district: Descriptive comparative study
Delna Sunny Diya Anil Diya John Diya Susan Zacharia Shijan Johnson	Prevalence of metabolic dysfunction-associated steatotic liver disease among adults and its association with their lifestyle patterns
Dona Jose Emlin Shine Abraham Feba Sara Jacob Fidha Haris	Correlation Between Nomophobia And Attention Span Among Undergraduate Students In a Selected College At Pathanamthitta District
Souparnika K Sudheer Stephy K Santhosh Suchetha K Theresa Mathew	Knowledge and Attitude Regarding Pap Smear Screening Among Women Aged 25-65 years in a Selected Hospital at Pathanamthitta District
Alen Salu Sharmi K Abraham Sinta Maria Jaimon Sneha Maria Shaji	Prevalence of Low Back Pain and its Association with Ergonomic Practices Among Office Workers in a Selected Institution at Pathanamthitta district
Akhila S Binu Aksa Anna Ponnachan Aksa Susan Shibu Aleena A Joseph	Knowledge regarding home care management among caregivers of patients with mental illness in a selected tertiary care hospital
Ashley Susan Moncy Athena Santhosh Blessy Joseph Chandana T. Kurup	Influence of peer group on academic motivation among fifth semester B.Sc nursing students in selected nursing colleges of Pathanamthitta district
Akshara J Anagha Sajeev	Effectiveness of World Café Technique over Traditional Teaching Method on knowledge regarding Cranial Nerves among First Semester B.Sc. Nursing Students in a selected Nursing College, Pathanamthitta

Ann Maria Sajeev Vishnu Priya	
Merlin Maria Ajith Nada Nizar Nandana S Neaha Koshy	"Internalized stigma and its relationship with self-efficacy, treatment adherence and well-being among psychiatric outpatients"
Nikhila Thomas Nova Elsa Jaison Saniya E Biju Shalu Sunil	Effectiveness of Game-Based Learning on ECG and ABG interpretation skill among nursing students
Gopika Aji Grace Sara Abraham Jiza Varghese Jobin Joy	A study to assess the prevalence of occupational health problems and its relationship with practices of PPE use among sanitation workers in selected municipalities of Pathanamthitta district

PUSHPAGIRI BIOETHICS UNIT

1. Overview

The Pushpagiri Bioethics Unit was established under the International Chair in Bioethics on November 16th, 2022. The Unit functions to nurture and promote the concepts of bioethical principles essential for understanding the complexity of the ethical issues arising from technical advancements in healthcare and the medical profession.

The Unit strives to promote the teaching of Medical and Bioethics across all healthcare teaching institutions under the Pushpagiri Group of Institutions, namely: Pushpagiri Institute of Medical Sciences & Research Centre, Pushpagiri College of Dental Sciences, Pushpagiri College of Nursing and Pushpagiri College of Pharmacy.

The Unit was reconstituted on 24.05.2024, with Rev .Fr. George Valiyaparambil, Director, as the Chair, and Dr. Gaddam Vijaya Lakshmi, Professor of Anatomy & Vice Principal (UG studies) as the Head of the Unit. Due to a change in the Director of the institution, the Unit was reconstituted on 25.09.2025 with Rev. Dr. Mathew Mazhavancheril as the Chair of the Unit.

2. Bioethics Day Celebration – 24.10.2025

The Pushpagiri Bioethics Unit, International Chair in Bioethics, committed to fostering the advancement of the teaching and practice of bioethics among the health care professionals, celebrated the Bioethics Day on October 24, 2025, with the theme of the year "Protection of the environment, the biosphere and biodiversity- Asserting the connection between human well-being and a healthy environment", Article 17- UNESCO Declaration on Bioethics and Human Rights.

Quiz and Collage competitions were held for the undergraduate and postgraduate students of the Pushpagiri Group of institutions comprising the Pushpagiri Institute of Medical Sciences & Research Centre, Pushpagiri College of Dental Sciences, Pushpagiri College of Nursing, Pushpagiri College of Pharmacy and Pushpagiri College of Allied Health Sciences. Quiz prelims were conducted at the

institutional level and one team from each institution was selected for the Quiz finals, which was conducted in the senate hall. Professor Renjini Devi, Vice Principal (Academics), Pushpagiri College of Nursing, and Dr. Minimol K Johny, Associate Professor, Pushpagiri College of Dental Sciences were the quiz masters.

A total of 15 teams from the various institutions participated in the Collage competitions. The theme for the collage was the same as the World Bioethics Day theme of the year. Dr. I. John Berlin, Assistant Professor and Research Supervisor, Marthoma College, Thiruvalla and Dr. Betsy A. Jose, Assistant Professor of Community Medicine, Pushpagiri Institute of Medical Sciences & Research Centre, Thiruvalla were the judges for the collage competition.

The competitions were followed by presentations from the various institutions on the strategic measures and annual plan for commitment to the theme, "Protection of the environment, the biosphere and biodiversity". The World Bioethics Theme of the year 2025 was introduced by Dr. Gaddam Vijaya Lakshmi, Head of the Unit.

This was followed by a Guest lecture on "Clinical & Research Ethics" by Prof. (Dr.) M. K. C. Nair, Director, NIMS-Spectrum, Child Development and Research Centre, NIMS Medicity, Thiruvananthapuram. The Guest lecture was attended by more than 250 students and faculty of the Pushpagiri Group of Institutions. The guest lecture was followed by felicitations and prize distribution. Certificates of participation to the students, and certificates of appreciation were given to the organizers. Winners of the events were given certificates of appreciation and cash awards. The quiz masters, and the judges of the competitions were honoured on the occasion.

The entire program was presided over by Dr. Santhosh M. Mathews, Principal, Pushpagiri College of Pharmacy. Dr.Abraham Varghese, Medical Director, Pushpagiri Medical College Hospital, Dr. A. Devadathan, Principal, Pushpagiri College of Dental Sciences and Mrs Parvathi R, Assistant Professor, Pushpagiri College of Allied Health Sciences also spoke on the occasion.

The program ended with a commitment and a positive note on the side of the management, faculty and students of the Pushpagiri Group of Institutions towards nurturing the practice of Bioethical principles in patient safety and healthcare.

INTERNAL QUALITY ASSURANCE CELL (IQAC)

To strengthen the institutional quality assurance system, the Quality Committee was reconstituted on 10 November 2025, bringing together representatives from academic, administrative, and support departments to enhance quality monitoring and continuous improvement initiatives. The reconstituted committee played a pivotal role in coordinating quality-related activities across the institution, monitoring compliance with quality standards, and preparing the institute for the KUHS QAS Reaccreditation process. As part of the institution's commitment to fostering a culture of quality, the Student Quality Circle (SQC) was also established during the year. The Student Quality Circle serves as a platform for students to actively participate in quality enhancement initiatives by identifying areas for improvement, providing constructive feedback, and promoting best practices within the campus. Through regular meetings and collaborative activities, the SQC encourages student leadership, ownership, and participation in institutional quality assurance processes.

To build awareness and strengthen the understanding of quality standards among faculty and staff, the IQAC organized a KUHS QAS Capacity Building Program on 8 December 2025 at the MEU Hall, Pushpagiri Institute of Medical Sciences & Research Centre. The session was conducted by Dr. Anoopa K. R., Principal, SIMET College of Nursing, Konni, and focused on the Quality Assurance System (QAS), accreditation requirements, documentation practices, and strategies for continuous quality improvement.

The programme significantly enhanced faculty preparedness and contributed to the successful planning for the KUHS QAS Reaccreditation inspection.

The KUHS QAS Reaccreditation Inspection was conducted on 22 April 2026 by the assessment team constituted by Kerala University of Health Sciences (KUHS). Following a comprehensive evaluation of the institution's quality assurance systems, academic processes, governance, and documentation, Pushpagiri Institute of Medical Sciences & Research Centre was reaccredited with an A+ Grade on 13 July 2026, valid for the period 2026–2029.

IQAC Initiatives

During the academic year, the Internal Quality Assurance Cell (IQAC) undertook several initiatives to promote academic excellence, student development, research, and institutional quality enhancement. Through the Student Support and Guidance Programme (SSGP),the IQAC coordinated numerous student-centric activities focusing on mentorship, wellness, anti-drug awareness, life skills, and holistic development.

To strengthen research capacity among faculty and students,the IQAC collaborated with the Medical Education Unit (MEU) and the Research and Development & Innovation Cell (RDIC) to organize a series of faculty development and research-oriented programmes, including the PRICE and PIONEER workshops, which enhanced competencies in research methodology, scientific writing, and clinical research.

SKILLSPIRE was introduced by the IQAC as a Faculty Development Initiative to enhance the teaching, assessment, communication, and professional competencies of faculty members. The programme comprised interactive workshops, hands-on training sessions, and expert-led discussions aimed at strengthening pedagogical skills, competency-based medical education (CBME) practices, educational technology, and academic leadership. Through SKILLSPIRE, the institution reaffirmed its commitment to continuous faculty development and excellence in medical education.

IQAC also organized programmes to promote health awareness and social responsibility, including the International Women's Day celebration and Menstrual Hygiene Awareness Sessions, aimed at creating awareness on women's health, gender sensitivity, and well-being.

As part of its efforts to foster a positive institutional culture, the IQAC introduced and encouraged the Gratitude Board initiative, providing faculty, students, and staff with a platform to express appreciation and acknowledge acts of kindness. This initiative helped nurture a culture of gratitude, mutual respect, and emotional well-being within the campus community.

STUDENT SUPPORT AND GUIDANCE UNIT

SSGP Leadership

- Chairperson: Dr. Vikram Gowda N. R., Vice Principal (Administration)
- SSGP Nodal Officer: Dr. Gaddam Vijaya Lakshmi, UG Vice Principal
- SSGP Nodal Officer: Dr. Santosh R. Pillai, Vice Principal – Student Affairs

TEDx Pushpagiri – YUGA

Date: 18 June 2026
Organized by: College Union – YUGA
Supported by: Student Support and Guidance Programme (SSGP)

TEDx Pushpagiri – YUGA 2026 was successfully conducted on 18 June 2026, making history as the first TEDx event organized by a medical college. Organized by the College Union under the aegis of the Student

Support and Guidance Programme (SSGP), the event provided an internationally recognized platform for sharing ideas that inspire and create meaningful change.

The programme featured an eminent panel of speakers from diverse professional backgrounds. Farrah Shibla spoke on authenticity and embracing one's true self, RJ Renu shared her inspiring journey of transformation, Ebbin Jose highlighted the importance of purpose-driven leadership and storytelling, P. B. Nooh IAS inspired the audience through his experiences in public service and leadership, Shaiju Damodaran emphasized the power of communication and perseverance, and Ranjith Sajeev shared his journey of resilience, determination, and success.

The event witnessed enthusiastic participation from students and faculty members. The inspiring talks encouraged students to think beyond academics, embrace creativity and innovation, develop leadership qualities, and pursue excellence with confidence. TEDx Pushpagiri – YUGA 2026 stands as a landmark initiative in the institution's commitment to nurturing well-rounded future healthcare professionals through intellectual engagement and lifelong learning

Taking the Nasha Mukt Bharat Abhiyaan Pledge

Date: 25 August 2025
Target Group: MBBS Batch 2022
Coordinators: Vice Principal – Student Affairs and Student Advisor

As part of the Nasha Mukt Bharat Abhiyaan, a pledge-taking ceremony was organized for the 2022 MBBS batch on 25 August 2025. Students pledged to stay away from substance abuse and contribute towards building a drug-free society. The programme reinforced the importance of healthy living, social responsibility, and creating a safe and supportive campus environment.

PG Wellness Programme

Date: 17 October 2025
Venue: Senate Hall
Participants: 67 Postgraduate Students

The PG Wellness Programme was conducted on 17 October 2025 at the Senate Hall with the participation of 67 postgraduate students. The programme was inaugurated by Rev. Fr. Mathew Mazhavancheril, Director, PIMS&RC, in the presence of Dr. Reena Thomas, Principal. During the inaugural session, the Zumba Club was officially launched, reaffirming the institution's commitment to promoting physical fitness and mental well-being among postgraduate students and faculty.

The workshop was led by Dr. Denis Xavier, Professor and Head, Department of Pharmacology and Head, Division of Clinical Research & Training, St. John's Medical College, Bengaluru, and Dr. Suhas Chandran, Consultant Psychiatrist, who facilitated interactive sessions on orientation to postgraduate life, perspectives on professional growth, personal relationships, conflict management, mental health, stress management, and work–life balance. Additional sessions by institutional faculty covered examination preparation, research beyond the thesis, legal issues, night duties, dealing with difficult people, and handling criticism.

Interactive group discussions encouraged participants to openly share the challenges encountered during postgraduate training and explore practical strategies to address them. Although a few sessions were shortened due to time constraints and the programme concluded early to facilitate participation in the Research Day Awards Ceremony, the workshop successfully provided valuable insights into postgraduate well-being and emphasized the importance of resilience, self-care, and professional development.

Anti-Ragging and Drug Abuse Awareness Programme

Date: 12 November 2025 *(White Coat Ceremony Day)*
Venue: Senate Hall & Lecture Hall 1
Target Group: MBBS Batch 2025

Report

As part of the White Coat Ceremony held on 12 November 2025, the Student Support and Guidance Programme (SSGP) organized Anti-Ragging and Drug Abuse Awareness Programmes for the newly admitted 2025 MBBS batch.

The Anti-Ragging Awareness Programme introduced students to the legal, ethical, and disciplinary implications of ragging, the institutional reporting mechanisms, and the college's zero-tolerance policy. As part of the programme, anti-ragging affidavits were signed by both students and their parents, reaffirming their commitment to maintaining a ragging-free campus.

The Drug Abuse Awareness Programme, themed "Drug-Free Generation," was delivered by Mr. Binu V. Varghese, Preventive Officer and District Vimukthi Mentor, Excise Department, Pathanamthitta. The session focused on the harmful effects of substance abuse, preventive strategies, legal consequences, and the importance of adopting a healthy, drug-free lifestyle.

Conducting these awareness programmes on the day of the White Coat Ceremony ensured that students began their medical education with a clear understanding of professional ethics, responsible behaviour, and the institution's commitment to providing a safe and supportive learning environment.

Retreat and Personality Development Programme

Date: 5 December 2025; Time: 8:00 AM – 4:00 PM
Target Group: MBBS Batch 2025
Participants: 100

The Student Support and Guidance Programme (SSGP) organized a Retreat and Personality Development Programme for the 2025 MBBS batch on 5 December 2025. The day-long programme was facilitated by Rev. Fr. Nirmal Vezhaparambil OFM Cap (Assisi Gramashram, Palakkad), Rev. Fr. Nibin Kurisingal (Vicar, St. Augustine's Church, Kadamakkudy), and Rev. Fr. Sibu Kallaparampil (Vicar, St. Matthew's Church, Thumboor).

The sessions focused on self-awareness, personality development, emotional resilience, values, interpersonal relationships, and stress management, encouraging students to reflect on their personal and professional responsibilities. Through interactive discussions and motivational sessions, participants were inspired to cultivate empathy, integrity, and a positive outlook, laying a strong foundation for their journey as future medical professionals.

AIDS Awareness Week

Date: 3 December 2025
Target Group: Phase III Part I (2023 Batch)

As part of World AIDS Day observance, the Student Support and Guidance Programme (SSGP) organized an AIDS Awareness Week for the Phase III Part I (2023 Batch) on 3 December 2025. The programme included an awareness session on HIV/AIDS, focusing on modes of transmission, prevention, early diagnosis, treatment, and the importance of eliminating stigma and discrimination. Students were encouraged to become advocates for awareness and responsible health practices within the community.

Poster Making Competition – World AIDS Day

Date: First Week of December 2025
Target Group: Phase I MBBS (2025 Batch)

As part of the World AIDS Day celebrations, a Poster Making Competition was organized for the Phase I MBBS (2025 Batch) during the first week of December 2025. Students creatively depicted themes related to HIV/AIDS awareness, prevention, empathy, and the elimination of stigma through informative and impactful posters. The competition promoted awareness while encouraging creativity and active student participation in public health advocacy.

SMELS – Stress Management and Enhancement of Life Skills

Date: 6 February 2026; Time: 9:00 AM – 1:00 PM
Venue: Senate Hall
Target Group: MBBS Batch 2025

The Student Support and Guidance Programme (SSGP), in collaboration with the Department of Psychiatry, conducted SMELS (Stress Management and Enhancement of Life Skills) for the 2025 MBBS batch on 6 February 2026. The programme focused on stress management, emotional well-being, communication, decision-making, and healthy coping strategies through interactive sessions, helping students adapt effectively to the challenges of medical education.

Gratitude Board Initiative

Duration: Initiated on International Women's Day (March 2026) and continued throughout the year
Target Group: All MBBS Batches

The Gratitude Board Initiative was launched by the Student Support and Guidance Programme (SSGP) on International Women's Day in March 2026 and has since continued as an ongoing wellness initiative for all MBBS batches. Students were encouraged to share messages of appreciation and gratitude for their peers, teachers, mentors, support staff, and loved ones. The initiative fostered a positive and supportive campus culture while promoting kindness, empathy, and emotional well-being.

CUTE: Cracking University Exams – Tips and Essentials

Date: 29 May 2026
Venue: Lecture Hall 1
Target Group: Phase I MBBS (2025 Batch)

As part of the Student Support and Guidance Programme (SSGP), CUTE: Cracking University Exams – Tips and Essentials was conducted for the Phase I MBBS (2025 Batch) on 29 May 2026. The session was led by Dr. Angela A. Viswasom, Vice Principal and Professor of Anatomy, Travancore Medical College, Kollam, who shared practical strategies for effective examination preparation, time management, revision techniques, and stress management. She also emphasized the importance of maintaining healthy sleep

patterns, minimizing screen time, taking regular breaks, and adopting balanced lifestyle practices to optimize academic performance. The interactive session motivated students to approach their university examinations with confidence and better preparedness.

KALAAGNI 2026 – Inter-Batch Arts Festival

Date: 11–17 May 2026
Duration: One Week
Organized by: DHRUVA College Union
Target Group: All MBBS Batches

The DHRUVA College Union organized KALAAGNI 2026, the annual Inter-Batch Arts Festival, from 11 to 17 May 2026. Conducted over one week, the festival featured a wide range of literary, cultural, music, dance, and fine arts competitions, providing students with a platform to showcase their talents beyond academics. The event promoted healthy competition, collaboration, leadership, and camaraderie among students while contributing to their overall personal and social development, in line with the objectives of the Student Support and Guidance Programme (SSGP).

Inauguration of College Union Magazine – *YUGA*

Date: June 2026

The College Union Magazine, *YUGA*, was inaugurated in June 2026 at Pushpagiri Institute of Medical Sciences & Research Centre (PIMSRC) by the renowned author Benyamin, who attended the function as the Chief Guest. During his address, he encouraged students to nurture creativity, develop reading habits, and express their ideas through literature and the arts. The programme witnessed enthusiastic participation from students, faculty members, and College Union representatives, marking a significant milestone in the College Union's activities and celebrating the creative talents of the student community.

PULSE 2026 – Undergraduate Medical Conference

Date**:** 13 June 2026

PULSE 2026, the third edition of the undergraduate medical conference hosted by Pushpagiri Institute of Medical Sciences and Research Centre (PIMSRC), was conducted on 13 June 2026. The conference brought together undergraduate medical students from various institutions for a day of academic enrichment and collaborative learning.

The programme featured hands-on clinical skill stations conducted by various departments, expert-led scientific sessions, and a variety of academic and creative competitions, including quiz, paper and poster presentations, clinical charades, medical rangoli, AnatoArt, and the Battle of the Bands. The conference provided students with opportunities to enhance their clinical knowledge, research skills, teamwork, and communication while encouraging innovation and professional development. PULSE 2026 served as a dynamic platform for learning, networking, and showcasing the talents of future healthcare professionals.

ANTI-RAGGING COMMITTEE

1. Introduction

As part of establishing a safe, supportive, and ethically responsible academic environment, the SSGP Unit of Pushpagiri Institute of Medical Sciences & Research Centre organized an Anti-Ragging Awareness Programme for the newly admitted 2025 Batch MBBS students. This initiative aimed to ensure student welfare, prevent misconduct, and promote a culture of respect and professionalism as students begin their medical education.

2. Anti-Ragging Awareness Programme

An Anti-Ragging Awareness Campaign was conducted to sensitise first-year MBBS students about the consequences of ragging and to reinforce the institution's strict zero-tolerance policy.

The session highlighted:

- Legal and disciplinary implications of ragging
- Ethical responsibilities expected from medical students
- Reporting mechanisms and available support systems
- Institutional commitment to ensuring a safe and respectful campus environment

Anti-Ragging Affidavits

Both students and their parents formally signed anti-ragging affidavits, declaring their understanding of the guidelines and affirming compliance with statutory and institutional regulations. This process ensured adherence to national regulatory requirements and further strengthened the institution's preventive framework against ragging.

3. Student-Led Initiative: Anti-Ragging Photo Booth

As part of the orientation activities, the student union created an **Anti-Ragging Awareness Photo Booth** to enhance peer-driven sensitisation.

Newly joined students were encouraged to take photographs and share messages promoting a ragging-free campus. This initiative helped create a positive, welcoming atmosphere and strengthened awareness through student participation.

4. Outcomes of the Programme

The Anti-Ragging Awareness Programme successfully reinforced institutional values and student responsibilities. Key outcomes include:

- Increased understanding among students regarding ragging laws and the consequences of violations
- Strengthened commitment to maintaining a respectful and inclusive campus culture
- Active participation of students and parents through affidavit submission

Promotion of peer-driven awareness through the photo booth initiative

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS

July 2025

In observance of Doctor's Day, the Union conducted Doctors Derby (Cricket Tournament) and Stethoscope Smash (Badminton Tournament), promoting camaraderie and interaction between faculty members, doctors, and students.

October 2025

The Union hosted the THEOPHILOS Intercollegiate Basketball Tournament, inaugurated by Mr. Anto Antony, Member of Parliament. The tournament attracted participation from several institutions and was widely appreciated for its successful organization.

November 2025

Students also participated in the KUHS B Zone Sports Meet, winning prizes in Chess and Table Tennis.

February 2026

The PADAKKALAM Interbatch Sports Fest commenced, encouraging healthy competition, teamwork, and sportsmanship among students of different batches

PHYSIOTHERAPY DEPARTMENT

Staff List (01/07/25 to 01/08/25)

1. Dr. Shibu George C. (PT) – HOD
2. Dr. Shino Abraham (PT)
3. Dr. Rajeev V.R (PT)
4. Dr. Chacko Thomas (PT)
5. Dr. Christina Thomas (PT)
6. Dr. Philwin Rajan (PT)

Staff List (27/01/26 to 30/06/26)

1. Dr. Shibu George C. (PT) – HOD
2. Dr. Shino Abraham (PT)
3. Dr. Rajeev V.R (PT)
4. Dr. Chacko Thomas (PT)
5. Dr. Christina Thomas (PT)
6. Dr. Philwin Rajan (PT)
7. Dr. Joseph Benny Iype (PT)
8. Dr. Joel John Varghese (PT)
9. Dr. Jomol Mariam Jose (PT)
10. Dr. Jenu Joseph (PT)
11. Dr. Thejas Jijo (PT)

Newly Joined Staff:

1. Dr. Joseph Benny Iype (PT) (August 2025)
2. Dr. Joel John Varghese (PT) (October 2025)
3. Dr. Jomol Mariam Jose (PT) (January 2026)
4. Dr. Jenu Joseph (PT) (January 2026)
5. Dr. Thejas Jijo (PT) (January 2026)

Courses/Training Completed:

Dr. Philwin Rajan (PT)

- Google - Generative AI for Healthcare
- Fundamental Sports Related Musculoskeletal Anatomy – The Chinese University of Hong Kong

Dr. Joseph Benny Iype (PT)

- Biomechanics 101 by Will Crane

Events Conducted:

- The Physiotherapy department organized a CME on the topics “Radiological evaluation of Cervical and Shoulder Disorders” and “Advancements in Brachial Plexus Injury Management” on September 7, 2025.
- World Physiotherapy Day Celebrations and Felicitation of patients and physiotherapists.

Events Attended:

- Dr. Shibu George C. (PT) attended a seminar on the topic “Brachial Plexus Injury Rehabilitation” conducted by the Indian Association of Physiotherapists.

OP/IP Statistics:

- OP – Average per day – 17-30.
- IP – Average per day – 64 -100

Others:

- Students from within and outside Kerala join the department for Internships, Clinical and Observational Postings.
- Our institution has an MOU with BCF College of Physiotherapy and St. Mary’s College of Physiotherapy, under which their students regularly attend our institution for clinical postings and internship training.

TRAINING CENTRES / HEALTH PROJECTS

Rural Health Training Centre (RHTC), Pulinkunnu

Summary

The Pushpagiri Rural Health Centre has demonstrated robust growth during the first half of 2026, characterized by a significant increase in patient volume and hospital income compared to the same period in 2025. Total outpatient department (OPD) attendance for H1 2026 reached 4,941, representing a **40.1% increase** over the 3,525 patients recorded in H1 2025.

1. Overall Performance and Growth

- Significant Volume Surge: The center has demonstrated impressive growth in H1 2026, recording a total of 4,941 outpatient visits compared to 3,525 in H1 2025, representing an overall increase of 40.1%.
- Strong Start and Finish: January 2026 saw the most dramatic year-over-year growth at +140.3%, followed by a strong rebound in June 2026 at +107% after a slight dip in May.
- Income Alignment: The financial performance correlates with the patient volume increase. Total income peaked in January 2026 (₹5,27,659) and again in June 2026 (₹5,05,111), showing that clinical activity levels are successfully driving revenue.

2. Clinical Distribution and Patient Demographics

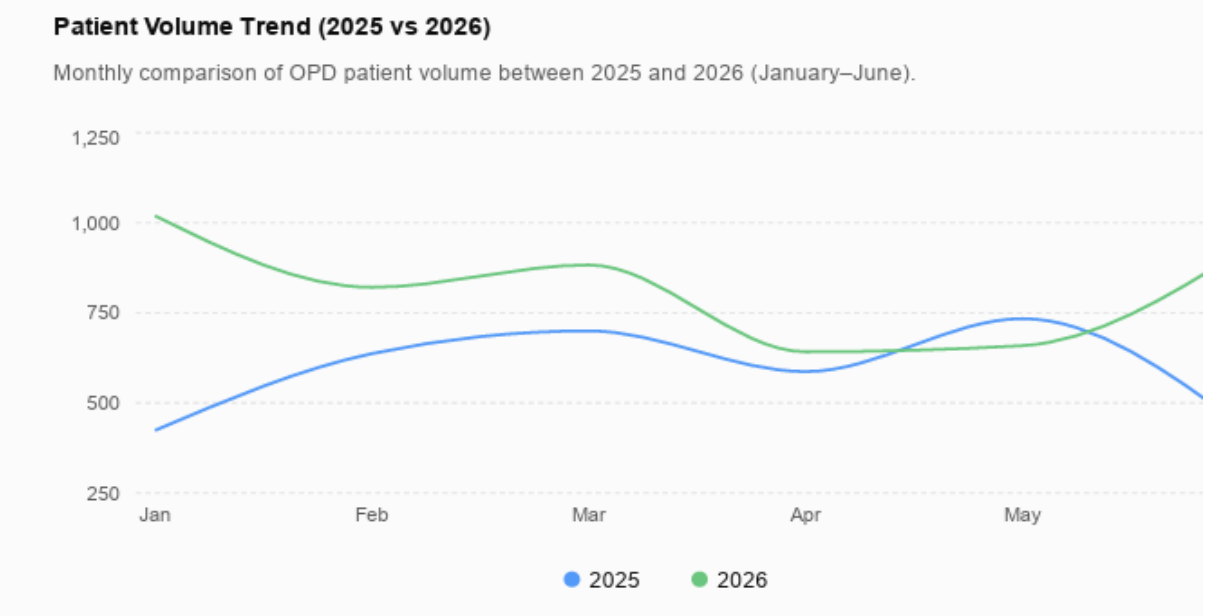
- Departmental Concentration: The outpatient load is heavily skewed toward General Medicine, which remains the primary driver of patient traffic. Other departments like General Surgery, ENT, and Dermatology maintain a consistent but secondary role.
- Age-Group Stability: The core patient base remains the 18–59 age bracket, which consistently records the highest volume of visits each month.
- Visit Patterns: There is a steady demand for re-visits, which generally trended upward throughout the first half of 2026, suggesting success in patient retention.

3. Financial and Operational Analysis

- Productivity Metrics: The "Average Working Day Income" metric shows a significant upward trajectory, particularly in June 2026, which saw a 117% increase compared to 2025.
- Revenue Drivers: Pharmacy and surgical sales are the most significant contributors to total income, consistently generating higher revenue than diagnostic/procedure fees or professional charges.
- Operational Resilience: Despite minor fluctuations (such as the 10.2% decline in volume during May), the overall H1 trend for 2026 remains significantly more robust than the 2025 baseline.

Patient Statistics 2025 vs 2026

Month	2025	2026
Jan	424	1019
Feb	637	821
March	700	883
April	587	642
May	734	659
June	443	917



Growth Rate 2025 Vs 2026

January	424	1,019	**+140.3%**
February	637	821	+28.9%
March	700	883	+26.1%
April	587	642	+9.4%
May	734	659	-10.2%
June	443	917	**+107.0%**
H1 Total	**3,525**	**4,941**	**+40.1%**

Patient Statistics: "Our core strength lies in our growing outpatient volume. Comparing our 2025 to 2026 performance, we have seen a significant total volume increase, moving from 3,525 patients in the first half of last year to 4,941 this year—an impressive **40.1% growth rate**."

Total OPD visits in 2026 with new visits, re- visits & free visits

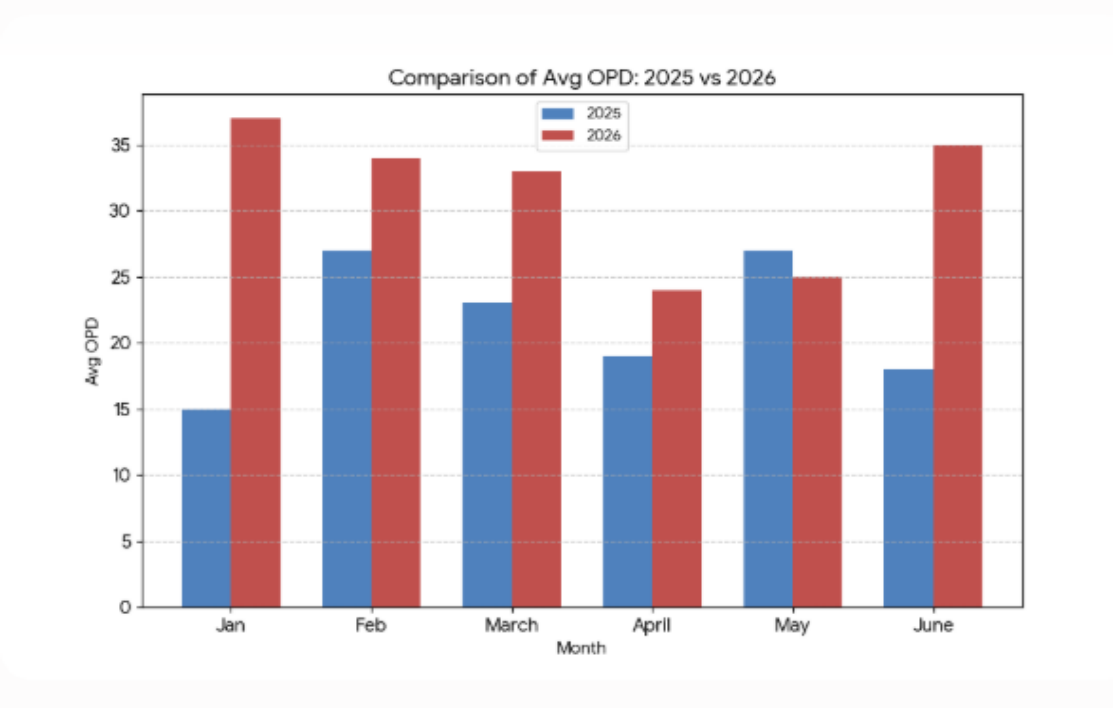
Month 2026	Total OPD	New Visits	Re-visits	Free visits
Jan	1019	187	591	159
Feb	821	134	499	123
March	883	141	504	154
April	642	112	399	100
May	659	131	411	96
June	917	149	594	166

Monthly Analysis:

"The 'Patient Volume Trend' chart highlights that, aside from a minor dip in May, our 2026 monthly footfall has consistently outperformed 2025. January and June were standout months, showing year-on-year growth of **147%** and **94%** respectively, indicating that our outreach and service availability are resonating well with the community."

Comparison of Average OPD 2025 vs 2026

Month	2025	2026	Percentage change (%)
Jan	15	37	+147
Feb	27	34	+26
March	23	33	+43
April	19	24	+26
May	27	25	-7
June	18	35	+94

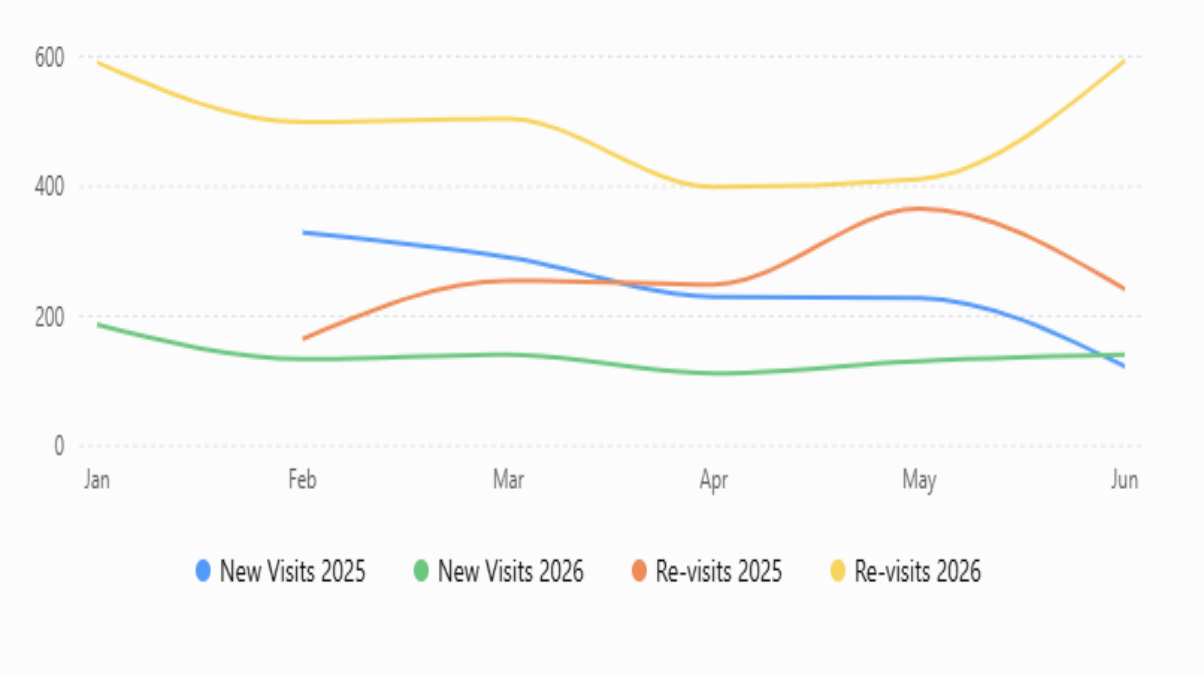


New Visits & Re- Visits 2025 Vs 2026

Months	New visits 2025	New visits 2026	Re-Visits 2025	Re- visits 2026
Jan	-	187	-	591
Feb	329	134	165	499
March	291	141	255	504
April	230	112	249	399
May	228	131	366	411
June	123	141	242	594

We tracked new visits versus re-visits. The trend line clearly shows that while we continue to attract new patients, our re-visit rates in 2026 have stabilized at a higher baseline than in 2025, which is a strong indicator of patient trust and satisfaction.

Monthly trends in new visits and re-visits comparing 2025 and 2026.

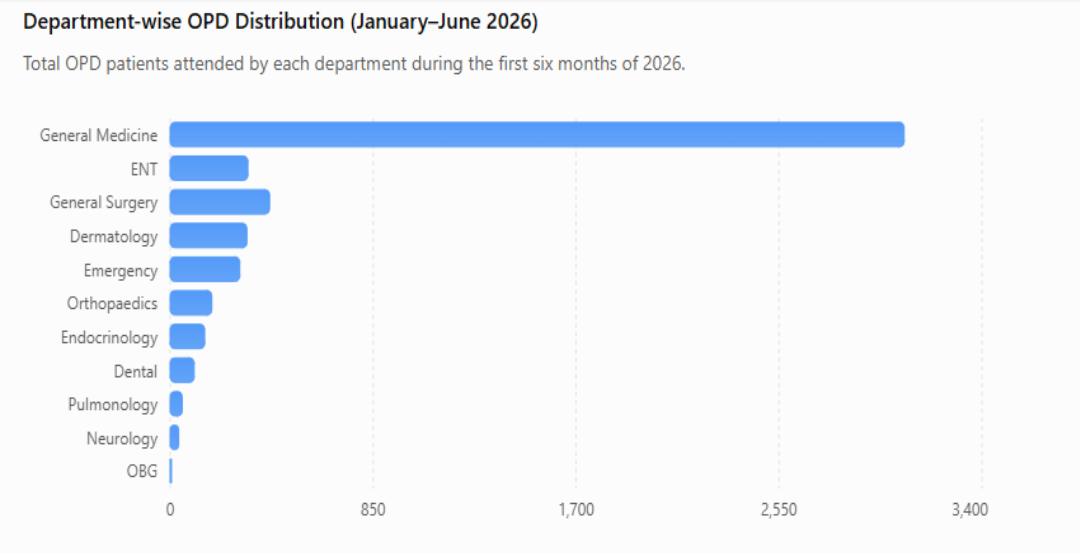


Department wise distribution

Department	January	February	March	April	May	June
General Medicine	653	504	468	370	427	652
ENT	88	60	65	53	28	31
Emergency	82	65	84	31	21	8
General Surgery	59	74	83	59	61	80
Dermatology	54	27	64	55	41	80
Endocrinology	26	34	45	17	22	-
Orthopedics	21	15	30	39	29	40
Dental	11	20	27	8	21	13
Neurology	7	9	6	4	3	6
Pulmonology	7	13	11	6	6	7
OBG	5	--	--	--	--	--

"Regarding departmental performance, General Medicine remains our busiest hub, followed by General Surgery and ENT.

Department-wise OPD Distribution (January – June 2026)



Patient Age wise categorisation

Patient Demographics: "Looking at our patient demographics, our largest cohort remains the 18–59 age group, closely followed by the 60–85 age group. This confirms our critical role in managing both the working-age population and the elderly demographic within our service area."

Income trend(Rs) 2025 Vs 2026

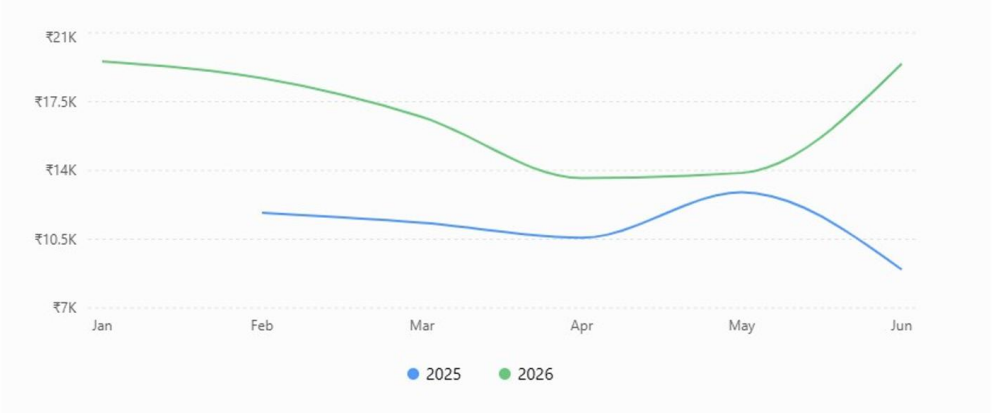
Month	2025	2026
January	--	5,27,659/-
February	2,60,563/-	4,48,683/-
March	2,94,856/-	4,34,864/-
April	2,70,181/-	3,40,345/-
May	3,47,911/-	3,60,696/-
June	2,24,084/-	5,05,111/-

Revenue Growth: "Turning to finances, our total income trend closely mirrors our patient volume growth. We achieved a significant peak in June 2026 with an income of **Rs 5,05,111/-**."



Age Category	Jan	Feb	March	April	May	June
Infants	2	1	6	11	7	14
1-17 y	174	150	169	102	104	182
18-59y	388	302	342	275	280	409
60-85y	315	286	269	208	224	285
>85y	19	17	13	15	23	19

Comparison of average working day income between 2025 and 2026



Month	2025	2026	% increase
January	--	19,543/-	--
February	11,844/-	18,695/-	58%
March	11,341/-	16,726/-	47%
April	10,572/-	13,607/-	29%
May	12,886/-	13,873/-	8%
June	8963/-	19,427/-	117%
July	17,863/-	--	--
August	21,099/-	--	--
September	15,982/-	--	--
October	17,637/-	--	--
November	18,136/-	--	--
December	19,767/-	--	--

Average Working Day Income: "The most insightful metric here is the 'Average Working Day Income.' We have seen substantial percentage increases compared to 2025, most notably a **117% increase** in June and a **58% increase** in February. This data proves that our efforts to streamline 'Pharmacy & Surgical sales'—which constitutes a major portion of our revenue—are yielding clear financial dividends."

Urban Health Training Centre (UHTC), Mathilbhagom

1. Background and Overview

The Urban Health Training Centre (UHTC), Mathilbhagom, continued to function as the Urban Health Training Centre of the Department of Community Medicine, Pushpagiri Institute of Medical Sciences and Research Centre (PIMS&RC), in collaboration with Sree Ramakrishna Ashrama. Throughout the reporting

period, the centre continued to provide comprehensive primary healthcare services to the urban community while serving as an important field training centre for undergraduate and postgraduate medical education. Under the clinical leadership of Dr. Mercy Rachel Mathew, the UHTC maintained outpatient services, observation care, immunisation services, basic laboratory support and referral services, ensuring accessible and quality primary healthcare for the surrounding population.

2. Academic and Community Engagement

The UHTC remained an integral component of the Department of Community Medicine's academic programme. House surgeons were posted on a rotational basis throughout the reporting period, enabling supervised clinical exposure to urban primary healthcare and community-oriented practice. The centre also supported postgraduate academic activities and field-based learning. Regular community engagement was maintained through collaboration with ASHA workers, Anganwadi workers and local community representatives, with health education sessions organised every month according to prevailing seasonal and public health priorities.

3. Monthly Activities

Clinical services remained active throughout the reporting period with consistent outpatient attendance and continued community outreach. During July 2025, health education activities focused on monsoon-related illnesses, safe drinking water, personal hygiene and leptospirosis prevention. August 2025 witnessed a marked increase in outpatient attendance, while community awareness programmes concentrated on dengue prevention, vector control and environmental sanitation.

September 2025 activities coincided with National Nutrition Month and included sessions on balanced nutrition, anaemia prevention and healthy dietary practices. During October 2025, awareness programmes addressed hypertension, diabetes, healthy lifestyle practices and mental well-being. November 2025 activities were aligned with World Diabetes Day and emphasised diabetes prevention, lifestyle modification and tobacco cessation, together with education on respiratory illness prevention.

Seasonal health education during December 2025 focused on respiratory tract infections, food hygiene and infection prevention. In January 2026, the UHTC recorded the highest patient attendance during the reporting period, while outreach activities promoted physical activity, healthy lifestyles and immunisation awareness. February 2026 programmes highlighted cancer awareness, oral health and adolescent health. During March 2026, community activities were organised around World Tuberculosis Day, with emphasis on tuberculosis awareness, women's health and anaemia prevention. April 2026 focused on prevention of heat-related illnesses, adequate hydration and food safety. During May 2026, the UHTC intensified community education on pre-monsoon preparedness, vector control and prevention of water-borne diseases, while continuing routine outpatient care, observation services, immunisation and referral of patients requiring specialised treatment.

4. Statistical Summary

Month	Total Cases	New Cases	NCD	CD	Immunization	Observation	Referred	House Surgeons
July 2025	337	68	102	125	6	44	3	1
August 2025	415	68	105	132	13	27	12	1
September 2025	309	–	128	95	9	19	10	5
October 2025	374	55	176	113	9	24	4	8
November 2025	415	79	159	97	12	39	11	9

December 2025	408	62	164	128	8	28	11	13
January 2026	518	85	156	168	11	30	11	13
February 2026	391	57	130	123	12	35	8	12
March 2026	364	53	166	63	17	24	8	12
April 2026	361	41	109	41	6	49	8	9
May 2026	328	58	105	71	20	38	6	9
TOTAL	4220	626	1500	1156	123	357	92	92

5. Overall Analysis and Highlights

Between July 2025 and May 2026, the UHTC provided services to 4220 patients. Excluding September 2025, when new registration data were unavailable, 626 new patients were registered. Non-communicable diseases accounted for 1500 consultations, while communicable diseases accounted for 1156 consultations, demonstrating the continuing dual burden of disease managed at the primary care level. A total of 123 immunisations were administered, 357 patients received observation care and 92 patients were referred to higher centres for specialised management. House surgeon postings remained consistent throughout the reporting period, with 92 postings contributing significantly to undergraduate clinical training and service delivery. January 2026 recorded the highest patient attendance (518), reflecting sustained community utilisation of the centre's services.

6. Conclusion

The Urban Health Training Centre, Mathilbhagom, continued to fulfil its dual role of delivering comprehensive primary healthcare services and providing community-oriented medical education. Through sustained outpatient care, preventive health activities, community engagement and structured clinical training, the UHTC strengthened the link between the institution and the community it serves. The continued collaboration between PIMS&RC and Sree Ramakrishna Ashrama remains central to the success of the centre and provides a strong foundation for further strengthening urban primary healthcare services in the coming years.

PUNNEKKAD COMMUNITY HEALTH PROJECT

Preface

The Punnakkad Community Health Project has, since 2014, stood as a quiet but steady expression of what academic medicine can offer a community when it commits itself for the long term. This report, covering the period July 2025 to July 2026, records another year in that commitment — one shaped, as in previous years, by the partnership between Pushpagiri Institute of Medical Sciences and Research Centre and St. Thomas CSI Church, Punnakkad, and sustained by the postgraduate residents, faculty, dental staff, field coordinators and community volunteers who carry the work forward on the ground.

If one theme deserves particular emphasis this year, it is the continuing shift of the project's centre of gravity towards chronic care. Punnakkad's population, like much of rural and semi-rural Kerala, is ageing, and the burden it carries is increasingly one of non-communicable disease — hypertension, diabetes, dyslipidaemia, and the frailty that so often accompanies them in older age. The screening camps, home visits and lifestyle-disease counselling sessions documented in the pages that follow are not incidental activities alongside the project's 'real' work; for a growing number of residents in Kurunthar, Nellikkala and Pannivelichira, they are the difference between a condition caught early and one caught too late, and between an elderly person cared for at home and one left to manage alone.

Home-based care for the elderly and the chronically ill remains, in this respect, the project's most distinctive contribution. It is unglamorous work — repeat blood-pressure checks, medication reconciliation, a hand held while a family is counselled on what to watch for — but it is precisely the kind of continuity that a busy outpatient clinic cannot always provide, and precisely what an ageing rural community most needs.

Punnakkad Community Health Project

Pushpagiri Institute of Medical Sciences and Research Centre (PIMS & RC), Thiruvalla, has a long-standing commitment to community-oriented healthcare and social accountability. As part of this mandate, PIMS & RC continues its active association with St. Thomas CSI Church, Punnakkad, in implementing the Punnakkad Community Health Project in Mallappuzhassery Panchayat, Pathanamthitta district.

The Punnakkad Community Health Project was initiated as a community-centred initiative by the CSI parish with the vision of improving health literacy, access to care, and overall well-being of the local population, particularly the elderly and chronically ill. Pushpagiri formally joined this initiative in 2014, providing structured medical and public health support through the Department of Community Medicine. Over the years, the project has evolved into a comprehensive model of rural and semi-rural community healthcare.
During the reporting period of July 2025 to July 2026, the project continued to function as a collaborative effort between Pushpagiri Medical College, the CSI parish, and local community stakeholders. Regular medical and dental outpatient services continued at the Punnakkad community health centre, supported by faculty members, postgraduate students, interns, and allied health staff from Pushpagiri, offering continuity of care and appropriate referral linkages to the parent institution when required.
Home-based care and follow-up for elderly residents and individuals with chronic illnesses remained a key component of the project. Community volunteers, working in coordination with the Department of Community Medicine, facilitated regular household visits, identification of health needs, medication adherence support, and referral guidance — an approach that continues to be particularly valuable for older adults living alone or with limited family support.
The project also sustained its focus on preventive and promotive health activities. School health programmes, health education sessions, and community awareness activities were conducted to address lifestyle diseases, hygiene, nutrition, and general health promotion, with observance of important public health days helping to reinforce health messages and encourage community participation.
Oral health services continued through the fixed dental clinic at the community centre, supported by the Department of Public Health Dentistry, addressing a long-standing gap in oral healthcare access in the area.
Throughout the year, the project continued to emphasise documentation, monitoring, and coordination with local health systems, with the Department of Community Medicine playing a central role in planning, implementation, supervision, and academic integration of activities, ensuring that service delivery remained aligned with the teaching, service, and research objectives of the institution.
The association between Pushpagiri Institute of Medical Sciences and Research Centre and St. Thomas CSI Church, Punnakkad, continues to reflect a sustained partnership built on mutual trust, shared responsibility, and a common vision for community well-being — a model of effective collaboration between an academic medical institution and a faith-based community organisation, contributing meaningfully to accessible, compassionate, and community-anchored healthcare.

About the Project Area

Punnakkad lies in Mallappuzhassery Grama Panchayat, Kozhencherry Taluk, Pathanamthitta district, Kerala (PIN 689652), on the Thumpamon–Kozhencherry road, a short distance from the north bank of the Pamba River. The project's main centre, St. Thomas CSI Church, Punnakkad, stands at approximately 9.3142° N, 76.7133° E — about 3 km from Kozhencherry town, 15 km from Pathanamthitta town, and some 14 km from Pushpagiri Institute of Medical Sciences & Research Centre, Thiruvalla. The satellite outreach areas served by the project — Kurunthar, Kuzhikala, Pannivelichira, Nellikkala and Edappara —

all lie within roughly 3 km of the main centre, with Nallanikunnu a little further south towards Elavumthitta. A schematic map of the area is given below.

Demographic and Socio-Economic Profile

Mallappuzhassery village, within whose panchayat Punnakkad falls, recorded a population of 11,784 (5,503 male, 6,281 female) at the 2011 Census of India, while the neighbouring census town of Kozhenchery recorded 12,021. At the district level, Pathanamthitta had a population of 1,197,412 in 2011, with a density of 452 persons per km² — well below the Kerala average — and a sex ratio of 1,132 females per 1,000 males, among the highest of any Indian district. The district's literacy rate of 96.55% (male 97.36%, female 95.83%) is above both the Kerala and national averages, consistent with the strong educational infrastructure evident even in the project's own satellite areas.

Some 89% of the district's population is classified as rural, and Pathanamthitta is one of Kerala's more agrarian, low-density districts, with rubber, paddy and spice cultivation, small trade, and public and private services as the principal livelihoods. Like much of central Travancore, the district has a long history of emigration to the Gulf and elsewhere, and a correspondingly high proportion of households in which older members live alone or with adult children settled abroad — a pattern this project's home-based care programme regularly encounters.

Religiously, Pathanamthitta district is unusually mixed by Kerala standards: the 2011 Census recorded Hindus at 56.93% of the population and Christians at 38.12%, with Muslims at 4.60%. The district's Christian population is itself denominationally diverse, comprising substantial Malankara Orthodox, Mar Thoma Syrian, Jacobite and Malankara Catholic communities alongside a growing Pentecostal presence. Kozhencherry in particular is a long-standing centre of the Mar Thoma Church, and the Pamba riverbed near the Kozhencherry bridge hosts the annual Maramon Convention, widely described as the largest Christian gathering in Asia. St. Thomas CSI Church, Punnakkad — the project's host institution and main centre — reflects this same tradition of dense, locally rooted Christian congregational life, alongside significant Hindu temple communities in the surrounding villages.

Current Functioning of the Punnakkad Community Health Project

During the reporting period, the Punnakkad Community Health Project continued to function through a well-structured, multi-component service delivery model aimed at improving access to promotive, preventive, and basic curative healthcare for the community. The project operates through four major domains: medical care, dental care, home-based care, and health awareness activities.

Medical Care: Regular medical outpatient services continued at the Punnakkad community health centre on three days per week (Monday, Wednesday, Friday), ensuring accessible primary healthcare for local residents. In addition to the central outpatient facility, the project extended its reach through three satellite outreach outpatient and house-visit areas, namely:

- Kurunthar
- Nellikkala
- Pannivelichira

These satellite areas functioned as area outreach OP and home-visit points, enabling healthcare access for populations with mobility, distance, or social constraints. Periodic medical camps continued to address specific health needs and facilitate screening and referral.

Dental Care: Dental outpatient services continued at Punnakkad on three days per week (Monday, Wednesday, Friday) through the fixed dental clinic, supported by the Department of Public Health

Dentistry. Preventive and basic curative dental services were offered, along with school-based dental camps, focusing on oral health screening, education, and early intervention among children.

Home-Based Care: Home-based care remained a core strength of the project. Regular house visits continued for elderly individuals, bedridden patients, and those with chronic illnesses across Punnakkad and the satellite outreach areas. Palliative care services were provided in coordination with community volunteers, ensuring continuity of care, symptom relief, and psychosocial support for patients and their families.

Health Awareness and Health Education: Health awareness activities continued at both school and community (public) levels, including school health programmes, health education sessions, and community awareness initiatives focusing on lifestyle diseases, hygiene, nutrition, and general health promotion. Observance of important health days further strengthened community participation and awareness.

Current Service Delivery Team

The Punnakkad Community Health Project is implemented through a multidisciplinary team that integrates academic expertise, community participation, and external technical support.

Leadership and Institutional Support

The successful implementation and sustained progress of the Punnakkad Community Health Project during the reporting period was enabled, as always, by strong institutional and community leadership.

We record with gratitude the contribution of Rev. Fr. George Valiyaparambil, who served as Director, Pushpagiri Institute of Medical Sciences and Research Centre, and supported this project's community engagement initiatives throughout his tenure. We are pleased to welcome Rev. Fr. Dr. Mathew Mazhavancheril as the incoming Director and look forward to his continued guidance of the project. A short introductory note from the incoming Director appears earlier in this report.

At the community level, we thank Rev. Fr. Varkey Thomas, who served as Vicar, St. Thomas CSI Church, Punnakkad, for his years of vision and pastoral leadership of this project, and we welcome Rev. Fr. Shalu
T. Mathew, the incoming Vicar, to this role. Dr. Mathew Koshy, Project Director, played a crucial role in providing vision, leadership, and sustained community engagement. Their support was instrumental in strengthening community participation, facilitating coordination with local stakeholders, and ensuring continuity of project activities.

We also record our thanks to Dr. Rosin George, who served as Project Coordinator and whose sustained community engagement was instrumental in strengthening participation and coordination with local stakeholders, and we are pleased to welcome Dr. Parameswaran Nampoothiri MG, Assistant Professor, Department of Community Medicine (PIMSRC) as the incoming Project Coordinator.

Faculty In-Charge

Faculty In-Charge of the project is Dr. Parameswaran Nampoothiri MG, Assistant Professor, Community Medicine department who is responsible for overall coordination, academic supervision, planning, and monitoring of project activities since 1st July 2026.

Postgraduate Students (Department of Community Medicine)

Postgraduate residents from the Department of Community Medicine, Pushpagiri Institute of Medical Sciences and Research Centre, were posted to the project area during the reporting period as part of their field training, and were actively involved in outpatient services, home visits, health education activities, documentation, and coordination of outreach programmes.

Dental Services Support

Dental care services continued with the support of Dr. Denny Thomas, Pushpagiri College of Dental Sciences, who contributed to outpatient dental services, school dental camps, and oral health promotion activities at the community level.

Field Coordinator

Br. Thomas Mathew continued to serve as Field Coordinator, providing on-ground coordination, logistical support, and facilitation of community-level activities, including outreach programmes and awareness initiatives.

Community Volunteers

Trained community volunteers from St. Thomas CSI Church, Punnakkad, continued to play a crucial role in the day-to-day functioning of the project. They facilitated community mobilisation, assisted in home visits, supported follow-up of elderly and chronically ill patients, and acted as a vital link between the healthcare team and the local population.

OPD and House visit services

Month	Out Patient Department (3Days per week)	House Visits
Dec.25	26	46
Jan.26	24	50
Feb.26	28	60
Mar.26	36	67
Apr.26	43	79
May.26	14	76
Jun.26	26	82
Jul.26	29	94
Total	**226**	**554**

Recent Field Activities

Outpatient Services

Assisted in OP consultations and interacted with patients attending the health facility. Consultations were also carried out in the outreach OPs at Pannivelichira and Kurunthar.

Home Visits

Participated in field visits to households in the community and interacted with families regarding health issues in the areas of Pannivelichira, Kurunthar, Nellikkala and Edappara.

Health Awareness Classes

Two awareness sessions were conducted for community members: on World Hearing Day (6 March 2026) and on women's health (20 March 2026). Health awareness sessions were also conducted for community members, focusing on monsoon-related diseases and their control measures, and on the importance of diagnosing illness at the earliest and taking appropriate treatment.

Community Health Activ ities

Community-Based Home Visits

Conducted home visits in the designated field practice areas to provide comprehensive community-based care, including follow-up of patients with chronic illness, assessment of treatment adherence, health education, identification of risk factors, and appropriate referral where indicated.

Health Talk on Diarrhoeal Diseases – CMS UP School, Punnakkad

Conducted a health awareness session at CMS UP School, Punnakkad, focusing on diarrhoeal diseases and their prevention, on 22 June 2026. The session was conducted by Dr. Asby Ajukumar, and was attended by 32 students.

Health Awareness Session on Monsoon Diseases – CMS UP School, Nallanikunnu

Conducted a health awareness session at CMS UP School, Nallanikunnu, focusing on monsoon-related diseases and their prevention, on 29 June 2026. The session was attended by 40 students.

Inauguration of the Agriculture Club – CMS UP School, Nallanikunnu

The Agriculture Club of CMS Upper Primary School, Nallanikunnu, was inaugurated by Dr. Asby Ajukumar with the planting of a tomato sapling on 29 June 2026, symbolising the club's commitment to sustainable agriculture and environmental awareness. As part of the programme, students were engaged on the importance of sustainable agriculture, nutrition, environmental conservation, and healthy lifestyle practices.

Health Awareness Session

Dr. Lisha conducted a health awareness session for women MGNREGS workers at their worksite in Kurunthar. The session covered the prevention of lifestyle diseases such as diabetes and hypertension, emphasizing healthy eating habits, reduction of salt, sugar, and unhealthy fats, increasing the intake of fruits and vegetables, regular physical activity, adequate sleep, and routine health check-ups. The interactive session encouraged participants to adopt healthier lifestyle practices despite their busy work schedules.

School Awareness Class

An awareness session on “My Consent” was conducted by Dr. Lisha for the students of CMS LPS, Kuzhikkala. The session focused on helping children understand the concept of personal boundaries, safe and unsafe touch, the importance of saying “No,” and respecting others’ choices in an age-appropriate and interactive manner. Teachers also participated in the session, reinforcing the importance of consent education in schools.

Seminar on Beyond Labels: Diversity, Inclusion and Allyship

A seminar was conducted on 29/7/2026 at the Department of Psychology, CSI College, Punnakkad, under the auspices of the CSI Community Development Programme. The session was facilitated by Dr. Lisha.The seminar focused on understanding diversity in society, fostering an inclusive environment, and promoting allyship by encouraging empathy, respect, and support for individuals from different backgrounds and identities.

Students were introduced to the importance of challenging stereotypes, reducing stigma and discrimination, and creating safe and inclusive spaces within educational institutions and the community. The session was interactive, with discussions and activities that encouraged students to reflect on their own attitudes and behaviours towards diversity and inclusion. Participants actively engaged in the discussion and shared their perspectives, making the session both informative and thought-provoking.

An awareness class was conducted for girls at Punnakkad CMS U.P. School on 19th September 2025. The topic of the session was “Menstrual Changes, Hygiene, and Health.” The session was interactive, allowing students to freely share their doubts and experiences. Following the main session, individual counseling was provided to a few students who wished to discuss their concerns privately. This helped them feel more comfortable and confident in addressing their personal issues.

Health Awareness Programme

Venue: Sreechitra Club, Pannivelichira, on 22nd September 2025. Topic: Lifestyle Diseases – Awareness, Screening, and Counseling Participants were encouraged to adopt healthy habits and to regularly monitor their health parameters. The members actively participated in the programme and showed keen interest in learning more about maintaining good health. The session successfully increased awareness and motivated the participants to make positive lifestyle changes. Overall, the programme was effective in promoting health awareness and preventive strategies for lifestyle diseases among the community members

World Heart Day Awareness Programme

Venue: Sreechitra Club, Pannivelichira, Date: 29th September 2025, Topic: Heart Diseases and Healthy Eating Habits. The session focused on heart diseases and the importance of healthy eating habits in maintaining good cardiovascular health. The programme began with a simple explanation of heart diseases, including their common causes and warning signs. Participants were educated about major risk factors such as unhealthy diet, physical inactivity, smoking, stress, obesity, diabetes, and hypertension. This was followed by a detailed discussion on healthy dietary practices, highlighting the importance of consuming more fruits, vegetables, whole grains, and reducing the intake of fatty, salty, and processed foods. The significance of regular physical activity and routine health check-ups in preventing heart disease was also emphasized.

World Heart Day Seminar

Venue: Mallappuzhassery Date: 29th September 2025 Topic: Heart Diseases and Their Prevention

As part of the World Heart Day 2025 observance, a talk on heart diseases and their prevention was delivered at the Heart Day Seminar held on 29th September 2025. The seminar was jointly organized by the Mallappuzhassery Grama Vikasana Samithi (Village Development Committee), the Department of Food Technology, CSI College for Advanced Studies, and the CSI Community Health Programme.

During the session, emphasis was given to the World Heart Day 2025 theme, “Don’t Miss a Beat.” The discussion focused on the causes and major risk factors of heart diseases, including high blood pressure, diabetes, obesity, physical inactivity, unhealthy diet, smoking, and stress. The importance of preventive measures, early detection, and maintaining heart health across all age groups was strongly highlighted.

The talk also stressed the adoption of healthy lifestyle practices, such as consuming a balanced diet rich in fruits, vegetables, and whole grains; limiting the intake of salt, sugar, and fatty foods; engaging in regular physical activity; managing stress effectively; avoiding tobacco and alcohol; and undergoing routine health check-ups.

Awareness Class for Adolescent Girls

Venue: Sreechitra Club, Pannivelichira
Date: 1st October 2025 Topic: on Menstrual Changes, Health, and Hygiene.

The objective of the session was to educate the participants about the physical and emotional changes associated with puberty and menstruation, and to provide guidance on maintaining proper personal care during the menstrual period. During the session, information was provided on the physical and emotional changes that occur during adolescence and menstruation. Emphasis was placed on the importance of menstrual hygiene, including the correct use and safe disposal of sanitary products, maintaining genital cleanliness, and preventing infections.

Common myths and misconceptions related to menstruation were discussed and clarified to help participants feel more confident and comfortable in openly discussing menstrual health. The session also highlighted the importance of a balanced diet, adequate rest, and appropriate self-care practices during menstruation. Individual counseling was provided to participants who required personal guidance or had specific concerns regarding menstrual health and hygiene. This helped them gain practical knowledge and reassurance.

Rabies Awareness Session

Venue: Sreechitra Club, Pannivelichira Date: 1st October 2025
Topic: Rabies Infection and Prevention Methods On 1st October 2025

An awareness session on Rabies Infection and Prevention Methods” was conducted for the youth at Sreechitra Club, Pannivelichira. The objective of the session was to educate participants about rabies, its transmission, associated risks, and effective preventive measures. During the session, information was provided on the causes and modes of transmission of rabies, with particular emphasis on dog bites and

other animal exposures. The importance of timely post-exposure prophylaxis (PEP), vaccination, and proper wound care in preventing rabies was clearly explained.

Participants were also advised on avoiding contact with stray animals and the significance of responsible pet ownership. The discussion covered the symptoms and risk factors of rabies, along with preventive strategies and the need to seek immediate medical care following any suspected exposure. The youth were encouraged to disseminate knowledge about rabies prevention within their families and the wider community

School Health Programme

Venue: Onthekadu Marthoma LPS Date: 13/10/2025
Topic: Healthy Food, Hygiene, Good Habits, and Basic Traffic Rules

Conducted a School Health Programme at Onthekadu Marthoma LPS for the students to promote health awareness and safety practices. The main aim of the session was to educate children about healthy food choices, personal hygiene, good habits, and basic traffic rules to ensure their overall well-being. During the session, the students were taught about the importance of healthy eating, including consuming more fruits and vegetables and avoiding junk food.

Emphasis was given on personal hygiene, such as handwashing, brushing teeth, and keeping the body and surroundings clean. The session also covered the importance of good habits, including regular physical activity, adequate sleep, and discipline in daily routines. Additionally, students were made aware of basic traffic rules, road safety, and the importance of following them to prevent accidents.

School Health Programme

Venue: St. Mary's Girls High School, Kozhenchery Date: 15 oct 2025. Topic: Nutrition in Adolescents
Conducted a School Health Programme at St. Mary's Girls High School, Kozhenchery on the topic "Nutrition in Adolescents". The main aim of the session was to create awareness among students about healthy eating habits, balanced nutrition, and its importance for growth and overall health. During the session, students were educated about the different food groups, essential nutrients, and their benefits for the body, including proteins, carbohydrates, vitamins, and minerals. Emphasis was given to the importance of a balanced diet, regular meals, and avoiding excessive junk food. The students were also informed about the role of nutrition in preventing common health problems such as anemia, obesity, and fatigue, and how good dietary habits can support academic performance and physical development.

School Health Programme – World Hand Wash Day

Venue: St. Mary's Girls High School, Kozhenchery Date: 15 oct 2025
Topic: Importance of Handwashing

Conducted a School Health Programme at St. Mary's Girls High School, Kozhenchery on World Hand Wash Day to create awareness among students about the importance of hand hygiene. The main aim of the session was to educate students on proper handwashing techniques and how regular

handwashing can prevent the spread of infections. During the session, students were taught when and how to wash their hands properly, including the steps for effective handwashing with soap and water.

The discussion highlighted the role of hand hygiene in preventing common diseases such as colds, flu, diarrhea, and other infections. Practical demonstrations were conducted so that students could practice correct handwashing techniques. Emphasis was given on washing hands before eating, after using the toilet, and after touching surfaces that may carry germs. Overall, the session was effective in promoting hand hygiene and preventing communicable diseases among school children

Awareness Class at Karamveli S.N.D.P Higher Secondary School

Date: 24th October 2025; Topic: Menstrual Changes, Health and Hygiene, and Nutritious Food Habits

An awareness class was conducted at Karamveli S.N.D.P Higher Secondary School on 24th October for girl students. The session focused on “Menstrual Changes, Health and Hygiene, and Nutritious Food Habits.” The class aimed to create awareness among adolescent girls about the physical and emotional changes during menstruation and the importance of maintaining good hygiene and healthy eating habits.

Students were educated about the menstrual cycle, safe hygienic practices, and the significance of consuming iron- and protein-rich foods to prevent anemia. The session was interactive, and students were encouraged to share their queries and experiences. Personal counseling was also provided to those who required individual guidance. Overall, the program was successful and well-received, helping students gain confidence and adopt healthy practices in daily life.

School Health Awareness Programme

Venue: St. Mary’s English U.P. School, Kuzhikala Date: 5th November 2025

Topic: A Healthy Diet for a Healthy Body

The session was arranged for both children and parents to promote awareness about the importance of healthy eating and good nutrition. The class on the topic “A Healthy Diet for a Healthy Body” was led by Dr. Rinu Godwin, who explained the importance of consuming a balanced diet rich in fruits, vegetables, whole grains, proteins, and essential nutrients. The session also emphasized the need to limit junk food, sugary drinks, and processed foods to maintain good health and prevent lifestyle-related diseases. Both students and parents were educated on the benefits of healthy eating habits, regular physical activity, and proper hydration. The talk also covered the role of parents in encouraging healthy food choices at home and setting a good example for children.

Awareness Programme on Stroke and NCD for Thozhilurappu Sthrikkal (MGNREGS Women Workers*)*

Venue:Punnakkad; Date:3rd November 2025

Topic:Stroke and Non-Communicable Diseases (NCDs) – Awareness, Prevention, and Health Screening (BP & GRBS).

The session aimed to create awareness about the causes, risk factors, symptoms, and preventive measures related to stroke and common NCDs. During the programme, participants were educated on the importance of early recognition of stroke symptoms, control of risk factors such as hypertension,

diabetes, obesity, unhealthy diet, physical inactivity, and stress, and the role of healthy lifestyle practices in prevention. Emphasis was placed on regular physical activity, balanced nutrition, stress management, and adherence to medical advice.

As part of the programme, blood pressure (BP) and GRBS measurements were taken for the participants. Based on the findings, appropriate guidance and counseling were provided regarding lifestyle modification and the need for regular health monitoring. Overall, the session was effective in improving awareness about stroke and NCDs and encouraged the participants to take proactive steps towards maintaining their health.

Palliative Home Care Services

A total of 156 home visits were conducted under the palliative care programme, covering households belonging to both the CSI and Mar Thoma Churches. During these visits, women members from the CSI and Mar Thoma congregations actively participated by visiting patients and elderly individuals in their homes, offering prayers, emotional support, and encouragement.

Dr. Aneeta Samuel from the Department of Community Medicine, Pushpagiri Medical College, and Dr. Susan Tharian, retired from Pushpagiri Medical College, have been actively participating in and providing leadership for the CSI Community Health Programmes.

Outreach Programme Activities

22 December 2025
In connection with the Christmas celebrations, Christmas cakes were distributed to families in the Panivelichira and Kurunthar areas. The programme was led by Rev. Varkey Thomas, Parish Vicar.

31 December 2025
As part of the NSS Camp conducted at CSI College, Punnakkad, an awareness and hands-on training session on First Aid and Cardiopulmonary Resuscitation (CPR) was provided to school students. The session was led by Dr. Susan Tharian and Dr. Aneeta Samuel.

4 February 2026
A felicitation programme for the newly elected members of the Mallappuzhassery Grama Panchayat was organized by the CSI Community Development Programme at the CSI College Seminar Hall. A new community clinic was inaugurated at Edappara, and steps were initiated to extend community health services to Nellikkala and other surrounding wards.

15 February 2026
A health education session on the prevention and control of lifestyle diseases was conducted for women employed under the Mahatma Gandhi National Rural Employment Guarantee Scheme (MGNREGS) in the Punnakkad area. The session was led by Dr. Aneeta Samuel.

Yearly Planning and Review Meeting, Punnakkad (24 July 2026)

A yearly planning and review meeting was held at Punnakkad with the Director of Pushpagiri Medical College and other dignitaries on 24 July 2026, to review the project's activities over the preceding year and to plan priorities for the year ahead.

Revitalizing Meeting of the CSI – Pushpagiri Community Health Programme Held at Punnakkad

The revitalizing meeting of the CSI–Pushpagiri Community Health Programme was held on July 24, 2026, at the CSI Church, Punnakkad. The meeting was attended by Rev. Dr. Mathew Mazhavancheril, Director, Pushpagiri Institute of Medical Sciences and Research Centre, Tiruvalla, Dr. Vikram Gowda, Vice Principal, Dr. Parameswaran Nampoothiri, Assistant Professor cum Centre Coordinator from Community Medicine Department, Dr. Sreelakshmi, (JR1), outgoing and newly elected Parish Committee members, and Community Health Volunteers.

Dr. Mathew Koshy Punnakkad, Project Director, delivered the welcome address. He stated that by integrating the Christian mission with the United Nations' Sustainable Development Goals (SDGs), this project has emerged as a model for community-based development. He explained that the key features of the project include:

- Preventive healthcare
- Community ownership
- Trained local volunteers
- Institutional partnerships
- Care for the poor and the elderly

He highlighted that these initiatives are carried out in collaboration with Pushpagiri Medical College, Mallappuzhassery Grama Panchayat, Krishi Vigyan Kendra, Janamaithri Police, Immanuel Mar Thoma Church, Grama Vikasana Samiti, and Navadarshan Trust. Referring to Acts 3:6, he said the Church's mission is not merely to provide charity but to restore dignity, hope, and holistic well-being.

Rev. Shalu T. Mathew, Vicar of CSI Punnakkad Parish, welcomed the team from Pushpagiri and honored the guests with *ponnada* (traditional ceremonial shawls) and mementos. Dr. Vikram and Dr. Parameswaran Nampoothiri commended the Community Health Programme and expressed their readiness to maintain a stronger partnership with this initiative.

Delivering the keynote address, Rev. Dr. Mathew Mazhavancheril praised the project for successfully continuing its community service for the past fifteen years despite numerous challenges. Quoting Gamaliel's words from Acts 5:38–39—*"For if their purpose or activity is of human origin, it will fail; but if it is from God, you will not be able to stop them"*—he remarked that the long-term success and sustainability of this initiative are evidence of divine guidance. He further assured the continued support of Pushpagiri Hospital and promised additional facilities to strengthen the activities of the Community Health Programme.

PUSHPAGIRI GRAMUSUPATHRI, CHUNKAPPARA

1. Institutional Overview

Pushpagiri Gramasupathri, Chunkappara, commenced operations on 1 November 2025 as a subsidiary peripheral service unit of Pushpagiri Medical College, Thiruvalla. The centre extends accessible outpatient and emergency healthcare services to the local community of Chunkappara and its surrounding areas.
The centre provides outpatient (OP) services from 9:00 AM to 3:00 PM, alongside round-the-clock (24-hour) emergency services supported by a dedicated casualty unit.
Since its inception, the centre has recorded steady growth in patient footfall, with over 20,000 outpatient and emergency visits registered between November 2025 and June 2026, its first eight months of operation.

2. Infrastructure & Facilities

The centre is equipped with the following core infrastructure:

Facility	Details
Outpatient (OP) Cubicles	7
Casualty (Beds)	5-beds
Observation Ward (Beds)	10-beds (5 male, 5 female)
Pharmacy	24-hour
Laboratory	Sample collection on-site
Optical Shop	On-site

3. Departments & Services

Pushpagiri Gramasupathri, Chunkappara currently provides outpatient and emergency care across 13 medical and surgical departments, ensuring comprehensive service coverage for the local community:
General Medicine • General OP • General Surgery • Obstetrics & Gynaecology • Ophthalmology • Orthopaedics • Paediatrics • Psychiatry • Pulmonology • Dermatology • Emergency Medicine • ENT • Dental
Outpatient services for specialty departments are conducted between 9:00 AM and 3:00 PM. General OP additionally runs an extended evening session from 5:00 PM to 7:00 PM on four days a week, widening access for patients unable to attend during regular working hours. The current department-wise OP schedule is as follows:

Department	OP Days	OP Timings
General Medicine	Monday – Saturday	9:00 AM – 3:00 PM
General OP	Monday, Wednesday, Thursday, Saturday	5:00 PM – 7:00 PM
General Surgery	Tuesday, Thursday	9:00 AM – 3:00 PM
Obstetrics & Gynaecology	Tuesday, Thursday, Saturday	9:00 AM – 3:00 PM
Ophthalmology	Monday – Friday	9:00 AM – 3:00 PM

Department	OP Days	OP Timings
Orthopaedics	Monday, Thursday	9:00 AM – 3:00 PM
Paediatrics	Monday, Wednesday, Friday	9:00 AM – 1:00 PM
Paediatrics (Saturday)	Saturday	9:00 AM – 3:00 PM
Psychiatry	Tuesday	9:00 AM – 3:00 PM
Pulmonology	Thursday	9:00 AM – 3:00 PM
Dermatology	Monday, Wednesday	9:00 AM – 3:00 PM
ENT	Monday, Friday	9:00 AM – 3:00 PM
Dental	Monday – Saturday	9:00 AM – 4:00 PM
Emergency Medicine	All Days	24 Hours

4. Monthly Patient Footfall (November 2025 – June 2026)

The table below shows total patient visits (outpatient and emergency combined) recorded at the centre each month since its inception:

Month	Total Patient Visits (OP + Emergency)
November 2025	2,231
December 2025	2,823
January 2026	2,744
February 2026	2,635
March 2026	2,419
April 2026	2,071
May 2026	2,377
June 2026	3,113
Total (Nov 2025 – Jun 2026)	**20,413**

5. Human Resources Structure

- **Emergency Department:** Staffed by three doctors exclusively appointed to the centre, ensuring round-the-clock emergency coverage.
- **Outpatient Specialty Services:** Conducted by doctors deputed from Pushpagiri Medical College, Thiruvalla.
- **General OP:** Managed by a General Practitioner, distinct from the deputed specialty consultants.
- **Dental Services:** Delivered through an outsourced service provider.
- **Supporting Staff:** Nursing, technical, and ancillary staff are engaged through ACSSANT.

6. Regulatory Compliance & Biomedical Waste Management

Pushpagiri Gramasupathri, Chunkappara is registered under IMAGE (Indian Medical Association Goes Eco-friendly) for biomedical waste management (Registration No. PTA.1083). Biomedical waste generated

at the centre is segregated and disposed of in accordance with prescribed guidelines, and is managed through IMAGE as per applicable regulatory norms.

7. Summary

In its first eight months of operation, Pushpagiri Gramasupathri, Chunkappara has established itself as a functioning peripheral healthcare unit offering comprehensive outpatient and emergency services across 13 departments. The centre has continued to refine its operational schedule in response to patient demand, and has seen consistent growth in patient footfall since inception, reflecting increasing community trust and utilisation of its services.

VARIOUS COMMITTEES

HOSPITAL ADMINISTRATION COMMITTEES

The **Hospital Management Committee (HMC)**, chaired by the Medical Director, serves as the hospital's apex governance and administrative body, providing strategic leadership and oversight of all clinical, operational, and administrative activities. Meeting monthly, the multidisciplinary committee reviews organizational performance, patient safety, quality improvement initiatives, resource utilization, risk management, infrastructure, and compliance with statutory, regulatory, and accreditation standards. Through systematic monitoring, evidence-based decision-making, and implementation of corrective and preventive actions, the HMC ensures effective governance, efficient resource management, continuous quality improvement, and the delivery of safe, high-quality patient care aligned with the hospital's mission and strategic objectives.

Chairman: Dr. Abraham Varghese V, Medical Director
Secretary: Dr. Manju G. Pillai, Additional Professor, Department of Orthopedics

INFECTION PREVENTION & CONTROL COMMITTEE

The Infection Prevention and Control (IPC) Committee, chaired by the Medical Director, provides hospital-wide leadership and governance for infection prevention activities. It develops and reviews IPC policies, monitors healthcare-associated infections through surveillance systems, oversees infection control practices (including sterilization, environmental cleaning, waste management, occupational safety, and antimicrobial stewardship), and ensures compliance with regulatory and accreditation standards. The committee conducts regular training and audits, meets monthly (and during emergencies when required), documents decisions and action plans, and works through specialized subcommittees such as the Antimicrobial Stewardship Committee (AMSC) and Infection Control Risk Assessment (ICRA) Committee to promote patient and staff safety, reduce infections, and support continuous quality improvement across the institution.

Membership

1. Rev.Fr. Mathew Thundiyil : Hospital Administrator
2. Dr. Abraham Varghese v : Medical Director and Chairman - IPCC
3. Dr. Mathew Pulicken : Additional Medical Director, Professor and HOD Dept. of Critical care
4. Dr. Samson Samuel : Additional Medical Director &. Representative of OT Committee
5. Dr. Aneeta Mary Jacob : Infection Prevention & Control Officer, Associate professor of Microbiology
6. Dr. Sethu Babu : IPC secretary, Professor of Critical care
7. Dr. Harsha Anne : Assistant Professor, General Medicine, Clinical Steward
8. Dr. Neetha Kurian : Assistant Professor, Dept. of Community Medicine, Environmental Surveillance and Outbreak investigating team
9. Dr. Manju G Pillai : Associate Professor, Orthopaedics
10. Dr. Dona Dominic : Assistant Professor, Pharmacology,

Antibiotic Stewardship Team

11. Dr. Carol Sara Cherian : Professor & HOD, Dept. of Paediatrics
12. Dr. Benny Brite : Assistant Professor, Dept. of General Surgery
13. Dr. Arya Roy : Senior Resident, Dept. of Pulmonology - IPC Educator
14. Ms. Renuka Devi : General Manager, Dept. of Quality & accreditation
15. Ms. Suvarna S Panicker : Chief Nursing Officer, Pushpagiri Hospital
16. Dr Divya Ann George : Assistant Professor Dept. of Dermatology
17. Mr. Bency John : Consultant Facility and Legal
18. Dr. Laniya Mary John : Deputy Manager, Pharmacy & Chief Clinical Pharmacist
19. Ms. Molly V.M : Deputy Nursing Superintendent, In-Charge OT
20. Ms. Biny Philip : Manager, Administration
21. Ms Reena Varghese : DNS, Academics
22. Ms. Riya Sara Mathew : Infection Prevention Control Nurse
23. Ms. Anu Susan Varghese : Infection Prevention Control Nurse
24. Ms. Mincy Mathew : Infection Prevention Control Nurse
25. Mr.Satheesh M.R. : CSSD In-Charge, Pushpagiri Hospital
26. Mr.R. Harikumar : Housekeeping Manager, Pushpagiri Hospital
27. Ms.Sinimol P.K : Health Inspector, Community Medicine & Environmental Surveillance Team
28. Mr.Alen John : Environmental Engineer

PHARMACY AND THERAPEUTIC COMMITTEE

The Pharmacy and Therapeutics Committee (PTC), chaired by the Medical Director, provides strategic oversight of medication management and pharmaceutical services to ensure the safe, effective, and rational use of medicines in compliance with regulatory and accreditation standards. Meeting quarterly, the committee reviews medication utilization, adverse drug reactions, medication errors, antimicrobial use, formulary management, and medication safety indicators.

It oversees the development and implementation of medication-related policies, monitors compliance with safe prescribing and medication management practices, ensures the availability of essential medicines, and promotes evidence-based decision-making through regular data review. By monitoring performance, implementing corrective actions, and fostering multidisciplinary collaboration, the committee strengthens medication safety, optimizes therapeutic outcomes, supports antimicrobial stewardship, and drives continuous quality improvement across the institution.

Committee Members

1) Fr. Mathew Thundiyil – Hospital Administrator
2) Dr. Abraham Varghese – Medical Director & Superintendent (Chairperson, PTC)
3) Dr. Samson Samuel – Additional Medical Director & HOD of Orthopaedics
4) Dr. Mathew Pulicken – Additional Medical Director & HOD of Critical Care
5) Dr. V.L. Jayapraksh – HOD of Cardiology
6) Dr. Vinitha Wills – HOD of Gynaecology

7) Dr. Carol Sara – HOD of Paediatrics
8) Dr. Sunil S. – HOD of General Surgery
9) Dr. Mathew Ninan – HOD of Pulmonology
10) Ms. Suvarna S. Panicker – Chief Nursing Officer/Patient Safety Officer
11) Ms. Renuka Devi – General Manager, Quality Assurance
12) Dr. Laniya Mary John – Chief Clinical Pharmacist & Deputy Manager, Pharmacy Services
13) Sr. Darsana Mary, SIC – Assistant Manager, Pharmacy Services
14) Ms. Mariamma Scaria – OP Pharmacy In-charge
15) Mr. Juby Antony – Purchase Department.
16) Representative from Pharmacy College
17) Medication Safety Officer

Special Invitees (Other Department HODs / Unit Heads)

1) Dr. Reji Thomas – HOD of Neurology
2) Dr. Sunil Mathew – HOD of General Medicine
3) Dr. Harikrishnan S. – HOD of Gastroenterology
4) Dr. Balachandran – HOD of Dermatology
5) Dr. K. V. Rajan – HOD of ENT
6) Dr. Vijayamma N – HOD of Ophthalmology
7) Dr. Nebu Issac – HOD of Urology

BLOOD TRANSFUSION COMMITTEE

The Blood Transfusion Committee (BTC), chaired by the Medical Director and coordinated by the Head of the Department of Immunohematology and Blood Transfusion (IHBT), provides strategic oversight of blood transfusion services to ensure the safe, appropriate, and effective use of blood and blood components. Meeting quarterly, the multidisciplinary committee monitors transfusion practices, blood utilization, transfusion reactions, haemovigilance activities, wastage, and compliance with regulatory, accreditation, and institutional standards.

It reviews quality indicators, oversees the availability of blood products and related resources, promotes staff education and competency, and implements corrective and preventive actions based on audit findings and performance data. Through continuous monitoring, evidence-based decision-making, and multidisciplinary collaboration, the committee enhances patient safety, strengthens regulatory compliance, and drives continuous quality improvement in transfusion services.

Other Members

1) Fr Mathew Thundiyil, Hospital Administrator
2) Dr Samson E Samuel Additional Med Director & HOD of Orthopaedics
3) Dr Mathew Pulicken Additional Med Director & HOD of Critical Care
4) Dr Carol Sara Cherian, HOD of Paediatrics
5) Dr Maglin Monica Lisa Blood Bank Officer
6) Ms Suvarana S Panicker – CNO & Clinical Safety Officer

7) Dr Sunil Mathew HOD of General Medicine
8) Dr Sunil S., HOD of General Surgery
9) Dr Vineetha Wills HOD of OBG
10) Dr Dominic Anto HOD of Neurosurgery
11) Dr Lisa Abraham HOD of Emergency Medicine
12) Dr Satheesh Balakrishnan HOD of Nephrology
13) Dr Reji Thomas HOD of Neurology
14) Dr Cyril Joseph HOD of Plastic Surgery
15) Dr Arun N HOD of CVTS
16) Dr Harikrishanan S HOD of Gastroenterology
17) Dr Lillukutty Pothen, HOD of Pathology
18) Dr Issac Rajesh HOD of Community Medicine
19) Sr Maggi SIC Asst. Manager, Central Lab
20) Ms Renuka Devi General Manager – Quality
21) Ms Biny Philip Administration Manager
22) Ms Asha Mathew Senior Asst. Manager Biomedical
23) Technical Supervisor

OT COMMITTEE

The **Operation Theatre (OT) Committee**, chaired by the Medical Director and co-chaired by the Additional Medical Director (OT and Surgical Departments), provides strategic oversight and governance of operation theatre services. Meeting quarterly, the committee monitors compliance with established standards through regular audits, reviews OT safety, infection prevention and control, equipment maintenance, resource utilization, and policy implementation, and ensures timely corrective and preventive actions. Through continuous monitoring, effective resource management, and multidisciplinary collaboration, the committee promotes safe, efficient, and uninterrupted OT services while driving continuous quality improvement and enhancing patient safety.

Members

1) Dr Abraham Varghese V, Medical Director
2) Dr Samson E Samuel, Additional Medical Director
3) All HOD s of Surgical Departments & Dept. of Anaesthesia
4) CNO
5) DNS OT
6) General Manager Quality
7) In charge- Operations
8) OT Coordinator
9) In charge of Surgical Store
10) In charge of OT store

MEDICAL RECORDS COMMITTEE

The **Medical Records Committee**, chaired by the Medical Director, provides strategic oversight of medical records management to ensure the accuracy, completeness, confidentiality, and timely maintenance of

patient records. Meeting quarterly, the committee reviews documentation quality, record completion timelines, medico-legal compliance, digitization initiatives, and adherence to regulatory and NABH standards through regular audits and performance monitoring. It oversees the implementation of corrective and preventive actions, ensures the availability of adequate resources, and promotes standardized documentation practices. Through continuous monitoring and quality improvement initiatives, the committee strengthens compliance, enhances the integrity of medical records, and supports safe, efficient, and legally compliant patient care.

Members

1) Dr Abraham Varghese V – Chairman of Medical Records Committee
2) Fr Mathew Thundiyil, Hospital Administrator
3) Dr Samson E Samuel Additional Med Director & HOD of Orthopaedics
4) Dr Carol Sara Cherian, HOD of Paediatrics
5) Dr Vinitha Wills, HOD of OBG
6) Dr V.L. Jayaprakash, HOD of Cardiology
7) Ms Suvarana S Panicker – CNO & Clinical Safety Officer
8) Ms Renuka Devi General Manager – Quality
9) Ms Neethu Nair, In charge of MRD
10) Ms Biny Philip Administration Manager
11) Mr John Paul. Senior Asst. Manager OP Services
12) Mr Mathews George Asst. Manager PRO –ED
13) Mr Alex Mathew Manager of IT
14) Mr Jiju Samuel Asst. Manager IP Services

MORTALITY & MORBIDITY COMMITTEE

Members

1. Chairman - Dr Abraham Varghese V, Medical Director
2. Convenor - Dr Sethu Babu, Professor of Critical Care
3. Hospital Administrator - Fr Mathew Thundiyil
4. Dr Reena Thomas, Principal, Medical College
5. Dr Mathew Pulicken - Additional Medical Director
6. Dr Samson E Samuel - Additional Medical Director
7. Dr Lissa Abraham, Professor of Emergency Medicine
8. Dr Reji Varghese, Associate Professor of Anaesthesia
9. Dr Jency Mathews, Professor of Oncosurgery
10. Dr Anupam Thomas, Dept. of Critical Care
11. Mrs Suvarna S Panicker Clinical Safety Officer
12. Heads of clinical departments
13. General Manager, QA
14. Bio Medical Engineering Dept.
15. Representatives from OT, and support services (as applicable)

Mortality Committee – Summary

The **Mortality Committee**, chaired by the Medical Director with the Professor of Critical Care as Convener, provides strategic oversight of mortality review and clinical governance. Meeting monthly, the multidisciplinary committee systematically reviews mortality trends, causes of death, quality of care, documentation, and compliance with clinical and regulatory standards. Through structured case reviews, root cause analysis, and implementation of corrective and preventive actions, the committee identifies opportunities for improvement, enhances patient safety, strengthens NABH and statutory compliance, and promotes continuous quality improvement in patient care.

Morbidity Committee – Summary

The **Morbidity Committee** provides multidisciplinary oversight of adverse clinical outcomes, complications, and near-miss events to strengthen patient safety and clinical excellence. Through regular case reviews, root cause analysis, and evaluation of clinical, procedural, and system-related factors, the committee identifies opportunities for improvement and recommends corrective and preventive actions. By promoting adherence to evidence-based practices, effective communication, staff education, and continuous monitoring, the committee fosters a culture of learning, accountability, and continuous quality improvement while reducing preventable complications and enhancing clinical governance.

PATIENT GRIEVANCE COMMITTEE

Members

1. Chairman - Dr Abraham Varghese V, Medical Director
2. Co Chairman - Dr Samson E Samuel – Additional Medical Director
3. General Manager Dept. of Quality – Ms Renuka Devi
4. Patient Safety Officer – Mrs Suvarna S Panicker , CNO
5. Admin Manager – Mrs Biny Philip
6. Senior Asst Manager (OP Services) – Mr John Paul
7. Asst Manager – ED Services – Mr Mathews George
8. Asst Manager – IP Services – Mr Jiju Samuel
9. Mrs Aleena Paul – Operations Executive

The **Patient Grievance Committee**, chaired by the Medical Director, provides strategic oversight for the effective management and resolution of patient and attendant grievances. Through a multidisciplinary approach, the committee reviews complaints received through various channels, analyzes grievance trends, and implements appropriate corrective and preventive actions to improve patient care and service quality. Regular meetings ensure timely grievance resolution, systematic documentation, interdepartmental coordination, and compliance with institutional policies. By promoting transparency, effective communication, patient rights, and continuous quality improvement, the committee enhances patient satisfaction, strengthens accountability, and fosters a culture of safe, compassionate, and patient-centered care across the hospital.

CONDEMNATION COMMITTEE

Members

1. Fr Mathew Thundyil – Hospital Administrator

2. Dr Samson E Samuel – Chairman & Additional Medical Director
3. Ms Renuka Devi - General Manager ,Quality & Accreditation
4. Ms Suvarna S Panicker – CNO
5. Ms Biny Philip – Administration Manager
6. Mr Alex Mathew – Manager IT
7. Mr Lijo John – Senior Asst. Manger Auxiliary Services
8. Ms Asha Mathew – Senior Asst Manger Bio Medical
9. Mr Mathewkutty Thomas – Asst Manager In charge Surgical Store
10. Ms Laniya Mary John – Chief CP & Asst Manager Pharmacy Services
11. Sr Maggi SIC, Assistant Manager, lab services
12. Mr Samuel M P, In charge General Store
13. Mr Satheesh M R, In charge CSSD
14. Ms Annie Abraham – Store Coordinator

The **Condemnation Committee**, chaired by the Additional Medical Director, provides oversight for the systematic identification, evaluation, and disposal of obsolete, damaged, or unserviceable hospital assets. Through a multidisciplinary approach, the committee ensures that condemnation and disposal processes comply with institutional policies, statutory regulations, and environmental safety standards. It oversees asset inspections, documentation, approvals, and disposal while coordinating with maintenance and procurement teams to facilitate timely replacement of essential equipment. By promoting transparent asset management, efficient resource utilization, and regulatory compliance, the committee supports uninterrupted hospital operations and continuous quality improvement.

QUALITY MANAGEMENT REVIEW COMMITTEE

Members

1. CEO
2. Hospital Administrator
3. Medical Director
4. Deputy Medical Superintendents
5. HOD, Critical Care
6. HIPC Officer
7. General Manager, QA
8. Chief Nursing Officer
9. Administration Manager
10. General Manager,HR
11. Deputy Nursing Superintendent
12. Assistant Manager, Auxiliary Service
13. Assistant Manager, Lab
14. Assistant Nursing Officer
15. Infection Control Nurse
16. Assistant Manager, Quality
17. Quality Executives
18. QA Nurses

19. Patient Safety Officer
20. Deputy Manager, Pharmacy service

The Quality management review committee/ core committee meets every 2 months to evaluate quality activities , quality indicators, internal audits reports, report from various departments, facility visit reports, infection control activities, incident reports, risk management etc. Chairman of the committee is Hospital Administrator and Deputy Chairperson is Medical Director. Discuss, decide and issue policies related to Hospital operations and Accreditation. This committee shall have representation from management, various clinical and support departments of the Health Care. The various quality improvement programs shall be developed implemented and maintained in a structured manner. Set standards for various Quality Indicators.

SAFETY AND RISK MANAGEMENT COMMITTEE

Members of safety and Risk Management Committee

S. No.	DESIGNATION	ROLE IN COMMITTEE
1	Chief Executive Officer	Chairperson
2	Medical Director	Convener/Deputy Chairperson
3	Hospital Administrator	Convener/ Deputy Chairperson
4	Director [Facilities Management]	Member
5	Chief Nursing Officer	Patient Safety Officer
6	Manager, Administration	Safety Coordinator
7	General Manager, Quality	Safety Incharge
8	Deputy Nursing Superintendent	Safety Reporter
9	Assistant Manager, Ancillary service	Safety Coordinator
10	Sr. Assistant Manager, Biomedical	Safety Coordinator
11	Medication Safety Officer	Safety Coordinator
12	Radiation Safety Officer	Safety Coordinator
13	Assistant Manager, Lab	Safety Coordinator
14	Assistant Manager, Electrical	Safety Coordinator
15	Public Relations Officer	Safety Reporter
16	Infection Prevention & Control Nurse	Safety Reporter
17	Fire & Safety Officer	Safety Coordinator
18	Security Officer	Safety Reporter
19.	Lab safety Officer	Safety Reporter

The committee will ensure the total hospital safety& security. The committee will bring to the notice of the administration, any gaps observed for the safety and security of hospital staff & the patients and their attendants.

- Monitor training and implementation
- A well –documented lab safety manual is ensured in the lab. This takes care of the workforce as well as the equipment available in the lab.
- Documented policies and procedures exist to prevent adverse events like wrong site, wrong patient and wrong surgery.
- Develop and issue policy on patient, staff, and visitor safety and security.
- Monitor occupational health and safety.
- Policies and procedures guide the use of medical gases.
- Sentinel events are intensively analyzed and actions should be taken upon the analysis.
- The safety committee members are assigned to oversee the hospital wide safety program.
- Potential Safety Risk Areas and Restricted Areas And Methodology To Monitor And Secure Identified Areas.

Responsibility of safety & risk management committee

- Develop and issue policy and procedures for on safety and security of patients, staff and visitors.
- Updating of safety manual.
- Conduct periodical facility Rounds.
- Monitor occupational health and safety issues.
- Analyze all sentinel events and take necessary corrective and preventive actions.
- Review safety &risk management policy and procedure periodically.
- To monitor training conducted to all levels of safety.

Job responsibilities of Safety Chairperson

- To ensure safety committee functioning properly.
- The chair will need to maintain control to ensure that progress is made in line with the schedule –as defined in the agenda.
- Collect, verify the data in safety aspect.
- Taking appropriate action to correct hazards or conditions that cause danger to health, safety and the environment.
- Monitoring progress through periodic evaluations.

Job responsibilities of Safety In-charge

- Coordinate and implement the activities of the Safety committee.
- Serve as liaison between the safety chairperson and safety Coordinator and safety reporter.
- Conduct root cause analysis of safety reports and evaluate the data.
- Conduct mock drills in predetermined intervals.
- Support and encourage safety reporting throughout the organization.
- Provide personal protective clothing/equipment where necessary for the required job.
- Prepare an agenda for meetings, and make delegate responsibilities.
- Report the status of recommendations of the previous meeting.

Safety Coordinator

- Ensure employees are aware of their departmental safety.

- Participate in Root Cause Analysis of safety reports.
- Periodically conduct safety rounds/inspection in clinical and non-clinical areas.
- Mock drills shall be conducted in accordance with the hospital policy.
- Assist in communicating committee activities to all employees.

Safety Reporter

- Remain as Contact –a Supervisor, or Assistant Chairperson/Safety in-charge, report the departmental safety incident.
- Reviewing reports & providing feedback about safety measures.
- Report work-related ill-health of employees.
- Report accidents of staff/Needle stick injury of patients, students and visitors.
- If any situation which is unsafe or unhealthy comes to his/her attention, report sends to safety committee.
- Report employee suggestions, concerns.
- Receive training on safety and health subjects.

EMERGENCY MANAGEMENT COMMITTEE

Committee Composition

1. Hospital Administrator
2. Medical Director
3. Deputy Medical Superintendents
4. HOD, Paediatrics
5. HOD, OBG
6. HOD, Emergency
7. HOD, Critical care
8. Infection Control Officer
9. General Manager, QA
10. Chief Nursing Officer
11. Administration Manager (Administration & Operations)
12. Manager- Biomedical Engineering Department
13. Deputy Sr. Manager, HR
14. Assistant Manager, Auxiliary Services
15. Assistant Manager, OP services
16. Emergency Dept. Medical Officer
17. Emergency Head Nurse & In-charge
18. MRD Incharge
19. Lab Coordinator
20. Pharmacy Incharge
21. Radiology Incharge
22. PRO -ED
23. Infection Prevention & Control Nurse

The Emergency Management Committee is a multi-disciplinary team that is charged with developing processes, policies and procedures, conducting staff education, and securing necessary resources to

ensure a prompt, coordinated and effective response by Pushpagiri Medical College Hospital. Emergency Management Committee.

The committee is responsible for:

- Overseeing the development of emergency preparedness and response plans.
- The committee is responsible for all facets of the emergency operations plan, including the incorporation of exercises and after action reports intended to examine our response while identifying opportunities for improvement.
- Overseeing the development of emergency preparedness and response plans in response to the risks identified.
- Reviewing annually existing Emergency management policies and procedures, and recommending changes to the Management for approval.
- Analysing and interpreting the Key Performance Indicators.
- Developing training Calendar for the employees working in Emergency Department and and provide CPR training to all employees.
- Designing and conducting code blue mock drills and disaster management mock drills .
- Committee shall meet regularly and determine the next date of meeting at every meeting.
- Agenda of meeting [as per their scope shall be determined beforehand and shall be communicated to all the members of the committee.
- Committee shall discuss, analyse, take unanimous decision and communicate the decision for implementation to appropriate department/personnel.
- Chairperson/Deputy Chairperson of the committee shall bear the responsibility of the committee functioning.
- Committee shall determine the protocols of committee functioning and all committee members shall abide by it. A copy of committee protocols shall be kept in committee file.
- Each committee shall maintain records of proceedings in committee meet in the form of minutes of meeting. The records shall be maintained in chronological order in committee file.
- If a detailed analysis of the specific agenda under consideration is carried out a record of same shall be maintained separately and filed in committee file.

COLLEGE ADMINISTRATION COMMITTEES

S. No.	Category	Committees
1	**Academics**	1. Medical Education Unit 2. Curriculum Committee 3. UG Curriculum Committee 4. PG Curriculum Committee 5. Academic Committee 6. Academic Monitoring Cell 7 Library Advisory Committee 8. Curriculum Implementation Committees

		9.Skills Lab Committee
2.	**Research & Ethics**	1. Scientific Review Committee 2. Research Development & Innovation Cell 3. Institutional Ethics Committee 4. Institutional Animal Ethics Committee 5. Institutional Review Board – PRC 6. Renal Transplant Committee 7. Pharmacovigilance Committee 8. Materiovigilance Committee 9. Pushpagiri Research Centre Pushpagiri Bioethics Unit
3	**Quality and Communications Team**	1. KUHS -QAS committees 2. Newsletter editorial team 3. Annual Report team
4.	**Students' Affairs**	1. SSGP (Student Support & Guidance Program) Unit 2. PTA Executive Committee 3. Anti-ragging Committee 4. Shradha Committee 5. Neerkuttam Committee 6. Hostel Management Committee Mess Management
5.	**Grievances**	1. Student Grievance & Redressal Committee 2. GSCASH – Gender Sensitization Committee Against Sexual Harassment 7. Faculty Grievance Committee

Academic Committees:

Medical Education Unit

The Medical Education Unit (MEU) shall function as a dedicated body to enhance the quality of medical education by promoting faculty development, competency-based medical education (CBME), innovative teaching–learning methods, assessment reforms, and educational research, in alignment with National Medical Commission (NMC) guidelines.

The Medical Education Unit was reconstituted on 04th August 2025 with following members:

S. No.	Designation	Name	Department
1	Chairperson	Dr. Reena Thomas	Principal and Professor of Nephrology
2	Coordinator	Dr. Gaddam Vijaya Lakshmi	Vice Principal (UG Studies) and Professor of Anatomy
3	Co-Coordinator	Dr. Lillykutty Pothen	Professor of Pathology
4	Member	Dr. Carol Sara Cherian	Additional Professor, Paediatrics

S. No.	Designation	Name	Department
5	Member	Dr. Kiran R.	Professor, Orthopaedics
6	Member	Dr. Amrutha Mary Zachariah	Additional Professor, Physiology
7	Member	Dr. Anjana Mary Reynolds	Associate Professor, Otorhinolaryngology
8	Member	Dr. Aneeta Mary Jacob	Associate Professor, Microbiology
9	Member	Dr. Meenu S.	Additional Associate Professor, Physiology
10	Member	Dr. Midhun M.	Assistant Professor, Pulmonology

UG Curriculum Committee

The UG Curriculum Committee oversees the effective planning, implementation, monitoring, and continuous improvement of the undergraduate medical curriculum in accordance with NMC guidelines. It coordinates curriculum-related academic activities, promotes integration across disciplines, monitors curriculum delivery, and facilitates faculty development to ensure effective and competency-based medical education.

Curriculum Committee of this Institution is hereby re-constituted with effect from , 04th August 2025, with the following members:

S. No.	Name	Designation	Designated Post
1	Dr. Reena Thomas	Principal and Professor, Department of Nephrology	Chairman
2	Dr. Vikram Gowda N R	Professor , Department of Physiology, and Vice Principal (Administration)	Pre-clinical representative
3	Dr. Dona Dominic	Associate Professor, Department of Pharmacology	Para-clinical representative
4	Dr. Abraham Varghese V.	Professor, Department of General Medicine & Medical Director, PMCH	Medicine & Allied Branch Representative (Professor/Associate Professor)
5	Dr. Sajit Varghese	Additional Professor, Department of General Medicine	Medicine & Allied Branch Representative (Assistant Professor – minimum of 5 years of teaching experience)
6	Dr. Joe Mathew	Professor, Department of General Surgery	General Surgery & Allied Branch Representative (Professor/Associate Professor)
7	Dr. Rachel Mathew	Additional Professor, Department of Obstetrics & Gynaecology	General Surgery & Allied Branch Representative (Assistant

S. No.	Name	Designation	Designated Post
			Professor – minimum of 5 years of teaching experience)
8	Dr. Gaddam Vijaya Lakshmi	Professor & Head of Anatomy, and Vice Principal (UG Studies)	MEU Coordinator
9	Mr. Amal G B	MBBS 2022 Batch (Phase III Part I)	Student Representative from Phase III

Postgraduate Curriculum Committee

The institutional Postgraduate Curriculum Committee is constituted and functions as per the guidelines of the Academic Committee, National Medical Commission, New Delhi and the Kerala University of Health Sciences, Thrissur, Kerala.
It was reconstituted on 02.04.2025 and functions with the following members:

S. No.	Name, Designation & Department	Designated Post
1	Dr Reena Thomas Principal and Professor of Nephrology	Chairperson
2	Dr Jacob Abraham, Professor, Department of Paediatrics and Vice principal (PG Studies)	Member- Secretary
3	Dr Vikram Gowda, Professor, Department of Physiology, and Vice Principal (Admn)	Member
4	Dr Abraham Varghese V, Professor, Department of General Medicine and Medical Director, Pushpagiri Medical College Hospital	Member
5	Dr Tomy Philip, Professor, Department of General Medicine	Member – Prof. / Asso. Prof. of Medical Specialty
6	Dr Vinitha Wills, Professor, Department of Obstetrics and Gynaecology	Member – Prof. / Asso. Prof. of Surgical Specialty
7	All Heads of Departments (PG Courses)	Member – Prof. / Asso. Prof. of Pre/ Para and Clinical Subjects
8	Dr. Gaddam Vijaya Lakshmi, Professor of Anatomy, and Vice Principal (UG studies)	Member - MEU Coordinator

Academic Committee

The Academic Committee functions as the apex academic body responsible for planning, coordinating, monitoring, and ensuring quality in all academic activities of the institution in accordance with National Medical Commission (NMC) regulations and institutional policies.

The committee was constituted on 02.05.2024

S. No.	Name	Designation	Role
1	Dr. Reena Thomas	Principal	Chairman
2	Dr. Vikram Gowda	Vice Principal (Administration)	Member
3	Dr. Jacob Abraham	Vice Principal (PG Studies & Research)	Member
4	Dr. Gaddam Vijaya Lakshmi	Vice Principal (UG Studies)	Member
5	Dr. Santhosh R. Pillai	Vice Principal (Student Affairs)	Member
6	Dr. Amrutha Mary Zachariah	Additional Professor of Physiology Phase Coordinator – Phase I	Member
7	Dr. Sonia Mary Thomas	Assistant Professor of Pathology Phase Coordinator – Phase II	Member
8	Dr. Neetha Mary Kurian	Associate Professor of Community Medicine Phase Coordinator – Phase III (Part I)	Member
9	Dr. Anajana Mary Reynolds	Associate Professor of ENT Phase Coordinator – Phase III (Part II)	Member
10	Dr. Anna Mary Thomas	Assistant Professor of General Medicine Phase Coordinator – Phase III (Part II)	Member

Academic Monitoring Cell

The Academic Monitoring Cell will meet periodically and make an objective assessment of the ongoing Academic Programmes including examinations taking place in the Institutions with special regard to the regulations, syllabus, and such other guidelines of the University. The Committee will take necessary steps to rectify defects and inadequacies if any.

Periodical reports will be filed electronically (online) to the KUHS AMC as the Institutional Academic Committee Report (Institutional Academic Audit Proforma) twice a year. Dr. Vikram Gowda, Vice Principal (Administration) will be the Academic Person Responsible (PR) for overseeing the implementation of the programme.

The Academic Monitoring Cell was re-constituted with effect from 27th August 2025 with the following members:

Designated Post	Name	Designation
Chairperson	Dr. Reena Thomas	Principal and Professor of Nephrology
Co-Chairperson	Dr. Vikram Gowda N R	Vice Principal (Admin.) and Professor & HOD, Department of Physiology

Designated Post	Name	Designation
Course Co-Ordinator	Dr. Gaddam Vijaya Lakshmi	Vice Principal (UG Studies) and Professor of Anatomy
Research Co-Ordinators	Dr. Sajit Varghese	Additional Professor, General Medicine
	Dr. Rosin George Varghese	Assistant Professor, Community Medicine
Members	Heads of Departments	Representatives from various departments

Library advisory committee

The Library Advisory Committee supports the functioning of the library and facilitates the library development plans by advocating the library development activities with the management. This to act as a channel of communication and dialogue between the Library system and its users. The Committee's main objective is to aid in the establishment of a bridge between the Central Library and the academic fraternity and the institute management. The Library Advisory Committee (LAC) is appointed by the Director, Pushpagiri Medical College.

COMPOSITION: Library Advisory Committee consists of the following members:

S. No.	Name	Designation
1	Rev. Fr. Dr. Mathew Mazhavancheril	Director
2	Dr. Reena Thomas MD, DM	Principal
3	Dr. Vikram Gowda	Vice-Principal (Administration)
4	Dr. Santhosh R. Pillai	Vice-Principal (Student's Affairs)
5	Dr. Jacob Abraham	Vice Principal (PG Students & Research)
6	Dr. Gaddam Vijayalakshmi	Vice Principal (UG)

CBME Implementation Committees:

As per the directions from the Academic Council of the Medical Council of India, New Delhi, the Institutional Foundation Course Committees along with Phase-wise sub committees and Topic Committees are hereby re-constituted with effect today, 17th May 2024 with the following members as per the details below: -

Phase-wise sub-committee – first phase

S. No.	Name	Designation
1	Dr. Lizamma Alex	Professor, & HOD, Dept. of Anatomy
2	Dr. Vikram Gowda	Professor & HOD, Dept. of Physiology & Vice-Principal (Adm)
3	Dr. Geetha A	Professor, & HOD, Dept. of Biochemistry
4	Dr. Betsy A. Jose	Asst. Professor, Dept. of Community Medicine

Phase-wise sub-committee – second phase

S. No.	Name	Designation
1	Dr. Jessy M.M.	Prof. & HOD, Dept. of Pathology

2	Dr. Mercy John Idikula	Prof. & HOD, Dept. of Microbiology
4	Dr. Santhosh Pillai	Prof. & HOD, Dept. of Pharmacology

Phase-wise sub-committee – Third phase part 1

S. No.	Name	Designation
3	Dr. Felix John	Prof. & HOD, Dept. of Community Medicine
4	Dr. V.M Rajeev	Prof. & HOD, Dept. of Forensic Medicine

Phase-wise sub-committee – Third phase part 2

S. No.	Name	Designation
1	Dr. Susan Mathew	Prof. & HOD, Dept. of Obstetrics & Gynaecology
2	Dr. K. K. Sukumaran	Prof. & HOD, Dept. of General Surgery
3	Dr. C. A. Abdul Khadir	Prof. & HOD, Dept. of General Medicine
4	Dr. Jacob Abraham	Prof., Dept. of Paediatrics
5	Dr. Samson S Edayalamuriyil	Prof. & HOD, Dept. of Orthopaedics
6	Dr. Kashinatha Shenoy	Prof. & HOD, Dept. of Ophthalmology
7	Dr. K V Rajan	Prof. & HOD, Dept. of Otorhinolaryngology

Phase- coordinators

S. No.	Name	Designation
PHASE – I		
1	Dr. Amrutha Mary Zacharia	Associate Professor of Physiology
PHASE – II		
2	Dr. Liya Roslin Joseph	Assistant Professor of Pathology
PHASE – III (Part I)		
3.	Dr. Neetha Mary Kurian	Associate Professor of Community Medicine
PHASE – III (Part II)		
4	Dr. Anjana Mary Reynolds Dr. Sajit Varghese	Associate Professor of Otorhinolaryngology Associate Professor of General Medicine

Foundation Course Committee

S. No.	Name	Designation
1	Dr. Reena Thomas	Principal – Chairperson
2	Dr. Lizamma Alex	Prof, Department of Anatomy -Convenor
3	Dr. Vikram Gowda	Vice-Principal (Administration) & Professor, Physiology-Member
4	Dr. Geetha A	Prof & HOD, Department of Biochemistry -Member
5	Dr. Gaddam Vijaya Lakshmi	Vice-Principal (UG) & Professor, Anatomy – MEU coordinator and member

AETCOM Committee

S. No.	Name	Designation
1	Dr. Gaddam Vijaya Lakshmi	Professor of Anatomy & Vice-Principal (UG Studies)
2	Dr. Jayan M G	Assistant Professor Forensic Medicine
3	Dr. Anjana Mary Reynolds	Associate Professor of Otorhinolaryngology
4	Dr. Meeta Thomas	Associate Professor of Pathology
5	Dr. Digin Mariam Joseph	Assistant Professor of Ophthalmology
6	Dr. Meenu S	Assistant Professor of Physiology
7	Dr. Joe Abraham	Assistant Professor of Community Medicine
8	Dr. Dona Dominic	Assistant Professor of Pharmacology
9	Dr. Benny Bright	Assistant Professor of General Surgery
10	Dr. Sestin Sebastian	Assistant Professor of Biochemistry

INTEGRATED BLOCKS (AiTo) – Alignment & Integration Topic Teams

S. No	Name	Designation	Designated post
1	Dr. Reena Thomas	Principal PIMS&RC	Chairman
2	Dr. Vikram Gowda	Vice Principal (Administration), Professor and HOD, Physiology	Convenor
3	Dr. Gaddam Vijaya Lakshmi	Vice Principal (UG Studies), and Professor, Anatomy	Convenor
4	Dr. Ajumala M Basheer	Assistant Professor, Biochemistry	Co- convenor Phase 1
5	Dr. Sreelakshmi Venugopal	Assistant Professor, Pharmacology	Co- convenor Phase 2
6	Dr. Rosin George Varghese	Assistant Professor, Community Medicine	Co- convenor Phase 3 Part 1
7	Dr. Glady Thomas	Assistant Professor, General Surgery	Co- convenor Phase 3 Part 2
8	Dr. Meenu Rose Jomey	Assistant Professor, General Medicine	Co- convenor Phase 3 Part 2

Pandemic Module Committee

S. No.	Name	Designation
1	Dr. Abraham Varghese	Professor, General Medicine & Medical Director
2	Dr. Mercy John Idikula	Professor & HOD, Microbiology
3	Dr. Mathew Pulicken	Associate Professor, Critical Care Medicine
4	Dr. Aneeta Mary Jacob	Associate Professor, Microbiology
5	Dr. Betsy A. Jose	Assistant Professor, Community Medicine

Electives Committee

Sl. No.	Name	Designation
1	Dr. Vikram Gowda N R	Vice Principal (Administration), Professor and HOD, Physiology
2	Dr. Jessy M M	Prof & HOD of Pathology
3	Dr. Felix John	Prof & HOD of Community Medicine
4	Dr. C. A. Abdul Khadir	Prof. & HOD of General Medicine
5	Dr. Joe Mathew	Professor of General Surgery
6	Dr. Mathew Ninan	Professor of Respiratory Medicine

Annexure:

RESPONSIBILITIES / TERMS OF REFERENCE

1. Phase-wise Curriculum Sub-Committees

- Implement CBME curriculum in the respective phase.
- Prepare annual timetable and upload on the college website.
- Coordinate AETCOM modules, integrated blocks, pandemic modules and assessments.
- Conduct periodic meetings and maintain minutes with action taken report.
- Ensure logbook verification and certification.
- Collect and submit student feedback.
- Submit annual implementation report.

2. Phase Coordinators

- Assist sub-committees in timetable preparation and reporting.
- Maintain documentation of academic and co-curricular activities.
- Coordinate topic teams and other committees.
- Ensure attendance records, logbooks and reports.

3. Foundation Course Committee

- Plan and conduct the Foundation Course as per NMC guidelines.
- Coordinate AETCOM activities during the Foundation Course.
- Maintain attendance and documentation.
- Submit completion report to Phase I Sub-Committee.

4. AETCOM Committee

- Plan and implement AETCOM modules across all phases.
- Maintain attendance and module documentation.
- Submit reports to the respective Phase Coordinators.

5. Integrated Blocks (AiTo) – Topic Teams

- Develop integrated teaching modules and assessments.
- Prepare linker cases and aligned learning objectives.
- Document sessions conducted with faculty details.

- Submit attendance, assessment marks and reports.

6. Pandemic Module Committee

- Guide phase-wise committees on implementation of pandemic modules.
- Ensure documentation and compliance with NMC guidelines.

7. Electives Committee

- Coordinate electives with concerned departments.
- Guide preparation of objectives and logbook guidelines.
- Collect and submit departmental reports to the Dean's office.

Skills Lab Committee

The Skills Lab Committee is constituted to plan, oversee, monitor, and ensure the effective functioning of the Skills Laboratory for undergraduate (UG) and postgraduate (PG) medical education, including simulation-based training, hands-on skill development, and competency-based learning. The committee was reconstituted on **07th May-2026**. The principal will be the Chairperson of the Skill Lab Committee.

Chairman
Dr. Reena Thomas MD, DM (Nephro)
Coordinator
Dr. Robinson George, Professor, Dept. of General Surgery
Secretary
Mrs. Stephy N.S.
Members

1. Dr. Vikram Gowda N R – Vice Principal (Admin)
2. Dr. Gaddam Vijaya Lakshmi – Vice Principal (UG studies), MEU Coordinator & Professor, Anatomy
3. Dr. Midhun M – Assistant Professor, Respiratory Medicine
4. Dr. Sethu Babu – Professor, Critical Care Medicine
5. Dr. Marthimoottil Lissa Abraham – Professor & HOD, Emergency Medicine
6. Dr. Sajit Varghese – Additional Professor, General Medicine

The Skills Lab Committee will be responsible for the following:

1. Ensure regular UG & PG training in the skills lab.
2. Planning & conduct various workshops in the skills lab.
3. Preparing reports on the training sessions and the workshops conducted.
4. Oversee the maintenance of the documents and the registers.
5. Conduct quarterly meetings to review the activities. (Equipment and consumables)

Research and Ethics Committee

Scientific Review Committee

The Scientific Sub-Committees shall function under the Institutional Ethics Committee (IEC) and shall be responsible for the scientific review of thesis proposals in accordance with the ICMR Guidelines for

Biomedical Research on Human Participants and the thesis guidelines of Kerala University of Health Sciences (KUHS), Thrissur. The sub-committees shall assess the scientific merit and methodology of the proposals and recommend approval, modification, or revision to the IEC. They shall meet as and when required and submit their recommendations to the IEC for further consideration.

S. No.	Name	Designation	Role
Sub Committee 1			
1	Dr. Vikram Gowda	Vice Principal (Administration), Professor & HOD, Physiology	Chairperson
2	Dr. Joe Abraham	Assistant Professor, Community Medicine	Member
Sub Committee 2			
3	Dr. Santhosh R. Pillai	Assistant Professor, Community Medicine	Member
4	Dr. Betsy A. Jose	Assistant Professor, Community Medicine	Member
Sub committee 3			
5	Dr. Gaddam Vijaya Lakshmi	Vice Principal (UG) & Professor, Anatomy	Member
6	Dr. Amrutha Mary Zachariah	Associate Professor, Physiology	Member
7	Dr. Neetha Mary Kurian	Associate Professor, Community Medicine	Member

Research Development and Innovation Cell

The Research Development and Innovation Cell (RDIC) shall promote a strong and sustainable research culture among undergraduate and postgraduate students, faculty, and researchers. It shall facilitate identification of institutional research priorities aligned with national health needs and applicable regulatory guidelines, and support the development, submission, monitoring, and completion of research projects, including intramural and extramural funding. The RDIC shall encourage innovation, interdisciplinary and translational research, and provide mentorship, training, and capacity-building activities in research methodology and ethics. It shall coordinate with the Institutional Ethics Committee and other statutory bodies to ensure regulatory compliance, promote publication and dissemination of research outcomes, support student research initiatives, foster collaborations with external agencies, and periodically review and report research performance for continuous improvement.

Order No: PIMSRC/Princ/RD&IC/192(R)/26 dated: 09th July 2026

In continuation to this office order vide reference cited above, the Institutional Research Development and Innovation Cell is re-constituted with effect from today, 08th July 2026 due to the resignation of one of the Nodal Officers of RDIC, and based on the institutional requirements to excellence in research, the Research Development and Innovation Cell of our institution is reconstituted as under:

S. No.	Designated Post	Name	Designation & Department
1	Chairperson	Dr Reena Thomas	Principal & Professor, Dept. of Nephrology
2	Projects Head	Dr Vikram Gowda N R	Vice Principal (Admin) & Professor, Dept. of Physiology

S. No.	Designated Post	Name	Designation & Department
3	Projects Coordinator	Dr Gaddam Vijaya Lakshmi	Vice Principal (UG) & Professor and HOD, Dept. of Anatomy
4	Institutional Clinical Audit Facilitator, Student Research Coordinator, Faculty Coordinator of Student's Research Wing	Dr Meena Sagar	Assistant Professor, Dept. of Community Medicine
5	UG Research Coordinator	Dr Amrutha Mary Zachariah	Professor and HOD, Dept. of Physiology
6	Clinical Trials Coordinator	Dr Parameswaran Nambothiri M G	Assistant Professor, Dept. of Community Medicine
7	Clinical Trials Coordinator	Dr Nissy Susan Varghese	Assistant Professor, Dept. of Physiology
8	Clinical Consultant	Dr Tomy Philip	Professor, Dept. of General Medicine
9	Clinical Consultant	Dr Jacob Abraham	Professor, Dept. of Paediatrics
10	Clinical Consultant	Dr Joe Mathew	Professor, Dept. of General Surgery
11	Clinical Consultant	Dr Anjana Mary Reynolds	Associate Professor, Dept. of ENT
12	IEDC Nodal Officer	Dr Ajay Krishnan U	Sr. Scientific Research Officer, Pushpagiri Research Centre
13	IEDC Nodal Officer	Dr Soumya R S	Sr. Scientific Research Officer, Pushpagiri Research Centre
14	Chief Biostatistician	Mrs. Nisha Kurian	Assistant Professor, Dept. of Community Medicine
15	Biostatistician	Ms. Amala Thomas	Biostatistician, Dept. of Community Medicine
16	Biostatistician	Ms. Ann Maria Sebastian	Biostatistician, Dept. of Community Medicine

Institutional Ethics Committee

The National Ethics Committee Registry for Biomedical and Health Research (NECRBHR), under the Government of India, registers and authorizes Institutional Ethics Committee Pushpagiri Institute of Medical Sciences and Hospital, to perform their duties as specified in the New Drugs and Clinical Trials Rules, 2019. Our IEC is currently functioning under the registration number EC/NEW/INST/2024/KL/0461.

Composition of the Ethics Committee:

The committee was constituted with a **multidisciplinary composition**, comprising members from medical, legal, social, scientific, and community backgrounds, as follows:

S. No.	Name of Member	Designation / Role
1.	Dr. Thomas Mathew	Chairman, Institutional Ethics Committee
2.	Adv. Reno Zac Vadekathara	Legal Expert & Advocate, High Court, Kochi

S. No.	Name of Member	Designation / Role
3.	Dr. Santhosh Pillai	Professor & Head, Department of Pharmacology
4.	Dr. Dona Dominic	Associate Professor, Department of Pharmacology
5.	Dr. Sreeja Nair	Assistant Professor, Department of Microbiology
6.	Dr. Vikram Gowda N R	Vice Principal, Pushpagiri Institute of Medical Sciences & Research Centre
7.	Mr. Jobin Mon George	Social Scientist
8.	Mr. Libin Alex	Lay Person, Consultant & Self-employed
9.	Ms. Anuja Mary Thomas	NGO Representative, VOSAR
10.	Mr. Jose George	Community Representative, Retired Priest

Role of the Committee

The multidisciplinary composition of the Institutional Ethics Committee ensured that research proposals involving human participants were reviewed from diverse perspectives, including medical and scientific, legal, social, ethical, and community viewpoints. The committee provided appropriate ethical oversight and contributed to ensuring the protection of the rights, safety, dignity, and well-being of research participants.

Institutional Animal Ethics Committee

The Institutional Animal Ethics Committee (IAEC) is constituted to ensure the ethical, scientific, and humane use of animals in research and experimentation in accordance with the guidelines of the Committee for Control and Supervision of Experiments on Animals (CCSEA) and the Government of India. The IAEC shall review, approve, monitor, and oversee all research proposals involving animals, ensuring compliance with approved protocols, legal and ethical standards, and institutional policies. It shall evaluate the scientific validity, welfare considerations, and potential risks of proposed experiments, recommend modifications where necessary, and monitor ongoing studies for adherence to approved procedures.

The committee shall maintain proper documentation of meetings, approvals, and records, ensure quorum requirements for valid decision-making, and promote awareness, training, and capacity-building in laboratory animal ethics among investigators and staff. The IAEC shall also facilitate reporting to CCSEA and other regulatory authorities, periodically review research activities, and provide guidance on the adoption of best practices in animal care and use.

Constituted on 21.11.2024

Sl. No	Name of Member	Designation in IAEC
1	Dr. Vikram Gowda	Biological Scientist, Chairperson
2	Dr. Nebu George Thomas	Scientist In-charge, Animal House Facility, Member Secretary
3	Dr. Yogesh Bharat Dalvi	Scientist from different discipline
4	Dr. Dona Dominic	Scientist from different biological discipline
5	Dr. Amadi AN	Veterinarian
6	Dr. Sachin J. Shenoy	Main Nominee
7	Dr. Nishant Kumar Gupta	Link Nominee

Sl. No	Name of Member	Designation in IAEC
8	Dr. G. Christopher	Scientist from outside the Institute
9	Dr. Sibi P.I.	Socially Aware Nominee

Institutional Review Board (IRB)

During the reporting period, the Institutional Review Board of Pushpagiri Institute of Medical Sciences & Research Centre was constituted in accordance with ICMR–DHR guidelines, ensuring multidisciplinary representation and independence.

List of IRB Members

S. No	Name of the member	Qualification	Role/ Designation in Ethics Committee
1.	Dr Harikumar B Nair	Ayurvedic Physician & Researcher	Chairperson
2.	Dr Nebu George Thomas	Professor, Pushpagiri College of Dental Sciences	Member Secretary
3.	Dr. Nibu Verghese	PhD (Plant Biotechnology)	Scientific Member
4.	Dr. Vikram Gowda	MD (Physiology)	Basic Medical Scientist
5.	Dr Liya Roslin Joseph	MD (Pharmacology)	Basic Medical Scientist
6.	Fr. Sibin Mathew	Bachelor in Theology	Theologian
7.	Dr. T M Chary	PhD	Scientific Member
8.	Mr. Lijo George	B.Com	Lay Person
9.	Adv. Minu Mathews	Advocate	Legal Expert
10	Dr. Athulya G Asokan	MD (General Medicine)	Clinician
11	Dr. Rosin George Varghese	MD (Community Medicine)	Scientific Member

Renal Transplant Committee

As per the Extraordinary Gazette Notification published by the Ministry of Health and Family Welfare, New Delhi, the Institutional Transplantation Committee of Human Organs is hereby re-constituted with effect from today, 09th June 2026 with the following members. The newly constituted Authorization Committee of Institutional Transplantation Committee for Human Organs will function as per guidelines published in the Gazette Notification as per the reference cited above.

Designated	Name of Faculty	Designation & Address
1. Chairperson	Dr. Tomy Philip	Professor, Dept. of General Medicine, PIMS&RC, Tiruvalla
2. Two Senior Medical Practitioners from the same Hospital who are not part of the Transplant team as Members	Dr. Susan Mathew	Professor, Dept. of Obstetrics & Gynaecology, PIMS&RC, Tiruvalla

3.	Dr. Mathew Pulicken	Professor, Dept. of Critical Care Medicine, PIMS&RC, Tiruvalla
4. Two persons of High integrity (preferably one women) as Members	Prof. Thomas Mathew	Professor (Retd.), Dept. of Chemistry, Marthoma College, Tiruvalla.
5.	Adv. Alice Itty	Senior Advocate, Tiruvalla
6. Forensic Legal Expert - Member	Dr. V.M. Rajeev	Prof. & HOD, Dept. of Forensic Medicine, PIMS&RC, Tiruvalla
7. Member - Secretary	Dr. Geethu Raj K	Assistant Professor, Dept. of Physiology, PIMS&RC Tiruvalla
8. Nominee from State Government Health Services	—	Request letter sent to the District Medical Officer (Health), District Medical Office, District Collectorate, Pathanamthitta.

Dr. Geethu Raj K, Assistant Professor, Dept. of Physiology is appointed as the Member Secretary of the Committee, and she will co-ordinate the meetings.

Pharmacovigilance committee

The Pharmacovigilance Committee is responsible for monitoring, evaluating, and ensuring the safe use of medications within the institution. It reviews all reported adverse drug reactions and medication-related incidents, ensures timely documentation and reporting as per regulatory guidelines, and develops policies, procedures, and training programs to promote a culture of drug safety. The committee collaborates with relevant units for research, audits, and safety monitoring, recommends corrective actions to improve patient safety, and submits periodic reports to institutional authorities. Meetings are held at least quarterly or as required to address emerging safety concerns.

Committee reconstituted on 04.10.2024

S. No.	Name	Designation / Role	Committee Position
1	Dr. Reena Thomas	Principal	Chairperson
2	Dr. Abraham Varghese	Medical Director	Member
3	Dr. Santosh R. Pillai	Vice Principal (Student Affairs), Professor & HOD, Dept. of Pharmacology, Pharmacovigilance Unit Coordinator	Member
4	Dr. Jacob Abraham	Vice Principal (PG Affairs), Professor & HOD, Dept. of Peadiatrics	Member
5	Dr. Joice Geo	Professor & HOD, Dept. of Psychiatry	Member
6	Dr. Retty Alex	Pharmacovigilance Associate, Dept. of Pharmacology	Member
7	Rev. Sr. Darsana Mary SIC	Pharmacy In-Charge	Member
8	Dr. Suvarna S. Panicker	Chief Nursing Officer	Member

Materiovigilance /Medical Device Related Adverse Event Committee (MDAEC)

The Materiovigilance Committee (MVC) is constituted to ensure the safety and proper use of medical devices within the hospital. The committee monitors and evaluates adverse events and incidents related to medical devices, investigates root causes, and recommends corrective and preventive actions. It develops and updates policies and standard operating procedures for device usage, reporting, and risk management.

The MVC also organizes training and awareness programs for hospital staff on materiovigilance practices, ensures compliance with regulatory requirements, and liaises with relevant authorities. The committee reviews periodic data on device-related incidents and provides recommendations to hospital administration to enhance patient safety. The committee comprises senior clinicians, departmental heads, biomedical engineers, nursing representatives, and other relevant staff, with the chairperson reporting directly to the hospital administration.

Role	Name	Designation
Chairman	Dr. Abraham Varghese	Medical Director & Professor of General Medicine
Co-ordinator & Convener	Dr. Dona Dominic	Associate Professor, Dept of Pharmacology
Member	Dr. Retty Alex	Pharmacovigilance & Materiovigilance Associate
Member	Mrs. Ashanai Mathew	Senior Assistant Manager, Dept of Biomedical
Member	Mrs. Shilpa Tiju	Biomedical Engineer, Pushpagiri Medical College
Member	Dr. Samson Edayalamuriyil	Professor & HOD, Dept of Orthopaedics
Member	Dr. Sunil S	Professor & HOD, Dept of General Surgery
Member	Dr. Mathew Pulickan	Professor & HOD, Dept of Critical Care Medicine
Member	Dr. Thomas George	Professor & HOD, Dept of Anaesthesiology
Member	Dr. Jithu Kurien	Associate Professor, Dept of Nephrology
Member	Dr. Vinitha Vills	Professor, Dept of OBG
Member	Mrs. Renuka Devi	General Manager, Dept of Quality

Faculty members and scientists of Pushpagiri Research Centre

PRC is known for fostering a collaborative research environment, enabling both academic scholars and industry professionals to pursue cutting-edge scientific discovery with practical healthcare impact.

Rev. Dr. Mathew Mazhavancheril	M.Sc., Ph.D., Post Doc (France)	Director & Head
Dr. Ajay Krishnan U	M.Sc., Ph.D.	Molecular Biology Laboratory
Dr. Ampadi A. N.	MVSc, PGDAW, BVSc and Ah	Animal House Facility
Dr. Aniket Naha	M.Sc., Ph.D.	Medical Biotechnology & Computational Drug Designing Laboratory & Microbial Technology & Infectious Disease Laboratory
Dr. Betsy A Jose	MD	Cancer Research & Public Health

Mr. George Varghese	M.Sc.	Centre for Virology
Dr. Nebu George Thomas	MDS, Ph.D.	Stem Cell & Tissue Engineering Laboratory
Mrs. Nisha Kurian	M.Sc. (Biostatistics)	Centre for Evidence Based Practice Director, Pushpagiri Centre for Evidence Based Practice: A JBI centre of Excellence
Dr. Sunu Alice Cherian	BDS, MSc Bioethics & Health Law	Deputy Director, Pushpagiri Centre for Evidence Based Practice: A JBI centre of Excellence
Dr. Reeba Mary Issac	MBBS, DCP, Ph.D.	HLA & Tissue Typing
Dr. Soumya R.S.	M.Sc., Ph.D., Post Doc	Cytogenetics & Biochemistry Laboratory
Mr. Jacob P. Ouseph	Executive	Secretary

Pushpagiri Bioethics Unit

The Pushpagiri Bioethics Unit was established under the International Chair in Bioethics on November 16th, 2022. The Unit functions to nurture and promote the concepts of Bioethical principles essential for understanding the complexity of the ethical issues arising from technical advancements in healthcare and medical profession. The Unit strives to promote teaching of Medical and Bioethics across all healthcare teaching institutions under the Pushpagiri Group of Institutions namely the Pushpagiri Institute of Medical Sciences & research Centre, Pushpagiri College of Dental Sciences, Pushpagiri College of Nursing and Pushpagiri College of Pharmacy.

The Unit was reconstituted on 24.05.2024 with the following members:

S. No.	Name	Designation
Mentors		
1	Prof Russell F D'Souza	Head Asia Pacific Bioethics Network, International Chair
2	Prof Mary Mathew	Head India Program of the International Chair in Bioethics
Chair		
	Rev Dr. Mathew Mazhavancheril	Director, Pushpagiri Institute of Medical Sciences & Research Centre, and Pushpagiri College of Allied Health Sciences
Head		
	Dr. Gaddam Vijaya Lakshmi	Professor of Anatomy, & Vice Principal (UG Studies), Pushpagiri Institute of Medical Sciences & Research Centre
Secretary		

	Dr. Sunu Alice Cherian	Lecturer, Oral & Maxillofacial Pathology, Pushpagiri College of Dental Sciences, and Deputy Director, Pushpagiri Centre for Evidence Based Practice
Joint Secretary		
	Mrs Renjini Devi	Vice Principal (Academics), Pushpagiri College of Nursing
Members – PIMS&RC (Pushpagiri Institute of Medical Sciences & Research Centre)		
1	Dr Reena Thomas	Principal, and Professor of Nephrology, PIMS&RC
2	Dr. Abraham Varghese	Medical Director, Pushpagiri Medical College Hospitalm (PMCH), and Professor, General Medicine, PIMS&RC
3	Dr. Tomy Philip	Professor, General Medicine, PIMS&RC
4	Dr. Vikram Gowda N R	Professor & HOD, Physiology, Vice Principal (Admin), PIMS&RC
5	Dr Jacob Abraham	Professor & HOD, Paediatrics, and Vice Principal (PG studies & Research), PIMS&RC
6	Dr. Santhosh R Pillai	Professor & HOD, Pharmacology, and Vice Principal (Student Affairs), PIMS&RC
7	Dr. Rajeev V M	Professor & Head, Department of Forensic Medicine, PIMS&RC
8	Mrs Nisha Kurian	Assistant Professor, Department of Community Medicine, PIMS&RC and Director, Pushpagiri Centre for Evidence Based Practice (PCEBP)
Members – PCDS (Pushpagiri College of Dental Sciences)		
1	Dr. Benley George	Vice Principal (Admin), Professor & HOD, Department of Public Health, PCDS
2	Dr. Sunil S	Vice Principal (Academics), Professor & HOD - Department of Oral & Maxillofacial Pathology, PCDS
3	Dr. Elizabeth Joseph	Professor & HOD, Pedodontics & Preventive Dentistry, PCDS
4	Dr. Akhilesh Pratap	Associate Professor, Oral and Maxillofacial Surgery, PCDS
5	Dr. Saumya John	Reader, Periodontology, PCDS
Members – PCON (Pushpagiri College of Nursing		
1	Ms. Silvy Mathew	Associate professor, PCON
2	Sr. Tessin SIC	Lecturer, PCON
Members – PCP (Pushpagiri College of Pharmacy)		
1	Dr Jeenu Joseph	Vice Principal (Academics), Professor, PCP
2	Ms. Pheba Susan Thomas	Assistant Professor, PCP

Members – PCAHS (Pushpagiri College of Allied Health Sciences)		
1	Mrs. Parvathy R	Assistant Professor, MLT, PCAHS
2	Mrs. Akhila Jayan	Assistant Professor, MLT, PCAHS
3	Mrs. Reena Mathew	Tutor, MLT, PCAHS

Students' Wing of Pushpagiri Bioethics Unit		
President		
	Mr Bonu K Baby	MBBS 2021 batch – 3rd year
Vice-president		
	Ms Mareena Mary Roy	BDS 2018 batch - Intern
Secretary		
	Ms. Elizabeth Mary Shabu	B Sc. Nursing 2021 batch – 5th sem
Members		
1	Ms. Lakshmi Pradeep	MBBS 2021 batch – 3rd year
2	Ms. Nena K John	BDS 2018 batch - Intern
3	Ms. Aksa Sara Sabu	B. Sc Nursing 2023 batch – 1st sem
4	Ms. Rosmi Tijo Paul	Pharm D 2019 batch – 5th year
5	Ms. Dona George	Pharm D 2019 batch – 5th year
6	Ms. Fathiha T	DMLT 2022 batch – 2nd year
7	Ms. Nandana N	DMLT 2022 batch – 2nd year

Quality and Communication teams

KUHS QAS Committee

The Quality Assurance System (QAS) Committee shall be responsible for establishing, monitoring, and continuously improving the quality of academic, administrative, clinical, and support services of the institution in accordance with KUHS regulations, NMC norms, and institutional policies. Reconstituted on 10th November 2025.

Chairperson -Dr. Vikram Gowda N R
Convenors – 1. Dr. Gaddam Vijaya Lakshmi
2. Dr. Santosh. R. Pillai
Quality Executive – Ms. Rashmi Mathews

Key area 1 -Infrastructure facilities			
1.	Dr. Sestin Sebastian	Assistant Professor	Biochemistry
2.	Dr. Deepthi S	Assistant Professor	Forensic Medicine &Toxicology

Key Area 2 – Teacher Profile and Teaching Learning			
3.	Dr. Dona Dominic	Associate Professor	Pharmacology
4.	Dr. Laona Lal	Assistant Professor	Pharmacology
Key Area 3 – Curriculum Implementation Monitoring			
5.	Dr. Amrutha Mary Zachariah	Additional Professor	Physiology
6.	Dr. Neetha Mary Kurian	Associate Professor	Community Medicine
Key Area 4 –Quality Assurance System			
7.	Dr. Geethu Raj K	Assistant Professor	Physiology
8.	Dr. Anju Rachel Samuel	Senior Resident	Biochemistry
Key Area 5 –Research Enabling Environment			
9.	Dr. Soumya. R.S	Scientist	PRC
10.	Dr. Teena Jacob	Assistant Professor	Microbiology
Key Area 6 –Outreach Programs			
11.	Dr. Joe Abraham	Additional Associate Professor	Community Medicine
12.	Dr. Betsy. A. Jose	Assistant Professor	Community Medicine
Key Area 7 –Student Support and Guidance Programme			
13.	Dr. Meenu S	Additional Associate Professor	Physiology
14.	Dr. Nimmi Tressa James	Senior Resident	Community Medicine
Key Area 8 –Institutional Governances			
15.	Dr. Ajumala M Basheer	Assistant Professor	Biochemistry
16.	Dr. Resmi George	Assistant Professor	Anatomy
Key Area 9 –Innovations and Best Practices			
17.	Dr. Nissy Susan Varughese	Assistant Professor	Physiology
18.	Dr. Ambili R Nath	Senior Resident	Pathology
Key Area 10–Feedback Implementation			
19.	Dr. Nithin K Raju	Assistant Professor	Anatomy
20.	Dr. Nikita James	Assistant Professor	Pathology

Administrative Quality Support Team

1. Mr. Liju - Librarian
2. Mr. Rona Mary Alexander – HR Executive
3. Mr. Anand -PRO
4. Mr. Libin C Alex - Executive, Inspection cell
5. Ms. Princy Binu-Executive, Inspection cell
6. Ms. Aksa Punnoose-Junior Executive, Inspection cell

Newsletter Editorial Board

Category	Name	Designation / Role
Chief Editor	Rev. Fr. Dr. Mathew Mazhavancheril	Director
Advisory Board	Dr. Reena Thomas	Principal
	Dr. Abraham Varghese	Medical Director
	Dr. Vikram Gowda N. R.	Vice Principal – Administration
	Dr. Gaddam Vijaya Lakshmi	Vice Principal – UG Academics
Editorial Team	Rev. Fr. Abraham Pariyarathil	Chief Librarian, Central Library
	Dr. Dona Dominic	Associate Professor, Dept. of Pharmacology
	Dr. Nithin K. Raju	Assistant Professor, Dept. of Anatomy
	Liju C. Gopalan	Assistant Librarian, Central Library
	Aksa Punnoose	Junior Executive
	Anand P. S.	PRO

Annual Report Team

S. No.	Name	Designation / Department
	Patron	
1	Rev. Dr. Mathew Mazhavancheril	Director, PIMSRC
	Editor in Chief	
2	Dr. Gaddam Vijaya Lakshmi	Vice Principal – UG Studies & Professor of Anatomy
	Editorial Team -Faculty	
3	Dr. Sestin Sebastian	Assistant Professor, Department of Biochemistry
4	Dr. Anju Rachel Samuel	Senior Resident, Department of Biochemistry
	Editorial team -Administration	
5	Ms.Rashmi Mathews	Executive, Department of Quality and Accreditation
6	Ms. Princy Binu	Executive, Inspection Cell
7	Mr.Libin C. Alex	Executive, Inspection Cell
8	Ms.Ann Mariya Sebastian	Biostatistician, Department of Community Medicine
9	Ms.Amala Thomas	Biostatistician, Department of Community Medicine
10	Ms. Aksa J. Punnoose	Junior Executive, Inspection Cell

Student Wellness Committees

Student Support and Guidance Program

The Student Support and Guidance Program (SSGP) Committee is constituted to provide holistic academic, emotional, and career guidance to students, ensuring their overall well-being and academic success in accordance with NMC and KUHS guidelines. The committee was reconstituted on 27.08.2025

S. No.	Designated Post	Name & Designation
1	Chairperson	Dr. Vikram Gowda N R, Professor & HOD, Physiology & Vice Principal (Administration)
2	Nodal Officers	Dr. Gaddam Vijaya Lakshmi, Professor of Anatomy & Vice Principal (UG Studies)
3	Nodal Officers	Dr. Santhosh R. Pillai, Professor & HOD, Pharmacology & Vice Principal (Students' Affairs)
4	Members	Dr. Joice Geo, Professor & HOD, Psychiatry
5	Members	Dr. Meenu S, Additional Associate Professor, Physiology
6	Members	Dr. Soumya P Thomas, Assistant Professor, Psychiatry
7	Members	Dr. Nissy Susan Varghese, Assistant Professor, Dept. of Physiology
8	Members	Dr. S Vijaya Lekshmi, Assistant Professor, Dept. of Neurology
9	Members	Ms. Bodhi Babu, Clinical Psychologist
10	PTA Representative	Sri. Thomas P John, F/o Pretty Anna Thomas, 2024 Batch MBBS
11	Student Representatives – MBBS	Students' Union 25–26
12	Chairperson	Amal GB
13	Vice Chairperson	Akshaya Ann Cheriyan
14	Vice Chairperson	Hevin Augustine
15	Student Representative – BSc	Ms. Vaibhavi L M, B.Sc. Dialysis Technology

P.T.A. OFFICE BEARERS & EXECUTIVE COMMITTEE MEMBERS (2025–26)

S. No.	Name of Faculty / Member	Designation	Post (PTA)
1	Rev. Fr. (Dr.) Biju Varghese Payyampallil	Chief Executive Officer, Pushpagiri Group of Institutions	Patron
2	Rev. Dr. Mathew Mazhavacheril	Director, PIMS&RC	
3	Dr. Reena Thomas	Principal, Professor, Dept. of Nephrology	President
4	Mr. Renji Varghese	Parents Representative	Vice President
5	Dr. Vikram Gowda N R	Vice Principal (Administration), Professor, Dept. of Physiology	Secretary
6	Dr. Jacob Abraham	Vice Principal (PG Studies & Research), Professor, Dept. of Paediatrics	Member
7	Dr. Gaddam Vijayalakshmi	Vice Principal (UG Studies), Professor & HOD, Dept. of Anatomy	Member
8	Dr. Santhosh R. Pillai	Vice Principal (Student Affairs), Professor & HOD, Dept. of Pharmacology	Member

UG Curriculum – Course Co-ordinators – CBME Batch

S. No.	Name	Designation	Responsibility
1	Dr. Amrutha Mary Zachairah	Addl. Professor, Dept. of Physiology	Phase 1 – Course Co-ordinator
2	Dr. Sonia Mary Thomas	Assistant Professor, Dept. of Pathology	Phase 2 – Course Co-ordinator
3	Dr. Neetha Mary Kurian	Associate Professor, Dept. of Community Medicine	Phase 3 – Part I – Course Co-ordinator
4	Dr. Anjana Mary Reynolds	Associate Professor, Dept. of ENT	Phase 3 – Part II – Course Co-ordinator
5	Dr. Anna Mary Thomas	Assistant Professor, Dept. of General Medicine	

PARENTS REPRESENTATIVES (P.T.A. EXECUTIVE)

S. No.	Name	Student	Batch
1	Shaji Mathew, F/o Calvina Ann Shaji	Calvina Ann Shaji	2025 Batch MBBS
2	Sushma Raj R V, F/o Gouri S Gireesh	Gouri S Gireesh	2025 Batch MBBS
3	Suja Mathew Jude, F/o Mikhael Jude	Mikhael Jude	2025 Batch MBBS
4	Abhilash P, F/o Ammu Avanthika A	Ammu Avanthika A	2025 Batch MBBS
5	Thomas P. John, F/o Pretty Anna Thomas	Pretty Anna Thomas	2024 Batch MBBS

Anti Ragging Committee

As per the direction by the Hon'ble Supreme Court of India, the Secretary, UGMEB, National Medical Commission, New Delhi published through Gazette Notification vide reference cited above, regarding implementation of the regulations framed by the National Medical Commission to curb the menace of ragging in Medical Colleges. As a part of the implementation of the regulations framed by the National Medical Commission, New Delhi, Anti-ragging Committee is hereby re-constituted with effect from today, 10th April in this Institution.

Dr. Reena Thomas, Principal will be the Chairperson of the Institutional Anti-Ragging Committee with the following members.

ANTI-RAGGING COMMITTEE

S. No.	Name	Designation	Designated Post	Contact / Mob. No.
1	Dr. Reena Thomas	Principal	Chairperson	9744924714
2	Rev. Dr. Mathew Mazhavancheril	Director, PIMS&RC	Member	9744685302
3	Rev. Fr. Mathew Puthenpurayil	Hostel Warden (Boys)	Member	8281195417

4	Rev. Fr. Mathew Thundiyil	Hospital Administrator, PMCH	Member	9847100446
5	Dr. Abraham Varghese	Medical Director, Professor of General Medicine	Member	9847185537
6	Dr. Vikram Gowda N R	Vice Principal (Admin.)	Member	9562947479
7	Dr. Santhosh R. Pillai	Vice Principal (Student Affairs)	Member	9447596426
8	Dr. Gaddam Vijaya Lakshmi	Vice Principal (UG)	Member	6282882121
9	Dr. Carol Sara Cherian	Programme Officer, CRMI & Additional Professor, Paediatrics	Member	9447739292
10	Dr. Vinitha Wills	Prof. & HOD of Obstetrics & Gynaecology	Member	9447140199
11	Dr. Nithin K. Raju	Assistant Professor, Anatomy & Faculty in-charge of St. Joseph Boys Hostel	Member	8304065635
12	Dr. Anjana Mary Reynolds	Associate Professor, ENT & Faculty in-charge, St. Mary's Girls Hostel	Member	9447212093
13	Dr. Manju G. Pillai	Additional Professor, Orthopaedics & Faculty in-charge of St. Anne's Girls Hostel	Member	9947399918
14	Dr. Sestin Sebastian	Assistant Professor, Biochemistry & Faculty in-charge of St. John Paul II Boys Hostel	Member	9447517021
15	Mr. Saju Scaria	Hostel Warden, PG Hostel & St. Joseph's Boys Hostel	Member	7510362272
16	Mr. Peter P.A.	Warden, St. John Paul II Hostel for Boys	Member	8304047391
17	Rev. Sr. Tessy FDSHJ	Warden, St. Anne's Girls Hostel	Member	9400810704
18	Rev. Sr. Bridget FDSHJ	Warden, St. Mary's Girls Hostel	Member	8281460057
19	Mr. Lijo George	Secretary to Principal	Member	8589016652
20	Sri. Renji Varghese	Vice President, P.T.A.	Member	9447057842
21	Mr. Amal G B	Chairperson, Students Union	Member	7907663071
22	Ms. Akshaya Ann Cheriyan	Vice Chairperson, Students Union	Member	9995665895
23	Sri. Thomas Mathew	Chairman, Institutional Ethical Committee, PIMS&RC	Member	9495519150
24	Sri. Varghese John Kozhiyadiyil	Former Municipal Chairman, Tiruvalla Municipality	Member	9447282698
25	Sri. P.D. George	Former Revenue Divisional Officer, Government of Kerala	Member	9447411871
26	Mr. Shibu Puthukkeril	Laymen & Representative for Youth	Member	9447059400
27	Sri. Alex Thekanal	Media Person, Malayala Manorama	Member	9846098852

In addition to the above, the Additional District Magistrate, Pathanamthitta, the Superintendent of Police, Pathanamthitta and the Station Officer in-charge of Police Station, Tiruvalla will be the Member Secretary and also be Members of the Committee.

SRADHA (Students Rescue Against Drug Habits & Addiction) Cell

To create awareness, prevention, and intervention strategies against drug abuse and addiction among students. To provide guidance, support, and rehabilitation for students affected by substance abuse. To ensure a safe, healthy, and drug-free learning environment within the institution.
In continuation to this office order vide reference cited above, and as per the guidelines issued by the Excise Commissioner, Government of Kerala vide reference cited above, the **SRADHA – Students Rescue Against Drug Habits & Addiction Cell** in our Institution is hereby re-constituted with effect from **27th August 2025** with the following officials.

SRADHA CELL – COMMITTEE

S. No.	Name of Official	Designation	Designated Official
1	Dr. Reena Thomas	Principal	Principal
2	Dr. Santhosh R. Pillai	Vice Principal (Student Affairs)	Vice Principal (Student Affairs)
3	Rev. Fr. Mathew Puthenpurayil	Director & Hostel Warden, Pope John Paul Hostel – Boys	Hostel Warden
4	Rev. Sr. Tessy FDSHJ	Hostel Warden, St. Mary's Hostel – Girls	Hostel Warden
5	MBBS Student	Students' Representative 2020	Students' Representative
6	Aditya U Nair	MBBS Student	Students' Representative 2021
7	Asif Mohammed Muhammed	MBBS Student	Students' Representative 2022
8	Deepak Sunoj	MBBS Student	Students' Representative 2023
9	Isaac Z Abraham	MBBS Student	Students' Representative 2024
10	MBBS Student	Chairperson, Union 2025	Students' Representative
11	Dr. Sajan T. Alex	MD Psychiatry	PG Student – 2022
12	Dr. Jithin J	MD Physiology	PG Student – 2023
13	Dr. Rohit John Cheriyil	MD Pharmacology	PG Student – 2024
14	Vaibhavi L M	B.Sc. Dialysis Technology	Allied Health Student
15	Mr. Renji Varghese	PTA Vice President	P.T.A. Representative
16	Mrs. Archana K	PTA Executive	P.T.A. Representative
17	Sri. Biju Varghese	Circle Inspector of Excise	Excise Circle Inspector
18	Smt. Jeena Ann Philip	Ward Councillor – 14, Tiruvalla Municipality	Member

S. No.	Name of Official	Designation	Designated Official
19	Smt. Jyothi R Vijay	Ward Councillor – 15, Tiruvalla Municipality	Member

NEERKUTTAM

NERKUTTAM Committee is hereby re-constituted with effect from today, 27th August 2025 with the following officials. **Order No. PIMS&RC/Princ/NERK-EC/1799(1)/2025 dt. 27/08/2025.** The NERKUTTAM Committee will function as per the guidelines issued by the Excise Commissioner, as well as the University.

NERKUTTAM COMMITTEE

S. No.	Name of Official	Designation	Designated Official
1	Dr. Reena Thomas	Principal	Chairperson
2	Dr. Vikram Gowda	Vice Principal – Admin	Vice Chairman
3	Dr. Jacob Abraham	Vice Principal (PG)	Vice Chairman
4	Dr. Gaddam Vijaya Lakshmi	Vice Principal (UG)	Vice Chairman
5	Dr. Santhosh R. Pillai	Vice Principal (Student Affairs)	Vice Chairman
6	Dr. Betsy A Jose	Assistant Professor	NSS Programme Officer
7	Amal G B	MBBS Student	Chairman – College Students Union
8	Hevin Augustine	MBBS Student	Vice Chairman – College Students Union
9	Maria Gilu	MBBS Student	Secretary – Sports
10	Nia Maria Stom	MBBS Student	Secretary – Associations
11	Mr. Renji Varghese	PTA Executive	Representative – 2024
12	Dr. Jinu Mathew Vaidyan	PTA Executive	Representative – 2023
13	Sri. Mathew C T	PTA Executive	Representative – 2022
14	Smt. S V Lakshmi	PTA Executive	Representative – 2021
15	Sri. Biju Varghese	Circle Inspector of Excise	Excise Circle Inspector
16	Smt. Jeena Ann Philip	Ward Councillor – 14, Tiruvalla Municipality	Member
17	Smt. Jyothi R Vijay	Ward Councillor – 15	Member

Hostel Management Committee

To ensure the smooth functioning, safety, and well-being of students residing in hostels, and to create a supportive living environment conducive to academic and personal growth, constituted on 27th August 2025, with the following members:

HOSTEL COMMITTEE

S. No.	Designated Post	Faculty / Staff / Student
1	Chairperson	Dr. Reena Thomas, Principal
2	Coordinator	Dr. Santhosh R Pillai, Vice Principal (Students Affairs)
3	Faculty In-charge, St. Joseph's Boys Hostel	Dr. Jewel Christy Johnson, Senior Resident, ENT
4	Faculty In-charge, St. John's Paul 2 Hostel	Dr. Sestin Sebastian, Assistant Professor, Biochemistry
5	Faculty In-charge, St. Mary's Hostel	Dr. Anjana Mary Reynolds, Associate Professor, Department of ENT
6	Faculty In-charge, St. Ann's Hostel	Dr. Manju G Pillai, Associate Professor, Department of Orthopaedics
7	Warden, PG & St. Joseph's Boys' Hostel	Mr. Saju Scaria
8	Warden, St. John's Paul 2 Hostel for Boys	Mr. Peter P.A.
9	Warden, St. Martha's Hostel	Rev. Sr. Mareeta FDSHJ
10	Warden, St. Mary's Hostel	Rev. Sr. Bridget FDSHJ
11	Warden, St. Ann's Hostel	Rev. Sr. Tessy FDSHJ
12	Maintenance Supervisor	Mr. Robin Siby
13	PG Representative	Dr. Festy Francklin
14	Hostel Representatives – 2021 Batch	Parvathy Satheesan, Aliena Dcruz, Abed Benny
15	Hostel Representatives – 2022 Batch	Stephy Mariam Simon, Steffy Xavier, Jayden Jayan
16	Hostel Representatives – 2023 Batch	Ajna Joy, Anna Theresa, Mithun S Kumar
17	Hostel Representatives – 2024 Batch	Kevin Shaji Mathew, Ajmi Mary Shajan
18	Allied College Representative	Vaibhavi L M

Mess Committee

To ensure efficient management, hygiene, quality, and overall satisfaction in the institution's mess facilities, promoting a healthy and balanced diet for all residents and staff constituted on 27th August 2025, with the following members

S. No.	Designated Post	Faculty / Staff / Student
1	Chairperson	Dr. Reena Thomas, Principal
2	Coordinator	Dr. Santhosh R Pillai, Vice Principal (Students Affairs)
3	Faculty Representatives	Dr. Jewel Christy Johnson, Senior Resident, ENT; Dr. Betsy A Jose, Assistant Professor, Community Medicine
4	Quality Executive	Mrs. Reshmi Mathew

S. No.	Designated Post	Faculty / Staff / Student
5	Warden, PG & St. Joseph's Boys' Hostel	Mr. Saju Scaria
6	Warden, St. John's Paul 2 Hostel	Mr. Peter P.A.
7	Warden, St. Martha's Hostel	Rev. Sr. Mareeta FDSHJ
8	Warden, St. Mary's Hostel	Rev. Sr. Bridget FDSHJ
9	Warden, St. Ann's Hostel	Rev. Sr. Tessy FDSHJ
10	Mess Representatives – 2021 Batch	Lekshmi B U, Joel Josen, Saj
11	Mess Representatives – 2022 Batch	Gifteena J Jain, Aksa Treesa Jose, Amal GB
12	Mess Representatives – 2023 Batch	Merry Mathew, Mithun S Kumar
13	Mess Representatives – 2024 Batch	Kevin Shaji Mathew, Ajmi Mary Shajan
14	Allied College Representative	Vaibhavi L M

Grievance Committees

Student Grievance and Redressal Committee

To receive and address grievances of students regarding academics, administration, and hostel matters. To ensure fair and timely resolution of complaints in accordance with institutional and regulatory guidelines. To submit periodic reports of complaints received and actions taken to the Principal. To suggest improvements in student welfare, support mechanisms, and grievance redressal procedures. Constituted on 27.08.2025

S. No.	Name & Official Designation	Charge	Contact No. & E-mail ID
1	Dr. Rajeev V.M. Professor & HOD, Forensic Medicine	Chairperson	Mob. 8848158140; E-mail: drraieewm3055@gmail.com
3	Dr. Jessy M.M. Professor & HOD, Pathology	Member	Mob. 9495569968; E-mail: einod98@gmail.com
4	Dr. Joice Geo Professor & HOD, Psychiatry	Member	Mob. 9447217534; E-mail: drjoicegeo@gmail.com
5	Dr. Manju George Elanjickal Additional Professor, Paediatrics	Member	Mob. 9951137357; E-mail: mysticmanju@rediffmail.com
6	Dr. Anjana Mary Reynolds Associate Professor, ENT	Member	
7	Mr. Amal G B MBBS Student & Chairman, College Union	Member	Mob. 7907663071; E-mail: amalgb42698@gmail.com

Gender Sensitisation Committee Against Sexual Harassment (GSCASH)

To create a safe, inclusive, and harassment-free environment for women students, staff, and faculty, ensuring their dignity, rights, and welfare within the institution. Reconstituted on 09.05.2024

S. No.	Name	Designation	Role in Committee
1	Dr. Reena Thomas	Principal & Professor of Nephrology	Chairperson
2	Dr. Vikram Gowda N R	Vice Principal (Administration) & Professor and HOD, Dept. of Physiology	Member
3	Dr. Gaddam Vijaya Lakshmi	Vice Principal (UG Studies) & Professor, Dept. of Anatomy	Member
4	Dr. Santhosh R. Pillai	Vice Principal (Student Affairs) & Professor and HOD, Dept. of Pharmacology	Member
5	Dr. V. M. Rajeev	Professor and HOD, Dept. of Forensic Medicine	Member
6	Dr. Susan Mathew	Professor Dept. of Obstetrics & Gynaecology	Member
7	Dr. Jessy M. M.	Professor, Dept. of Pathology	Member
8	Dr. Aneeta Mary Jacob	Associate Professor, Dept. of Microbiology	Member

Faculty Grievance Redressal Cell

Review and address faculty grievances. Decide on dismissal or further action. Conduct investigations and hearings confidentially. Ensure compliance with institutional policies. Inform complainants of outcomes. Report periodically to the principal. Constituted on 18.09.2024 as follows:

S. No.	Name & Designation	Designated Charge
1	Dr. Lillykutty Pothen, Professor, Pathology	Chairperson
2	Dr. Tomy Philip, Professor, General Medicine	Member
3	Dr. Rajeev V.M., Professor & HOD, Forensic Medicine	Member
4	Dr. Vinitha Wills, Professor, Obstetrics & Gynaecology	Member
5	Dr. Amrutha Mary Zachariah, Additional Professor & HOD , Physiology	Member Secretary

STUDENTS' ACTIVITIES

STUDENTS' UNION I NATIONAL SERVICE SCHEME I TEDx EVENT I PULSE 2026 UG CONFERENCE

DHRUVA – STUDENTS' COLLEGE UNION

The Pushpagiri College Union successfully organized and coordinated a wide range of academic, cultural, sports, and community service activities during the academic year 2025–2026, fostering student engagement, leadership, and institutional pride.

June 2025

The activities of the Union commenced with the College Union Inauguration, marking the beginning of the tenure of the elected office bearers. The inauguration was graced by Mr. Pramod Narayan MLA, as the Chief Guest. During the same month, the Union organized PULSE, the Intercollegiate Medical Conference, which witnessed active participation from students representing various medical colleges and served as a platform for academic interaction and collaboration.

July 2025

In observance of Doctor's Day, the Union conducted Doctors Derby (Cricket Tournament) and Stethoscope Smash (Badminton Tournament), promoting camaraderie and interaction between faculty members, doctors, and students.

August 2025

The Union celebrated THRILLONAM, the annual Onam festivities, with enthusiastic participation from students, faculty, and staff. The celebrations showcased Kerala's rich cultural heritage and strengthened the spirit of unity within the institution.

The Dramatica Movie & Theatre Club was also inaugurated during the month, providing students with a dedicated platform to nurture their interests in cinema, theatre, and performing arts.

September 2025

Students of Pushpagiri College participated in the KUHS South Zonal Arts Festival held at Government Medical College, Thiruvananthapuram, securing prizes in events including Music Band, Street Play, Drama, Group Song, and several individual competitions. The achievements reflected the dedication and artistic excellence of the student community.

October 2025

The Union hosted the THEOPHILOS Intercollegiate Basketball Tournament, inaugurated by Mr. Anto Antony, Member of Parliament. The tournament attracted participation from several institutions and was widely appreciated for its successful organization.

A Blood Donation Camp was organized on 17 October 2025 in association with the Students Support and Guidance Programme (SSGP) and sponsored by Federal Bank, reaffirming the institution's commitment to community service.

The Union also organized DHYUTHINITE, the first-ever Diwali celebration in the history of the institution, fostering cultural inclusivity and student participation.

November 2025

Students represented the institution at the KUHS Interzonal Arts Festival held at Government Medical College, Kozhikode, and secured prizes in various events.

As part of Children's Day celebrations, the Union distributed sweets to children at local Anganwadis and Pratheeksha Child Development Centre and visited Daivaparipalana Children's Home in collaboration with the National Service Scheme (NSS).

Students also participated in the KUHS B Zone Sports Meet, winning prizes in Chess and Table Tennis.

December 2025

The IRIS Academic Club organized a World AIDS Day Quiz Competition, promoting awareness and encouraging academic participation among students.

January 2026

The Union organized Freshers' Day for the 2025 MBBS batch, facilitating interaction and integration of first-year students into campus life through a series of cultural and recreational activities.

February 2026

The PADAKKALAM Interbatch Sports Fest commenced, encouraging healthy competition, teamwork, and sportsmanship among students of different batches.

March 2026

The Union organized TB TITANS, a State-Level Intercollegiate Quiz Competition, providing a platform for academic excellence and scientific exchange among medical students.

The HRIDAYAPOORVAM Farewell Programme was also conducted for the 19th Batch House Surgeons in recognition of their contributions to the institution and to commemorate the completion of their internship.

May 2026

The annual KALAAGNI Interbatch Arts Festival was conducted with enthusiastic participation from students across all batches, showcasing their artistic talents through various cultural competitions.

The academic year concluded with the FIFA World Cup Rally, organized in collaboration with the House Surgeon batch, bringing together students from all batches in a celebration of sportsmanship and unity.

Club and Community Service Activities

Throughout the academic year, the AKSHARAM Oratory Club organized literary, debate, and public speaking events aimed at enhancing communication and leadership skills among students.

The MITHRA Charitable Wing raised ₹64,500 through voluntary contributions from students, faculty members, and postgraduate residents. The funds were utilized to provide financial assistance to economically disadvantaged patients receiving treatment at Pushpagiri Medical College Hospital.

The SPANDAN Wing, in association with the Student Support and Guidance Programme (SSGP), organized a second Blood Donation Camp on 17 April 2026, further strengthening the institution's commitment to voluntary service and social responsibility.

The activities undertaken by the Pushpagiri College Union during the academic year 2025–2026 reflect its commitment to promoting academic excellence, cultural enrichment, sportsmanship, leadership, and community engagement. The successful execution of these initiatives was made possible through the guidance of the management and faculty, the dedicated efforts of the Union members, and the enthusiastic participation of the student community.

The activities of the Pushpagiri College Union during the academic year 2025–2026 were carried out under the guidance of Dr. Santosh R. Pillai, Vice Principal (Student Affairs), with the support of the Student Union Advisors, Dr. Deepthi S., Assistant Professor, Department of Forensic Medicine, and Dr. Ambili R. Nath, Senior Resident, Department of Pathology. Their leadership, guidance, and continuous support were instrumental in the successful planning and execution of the Union's academic, cultural, sports, and community service initiatives throughout the year.

NATIONAL SERVICE SCHEME

Programme Officer: **Dr. Betsy A Jose, Pushpagiri Institute of Medical Sciences & Research Centre, Thiruvalla**

NSS Registration No: **NSS/SFU/PNT/KUHS/6**

S. No.	Date	Activity conducted	No. of Volunteers Participants	No. of Hours performed	Achievement to the beneficiaries by the programmes
1	August 25, 2025	National Nasha Mukt Bharat Abhiyaan	50	2 hours	Helped Volunteers to take a firm stand against substance abuse, highlighting their dual responsibility as both healthy individuals and future medical leaders in the movement toward an addiction-free society.

2	6th October 2025,	flash mob in collaboration with Excise Department	20	2 hour	Volunteers efforts to engage the youth and general public through creative advocacy against substance abuse
3	November 1, 2025	Anti-Drug Awareness Programme	50	1 hours	Volunteers responsibility to combat substance abuse
4	November 13, 2025	collaboration with Excise Department organized a Debate Competition	50	2 hours	Volunteers deeper understanding of the legal and social consequences of substance abuse

NSS unit organized a pledge as part of Nasha Mukt Bharat Abhiyaan

On August 25, 2025, the MBBS Batch of 2022 at PIMSRC conducted a formal pledge-taking ceremony titled “Pledge for Our Future Doctors” as part of the national Nasha Mukt Bharat Abhiyaan. Organized in coordination with the Student Support and Guidance Programme (SSGP) at Lecture Hall 3, the event focused on the theme “Your Voice. Your Choice. Your Future.” The ceremony empowered students to take a firm stand against substance abuse, highlighting their dual responsibility as both healthy individuals and future medical leaders in the movement toward an addiction-free society. The initiative saw strong participation from the faculty and the entire batch, successfully reinforcing the institution’s commitment to social and professional integrity.

NSS unit, PIMSRC organized flash mob in collaboration with Excise Department On 6th October 2025

On 6th October2025, a nine-member student team from Pushpagiri Institute of Medical Sciences and Research Centre (PIMSRC) performed a vibrant flash mob at the Marthoma College Grounds, Tiruvalla on antidrug awareness. This initiative was part of the institution's ongoing social outreach efforts to engage the youth and general public through creative advocacy. The participation was formally coordinated by the Principal, Dr. Reena Thomas, with an official intimation sent to the Circle Inspector of the Excise Department to ensure all administrative protocols and departmental guidelines were strictly followed.

The performing team consisted of Rithuparna S, Sreelakshmi K Sasidharan, Stephy Mariam Simon, Tessa Jojo, Devika S Nair, Tanya Jain, Rose Maria Joju, Aldriya Irvin Francis, and Nia Mariya Stom. By utilizing the Marthoma College Grounds as a high-visibility venue, the students successfully drew public attention to critical social messages, effectively bridging the gap between medical education and community responsibility. The event demonstrated PIMSRC’s commitment to supporting the Excise Department’s awareness missions through active student participation and artistic expression.

NSS unit Organized Anti-Drug Awareness Programme following a statewide directive from the Excise Department.

On November 1, 2025, in observance of Kerala Piravi Day, the College Union of PIMSRC conducted an Anti-Drug Awareness Programme following a statewide directive from the Excise Department. Under the leadership of Dr. Deepthi S. (Assistant Professor, Forensic Medicine), the event centered on a formal pledge-taking ceremony where first-year MBBS students committed to maintaining a drug-free campus and a healthy lifestyle. This initiative successfully integrated the celebration of Kerala’s heritage with a collective

responsibility to combat substance abuse, reinforcing the role of future medical professionals as advocates for public health and social ethics.

NSS unit in collaboration with Excise Department organized a Debate Competition

On November 13, 2025, the Excise Department organized an impactful awareness program and District-Level Debate Competition at MVGM Government Polytechnic College, Vennikulam, as part of the Sradha/Neerkuttam initiative. Commencing at 10:00 AM, the event focused on substance abuse prevention and legal literacy, drawing participation from various institutions across the district. Representing the Pushpagiri Institute of Medical Sciences and Research Centre, students Anusree I. S. and Saayuja Jeevan from the 2024 Batch participated actively in the debate, showcasing their critical thinking and communication skills. The program successfully fostered a deeper understanding of the legal and social consequences of substance abuse while strengthening the collaborative ties between the Excise Department and the student community.

S. No.	Date	Activity conducted	No. of Volunteers Participants	No. of Hours performed	Achievement to the beneficiaries by the programmes
1	November 28, 2025	volleyball competition as part of Anti- Drug initiative in collaboration with Excise unit	50	5 hours	Volunteers to channel youth energy toward sports and advocate for a healthy, drug-free lifestyle.
2	December 3, 2025	World AIDS Day 2025 observation	20	1.5 hour	Volunteers to adopt responsible health behaviors and professional empathy

Volleyball competition as part of Anti- Drug initiative in collaboration with Excise unit

As part of the Excise Vimukthi – Anti-Drug Initiative, the College Students Neerkuttam Sradha Committees, in collaboration with the Excise Department, Pathanamthitta, organized a district-level Volleyball Tournament on November 28, 2025. The event, held at the Rajiv Gandhi Indoor Stadium, Pramadam, was designed to channel youth energy toward sports and advocate for a healthy, drug-free lifestyle.

The Boys Volleyball Team of Pushpagiri Institute of Medical Sciences and Research Centre (PIMSRC) delivered an exceptional performance throughout the tournament, ultimately securing the Second Position (Runners-up). In recognition of their skill and sportsmanship, the team was honored with a trophy and a cash prize of ₹3,000.

Team Roster: The PIMSRC team comprised the following students: Ansan, Dheeraj, Eldho, Josh, Joel, Navaneet, Thejus, Anuvind, Sreeraj, Aryan, Irfan, and Akhil.

This achievement not only highlights the athletic prowess of our students but also reinforces PIMSRC's commitment to fostering a positive campus culture through the Vimukthi mission. The institution extends its heartiest congratulations to the team for bringing laurels to the college while supporting a noble social cause.

NSS unit in collaboration with SSGP unit organized World AIDS Day 2025.

In observance of World AIDS Day and following KUHS guidelines, the SSGP & NSS unit Initiative at PIMSRC organized a series of impactful events, highlighted by the Red Ribbon Signature Campaign on December 3, 2025. Guided by the 2025 global theme, “Overcoming Distribution, Transforming the AIDS Response,” the program featured an awareness talk in Lecture Hall 3 that focused on HIV prevention, equitable treatment access, and the critical need to reduce social stigma. Through interactive discussions and visual aids, the session empowered students to adopt responsible health behaviors and professional empathy. This NSS & SSGP-led initiative successfully strengthened student engagement, reinforcing their roles as future medical professionals dedicated to a compassionate and equitable AIDS response.

TEDx EVENT

Kerala's First Tedx Medical College Event Hosted At Pushpagiri

Tiruvalla, July 18 – Making history in Kerala's academic and TEDx landscape, TEDxPushpagiri—the first-ever TEDx event hosted by a medical college in the state—was successfully held at the Pushpagiri Institute of Medical Sciences and Research Centre. The event was organized by the Yuga College Union (2024–25) and was open to both students and the general public.

The program was formally inaugurated by Jacob Punnoose IPS (Retd.), former Director General of Police. In his keynote address, he emphasized how international platforms like TEDx empower young people to think deeply, creatively, and critically, and serve as vehicles for spreading ideas that can truly change society.

Special inaugural wishes were extended by Dr. Annamma (Former Director of Medical Education), Dr. Santosh Pillai (Vice Principal), and Dr. Gaddam Vijayalakshmi (Vice Principal), who applauded the vision and execution of the student-led event.

Themed "Off Script: Breaking Conformism", TEDxPushpagiri encouraged bold thought, creative risk-taking, and going beyond the ordinary.

Over the course of the day, nine inspiring speakers took to the stage, each bringing a unique perspective and powerful personal stories:

* P.B. Nooh IAS – Shared his journey as a compassionate and trusted civil servant, and the power of public service grounded in empathy.
* Shaiju Damodaran – Reflected on his rise as a beloved sports commentator, emphasizing emotion, spontaneity, and linguistic beauty in sports storytelling.
* Ranjit Sajeev – Opened up about his unconventional path into cinema and the importance of individuality in a competitive industry.
* Dr. A. Marthanda Pillai – Renowned neurosurgeon who highlighted major innovations in surgical practice and his contributions to modern medicine.
* Octane Girl – A social media powerhouse who spoke on becoming a strong, influential voice in the digital space and redefining identity online.
* Joel Jacob – A rising entrepreneur who detailed his startup journey, filled with resilience, breakthrough moments, and lessons in leadership.
* Farah Shibla – Discussed the synergy between cinema and authenticity, and how storytelling can be a force for truth and change.
* RJ Renu – Delivered an energetic and passionate talk about the power of voice, storytelling, and connection through sound.

* Ebin Josh – Took the audience on a journey through culinary travel, explaining how food can help us understand people, cultures, and society.

The event drew an enthusiastic crowd, with students from various colleges and TED enthusiasts attending in large numbers. Each session sparked deep conversations and left the audience with lasting inspiration and renewed motivation to think and act beyond convention.

PULSE 2026 – UG CONFERENCE

Introduction

Pushpagiri Undergraduate Learning and Skills Enhancement (PULSE) is the flagship annual undergraduate medical conference of Pushpagiri Institute of Medical Sciences and Research Centre (PIMSRC), conceived to promote academic excellence, clinical competency, research aptitude, innovation, and collaborative learning among undergraduate medical students. The conference provides a unique platform for students to interact with eminent clinicians, academicians, and peers through scientific sessions, hands-on skills training, research presentations, and academic competitions, thereby complementing the undergraduate medical curriculum.

The inaugural edition, PULSE 2024, was conducted on 10 August 2024 at Pushpagiri Institute of Medical Sciences and Research Centre. The conference brought together undergraduate medical students from various institutions across Kerala, offering opportunities for scientific exchange, skill enhancement, and professional networking. Its overwhelming success established PULSE as a distinctive academic initiative dedicated to undergraduate medical education.

Building on this strong foundation, PULSE 2025 was successfully organized on 14 June 2025, attracting increased participation and expanding the scope of academic activities. The conference featured scientific lectures, hands-on workshops, paper and poster presentations, quizzes, and other academic competitions, further reinforcing its reputation as a premier undergraduate medical conference in the state.

Continuing this tradition of excellence, the third edition, PULSE 2026, was successfully conducted on 13 June 2026 at Pushpagiri Institute of Medical Sciences and Research Centre. The conference witnessed enthusiastic participation from undergraduate medical students representing numerous medical colleges across Kerala. The day-long programme featured expert scientific lectures by distinguished faculty, interactive hands-on skills training sessions across multiple clinical specialties, scientific paper and poster presentations, and a diverse range of academic and cultural competitions that encouraged innovation, teamwork, leadership, and creativity.

PULSE 2026 reaffirmed the institution's commitment to providing holistic medical education by integrating knowledge, clinical skills, research, and professional development within a vibrant academic environment. The conference served as an excellent platform for nurturing future healthcare professionals while fostering collaboration and healthy academic competition among medical students. The enthusiastic participation of delegates, faculty members, resource persons, organizing committees, and student volunteers contributed significantly to the resounding success of the conference, further strengthening PULSE as one of Kerala's leading undergraduate medical academic conferences.

Organising Committee Members

Committee	Faculty	Students
Organizing committee	1.Dr Reena Thomas – Organizing Chairperson 2. Dr Gaddam Vijaya Lakshmi – Vice Chairperson 3. Dr. Santhosh R Pillai – Treasurer	1.Midhun Krishna 2.Abhinav Unnikrishnan 3.Delvin Mathew 4.Jose T Joseph 5.Diya Varghese

	4. Dr Midhun M – Organizing Secretary 5. Dr Sajit Varghese – Convenor 6. Ann Mariya Sebastian – 7. Amala Thomas –]	6.Hrishikeshav V Nair 7.Keerthi Umeshan 8. Alan joshy
Program & Venue Committee	1. Dr Vikram Gowda – Convener 2. Dr Nithin K Raju - Co-convenor 3. Dr Ajumala M Basheer 4. Dr Sestin Sebastian 5. Dr Anju Rachel Samuel 6. Dr. Sajan Alex	1. Midhun Krishna K 2.Muhammed Hamdan 3.Rejoy K Salil 4.Harishyam S Prasad 5.Ebin Antony 6. Shilpi PM 7. Sneha James 8.Merry Mary Mathew
Publicity & Registration Committee	1. Dr. Amrutha Mary Zachariah – Convener 2. Dr Laona Lal - Co-convener 3. Dr Neetha Mary Kurian 4. Dr Chinju Sara Cherian 5. Dr Jules Kurain Mathew 6. Dr. Geethu Raj –	1.Abhinav 2.Aswin A 3.Gayathri lekshmi 4.Sandra Biju 5.Olive Vittil 6.Dona Carmel 7.Carolene Mathew 8.Lakshmi Sanjay
Scientific sessions Committee	1. Dr Tomy Philip – Convener 2. Dr Lillykutty Pothen - Co-convener 3. Dr Jithu Kurian - Co-convener 4. Dr Lissa Abraham 5. Dr Nissy Susan Varghese	1. Jafna 2. Keerthi 3. Chackochan 4.Abraham 5.Remi 6.Laya Denis 7.Shaima
Scientific Presentations Committee	1. Dr Isaac Rajesh – Convenor 2. Mrs. Nisha Kurian – Co-convenor 3.Dr Meena Sagar 4. Dr Nimmy Tressa James 5. Dr Saramma Abraham	1. Hrishikeshav V Nair 2. Deepak Sunoj 3. Ritukumari -.
Skills Training Team	1.Robinson George– Convener 2. Dr Samson S Edayalamuriyil – Co-convenor Faculty In-charge of stations 1. General Surgery - Dr. Robinson 2. Orthopedics - Dr Suraj George 3. Pediatrics - Dr Bincy Varghese 4. ENT - Dr Anjana Mary Reynolds 5. Nephrology - Dr. Jithu Kurian 6. OBG- Dr Kiran Joy 7. Medicine - Dr Maria Davis [8. Cardiology - Dr Mohanan, Dr Harikrishnan 9. Neurology - Dr. Vijayalakshmi 10. Respiratory Medicine - Dr Midhun 11. Emergency Medicine – 12. Anesthesiology	1.Delvin 2.Ajna Joy 3.Diya Goel 4.Sona Soul 5.Nandana 6. Niya rose 7.Neha babu 8.Krishnapriya 9.Aleena Jose 10.Rachel Paul 11.Diya V Gopal 12.Anita Sunny– 13.Amritha SR 14.Ancy Grace Mathew

Competitions committee	1. Dr Betsy A Jose - Convener - Quiz in-charge 2. Dr. Midhun M - Battle of Bands 3. Dr Betsy Jose – Medical Rangoli 4. Dr Meenu S – Body painting 5. Dr Deepthi – Clinical Charades 6. Dr Ambili R Nath - Clinical Charades	1.Diya Varghese 2.Georgi Sunil 3.Devika BR 4.Sunilamol S 5.Bhavya 6.Deepa Lordon
Food & Refreshments	2. Dr Anuja Raju – Co-convener 3. Dr Teena Jacob 4. Dr Shalin James 5. Dr Resmi George 6. Dr Ambili R Nath 8. Dr Betsy Jose	1. Alan Joshy 2. Paras Narayan Saxena 3. Adwaith CD 4.Midhun S Kumar 5 .Aaron B Cheriyan 6.Meeval 7.Nithya Suraj
Finance committee	1. Dr Derrick Johnson – Convener 2. Mr. Binu Mathew - Co-convener 3. Mrs Reshmi Mathews, Quality Executive	1.Midhun Krishna 2.Abhinav Unnikrishnan 3.Delvin Mathew 4.Jose T Joseph 5. George Jose

Registration Statistics

PULSE 2026 received an enthusiastic response from undergraduate medical students across Kerala and beyond. A total of 320 external delegates from 16 institutions, along with 210 participants from Pushpagiri Institute of Medical Sciences and Research Centre (PIMSRC), participated in the conference.

College-wise External Registration

Institution	Number of Delegates
Mount Zion Medical College	84
Amala Institute of Medical Sciences	21
Jubilee Mission Medical College	14
SUT Medical College	13
Travancore Medical College (TDMC)	13
Amrita Institute of Medical Sciences	13
Believers Church Medical College	11
Sree Narayana Institute of Medical Sciences	11
Government Medical College, Thrissur	10
MOSC Medical College	9
Government Medical College, Kollam	8
Government Medical College, Kottayam	5
Al-Azhar Medical College	2
Travancore Medical College	2
Government Medical College, Konni	2
International University	1
Total External Delegates	320

PIMSRC Registration

Batch	Number of Participants
MBBS 2025 Batch	1
MBBS 2024 Batch	88
MBBS 2023 Batch (Volunteers)	100
MBBS 2022 Batch	20
MBBS 2021 Batch	1
Total PIMSRC Participants	210

Overall Registration: 530 participants (320 External Delegates + 210 PIMSRC Participants)

Budget Utilization

The Registration Committee effectively managed the allocated budget while ensuring the smooth conduct of all registration-related activities, including publicity, delegate kits, certificates, stationery, and the Student Scientific Abstract Test (STAT).

Expenditure Head	Amount (₹)
Printing Press (Certificates, Files & Notepads)	82,790.00
Delivery Fuel Cost	2,686.78
Fuel Cost for Public Relations	5,500.00
Extra Certificates & Signage Printing	5,446.00
Stationery	3,341.00
Brochure, Foam Board & Sticker Printing	4,084.00
STAT Expenses	2,058.00
• Certificates	575.00
• Stationery & Paper	483.00
• Fuel	1,000.00
Total Expenditure	₹1,05,905.78

The Registration Committee successfully planned, coordinated and executed every aspect of delegate registration and participant management for PULSE 2026. By implementing an efficient registration workflow, structured data management, effective publicity strategies and continuous coordination with delegates, faculty and organising committees, the committee ensured a seamless registration experience throughout the conference.

Several new initiatives, including the Digital Delegate Handbook, a redesigned registration system and the successful conduct of the Student Scientific Abstract Test (STAT), significantly enhanced the overall participant experience. Despite these additions, the committee maintained the overall expenditure within the estimated budget of approximately ₹1.05 lakh, covering the design and printing of brochures, delegate kits, certificates, badges, stationery and all STAT-related activities.

The successful execution of these initiatives has established a well-organised and sustainable registration framework that can serve as a benchmark for future editions of the PULSE Undergraduate Medical Conference.

Inauguration Ceremony

The inaugural ceremony of PULSE 2026, the Annual Undergraduate Medical Conference of Pushpagiri Institute of Medical Sciences & Research Centre, was held in the presence of distinguished dignitaries, faculty members, delegates, and students.

The programme commenced with an introduction by the Master of Ceremonies, followed by a prayer song. Dr. Gaddam Vijayalakshmi, Vice Principal, delivered the welcome address, after which Rev. Fr. Dr. Biju

Varghese Payyampallil delivered the presidential address. Rev. Fr. Dr. Mathew Mazhavancheril, Director, addressed the gathering and extended his best wishes for the conference.
The conference was formally inaugurated by Adv. Varghese Mammen, MLA, Thiruvalla, who appreciated the initiative in promoting academic excellence and research among medical students. Dr. Midhun M., Organising Secretary, presented an overview of the conference, highlighting the scientific sessions, workshops, and competitions planned for PULSE 2026.
The programme concluded with the vote of thanks delivered by Delvin Philip Mathew, Students' Union Chairman (2026–2027), expressing gratitude to the dignitaries, delegates, faculty members, organizers, and volunteers for their contributions to the successful inauguration.

Competitions
The Competition Committee of PULSE 2026 successfully organized a series of academic and creative competitions aimed at promoting scientific knowledge, clinical reasoning, teamwork, innovation, and artistic expression among undergraduate medical students. The events witnessed enthusiastic participation from students representing several medical colleges across Kerala and provided a vibrant platform for healthy academic competition.
Competitions Conducted:

Competition	Venue	Time
Medical Quiz – *Quaestio Pulsus* (Preliminary & Final)	Library & Lecture Hall 1	1:30 PM – 4:00 PM
Clinical Charades	Lecture Hall 1	2:00 PM – 3:30 PM
AnatoArt	Dissection Hall, Academic Block	4:30 PM – 6:30 PM
Medical Rangoli	Pharmacology Museum	4:30 PM – 7:00 PM
Anweshippin Kandethum	Lecture hall 3	2pm – 3.30pm
Scientific Paper Presentation	Academic Block	As per schedule
Scientific Poster Presentation	Academic Block	As per schedule

Interactive Competition Stalls
To create awareness and generate enthusiasm prior to the competitions, four interactive educational stalls were established at prominent locations across the campus.

Stall	Venue
Spin the Wheel	Ground Floor, Academic Block
HistoHunt	First Floor, Academic Block
Osteo Arena	Department of Pharmacology
Lab Lens	Near the Skills Lab

The stalls received an overwhelming response from delegates and students, providing an enjoyable learning experience while encouraging active participation in the competitions.
Participation: A total of 66 participants competed across the various events conducted during PULSE 2026, with Clinical Charades recording the highest participation. Students from several medical colleges showcased remarkable academic aptitude, creativity, and teamwork throughout the competitions.
Winners
Medical Quiz – *Quaestio Pulsus*

Prize	Winners	Institution
First Prize	Joel Edakalathur, Florence Merin Jose	Amala Institute of Medical Sciences, Thrissur
Second Prize	Chackochan J. Pooniyil, Angel Maria Tomichan	Pushpagiri Institute of Medical Sciences & Research Centre

Prize	Winners	Institution
Third Prize	Diya Binoy, Dan Alex	SUT Academy of Medical Sciences, Thiruvananthapuram

Clinical Charades

Prize	Institution
First Prize	Pushpagiri Institute of Medical Sciences & Research Centre
Second Prize	Mount Zion Medical College
Third Prize	Mount Zion Medical College

AnatoArt

Prize	Winners	Institution
First Prize	Gayathri B.P., Gayathri Krishna, Gisha Santhosh	Pushpagiri Institute of Medical Sciences & Research Centre
Second Prize	Anagha, Hajira Jafar, Gowri Nanda	Mount Zion Medical College
Third Prize	Diya V. Gopal, Anita Sunny, Carolene Mathew	Pushpagiri Institute of Medical Sciences & Research Centre

Anweshippin Kandethum

Forensic Model Committee organized an interactive forensic event titled “Anweshippin Kandethum“
A total of 15 teams participated in the competition.

Prize	Winners	Institution
First Prize	Arya Ajith, Madhuri M. M.	Amrita Institute of Medical Sciences
Second Prize	Christina Joshy, Hanna Alex, Aida, Aleena Aji, Gran	Pushpagiri Institute of Medical Sciences & Research Centre
Third Prize	Neha Mariya Jophy, Celia Sunil	Mount Zion Medical College

Medical Rangoli: Total Participants: 20

Prize	Winners	Institution
First Prize	Angena Anna Biju, Angela Liz Benny, Catherine Zara, Angel Rose Jery	Mount Zion Medical College
Second Prize	Nandana K. P., Krishnapriya, Safa, Anmariya	Pushpagiri Institute of Medical Sciences & Research Centre
Third Prize	Nandana Heera, Saisankar J., Madhuri M. M., Retna Hari	Amrita Institute of Medical Sciences

Scientific Paper Presentation

Prize	Winner	Institution
First Prize	Allen Benny	Malankara Orthodox Syrian Church Medical College
Second Prize	Keerthana	Amrita Institute of Medical Sciences
Third Prize	Rohan	Amala Institute of Medical Sciences

Scientific Poster Presentation

Prize	Winner	Institution
First Prize	Merin Elsa Mathew	Malankara Orthodox Syrian Church Medical College
Second Prize	Lekshmipriya U.	Amrita Institute of Medical Sciences
Third Prize	Rohan	Amala Institute of Medical Sciences

Summary

Particulars	Details
Total Competitions Conducted	6
Interactive Competition Stalls	4
Total Participants	66
Competition with Highest Participation	Clinical Charades
Judges	7 (5 Internal & 2 External)
Total Prize Money Awarded	₹55,000
Total Expenditure	₹1,01,267

Scientific Sessions Committee Report

The Scientific Sessions of PULSE 2026 commenced with participant registration for Session I at 8:45 AM in both Lecture Hall 1 and Lecture Hall 2.

In Lecture Hall 1, the session featured Dr. Zachariah, Department of Forensic Medicine, Believers Church Medical College Hospital (BCMCH), and Dr. Manoop Bhasi, Department of Emergency Medicine, Government Medical College, Kottayam. Simultaneously, Lecture Hall 2 hosted Dr. R. N. Sharma, Professor Emeritus, Department of General Medicine, Pushpagiri Institute of Medical Sciences and Research Centre (PIMSRC). The sessions concluded promptly at 10:30 AM.

Following the sessions, the invited speakers were honoured with mementos in recognition of their valuable contributions. Owing to their prior commitments, the speakers departed after the felicitation. Participants were then invited to enjoy the refreshments arranged for them.

The Inaugural Ceremony was conducted in Lecture Hall 1 from 10:40 AM to 11:20 AM, with Mr. Varghese Mammen, MLA, serving as the Chief Guest.

Registration for Session II commenced at 10:50 AM in Lecture Hall 3 and at 11:20 AM in Lecture Hall 1.

The scientific sessions in Lecture Hall 3 began at 11:00 AM, featuring Dr. Prince Philip, Department of Radiology, PIMSRC, and Dr. Harikrishnan K, Department of Cardiology, PIMSRC. Concurrently, Lecture Hall 1 commenced its session at 11:30 AM with Dr. Jacob Abraham, Department of Pediatrics, PIMSRC, and Dr. Reji Thomas, Department of Neurology, PIMSRC.

The session in Lecture Hall 3 concluded at 12:30 PM, while the session in Lecture Hall 1 concluded at 12:45 PM. All speakers were felicitated with mementos as a token of appreciation.

Skills Training Programme

The Skills Training Programme was conducted across multiple clinical departments as part of PULSE 2026, providing delegates with valuable hands-on learning experiences under the guidance of experienced faculty members.

A total of 299 registrations were recorded across all departmental skill stations. The programme witnessed enthusiastic participation from delegates representing various medical colleges. The number of PIMSRC participants mentioned below is included within the total registrations and is provided to indicate the proportion of in-house participants.

Department	Total Participants (Available Slots)	PIMSRC Participants*
General Surgery	55 (60)	6
Laparoscopic Surgery	39 (40)	7
Anaesthesiology	36 (40)	1
Cardiology	29 (40)	3
Obstetrics & Gynaecology	27 (40)	10
Emergency Medicine	27 (40)	3
Orthopaedics	17 (40)	8
General Medicine	16 (40)	7
Paediatrics	14 (20)	12
Neurology	13 (20)	5
ENT	8 (15)	8
Respiratory Medicine	8 (20)	6
Nephrology	7 (20)	4

*PIMSRC participants are included within the total participant count.

Key Highlights

- General Surgery recorded the highest participation, with 55 registrations out of 60 available slots, reflecting strong interest in practical surgical training.
- Laparoscopic Surgery achieved 39 registrations out of 40 available slots, demonstrating excellent demand for minimally invasive surgical skills.
- Anaesthesiology attracted 36 participants, while Cardiology registered 29 participants.
- Obstetrics & Gynaecology and Emergency Medicine each recorded 27 participants, indicating substantial interest in these specialties.
- Specialty stations including Paediatrics, Neurology, ENT, Respiratory Medicine, and Nephrology also witnessed active participation, contributing to the comprehensive academic experience offered during the conference.

Refreshments

The Refreshment Committee ensured the availability of refreshments and food facilities for delegates, participants, faculty members, and volunteers throughout PULSE 2026. To enhance the overall conference experience, the committee facilitated the establishment of student-friendly food stalls, including Ice Bay, Berrie Bakers, and Momo House, creating a vibrant, interactive, and welcoming atmosphere on campus.

Financial Summary

Particulars	Amount
Estimated Budget	₹1,01,158
Actual Expenditure	₹97,350
Overall Savings	Approximately ₹3,800

Battle of Bands

The Program Committee independently coordinated and conducted the Battle of Bands, the flagship cultural event of PULSE 2026. The event commenced with an inaugural ceremony, followed by performances from eight bands representing various medical colleges. Beginning at 5:00 PM, the competition showcased exceptional musical talent and enthusiastic audience participation, making it one of the major highlights of the conference.

Prize	Institution
First Prize	Amala Institute of Medical Sciences
Second Prize	Pushpagiri Institute of Medical Sciences & Research Centre
Third Prize	Government Medical College, Kollam

PULSE Review meeting on 23.06.2026 for Final Budget presentation & winding up & High Tea on 06.07.2026 for celebrating the SUCCESS of PULSE 2026

ALUMNI REPORTS

Pushpagiri Medical College Alumni Association

1. Reconstitution of the Pushpagiri Medical College Alumni Association

The Pushpagiri Medical College Alumni Association (PMCAA) was reconstituted with the aim of strengthening the alumni network and facilitating greater participation of former students in the activities of the institution. Representatives from both undergraduate (UG) and postgraduate (PG) alumni were included to ensure broad representation across different batches and academic programmes. The committee will facilitate communication among alumni, support the planning of alumni programmes, and strengthen collaboration between the institution and its alumni.

Alumni Executive Committee

Office Bearers:

1. Dr Neetha Mary Kurian – President
2. Dr Aneeta Mary Jacob – Vice President
3. Dr Rohit John Cheriyil – General Secretary
4. Dr Anju Rachel Samuel – Joint Secretary
5. Dr Nimmi Tressa James – Treasurer

Members

1. Dr Nissy Susan Varughese
2. Dr Sajan T Alex
3. Dr Teena Jacob
4. Dr Alina Arun Kannattu
5. Dr Anupam S Thomas
6. Dr Anju Ganesh
7. Dr Resmi George
8. Dr Chinju Sara Cherian
9. Dr Ambili R Nath



2. Registration of PMCAA as a Non-Governmental Organisation

The Pushpagiri Medical College Alumni Association was successfully registered as a Non-Governmental Organisation (NGO), providing the association with a formal organisational identity. The association also obtained a DARPAN ID, thereby establishing an important institutional framework for carrying out its activities in an organised and accountable manner.

3. Establishment and Renewal of the Association's Bylaws

The bylaws of the Alumni Association were established to provide a structured framework for its functioning and governance. The registration of the association was also renewed, ensuring continuity of its activities and strengthening its organisational foundation.

4. Opening of an Official Savings Bank Account

An official savings bank account was opened in the name of the Alumni Association to facilitate systematic financial transactions. The account will help streamline fund mobilisation and provide an organised mechanism for managing funds required for alumni activities and initiatives.

5. Development of PMCAA Mobile Application and Website

The association initiated the development of a dedicated PMCAA mobile application and website with the objective of connecting alumni across different parts of the country and the world. These digital platforms are intended to improve communication, facilitate information sharing, and create a stronger and more accessible global alumni network.

6. Establishment of Overseas Alumni Chapters

Overseas alumni chapters were launched to strengthen the association's connection with alumni residing outside India. Dedicated WhatsApp groups were also created for these chapters to enable easier communication, coordination, and participation in alumni activities.

7. Virtual Meetings with International Alumni

Virtual meetings were successfully conducted to engage alumni residing in different countries and to encourage their continued association with the institution. These online interactions provided an opportunity for international alumni to remain connected with their alma mater and participate in the development of the alumni network.

8. Launch of "Stethosphere" Support and Career Guidance Programme

"Stethosphere," a support and career guidance programme associated with PMCAA, was designed to provide mentorship and guidance to fresh graduates and students. The programme aims to support young doctors and students by facilitating interaction with experienced alumni and providing guidance related to career development and professional growth.

9. Celebration of Women's Day

Women's Day was celebrated with active participation from both postgraduate and undergraduate alumni of the institution. The programme provided an opportunity for alumni to come together, participate in a common celebration, and strengthen their association with Pushpagiri.

10. Donation of Wheelchairs to Taluk Hospital, Tiruvalla

As part of its social responsibility initiatives, the Alumni Association donated two wheelchairs to the Taluk Hospital in Tiruvalla. It was handed over to the Assistant Superintendent Dr Manju. This contribution reflects the association's commitment to supporting healthcare institutions and contributing to the welfare of the local community.

11. Proposed Alumni Programme During the Jubilee Year

An alumni programme is tentatively scheduled for **15 November 2026** to coincide with the jubilee year celebrations of the institution. The programme is subject to administrative approval and is expected to provide an important opportunity for alumni from different batches and locations to reconnect and participate in the jubilee celebrations.

12. Selection of Batch Representatives

The association is in the process of selecting Batch Representatives for each graduating year to facilitate smoother coordination among alumni. The proposed batch-wise representation will improve communication with individual graduating batches and help ensure wider participation in future alumni activities.

PUBLICATIONS

(JULY 2025 - JUNE 2026)

INTERNATIONAL PUBLICATIONS

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